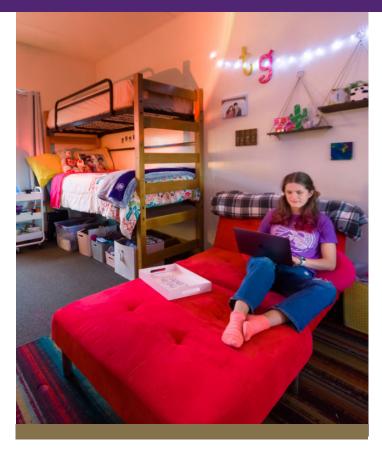
# RESIDENCE LIFE GUIDEBOOK 2024-2025



# Welcome to Residence Life

WE ARE SO GLAD TO HAVE YOU as part of our Truman community of learners and look forward to the upcoming academic year. We hope you are able to make many fond memories, develop new friendships, and find yourself academically and personally successful!



## RESIDENCE LIFE'S LEARNING GOALS

**Connection** – It is important for all students to feel a sense of belonging within their communities and among their peers. Students must be able to interact and engage with a global society. Our residential environments will foster the development and deepening of student connections to their peers, the university at large, and the world around them.

- **Interpersonal Interactions:** Students will be able to navigate interpersonal interactions to build meaningful relationships with peers, faculty, and staff.
- **Systems of Support:** Students will be able to identify and engage with peers and university resources to support them throughout their college experience.
- **Engagement:** Students will be able to interact with a wide array of experiences to assist with their learning.
- **Sense of Purpose:** Students will be able to create a sense of purpose in their role in the on-campus community.

**Wellness** – Students living independently must be able to take care of themselves and utilize support resources. Our residential environments connect students with resources to identify,

establish, and maintain regular patterns of behavior that promote health and resilience.

- **Mental Wellness:** Students will be able to utilize strategies and resources to manage their mental wellness and recognize the impact of mental wellness on their community.
- **Physical Wellness:** Students will be able to develop strategies to promote life-long physical wellness.
- **Personal Safety:** Students will be able to engage in positive decision making regarding their personal safety.

**Identity** – Students must be able to acknowledge the differences between themselves and their neighbors to be successful within their residential communities. Students that actively participate in constructive dialogues develop a richer understanding of their role in a diverse society. Our residential environments will encourage students to develop their sense of self while engaging with new perspectives and promoting communities that support growth.

- **Sense of Self:** Students will be able to explore the different ways to identify what it means to be who they are.
- **Sense of Community:** Students will be able to build intentional relationships that contribute to individual and communal growth.
- Sense of Responsibility: Students will be able to recognize and act where they have a responsibility to do so.

**Academic Excellence** – The transition to college can present challenges for students to meet their academic goals and experiences. Our residential environments are conducive to learning while fostering connections between classroom experiences and one's daily life.

- **Supportive Environments:** Students will be able to curate their room, utilize community spaces, and explore campus locations to balance academic study and community development.
- **Transitioning Strategies for Success:** Students will recognize that previous academic strategies may no longer be effective, identify new strategies, and connect with resources to reach academic goals.
- **Celebrating Scholarship:** Students will appreciate the value of living amongst scholars and engaging with others in their community on academic topics.

**Professional Competencies** – Students living on campus prepare for further academic study or the working world. Our residential environments help students identify the skills they need to live and succeed on their own while providing information and practical applications to develop those skills.

- **Professionalism in College:** Students will develop the skills needed to successfully navigate university life and to be an emerging professional in the world beyond.
- **Next Steps Preparation:** Students will be able to capitalize on their experiences on campus to set them up for success in post-college endeavors.



### **Mission Statement**

As part of Truman State University, Residence Life fosters the development of respect, responsibility, and accountability in our students. Within safe, comfortable, and intellectually engaging living communities, we nurture students to become productive citizens and life-long scholars.

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Staying on top of the next big date is a responsibility of every college student. Please refer to the following calendar for these important dates.

## **Important Dates**

### Fall Semester 2024

Aug. 14	Halls Open for Check-In, First-Year and Transfer Students Only (8 a.m5 p.m.)
Aug. 14-18	Truman Week
Aug. 17	Halls Open for Returning Students Move In (8 a.m5 p.m.)
Aug. 19	Fall Classes Begin
Aug. 26	Room Changes Process Opens
Sept. 28	Family Day
Oct. 10-11	Midterm Break (No Classes)
Oct. 15	Housing Registration & Renewal for 2025-2026 Begins
Oct. 26	Homecoming
Nov. 22	Halls Close for Thanksgiving Break (6 p.m.)
Nov. 25-29	Thanksgiving Break (No Classes)
Dec. 1	Halls Re-open (10 a.m.)
Dec. 9	Final Exams Begin
Dec. 14	Halls Close for Winter Break (6 p.m.)

### Spring Semester 2025

Jan. 12	Halls Re-open for Spring Semester (10 a.m.)
Jan. 13	Spring Classes begin
Jan. 17	Deadline for Spring Meal Plan Changes (5 p.m.)
March 7	Halls Close for Spring Break (6 p.m.)
March 16	Halls Re-open (10 a.m.)
April 21	Term Break (No classes)
May 5	Final Exams Begin
May 10	Commencement; Halls Close for Summer (6 p.m.)



