

Course Syllabus
COUN 670G
Practicum in Clinical Mental Health
Fall 2022

CLASS INFORMATION

Instructor: Ellen K. Carruth, PhD, LMHC (WA), NCC

Format: Synchronous Zoom, weekly required Wednesday 7:30-9:30 (CST)

Phone: 206.605.5995 (cell) 660-785-4233 (office)

Email: ecarruth@truman.edu (This is the best way to contact me.)

Website: All course information may be accessed through [Blackboard](#).

Office Hours: Thursdays, 3:00-5:00 p.m. (CST) or by appointment

Zoom Virtual Office Link: <https://truman-edu.zoom.us/j/9371909013>



School of Health Sciences and Education Mission Statement

The School of Health Sciences and Education at Truman State University is committed to preparing students to effectively serve as professional and leaders in their communities and field by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

Five Pillars

- Professional programs grounded in the liberal arts and sciences
- Leadership development
- Interdisciplinary collaboration
- Diverse learning and service opportunities
- Pursuit of continued scholarship and research

Graduate Program Objectives

Truman's Graduate Program Objectives are:

1. To graduate master's degree students who possess the appropriate depth of knowledge in specific disciplines.
2. To graduate master's degree students qualified to enter and succeed in doctoral programs at leading universities.
3. To graduate master's degree student able to perform in appropriate professional and academic positions.
4. To graduate master's degree students who exhibit the attributes of a liberally educated person.

COVID-19 Face Covering Requirements

Consistent with guidance for higher education institutions from the Centers for Disease Control and to help us reduce the possible spread of COVID-19, when this class meets in the same geographic location, or you attend office hours in person, you will be required to wear a face covering that completely covers your nose and mouth. You will be expected to keep the covering on at all times while we are meeting. In the event you arrive without a face covering, I will ask you to leave until you are able to obtain one and return. Thank you for your help in containing this virus and helping to protect your peers.

Course Overview

I. Course Catalog Description

COUN 670G: Practicum in Clinical Mental Health (3 credit hours)

Supervised counseling experience in roles and settings with clients relevant to clinical mental health. Each student must accrue a minimum of 100 clock hours under the supervision of university faculty and appropriately experienced and credentialed on-site personnel, with at least 40 clock hours of direct service. The semester prior to enrollment, the student must complete the practicum application process and be pre-approved for practicum. Prerequisites: COUN 672G and COUN 663G with grades of 'B' or better.

II. Rationale

This course is designed to provide a supportive, structured learning environment for acquiring clinical experience and on-the-job training on an introductory scale. Practicum builds on the foundation provided by academic and experiential coursework, life experience, and personal values. It allows students to develop a meaningful framework for the application of counseling skills.

III. Credit Hour Statement

This course is worth three credit hours. In addition to the scheduled class meeting times, which

are the equivalent of 90 minutes per week, you should expect to do an average of 10 hours of work per week related to this course outside of class. This may include, but is not limited to, reading, written assignments, essays, discussion boards, study for examinations and quizzes, and other tasks as described in this syllabus. The time to complete these tasks is an average that represents the typical amount of time a student can expect to commit. Times may vary by student.

IV. Proficiencies for Counselors

Counselors-in-training must master proficiencies from two major sources: local state laws pertaining to counselor licensure and certification and the standards developed by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP). Since the Truman State University counseling program operates across multiple states, students are advised to check the program alignment website (<http://programalignment.website.truman.edu>) for their specific state.

Standards addressed in this course include:

CACREP Section 3: Professional Practice

- A. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum and internship.
- B. Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients.
- C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.
- D. Students have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship.
- E. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducational group.
- F. Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours over a full academic term that is a minimum of 10 weeks.
- G. Practicum students complete at least 40 clock hours of direct service with actual clients that contributes to the development of counseling skills.
- H. Practicum students have weekly interaction with supervisors that averages one hour per week of individual and/or triadic supervision throughout the practicum by (1) a counselor education program faculty member, (2) a student supervisor who is under the supervision of a counselor education program faculty member, or (3) a site supervisor who is working in consultation on a regular schedule with a counselor education program faculty member in accordance with the supervision agreement.
- I. Practicum students participate in an average of 1 ½ hours per week of group supervision on a regular schedule throughout the practicum. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.

In addition to the professional practice standards described above, Practicum incorporates the CACREP Professional Counseling Identity standards and the Entry-Level Specialty Areas standards for School Counseling. Please see the Syllabus Addendum for delineation of these standards.