Your new mailing address will be: Your Full Name Residence Hall & Room Number Hall Street Address Kirksville, MO 63501

Example if you live in Ryle Hall 2205 Jane Doe Ryle Hall 2205 1215 S. Mulanix Kirksville, MO 63501

## **Other Important Information**

Residence Life Office	Missouri Hall 1100	660-785-4227	
Residence Hall	Mailing Address	Hall Desk	Staff Office
BNB Hall	1009 South Mulanix	660-785-4709	660-785-4710
Campbell Apartments	1601 South Florence	660-785-7294	660-785-4710
Missouri Hall	809 South Mulanix	660-785-5383	660-785-4472
Ryle Hall	1215 South Mulanix	660-785-5706	660-785-5707
West Campus Suites	215 West Normal	660-785-5500	660-785-5503



Suicide and Crisis Hotline 988

Non-Emergency Calls Department of Public Safety 660-785-4176

## **About Residence Life**

Leading each house is a **Resident Advisor (RA)** who lives and works with residents. They're full-time students who do a little bit of everything: present activities, help their residents adjust to life on campus, advise roommates during conflicts, and serve as first responders during critical times.

Each hall also has one **Community Coordinator**, a senior student leader that oversees their hall's desk staff.

Hall Directors and Residence Life Coordinators also live on campus and are responsible for the residents' experiences within their buildings.

**Housekeepers** are a vital part of the on-campus community. They work hard to make your building a comfortable and pleasant place to live. Housekeepers are not expected to clean unnecessary messes made by residents. Your cooperation in caring for the facilities makes their job easier and creates a pleasant atmosphere for residents.

Staff are available to meet your needs:

- Staff are on-call for critical issues and emergencies.
- Hall staff assist residents with questions regarding their experience and any challenges they may face.
- Facilities staff will help if something needs repair. Submit a service request online for repairs! Emergency repairs occurring outside of business hours should be reported to a hall staff member.

Throughout your experience as a resident and student, questions will arise. We are here to help! Monday through Friday from 8 a.m.–5 p.m. the staff in the central office is here to assist you in any way we can. You may email us at reslife@truman.edu, give us a call at 660-785-4227 or stop by our office in Missouri Hall 1100.

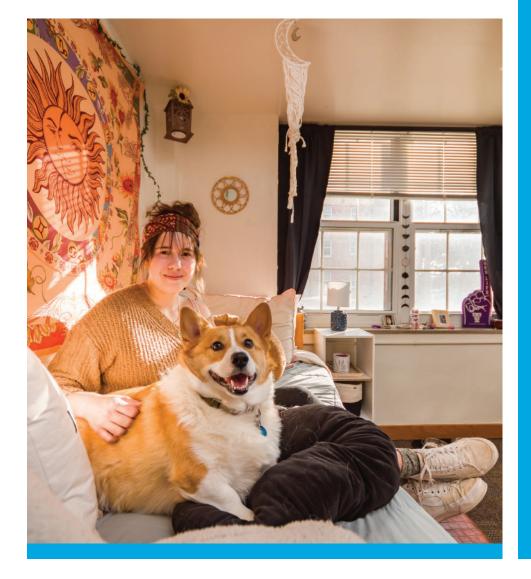
# House Meetings

Each house has a monthly meeting led by their Resident Advisor (RA). These meetings are opportunities to catch up with your housemates and learn a little about topics of interest to Truman students. Many houses also have weekly dinners, and more. Your Resident Advisor will help you find lots of opportunities to dive into life on campus!



## **Student Email**

Pertinent and timely information from Residence Life will be sent out to all students on campus via Truman email. It is important to check your email frequently and read the information contained in the emails thoroughly. Your student email serves as the primary form of contact for communication from the university.



## **Residence Hall Overview**

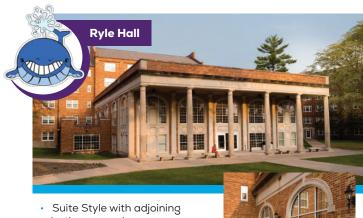


- Suite Style with adjoining bathroom
- Sorority Housing
- Pet Housing
- Mascot: Alice the Buccaneer
- Color: Kelly Green

A close-knit community, centrally located on campus and popular with students interested in fraternity and sorority life.



A unique residence community, popular with both first-year and upperclass students alike.



- Suite Style with adjoining bathroom and some community style spaces
- Mascot: Wally the Whale
- Color: Blue

Both suite and community style rooms offer a variety of choices. Includes a large central gathering space popular for meetings with student groups.





- Mascot: Monty the Moose
  Living, Learning Community
  - Color: Maroon

Community style with double and deluxe double rooms. Includes kitchens and community gathering spaces.



- Mascot: Willow the WombatColor: Orange
  - color. Or druge

Single and double occupancy apartments with in-apartment kitchenette. This community is popular with returning residents looking for a living experience unique from the traditional residence hall community. Apartment living is for returning students. There are no break fees for living in the apartments during the academic year. No meal plan purchase is required for apartment residents.

## **Fun Within Your Community**



Truman Week and College Cup









## Truman Week and College Cup (Aug. 14-18)

**Truman Week** is for new students to craft and own their Truman experience. Each student defines their time at college in unique ways. Truman Week gives students the time and space to explore campus, make connections with other students, and forge new relationships. Each resident has a full schedule of meetings, workshops, and meet-ups to attend. By the end of the week, the Truman campus should feel like it is fully your campus and home.

One of the great traditions in Truman Week is the **College Cup**. Each residence hall puts together a team of new students to compete in various events. This could be anything from trivia tournaments and talent showcases on stage at historic Baldwin Hall to the Ridiculous Relay events on the field at Stokes Stadium. Residents wear their hall colors and cheer on their residence hall teams. They also earn points for their hall by exploring Truman's resources. The hall with the most points at the end of the week is awarded the coveted College Cup Champion trophy to display all year. Even more important are the connections residents make with each other while competing and celebrating together.