V. Student Learning Outcomes

The programmatic student learning outcomes for this course are as follows:

- 1. Practices and refines counseling skills with clients experiencing personal, social, academic, and career concerns
- 2. Demonstrates the ability to apply and adhere to ethical and legal standards in counseling
- 3. Demonstrates self-awareness, sensitivity to others, and the skills needed to relate

to diverse individuals and groups

4. Designs and implements prevention and intervention plans related to health and wellness, atypical growth and development, language, ability levels, and multicultural issues from a strengths-based perspective
5. Engage in the processes of supervision, consultation, and collaboration
6. Selects assessment strategies appropriate to the setting and client needs
7. Display the necessary techniques for accurate and competent record-keeping in a professional situation relevant to the practicum site
8. Evaluate personal philosophical and theoretical basis for counseling
9. Engage in self-exploration and self-evaluation congruent with the student's level of professional development
10. Design, implement, and evaluate programs for clients

VI. Instructional Methods and Minimum Technical Skills

Instructional methods for this course include:

- Clinical experience, including on-the-job training, simulations, video exercises, and case studies
- Group Discussion
- Demonstrations
- Research activities
- Supervision – individual/triadic and group

Certain minimum technical skills are required for students in a fully online program. These include accessing and navigating TruView (<https://truview.truman.edu>), proficiency with university email (accessed through TruView or <http://gmail.com>), accessing material and submitting assignments via Blackboard (<http://blackboard.truman.edu>), word processing abilities (e.g., use of Microsoft Word)

Course Content

VII. Required Texts, Related Readings, and Materials/Supplies Required

American Counseling Association. (2014). *ACA code of ethics*. <https://www.counseling.org/resources/aca-code-of-ethics.pdf>

American Mental Health Counselors Association (2020). *AMHCA code of ethics*. <https://www.amhca.org/view-document/2020-amhca-code-of-ethics>

American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders* (5th ed.) – text revision (DSM-5-TR). <https://doi.org/10.1176/appi.books.9780890425787>

American Psychological Association. (2019). *Publication manual of the American Psychological Association* (7th ed.). Author.

LPC or LMHC code relevant to state of practice

Minimum Technology Requirements

Blackboard and Zoom are two programs used in this course. To determine the minimum technology requirements for these pieces of software, please see https://help.blackboard.com/Learn/Student/Getting_Started/Browser_Support and <https://support.zoom.us/hc/en-us/articles/201362023-System-requirements-for-Windows-macOS-and-Linux>, respectively. Truman's Information Technology Services also has minimum requirements found at <https://its.truman.edu/docs/bringing-a-computer-to-truman/>.

Because this is an online course, the following is required:

- reliable internet access
- noise cancelling headphones
- microphone
- webcam

Bookstore Website: <https://www.bkstr.com/trumanstatestore/home>

Truman Library Website: <http://library.truman.edu>

NOTE: A student is not under any obligation to purchase a textbook from a university-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

VIII. Course Requirements and Grading

Cumulative course evaluation is based on a 100-point scale. The total number of points earned will determine the semester grade.

90 - 100 points = A

80 - 89 points = B

70 - 79 points = C

60 - 69 points = D

Below 60 points = F

n.b. Please see the special note on proctored exams in the Course Policies section.

Assignment Summary Chart

Assignment	Point Value	Due Date
Attendance & Engagement	10	Weekly
Documentation & Paperwork	10	As assigned
Reflective Journal	20 (4 points each)	As assigned, 5 submissions
Case Presentation (CC-D-TP)	25	As assigned
Logs	10	Weekly
Observations	15 (5 points each)	As scheduled, 3 observations
Final Evaluations	10	Week 14

Detailed Descriptions

A. Attendance and Engagement

10 points

Learning in this course is based on interaction and participation. CACREP and other licensing entities specify minimum clock-hour requirements in terms of individual supervision and group supervision (class); direct client contact hours; and total hours accrued, and these must be met to earn a passing grade in the course.

Minimum Clock Hour Expectations

Type of Activity	Minimum Requirement
Direct Contact Hours	40 hours
Total direct and indirect contact hours	100 hours
Individual supervision by on-site supervisor	1 hour per week (15 minimum)
Individual supervision by university supervisor	1 hour per week (15 minimum)
Group supervision by university supervisor	1.5 hours a week (22.5 hours minimum)

Students are expected to attend all class meetings, arrive on time, and remain for the entire class meeting. Students are also expected to be appropriately prepared for class, take an active role in discussion and activities, and be fully present (e.g., child care should be provided for young children, other electronic distractors should be turned off, family members should not be in the same room, etc.). Clock hours will be documented via weekly logs and submitted in Blackboard.

When on site, students are expected to participate in all aspects of the site’s counseling program, as if a regular employee. This includes, but is not limited to, client contact, staff meetings, program development and evaluation, and record-keeping.

As part of your engagement as a reflective practitioner and to facilitate discussion, please write a 2-3 page paper stating your goals for this semester of practicum before the **third** class meeting. Think about your strengths as well as areas where you plan to grow (e.g., using reflection of feeling, self-evaluation, improving termination, enhanced record-keeping, etc.). Make sure your goals are clear and concise so you can evaluate them at the end of the semester with your instructor. Individual instructors may have additional written or reflective assignments as part of the engagement process.

B. Documentation and Paperwork

10 points

Please refer to the Course Schedule for paperwork due dates. All required paperwork should be complete and submitted on or before the due date.

C. Reflective Journals

20 points (4 points each)

Students will write and submit biweekly journals of their work with clients and personal reactions to their field experiences. Students should write about client cases that they would like faculty feedback on. Student reflections demonstrate a willingness to discuss areas that may engender anxiety, and examine personal challenges. Students will submit these securely to their course

instructor. **Any identifying client information should be removed from the journal** (e.g., name, age). Each biweekly journal is expected to be 2-3 pages in length.

Components	Below Standard (1)	Approaching Standard (2)	At Standard (3)	Exceeds Standard (4)
Journal Writing	Student does not reflect on their current work with clients and personal reactions to their field experiences	Student reflects on either their (a) current work with clients, or (b) personal reactions to their field experiences, but not both	Student reflects on their current work with clients and personal reactions to their field experiences	Student reflects on their current work with clients and personal reactions to their field experiences in a poignant manner that conveys depth and new insights

D. Case Presentation (CC-D-TP)

25 points

Students will demonstrate skill in case conceptualization, differential diagnosis, and treatment planning by completing the *Case Conceptualization, Diagnosis and Treatment Plan Template* (CC-D-TP). To complete this template, students will need to review the principles of the diagnostic process, including differential diagnosis, and the use of current diagnostic tools, such as the current edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM). Students will also need to plan treatment modalities and evaluate placement criteria within the continuum of care. The case study will be graded on: pertinent elements and social/cultural influences, provisional diagnosis and clinical hypothesis, theoretical approach and initial interventions, transference and counter-transference, and legal/ethical considerations.

Components/	Below Standard	Approaching Standard	At Standard	Exceeds Standard
Pertinent Elements and Social/Cultural Factors	Assessment of presenting concerns is inappropriate. Does not describe the social environment and cultural background of the client.	Assessment of presenting concerns is unclear or incomplete. Reiterates the social environment and cultural background verbatim, without any analysis.	Assessment of presenting concerns is concise and complete. Analyzes how the client’s social environment and cultural background help explain presenting symptoms.	AT STANDARD, PLUS: Identifies strengths of the client, and supportive elements of the social environment and cultural background.
Primary Diagnosis and Clinical Hypothesis	Primary provisional diagnosis is either not identified or is incorrect.	Primary provisional diagnosis is identified, though is unclear and difficult to evaluate.	Provisional primary diagnosis is correctly identified, clearly stated, and supported by symptom criteria. Provides rule-outs.	AT STANDARD, PLUS: Root problems are identified or discussed.
Theoretical Approach and Initial Interventions	Description of theory and interventions is missing, inaccurate, or inappropriate.	Description of theory and interventions is unclear, or no explanation is provided for how theory and	Theory is described clearly and accurately. Initial interventions are consistent with theory. An explanation is	AT STANDARD, PLUS: An explanation is provided for how theory and interventions will

		interventions will address the primary diagnosis.	provided for how theory and interventions will address the primary diagnosis.	address the root problems in addition to the primary diagnosis. Consideration is given for how initial interventions fit within a course of treatment.
Transference and Counter-Transference	Demonstrates a lack of awareness or insight for potential transference and counter-transference between counselor and client.	Minimally identifies potential transference and counter-transference dynamics, or only identifies one of these. Transference or counter-transference is grounded in presentation only, not the counselor and client's personal history. Self-awareness is unclear.	Identifies 1) transference grounded in the client's personal history and the counselor's presentation, 2) counter-transference grounded in the counselor's personal history and client's presentation.	AT STANDARD, PLUS: Describes how these dynamics might play out in the therapeutic relationship. Self and other awareness is well-developed
Legal and Ethical Considerations	Interprets ethical and legal obligations incorrectly	Interpretation of ethical and legal obligations is unclear, or incomplete	Interprets ethical and legal obligations accurately and completely	AT STANDARD, PLUS: Identifies how clinical supervision could be used

E. Logs

10 points

Weekly Log of accrued practicum hours with signature of Clinical Site Supervisor will be submitted to assigned location in Blackboard. These must be submitted in Word or PDF format. Only the assignment week is submitted at time due (rather than the complete log). These are due weekly on Blackboard beginning week three. See table below for minimum hours expected.