Squirrelfest on the Quad



## **Resident Engagement and Development**

Students living on campus have direct access to all the events that build connections with other students. Whether it is attending the annual Squirrelfest or catching a concert on the Quad, there are many opportunities to engage with other students and develop life-long friendships.

The Residence Life staff helps curate experiences for residents through the **Resident Engagement and Development Plan**. Students build **Connections** with other residents and their hall staff through regular social events and personal interactions.

Staff engage with residents about **Wellness** topics and showcase what

successful college students do to take care of themselves.

Residence Life fosters welcoming environments that encourage students to explore their own **Identity** and help them meet others as they want to be seen.

Staff in the halls promote **Academic Excellence** by celebrating successes in the classroom and connecting residents with resources that will help them thrive.

Living on campus helps students build **Professional Competencies** and prepare for a future beyond Truman.







## Hail to the Bulldogs

Hail to the Bulldogs Give a cheer for the Truman Bulldogs Pride of our school They fight for purple and white.

Hail to the Bulldogs Get a win for the Truman Bulldogs. Lead us to victory Don't give up the fight.

Never giving in Up to the very end 'Cause we keep on fighting 'Til we get the win.

Hail to the Bulldogs Give a cheer for the Truman Bulldogs Charging to victory For purple and white.







@tsu\_mohall @tsu\_bnbhall @tsu\_rylehall

@tsu\_westcampus@tsu\_theapartments@tsu\_residencelife

## **Community Living**



It may be a new experience for you to become accustomed to living in a new community of people. Many students are away from home for the first time, and the transition to a college campus can be both exciting and challenging. Our Residence Life staff are trained in the developmental processes that occur in the college environment so that they can help you through your transition. In order to help create the smoothest transition possible, there is an expectation that as adults living within the community, you will respect yourself, others, and your environment.



### Rights and Responsibilities

#### As a resident, you have a right to:

- Read, study, and sleep without interference, unreasonable noise, or other distractions
- Have personal privacy within your hall room or apartment
- Live in a clean environment
- Be free from intimidation, physical, and emotional harm
- Expect that your personal belongings and property will be respected

## As a resident, you have the responsibility to:

- Respect other residents' rights
- Read and adhere to all university and Residence Life rules, regulations, and policies (including the Student Conduct Code)
- Abide by all federal, state, and local laws
- Assume responsibility for the actions of your guests
- Address situations and communicate concerns about issues that undermine community or individual rights
- Speak and listen to others to reach shared understandings
- Prevent your actions from infringing or violating others' rights
- Be accountable for your decisions: take ownership for your actions, opinions, and beliefs, and how they may affect others within the community
- Comply with the reasonable requests of Residence Life and university staff
- Report policy violations to Residence Life staff or the Department of Public Safety



#### **Neighbors & Friends**

Your house community will become an important part of your on-campus living experience. "Houses" range from 20 to 40 residents. You will have the opportunity to meet other individuals, participate in community events and activities, and have fun while living on campus with your housemates!

Members of each residence hall's Hall Council create engaging opportunities for residents in the hall community.

In an effort to focus on connecting with those you live near, we encourage all students to practice good citizenship. We expect students to demonstrate mutual respect, and engage with others in their community.

#### **Communities Focused on Wellness**

Truman's residential campus opens up unique educational opportunities for you. We are committed to enriching student life with experiences that integrate living and learning. As an on-campus resident at Truman, you will be able to participate in all of the university's social, recreational, cultural, and educational activities. Ideally, you will find within your residence hall a supportive learning community where you can gain an understanding of yourself and others, explore ideas and values, develop an appreciation for diversity, discover new interests in small groups and informal settings, and share the fun and satisfaction of life-long learning.

## **Getting Involved**



There are several ways to get involved on campus.



### In the Residence Halls

Your building's **Hall Council** is a student organization which provides programming and events geared towards residents. Hall Councils are great mediums for advocating changes within the halls. You can be involved as a representative from your house or by serving on the executive board.

**Residence Hall Association** (RHA) is the parent organization for the Hall Councils. RHA serves in a unique capacity as the central student government for all on-campus residents. RHA is the combination of a programming body and a governing body all wrapped into one organization. RHA is comprised of students elected by fellow residents. This organization is a great opportunity to get involved in Residence Life on a larger scale!

There are several opportunities for **employment** within your hall has scholarship, and work-study employment opportunities available. Possible options for employment include: residence hall desk attendant; clerical workers in the Residence Life office; and other student worker positions. Resident Advisor (RA) and Community Coordinator (CC) positions are additional opportunities. Working for Residence Life provides the convenience of living close to where you work, as well as providing a flexible schedule. Talk to your Resident Advisor when you arrive on campus for more information. Applications for these jobs as well as other oncampus employment are available online.

### On Campus and In Your Community

The **Student Recreation Center** provides programs and services for enhancing the health and wellbeing of students, faculty and staff. Wellness programs offer personal training and a myriad of free non-credit classes from yoga to HIIT. For additional information on facility hours, Fitness Wellness classes offered, Intramural sign-ups, self-guided work outs and more, visit **recreation. truman.edu** or **@trumanrec** on social media.

Intramural Recreational Sports sponsor healthy competition in individual and team sport activities. The Student Recreation Center contains many areas for self-directed activity: a three-court hardwood-floor gym for basketball, volleyball, badminton and pickleball; jogging track; aerobic/dance studio; auxiliary court gym with a multipurpose floor; and a weight room and fitness area filled with strength equipment and cardio machines. For additional information, visit recreation.truman.edu.