Minimum Clock Hour Expectations

Type of Activity	Minimum Requirement
Direct contact hours	40 hours
Total direct and indirect contact hours	100 hours
Individual supervision by on-site supervisor	1 hour per week (15 hours minimum)
Individual supervision by university supervisor	1 hour per week (15 hours minimum)
Group supervision by university supervisor	1.5 hours per week (22.5 hours minimum)

	Below standard	Approaching Standard	At standard	Exceeds Standard
	0	50%	70%	100%
Required log page/s correctly submitted	Absent	One or two criteria addressed and covered; more pages required	Two criteria addressed and covered. At least one missing page	All criteria addressed and covered. All pages submitted.
All required information clearly and completely provided	Absent	One or two criteria addressed and covered; yet brief & under developed. Many responses blank.	Two criteria addressed and covered. A few missing items or responses	All criteria addressed and covered. Completed & fully developed.
All required information clearly and completely provided	Absent	Missing more than one signature and/or dates	Missing one signature and/or dates	All signatures and dates included

F. University Supervisor Observations

15 points

In addition to any observations required by your site or licensing entity, the university supervisor will conduct a minimum of three observations of you working with a client or clients. The observations may occur in person at your site, or through video.

Before the first observation, you and the university supervisor will discuss the goals of the observation and any specific feedback you may be seeking. After each observation, you and the professor will discuss the session, specifically noting strengths and areas for continued growth. Additional details of each observation, including appropriate informed consent and logistics, will be covered by your instructor. You must complete all three observations to pass the course.

Submit in this Assignment Link the following: Consent form, Case Notes, & Site Supervisor's evaluation

	Below Standard	Approaching Standard	At Standard	Exceeds Standard
	0	50%	75%	100%
Logistics: setting, length of session	Absent	Logistics not fitting to identified session, reconsideration of details needed	Somewhat appropriate logistic for identified session, some details needing change	Thoroughly appropriate logistic for identified session
Documents: consent & case notes	Absent	More content/details/signatures needed for required documents	Relevant content/details, some significant details need to be developed	Thorough and complete content/details/signatures.

Intro to session: role, reason, confidentiality, limits	Absent	Vague and unclear explanation stated	Relevant statements given, some significant details needed to be clarified	Thorough and clear statements of each of component
Appropriate approach & intervention	Absent	Little attention & thought given to client needs and developmental level	Some attention & thought given to client needs and developmental level, reconsiderations needed	Attention & thought given to client needs and developmental level
MEES Overall Score	0 - .9	1 - 1.9	2 - 2.9	3 - 4

F. Final Evaluation

10 points

Toward the conclusion of the semester, you are asked to participate in a summative evaluation for this semester of practicum. This consists of both an individual conversation with the university supervisor and written evaluations from the university supervisor and site supervisor. Conversely, you will evaluate yourself and your site. Scores from the university and site supervisor must demonstrate a level of proficiency that meets or exceeds your level of training in knowledge, skills, and professional dispositions to earn credit. This includes adherence to the ACA Code of Ethics and other relevant legal and ethical codes.

As a component of your self-evaluative process, please write a 2-3 page paper to reflect on your learning process over the course of the semester. Think about how you understand your professional identity, professional roles, and professional behavior (e.g., as a counselor, a supervisee, a student, a colleague/peer, a group member and leader). Please discuss how that identity, role, and behavior represent your strengths, growing edges, theoretical orientation, research endeavors, and multicultural competence. Please also include what you learned this semester about counselor and client wellness. In other words, please write about who you are today as a person and professional with a past, present, and future professional career. Please make this assignment meaningful to you, and submit it in Blackboard by Week 14.

IX. Topical Outline and Tentative Schedule

Each week of this course consists of 1.5 hours of group supervision. Students are expected to bring successes, concerns, and questions related to their work with clients, other on-site activities, and broader development as a counselor. Weekly topics will vary to meet the dynamic individual and collective needs of the students. Examples of topics include approaches to working with clients; ethical codes, agency policies, and relevant law; factors associated with and advocacy for diverse populations; client empowerment; appropriate engagement with stakeholders; program development and evaluation; counselor self-care and ongoing professional development; billing and business practices; and the use of technology in counseling.

DATE	TOPIC
Week 1 Aug 22 – 28	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Syllabus • Blackboard course • Textbook & Materials • Sites & Site supervisor • Direct & Indirect Hours & Logs

Week 2 Aug 29 – Sept 4	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Case Presentation schedule • Observation schedule • Discussion topics • Soap/DAP notes • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Document # 1 - Application forms • Document # 2 - Insurance
Week 3 Sept 5 – 11	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Weekly discussion topic • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Logs • Document # 3 - Emergency/Crisis Plan
Week 4 Sept 12 - 18	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Weekly discussion topic • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Logs • Reflective journal 1
Week 5 Sept 19 - 25	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Weekly discussion topic • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Logs
Week 6 Sept 26 – Oct 2	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Weekly discussion topic • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Logs • Reflective journal 2 • Observation #1
Week 7 Oct 3 - 9	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Weekly discussion topic • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Logs
Week 8 Oct 10 - 12	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Weekly discussion topic • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Logs • Reflective journal 3 • Case Study Presentation
Week 9 Oct 17 - 23	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Weekly discussion topic • Individual updates • Questions and concerns

	<p>DUE</p> <ul style="list-style-type: none"> • Logs • Case Study Presentation
<p>Week 10 Oct 24 - 30</p>	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Weekly discussion topic • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Logs • Reflective journal 4 • Case Study Presentation
<p>Week 11 Oct 31 – Nov 6</p>	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Weekly discussion topic • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Logs • Case Study Presentation
<p>Week 12 Nov 7 - 13</p>	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Mental Health & Wellness • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Reflective journal 5 • Logs • Observation #2
<p>Week 13 Nov 14 - 20</p>	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Evaluations • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Logs
<p>Nov 21 - 25</p>	<p style="text-align: center;">~ Thanksgiving Break ~</p>
<p>Week 14 Nov 28 – Dec 4</p>	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Weekly discussion topic • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Logs • Document # - Evaluation: Site Supervisor CCSR • Document # - Evaluation: Student’s Self Evaluation CCSR
<p>Week 15 Dec 5 - 11</p>	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Logs • Document # – Student Evaluation of Clinical Experience • Document # - Site Supervisor Evaluation of TSU Program
<p>Week 16 Dec 12 - 16</p>	<p>DISCUSSION</p> <ul style="list-style-type: none"> • Technology, Research, & Professional Development • Communication & Consultation • Individual updates • Questions and concerns <p>DUE</p> <ul style="list-style-type: none"> • Observation #3 • Final Summary Logs

Important Dates [Fall 2022](#)

First day of term: August 22, 2022

Drop dates:

Last day to **drop without** \$50 Add/Drop Fee: August 26

Last day to **drop** a course without a W: September 16

Last day to **drop** a course with a W or WF: November 11

Last day to **withdraw from all** classes: December 9

Last day of term: December 17, 2021

Students are responsible to confirm these dates with registrar's office.

Policies

I. Course Policies

A. Attendance

Logging in to our class does not constitute attendance. It should be evident that you are actively participating in assignments and activities. Regular attendance is expected. For the purposes of online asynchronous courses, a student will be considered to be in attendance in an online class when the individual 1) participates in online discussions or activities about academic matters; or 2) initiates contact with faculty to ask questions about subject studies; or 3) completes assignments; or 4) takes tests. Please contact your instructor if you need to miss.

Truman policy and federal regulations require that students demonstrate that they are academically engaged in the courses they take. You must meet this requirement within the first calendar week of the semester, **beginning at 12:00 am on Monday** and ending 11:59 pm Saturday. Failure to do so, or to provide an explanation of an extenuating circumstance by that date and time will result in your removal from the course. Under certain circumstances, removal could impact your scholarship eligibility or financial aid. For the purposes of this class, establishing academic engagement requires, at a minimum, **Weekly Meeting on August 24th @ 7:30 pm CST.**

B. Late Work

All assignments are due according to the timeline established by the syllabus unless otherwise noted by the instructor. The maximum number of points awarded will decrease by ten percent for each business day that the assignment is late. Assignments will be accepted up to two days late. In face-to-face and synchronous courses, this policy includes in-class quizzes and exams; if you must miss on test day, schedule an appointment to take the exam the next day. Please note that certain assignments such as quizzes, journals, and the final exam may not be attempted aside from the initial offering.

C. Proctoring

All students must review the syllabus and the requirements including the online terms and video testing requirements to determine if they wish to remain in the course. Enrollment in the course is an agreement to abide by and accept all terms. Any student may elect to drop or withdraw from this course before the end of the drop/add period (which for summer, is Day 1 of the session).

Online exams and quizzes within this course may require online proctoring. Therefore, students will be required to have a webcam (external or built-in) with a microphone when taking an exam or quiz. Students understand that this remote recording device is purchased and controlled by the student and that students should select private spaces for the testing. Students with concerns may discuss the location of an appropriate space for the recordings with their instructor or advisor.

There is a fee that will be charged to you the student at the time of the proctored exam. That fee may be up to \$10 per exam. (Discounts may occasionally be in effect and are not under the control of Truman). Because this course will have *<<insert number of proctored exams you plan for>>*three (3) proctored exams, you are encouraged to choose the “course fee” model instead of the “individual test fee” model as you pay for the first exam. You will be charged a bundle price equal to two individual exams. Subsequent exams will then be conducted at no additional charge to you. If you choose the individual test fee option, you will be charged each time you take a proctored test.

Proctored exam information will be provided prior to any proctored exam. Be aware you must use Google Chrome to take the exam, install the Proctorio Chrome browser extension (from getproctorio.com), and show an official photo identification (ID). You can use either a valid driver’s license, passport, or school ID.