**Union and Involvement Services** (U&I) The Union is a space where all individuals are welcome and are given the opportunity to develop Intramural Recreational Sports recreation.truman.edu

O trumanrec

Union and Involvement Services (U&I) involvement.truman.edu

O trumaninvolvement

Student Activities Board (SAB) sab.truman.edu

(O) trumansab

Funds Allotment Council (FAC) fac.truman.edu

O) truman.fac

Student Government senate.truman.edu

(O) tsustugov

Homecoming homecoming.truman.edu

O trumanstatehomecoming

Fraternity & Sorority Life fsl.truman.edu O trumanfsl

community and build meaningful relationships. Housed inside this space is Union & Involvement Services (U&I). U&I works directly with campus fee-based partners such as Student Activities Board (SAB), Funds Allotment Council (FAC), and Student Government to host, finance, and develop regular events, programs, and policies relevant to students. Hosted each semester by U&I, the Activities Fair enhances students' ability to get connected with our 240+ recognized student organizations during a time where groups can provide an explanation of their activities, insight into their purpose, and a convenient opportunity to get involved. Additionally, U&I provides numerous resources for students and recognized student organizations such as recognition, equipment, space reservations, technology, and expertise in event planning, publicity, risk management, leadership and organizational development. Visit involvement.truman.edu to learn more about student organizations and opportunities for involvement.

**Fraternity & Sorority Life** dates back to 1914, and currently fosters over 20 chapters on campus. U&I staff work in partnerships with student councils to develop programs/services that encourge a sense of belonging, promote self-governance, challenge students to gain new skills and knowledge, and enable students to participate in positive individual and societal change. You can learn more about the fraternities and sororities on campus by visiting **fsl.truman.edu**.

## **Roommate Interactions**

#### What is a Roommate Agreement?

The Residence Life staff will assist you in connecting positively with your roommate(s). Living with another student is a rewarding but sometimes challenging experience. Conflict is a normal part of living with another person, and overcoming conflict is a valuable life skill. The Roommate Agreement will help you to have honest discussions with your roommate(s) about how to share your living space. It will be sent to your student email after you move in. Once you arrive on campus (or any time you have a new roommate), you should sit down with your roommate(s) and talk about how you will work together to establish a respectful living environment among yourselves. If problems arise during the year, your Resident Advisor will try to work with you and your roommate(s) using the Roommate Agreement as part of the discussion. We encourage all efforts to resolve conflicts before room changes are accommodated.

#### **Handling Differences**

Our staff will work to help you and your roommate adjust to living with one another. If you find that you must move, changes can take place after the second week of classes during the fall and spring semesters. It is important that you let your Resident Advisor know of any concerns you are having.

## What happens if my roommate moves out?

If your roommate moves out, you have several options. Those include:

- You may have another student move into your room.
- You may move into an empty space in another student's room.
- Residence Life reserves the right to assign a student to your room if a bed space is vacant.

## **Preparing for Move-In**



Move-in day
for first-year
students is
August 14.

Move-in day for returning students is August 17 and August 18.

To register for your Move-In time slot, visit the Residence Life website between July 1 and Aug. 1.

## Special Accommodations Within the Residential Communities

A limited number of rooms on campus are equipped for persons with disabilities. Those students requiring special accommodations or emotional support animals should contact the director of Student Access and Disability Services at 660-785-4478. For more information, visit **disabilityservices.truman.edu**.

#### Immunization Requirements

In order to more fully protect the health and well-being of its students, Truman State University requires the following:

- All students must comply with Truman's two-dose MMR (Measles/Mumps/Rubella) Immunization Requirement. The first dose must have been given at age 12 months or later. The second dose must have been given at least 28 days after the first one. Students opting out of this immunization for medical reasons must provide documentation to the Health Center.
- All students living in university housing must provide documentation of current meningococcal vaccine given within 5 years of entry to university and after age 16 years. Medical exemptions are allowed with signed statement (by licensed medical physician or nurse practitioner) that the immunization would seriously endanger the life or health of the student.
- It is strongly recommended that all students receive the COVID vaccine.

## ALL STUDENTS MUST SUBMIT THE FOLLOWING:

- 1. Completed Medical History Form with TB Screening completed
- 2. Copy of current immunization records (either from a physician, health department, military record, high school record OR verification of immunity by serological titer.)
- 3. Copy of current medical insurance card (front & back)
- 4. Insurance Information Form

## HOW TO SUBMIT REQUIRED MEDICAL INFORMATION

- 1. Mail please, send directly to the Student Health Center.
- 2. Scanning and emailing to studenthealth@cfmcares.com.
- 3. Faxing the records to 660-785-4011. Keep in mind that, at times, faxed documents are illegible when received.

Please direct any questions you may have about these requirements to the Student Health Center at 660-785-4182.



#### **Room Sizes**

Room sizes and shapes vary between each residence hall because of the buildings' unique designs and room types. Because rooms differ in size, Residence Life does not have exact room, window, or closet measurements for each specific room on campus. We recommend that you measure your room after you arrive before you purchase items that require specific dimensions (rug, curtains, etc.).



#### Room Furnishings

The university furnishes rooms with:

- bunkable/loftable beds with bed rails
- standard twin-sized mattresses (36" x 76")
- a dresser or drawers to share between roommates
- closets or wardrobes
- window miniblinds
- desk with drawer space (per resident)
- desk chair (per resident)

Beds may be bunked or lofted (extra pieces are included to form a loft, which allows desks and chairs to be placed underneath). Homemade lofts are not allowed.

If you are 6'4" or taller, you may request an extra long bed and mattress by calling the Physical Plant at 660-785-4687. (A limited number are available.)

## What to Bring

## **Room Decorating**

Decorating and personalizing your room is encouraged! We encourage you to contact your roommate before you move to campus. This will help you plan what to bring so you avoid duplicating items. Any furniture that is in your room when you arrive must stay in your room. Storing residence hall furniture outside of your room is prohibited.

Adhesives, such as glue, duct tape, or anything that may remove paint may not be used on the walls. Any damage to the room including walls, furniture, ceilings, doors, and windows will be charged to the resident(s) at checkout. Students may not paint or wallpaper their rooms. Due to fire and safety concerns students may not hang signs or decorations on the hallway wall around their door. Decorations should not block lights or windows and must be fire retardant if hung near any heat source.

## You Should Bring

- a mattress pad and liner
- bed linens (standard twin), pillow, blanket and bedspread
- towels and washcloths
- shower curtain (except for communitystyle housing)
- toiletries
- hair dryer, curling iron
- cleaning products (disinfectant wipes, all-purpose cleaner, paper towels)
- air freshener
- toilet paper (except for community style housing)
- UL extension cords not to exceed 6' in length, 15 AMP minimum
- non-halogen desk lamp, floor, or bedside lamp for reading and studying
- waste and recycling bins
- organizer/storage units or boxes, such as under-the-bed boxes
- laptop computer
- a cell phone (your room does not come equipped with a landline phone)

See the graphic on the inside back cover for additional information.

## **Temperature Control**

When decorating your room, please take care to not place any items in ways that block the ventilation system in your room. If blocked, air will not circulate to heat your room during the cold season. Due to fire safety policies, students are not allowed to have space heaters; however, if the temperature in a student room is less than 65 degrees Fahrenheit, with approval by Physical Plant staff you may temporarily be issued one.

Blanton-Nason-Brewer Hall, Campbell Apartments, Missouri Hall, Ryle Hall and West Campus Suites have individual air conditioning and heat control within resident rooms.



Remember that space is limited, and that any university furniture that is in your room when you arrive must stay in your room.

#### **DO NOT BRING:**

**Pets**: except for fish in a 10 gallon tank or smaller. Exception: If you have a housing assignment in Blanton Nason Brewer Hall, which is pet-friendly, you have expanded pet options. Please visit the Residence Life website for details about pet-friendly housing in Blanton Nason Brewer Hall.

## **Services Offered**

#### **Truman ID Card**

As a Truman student, you will be issued a student ID card. Keep it with you at all times. This card is used for:

- gaining access into the residence halls after hours
- checking items out of the library
- gaining access to the Student Recreation Center
- using your meal plan in the dining halls, Mainstreet Market, and on campus convenience stores
- checking items out from your Hall Desk
- on-campus printing

Lost or stolen cards may be replaced for a \$25 fee at the University ID Office located in Missouri Hall 1100. Your student ID is yours and yours alone. No one else may use it. If someone other than you uses your ID it will be confiscated and you will be required to pay a \$25 reprogramming fee. To ensure functionality for the services listed above, make sure it remains in good repair. Do not punch holes or bend your card. Please go to **idoffice.truman.edu** for more information.

#### **Parking on campus**

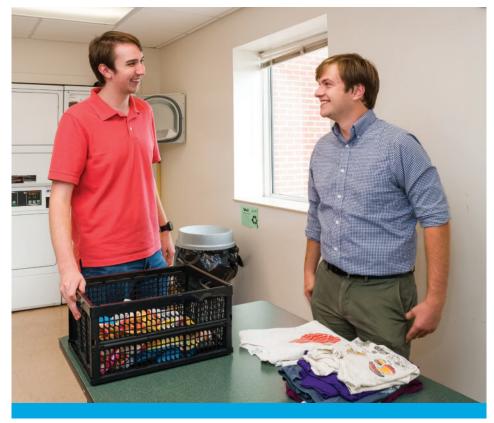
Students who wish to bring a vehicle to campus must register it with the Department of Public Safety (DPS). You can access this registration through your TruView account. For more information about parking or campus police services, visit **police.truman.edu**.

#### **Hall Services**

There are a variety of services available within your hall to help make your living experience enjoyable.

- Television service is provided in every oncampus residence hall room and apartment.
- Wi-Fi 5G service is provided to all oncampus students for convenient access to educational and entertainment content, including streaming television services.
- Wired Internet access is also provided in each room for students who want the fastest internet speeds. Gamers will especially appreciate the wired internet access available to them in their on-campus residence. Truman's campus is wireless, but there is an ethernet port available in each residence hall room. While we strive to have wireless working 100% of the time, it may be to your benefit to connect via a wired ethernet cord.

For more information about internet service and security requirements, visit **its.truman.edu**.



- At your building's Hall Desk, the following items/services are available:
  - Vacuum cleaners
  - Mail drop off letters
  - Package pick-up
  - Board games
  - Cooking equipment
- Kitchenettes are available in all residence halls. Students using community kitchens must clean the area after their use and not leave food or cooking supplies (including cooking equipment, appliances, or utensils) in the kitchen. The Housekeeping staff is not responsible for cleaning up unnecessary messes within the residence halls or kitchens.
- Laundry facilities are available in all residence halls and apartments. The cost of laundry is included in the room rate.
- Front Desk staff are in all residence hall main lobbies as a resource for residents.

#### Information Technology

If you ever face challenges keeping your electronic devices connected, contact the IT Helpdesk.

- If you have technology issues on campus, contact Truman's IT department by calling the Help Desk at 660-785-4544.
- Take advantage of discounts on equipment and software offered through Truman's IT website.