For additional information about online proctoring, students may visit the [Proctorio Support for Students](#) website.

D. Response Times and Feedback

General circumstances, I will respond to emails and phone calls within 24 to 48 hours. When sending email or leaving phone message it is important to identify your name, course, and best contact information. Keep in mind if there is a question about an upcoming assignment, emails and/or phone calls should be made with the response time in mind. I would discourage you from reaching out the same evening the assignment is due as the response will likely come after the due date or time.

Regular weekly assignments such as quizzes, journals, and discussions will be graded each week. Major assignments typically take two weeks.

II. Departmental Policies

A. Student Diversity and Confidentiality

The courses in this program are not always lecture courses. Rather, the program is sometimes reliant upon interactions, and these may bring differing perspectives to light. As a class, we may not agree on all the issues or come to a single understanding on any subject. There are, however, key elements of the material that we, as a faculty preparing professional counselors, will expect you to be able to explain and hold a conversation about—even if, as individuals, we hold differing and/or contradictory opinions about that element/issue. In that vein, everyone is expected to think about the role of oppression, power, and privilege, as well as their own assumptions surrounding issues of sexism, racism, heterosexism, classism, ageism, genderism, and other forces of inequality/oppression that may be discussed throughout the program and individual courses. It is crucial that we all remain respectful, considerate, and willing to hear each other’s opinions, thoughts, and feelings while maintaining awareness of the systems of oppression/privilege that may be influencing our experiences and beliefs. It is also crucial that we cultivate an atmosphere of safety wherein people can give and receive feedback on how they were heard/perceived or how the dynamics of power and privilege are at work in the classroom, with clients, and during supervision. It is also important that we keep in mind how our beliefs may be related to or in conflict with the codes of ethics and values of the profession of counseling. Finally, we occasionally deal with very personal and sensitive matters. Please show respect for your classmates by keeping confidential any personal information revealed during class time or supervision. If you are concerned about the welfare of a classmate, please contact a faculty member immediately.

B. Attendance

Regular attendance is expected. For the purposes of online asynchronous courses, a student will be considered to be in attendance in an online class when the individual 1) participates in online discussions or activities about academic matters; or 2) initiates contact with faculty to ask questions about subject studies; or 3) completes assignments; or 4) takes tests. Logging into an online course without active

participation does not constitute attendance. Please contact your instructor if you need to miss.

By default, University policy allows a student to miss 1/16th of class meetings for **sanctioned** purposes. This translates into a single class for most long-semester graduate courses. The full list of sanctioned purposes is in the University policy (<https://policies.truman.edu/policylibrary/attendance-policy/>) but includes “health related absences for which valid documentation is presented” and “absences covered by Truman’s non-discrimination policy (e.g. special religious observances, military commitments).” Absences related to accommodations will be handled in conjunction with appropriate University offices. Individual instructors may set course consequences for additional absences and for unsanctioned absences.

Students should notify instructors of an anticipated absence **in writing** both during the free add/drop period and prior to the actual absence. Students should notify instructors of an unanticipated absence **in writing** as early as possible. Absent students remain responsible for meeting the assignment deadlines stated in the syllabus and should work with the instructor to complete any in-class exercises “within a reasonable length of time”. Please note that accreditation expectations, particularly

C. Netiquette, Civil Dialog, and Professional Communication

Greenidge (2016) provides recommended rules of etiquette for online communications (netiquette). Among the recommendations for written communication such as emails and discussion posts:

- respect others and the opinions of others
 - be polite
 - refrain from writing in ALL UPPERCASE, as this conveys dissatisfaction and anger
 - revise before submitting to ensure clear communication
 - avoid acronyms, internet lingo, and text speak (e.g., BTW, idk, l8r) to reduce confusion
 - write concisely and clearly, using short paragraphs to increase readability
 - identify sources
 - contribute substantial responses
 - attend to language, since readers lack the benefit of nonverbal cues; clarify when needed, and pause before responding, if another’s communication comes across as insensitive or offensive
- Greenidge, W. (2016). Interacting productively with faculty and peers. In C. J. Sheperis & R. J. Davis (Eds.), *Online counselor education: A guide for students* (1st ed., pp. 129-150). Sage.

D. Academic Honesty

Students are expected to exhibit honesty in their academic and professional work. Examples include proper attribution of sources, accurate reporting of clinical hours attained and research results, avoiding misrepresentation, and seeking instructor permission before reusing work submitted for another class, collaborating on assignments, or disclosing test contents. Students are also expected adhere to the American Counseling Association Code of Ethics.