### Rent a MicroFridge for Your Room!

For your convenience, Residence Life offers MicroFridge rentals! For \$150 total you can rent a MicroFridge unit for the year. The unit includes a small refrigerator/freezer (2.9 cu. ft.) and microwave. A MicroFridge can be requested through your Housing Application. You can also email the Residence Life office at reslife@truman.edu for more information. The unit will be in your room when you arrive if requested before Aug. 1. If you and your roommate choose to share a MicroFridge,



we suggest that you talk to your roommate to determine who will sign up and be billed for the unit as MicroFridge charges cannot be split.

## **Food Service**



### Anyone Hungry?

Students living in the residence halls will receive a meal plan of their choice when signing up for housing. You will have a varied and balanced menu to choose from, including entrees, side dishes, soups, salad and deli bar, desserts, ice cream, and beverages. The dining halls also feature specialty nights where they serve entrees such as steak and shrimp, or they set up buffets where you can make your own specialties. Dining Services is excellent at meeting any allergy needs, food restrictions or religious needs. Please contact **Dining Services at** 660-785-4197 if you have special dining needs.

## Your Meal Plan Options

Contact reslife@truman.edu until Aug. 23 to make changes to your meal plan. You will be assigned the 15 meal plan if one isn't selected. Meal plans are provided on a semester basis, and semester costs are listed below. You will select your fall meal plan while completing your housing application.

#### YOUR MEAL PLAN OPTIONS FOR 2024-2025 INCLUDE:

#### 21 Meal Plan + \$75 Flex Dollars – \$2,187 per semester

This meal plan provides 21 meals in the residence hall cafeterias each week, with transferability at most dining locations – **NO transferability is available at Mein Bowl**. Meal Plan resets every Saturday night. **\$75** Flex dollars per semester (use at all locations)

#### 18 Meal Plan + \$125 Flex Dollars – \$2,111 per semester

This meal plan provides 18 meals in the residence hall cafeterias each week, with transferability at most dining locations – **NO transferability is available at Mein Bowl**. Meal plan resets every Saturday night. **\$125** Flex dollars per semester (use at all locations)

#### 15 Meal Plan + \$225 Flex Dollars – \$1,988 per semester

This meal plan provides 15 meals in the residence hall cafeterias each week, with transferability at most dining locations – **NO transferability is available at Mein Bowl**. Meal plan resets every Saturday night. **\$225** Flex dollars per semester (use at all locations)

### 12 Meal Plan + \$125 Flex Dollars – \$1,734 per semester

Available for resident housing renewals only (not available to first-year students) with transferability at most dining locations – **NO transferability is available at Mein Bowl**. Meal plan resets every Saturday night. **\$125** Flex dollars per semester (use at all locations)

### 150 Meal Plan + \$275 Flex Dollars – \$1,822 per semester

This meal plan provides 150 meals per semester in the residence hall cafeterias, with transferability at most dining locations – **NO transferability is available at Mein Bowl**. Meal plan resets at the end of each semester.

\$275 Flex dollars per semester (use at all locations)

If additional meals are needed you may purchase in blocks of 25 for \$220. This is a function of the block plans only.

#### MEAL PLANS ALSO AVAILABLE FOR STUDENTS LIVING IN APARTMENTS ONLY

### 75 Meal Plan + \$50 Flex Dollars – \$797 per semester

This meal plan provides 75 meals per semester in the residence hall cafeterias, with transferability at most dining locations – **NO transferability is available at Mein Bowl**. Meal plan resets at the end of each semester.

### 50 Meal Plan + \$50 Flex Dollars – \$530 per semester

This meal plan provides 75 meals per semester in the residence hall cafeterias, with transferability at most dining locations – **NO transferability is available at Mein Bowl**. Meal plan resets at the end of each semester.

### **Meal Flexibility**

Transferability is available during the school year for some meal plans. A transfer option allows meal privileges at all of the food and beverage venues in the Student Union, except Mein Bowl. One block meal = \$4.75. To learn more about food service options, please check out **Truman.sodexomyway.com**.

### Dining with a Guest

Visiting with a friend or family member?

You are welcome to enjoy a meal with them by either using one of your meals (if you have that type of plan) or paying cash prices in one of our resident dining facilities. Guest prices for 2024-2025 (including tax) are:

Breakfast	\$6.50
Lunch	\$9.50
Dinner	\$10.50
Premium Night	

## **General Policies**



#### Rights and Responsibilities

Students are expected to comply with policies set by Residence Life and the University. Conduct Code actions may be assessed when students do not comply.

#### Alcohol, Alcohol Paraphernalia, and Drugs:

Missouri State Law prohibits the possession or consumption of alcoholic beverages by those under the age of 21. Missouri State Law also prohibits making alcoholic beverages available to persons under the legal drinking age. The possession, use, and distribution of alcohol on Truman State University property is prohibited, except as approved by the President of the university. The President has approved the possession and use of alcohol, within certain parameters, to be allowed within the Campbell Apartments, West Campus Suites, and Centennial Hall.

## The university also prohibits the following:

- Public intoxication, regardless of the location in which consumption took place. Indicators of intoxication include, but are not limited to, situations in which individuals demonstrated an inability to self-manage their behavior and/or appropriate selfcare.
- Possession of alcohol paraphernalia (empty bottles/cans/containers, etc.)
- Possession of devices associated with rapid or excessive consumption, such as beer bongs, beer pong tables, tap devices, funnel devices, etc. in any residence halls.

Residence halls and the Campbell Apartments are located on university premises; therefore, any alcoholic beverage or container, located in any residence hall room or apartment, is considered to be in violation with the University Student Code of Conduct,

except where Presidential approval has been granted and specific regulations are in place. Violators of the campus alcohol policies are subject to university discipline through the student conduct process. Students are also responsible for the conduct of their guests, and will be held accountable for alleged policy violations committed by their guests. Students found responsible for violating Residence Life, campus, state, and federal laws/policies, as well as students who condone such violations through their presence when violations occur, are subject to sanctions through the university conduct process.

#### **Building and Resident Safety:**

In an effort to create the safest living environment possible, Residence Life maintains policies addressing fire, combustibles, and other potentially dangerous situations.

- Candles and incense are not to be burned in the halls or apartments. Open flames are considered the largest fire hazard on college campuses and are prohibited within any residential building.
- Firearms, ammunition, fireworks, flammable paint, gasoline, and any other combustible items are not permitted in any residence hall or Campbell Apartments. Toy guns, paintball guns, pellet guns or any other types of guns are also prohibited on campus. Locked storage for firearms, ammunition, and weapons is available through the Department of Public Safety.
- Flammable items may not be attached to any area that produces heat; this includes

items suspended from or fastened against heat sources.

- Fire equipment is protected by both the Student Conduct Code and by law. Tampering with, or misuse of a fire alarm system, extinguishers, or detection equipment, and non-compliance with evacuation procedures, is strictly prohibited.
- Evacuation is required in any building where an alarm is sounding or when instructed by residence hall staff. Failure to evacuate a building will result in disciplinary action.
- False fire alarms are illegal and dangerous. Every time a building is evacuated there is the possibility of injury. Any student found responsible for causing a false fire alarm or calling in a false bomb threat will be subject to disciplinary action by the university, including possible removal from on-campus housing. Any student found responsible for starting a fire will be charged for the repair or replacement of all damaged areas of university property in addition to disciplinary action including removal from housing.
- Possession of firearms, bows and arrows, etc., or any item used as a weapon, is strictly prohibited in any oncampus environment. Any student found in possession of weapons will be subject to disciplinary action by the university, including potential removal from on-campus housing.

It is your responsibility as a student and resident of Truman State University to have read and understand all of the university and Residence Life policies. The general student code of conduct is available online at truman.edu/conduct and detailed Residence Life policies are available on the Residence Life website.

#### **Noise Policy:**

Quiet hours are from 10:30 p.m.-7 a.m., Sunday-Thursday and midnight-9 a.m., Friday and Saturday. During these hours, noise must be kept to a minimum to allow residents to study, relax and sleep. Noise should not be heard in another room, out the window, or within two doors away in the hallway. The quiet hour policy applies to the building itself and the surrounding grounds outside of the building. During final exam weeks, quiet hours are extended to 22 hours per day.

Whenever quiet hours are not in effect, the residence halls have courtesy hours. During courtesy hours, reasonable noise levels should be maintained. Loud music or disturbances that impact others is not acceptable. Any request to lower your

volume should be complied with respectfully.

#### **Overnight Guests:**

Residence hall rooms and apartments are living spaces for the students assigned to that area only. The 24-hour visitation policy is set up to allow students the ability to bring friends into their living environment at any time. An overnight guest is a non-resident of the room who is visiting a student living in the residence hall or apartment. Guests may not live or stay in your room for an extended period of time. Students who have a child(ren) may not allow their child(ren) to stay or live with them in their residence hall room unless they reside in family housing (Campbell Apartments). Overnight guests are only allowed with the permission of the roommate(s). Approved guests will be

allowed to stay a maximum of three nights per week with the approval of room and suitemates. All guests are expected to follow all university policies, and must not disrupt community members or they will be asked to leave the building. Residents are responsible for the actions of their guests and are liable for any damages caused by their guests.

#### Smoking:

All campus living environments are smoke-free. Smoking within any area (rooms, community spaces, hallways, etc.) in the residence halls or apartments is strictly prohibited. The entire Truman State University campus is smoke-free. The use of electronic smoking devices is also prohibited.

Be sure to check out the **Residence Life website** to learn about the rules and procedures for living on campus. In addition to the abbreviated versions of the policies listed here, **Residence Life maintains** policies in the following areas:

- Appliances or Electronic **Devices**
- Barbecuing
- Bathrooms
- Campaigning
- Damage/Vandalism
- Door Propping

- Furniture
- Hallway Sports/ **Behaviors**
- Lounge Spaces
- Microwaves
- Non-compliance
- Parking
- Poster/Publicity Displays on Room Doors

- Room Painting
- Screen Opening/ Removal
- Solicitation
- Unauthorized Moves
- University Identification Card
- Visitation Hours



It is important to know that the Truman community is built on the tenets of respect, trust, and safety. Each of us share a collective responsibility to one another, and all of us have a role to play in keeping our community safe, fair, and free from discrimination, harassment, and abuse.

Nobody can fully enjoy their Truman experience if they are subject to discrimination. University policy and the law protect your legal right to pursue your education in an environment that is free from discrimination based on your sex, disability, age, race, color, national origin, religion, sexual orientation, and veteran status. Likewise, you are responsible for your conduct and behavior, and are expected to avoid discriminating against others. It is always good to treat others with kindness, dignity, and respect.

We have a grievance procedure in place should you believe that you have been discriminated against, including if you have experienced or witnessed an incident of sexual misconduct. You may make a report online at titleix.truman.edu/make-a-report. If you aren't sure you want to file a report, or you have questions, feel free to email titleix@truman.edu, call 660-785-4354, or visit the Title IX Coordinator in person in Violette Hall 1308.

## Safety and Security

You may have questions about what measures are in place to keep you safe. We are committed to creating an environment where you are safe and can focus on your academic pursuits. Below are a few of the systems in place that contribute to campus safety:

**On-call staff** – There is a Residence Life staff member available 24/7 to assist you. Our staff has been trained to respond to various situations to best support you while you live on campus.