E. Informed Consent Statement for Counseling Courses

Faculty members are dedicated to the educational, personal, and professional growth and development of our students. Faculty members are in a unique position as both instructors who assess students’ academic skills and members of the counseling profession with an ethical obligation to the profession, clients, and the public at large. In both of these roles, it is the faculty’s responsibility to evaluate student competencies within the realm of professional counseling and to address any concerns regarding students’ professional competence. As such please be aware of the following:

- The counseling profession encourages counselors to fully integrate their own personal attributes and identity, as well as their strengths and weaknesses, into therapeutic processes. Therefore, self-awareness is critical because this knowledge relates to being an effective counselor.

- There will be an emphasis in many courses on self-awareness/exploration, as well as giving feedback to peers. Although uncomfortable at times, we encourage students to be open to self-exploration, since we frequently ask clients to do so.
- At times, class may include experiential and self-awareness exercises. It is important to distinguish between sharing one's emotional reactions to such experiential class activities and revealing information about one's personal history. Self-disclosure of personal history is not required in order to successfully pass any course; however, students may be expected to share their reactions to experiential activities.
- Self-disclosures will not be used as a basis for grading in any course. However, should a student disclose information indicating impairment or the potential for harm to clients, the faculty member may take appropriate action in accordance with the American Counseling Association's Code of Ethics (2014).
- Students often experience personal growth as they progress through the program. However, the courses are not meant to be a means of personal therapy. The focus in classes is on self-awareness and the enhancement and growth of necessary counselor skills.
- Please be aware that, although all instructors strive to create a safe environment for any personal disclosures, we cannot guarantee that other students will maintain the confidentiality of any such disclosures that are made.
- It is each student's responsibility to determine an appropriate level of self-disclosure (i.e. the content and depth of personal information that you share) in experiential learning activities.
- Students are expected to adhere to the American Counseling Association's Code of Ethics (2014) in classwork and interactions with clients, classmates, colleagues, supervisors, and faculty.

E. Counseling Program Evaluation, Retention, Remediation, and Dismissal Policy

Faculty, training staff, supervisors, and administrators of the Counseling program at Truman State University have a professional, ethical, and potentially legal obligation to: (a) establish criteria and methods through which aspects of competence other than, and in addition to, a student-trainee's knowledge or skills may be assessed (including, but not limited to, emotional stability and well-being, interpersonal skills, professional development, and personal fitness for practice); and, (b) ensure, insofar as possible, that the student-trainees who complete our programs are competent to manage future relationships (e.g., client, collegial, professional, public, scholarly, supervisory, teaching) in an effective and appropriate manner. Because of this commitment, and within the parameters of our administrative authority, our faculty, training staff, supervisors, and administrators strive not to advance, recommend, or graduate students or trainees with demonstrable problems (e.g., cognitive, emotional, psychological, interpersonal, technical, and ethical) that may interfere with professional competence to other programs, the profession, employers, or the public at large.

As such, within a developmental framework, and with due regard for the inherent power difference between students and faculty, students and trainees should know that the faculty, training staff, and supervisors of our programs will evaluate their competence in areas other than, and in addition to, coursework, seminars, scholarship, or related program requirements. These evaluative areas include, but are not limited to, demonstration of sufficient: (a) interpersonal and professional competence (e.g., the ways in which student trainees relate to clients, peers, faculty, allied professionals, the public, and individuals from diverse backgrounds or histories); (b) self-awareness, self-reflection, and self-evaluation (e.g., knowledge of the content and potential impact of one's own beliefs and values on clients, peers, faculty, allied professionals, the public, and individuals from diverse backgrounds or histories); (c)

openness to processes of supervision (e.g., the ability and willingness to explore issues that either interfere with the appropriate provision of care or impede professional development or functioning); and (d) resolution of issues or problems that interfere with professional development or functioning in a satisfactory manner (e.g., by responding constructively to feedback from supervisors or program faculty; by the successful completion of remediation plans; by participating in personal counseling/therapy in order to resolve issues or problems). [Slightly modified from The University of Texas at Tyler version of the Comprehensive Evaluation of Student-Trainee Competence in Professional Psychology Programs statement developed by the Student Competence Task Force of the APA Council of Chairs of Training Councils (CCTC), (<http://www.apa.org/ed/graduate/cctc.html>), approved March 25, 2004.

Evaluating student fitness and performance

Members of the faculty, using professional judgment, continuously evaluate each student's fitness and performance. Students receive information related to their fitness and performance from faculty members, their advisors, and their supervisors. The criteria used by the faculty to make such judgments include instructor's observations of course performance, evaluations of students' performances in simulated practice situations, supervisors' evaluations of students' performances, and the American Counseling Association's Code of Ethics (2004). Students are formally evaluated at least annually by the program faculty.

Students who are not making satisfactory progress or who are not meeting program standards should consider withdrawing from the program. In this context, the term "unsatisfactory progress in the program" refers to an academic judgment made regarding the student's fitness and performance. It is a determination that the student has failed to meet academic, ethical, and/or professional standards.