**Fire Safety System** – Each residence hall has a centralized fire safety system that continuously monitors the building to ensure there are no fire hazards. In the event of a fire-related emergency, the system will activate, notifying residents to evacuate. Additionally, a fire drill will be hosted each semester to help you practice what to do in the event of a fire emergency.

Access Control – The exterior doors of the residence halls lock each night. Once the doors lock, a Truman ID is required to enter the building. Only residents of the building are able to access the community.

**Emergency Blue Lights** – There are several Emergency Blue Light towers around campus that can be used to report an emergency.

**Rave Guardian App** – In addition to its use in emergency situations, the Rave Guardian app has many everyday, nonemergency uses. The app has contact information for offices that students use most frequently – including Financial Aid, the Student Health Center, the University Counseling Center and the Recreation Center – as well as maps and resource information.

Enhanced safety features include immediate and on-demand panic



buttons, two-way texting, anonymous tip reporting of suspicious behavior and a unique "virtual walk" escort that utilizes GPS tracking.

Rave Guardian can be downloaded for free at the Apple App Store and the Google Play Store.

**Department of Public Safety** – The Department of Public Safety has an active presence in Truman's community. An officer is available 24/7 to respond to emergency and non-emergency situations. Student employees are available seven nights per week to serve as walking escorts around the campus community. A variety of safety and educational programs are also available.

**Emergency Text Messaging Service** (**TruAlerts**) – Truman State University offers an emergency messaging system available to all members of the Truman Community. In the event of an emergency at the university, a text message will be sent to all enrolled cell phones. To register your phone to receive emergency messages, please visit TruView to sign up.

### Personal Property Insurance CHECK YOUR COVERAGE!

We encourage you to have insurance to cover personal property loss and damages. Your parents' homeowners or renters insurance may provide coverage for your personal belongings while living in a residence hall. Please check to confirm that this is the case.

Individual student renters insurance also covers personal property loss and damages for a reasonable rate.

Truman State University is not responsible for damaged personal property.



#### **The Student Health Center**

SHC is a one-stop medical health clinic that provides a variety of services including appointments for illnesses, primary care, immunizations, wellness examinations, testing laboratory, allergy immunotherapy and referral services.

#### **University Counseling Services**

UCS offers confidential individual, relationship, and group counseling for all Truman students. It is staffed by licensed mental health professionals. In-person and virtual services are available all year, and students can start counseling even before their first semester on campus. UCS is available for crisis appointments during office hours. Local after-hours crisis care is available by dialing 988.

For more information about the SHC and UCS, please visit **truman.cfmcares.com**, email **studenthealth@cfmcares.com**, or call 660-785-4182 (SHC)/ 660-785-4014 (UCS).

#### **Telus Health Student Support App**

Free confidential mental health and well-being support available 24/7 through the App Store on Google Play Store.

Access a counselor via phone on chat. Services available in multiple languages. Self-directed videos and articles available.

## WHAT TO BRING

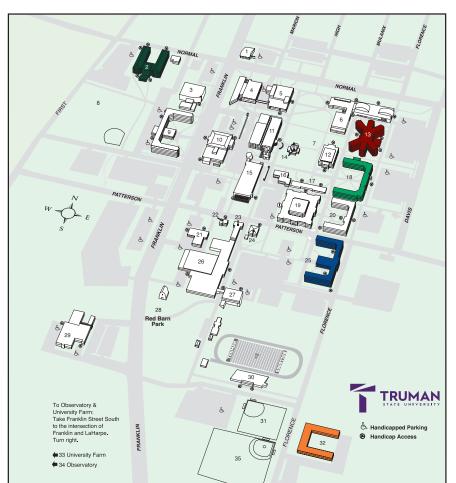




#### FOR STUDY BREAKS & GENERAL RELAXING



#### TRUMAN STATE UNIVERSITY



- 1 Admission/Ruth W. Towne Museum & Visitors Center
- 24 Adair Building
- 38 Athletic Field
- 5 Baldwin Hall
- 29 Barnett Hall
- 35 Baseball Field
- 18 Blanton-Nason-Brewer Hall
- 32 Campbell Apartments
- 9 Centennial Hall
- 20 Dobson Hall
- 39 Dulaney-Baldwin Buildings
- 23 E.C. Grim Hall
- 21 General Services Building
- 27 Health Sciences Building
- 12 Kirk Building
- 14 Kirk Memorial
- 15 Magruder Hall Greenhouse
- 4 McClain Hall Business Office Financial Aid President's Office Registrar
- 17 McKinney Center Student Health Clinic University Counseling
- 13 Missouri Hall ID Office Residence Life Central Office

**↓**36 **↓**37 **↓**38 **↓**39

- 34 Observatory
- 6 Ophelia Parrish
- 22 Patterson House
- 26 Pershing Building Natatorium Pershing Arena
- 11 Pickler Memorial Library
- 16 Power Plant
- 7 Quadrangle

#### 25 Ryle Hall

- 28 Red Barn Park
- 37 Soccer Field
- 31 Softball Field
- 30 Stokes Stadium & Gardner Track
- 3 Student Recreation Center
- 8 Student Recreation Field
- 10 Student Union
- 36 Tennis Courts
- 33 University Farm
- 19 Violette Hall
- 2 West Campus Suites

RESIDENCE LIFE Kirksville, Missouri 660.785.4227 truman.edu/residence-life



### **CONTACT US**

#### **RESIDENCE LIFE**

Missouri Hall 1100 100 East Normal Avenue Kirksville, MO 63501-4221 www.truman.edu/residence-life reslife@truman.edu 660-785-4227

### **FOLLOW US**

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