Minimum grade requirements

All Truman State University graduate programs, including Counseling, have minimum grade requirements related to continued enrollment, academic probation, academic suspension, and graduation. These include an expectation of an overall GPA of 3.00 or higher; the ability to retake one (1) course in which a grade of "C", "D", or "F" was earned; and all grades earned at Truman counting in GPA calculations, whether repeated or not (Please see the 2021-2022 Catalog (<http://catalog.truman.edu/content.php?catoid=20&navoid=1200>) for additional information). In addition, certain courses, including Practicum and Internship, require minimum grades in specific preceding courses.

Regardless of GPA, no more than 2 grades of "C" may count toward degree requirements. No grade below "C" may count. Please note that some states require grades of "B" or better in every class for applicants to be licensed.

(2021-2022 Catalog

http://catalog.truman.edu/preview_program.php?catoid=20&poid=3884&returnto=1183;

http://catalog.truman.edu/preview_program.php?catoid=20&poid=3780&returnto=1183)

III. University Policies

A. Attendance

The University-wide attendance policy can be viewed at <http://policies.truman.edu/policylibrary/attendance-policy/>.

B. Substantive Engagement

Truman policy and federal regulations require that students demonstrate that they are academically engaged in the courses they take. You are required to meet this requirement within the first calendar week of the semester, beginning at 12:00 am on Monday August 22 and ending 11:59 pm Saturday August 27.

Failure to do so, or to provide an explanation of an extenuating circumstance by that date and time **will result in your removal from the course**. Under certain circumstances, removal could impact your scholarship eligibility or financial aid. For the purposes of this class, establishing academic engagement requires, at a minimum, attending each synchronous class session.

C. Emergency Procedures

In each classroom on campus, there is a poster of emergency procedures explaining best practices in the event of an active shooter/hostile intruder, fire, severe weather, bomb threat, power outage, and medical emergency. This poster is also available as a PDF at this link:

<http://police.truman.edu/files/2015/12/Emergency-Procedures.pdf>.

Students should be aware of the classroom environment and note the exits for the room and building. For more detailed information about emergency procedures, please consult the Emergency Guide for Academic Buildings, available at the QR code shown or at the following link:

<http://police.truman.edu/emergency-procedures/academic-buildings/>.



This six-minute video provides some basic information on how to react in the event there is an active shooter in your location: <http://police.truman.edu/emergency-procedures/active-shooter/active-shooter-preparedness-video/>.

Truman students, faculty, and staff can sign up for the TruAlert emergency text messaging service via TruView. TruAlert sends a text message to all enrolled cell phones in the event of an emergency at the University. To register, sign in to TruView and click on the “Truman” tab. Click on the registration link in the lower right of the page under the “Update and View My Personal Information” channel on the “Update Emergency Text Messaging Information” link. During a campus emergency, information will also be posted on the TruAlert website <http://trualert.truman.edu/>.

D. Non-Discrimination

Truman State University, in compliance with applicable laws and recognizing its deeper commitment to equity, diversity, and inclusion which enhances accessibility and promotes excellence in all aspects of the Truman Experience, does not discriminate on the basis of age, color, disability, national origin, race, religion, retaliation, sex (including pregnancy), sexual orientation, or protected veteran status in its programs and activities, including employment, admissions, and educational programs and activities. Faculty and staff are considered “mandated reporters” and therefore are required to report potential violations of the University’s Anti-Discrimination Policies to the Institutional Compliance Officer.

Title IX prohibits sex harassment, sexual assault, intimate partner violence, stalking and retaliation. Truman State University encourages individuals who believe they may have been impacted by sexual or gender-based discrimination to consult with the Title IX Coordinator who is available to speak in depth about the resources and options. Faculty and staff are considered “mandated reporters” and therefore are required to report potential incidents of sexual misconduct that they become aware of to the Title IX Coordinator.

For more information on discrimination or Title IX, or to file a complaint, contact:

Ryan Nely
 Institutional Compliance Officer, Title IX and Section 504 Coordinator
 Office of Institutional Compliance
 Violette Hall, Room 1308
 100 E. Normal Ave.
 Kirksville, MO 63501
titleix@truman.edu

The institution's complaint procedure can be viewed at <http://titleix.truman.edu/files/2015/08/University-Complaint-Reporting-Resolution-Procedure.pdf>, and the complaint form is accessible at <http://titleix.truman.edu/make-a-report/>.

E. FERPA

Education records are protected by the Family Education Right to Privacy Act (FERPA). As a result, course grades, assignments, advising records, etc. cannot be released to third parties without your permission. There are, however, several exceptions about which you should be aware. For example, education records can be disclosed to employees or offices at Truman who have an "educational need to know". These employees and offices may include your academic advisor, the Institutional Compliance Officer, the Registrar's Office, or Student Affairs depending on the type of information. For more information about FERPA, see <http://www.truman.edu/registrar/ferpa/>.

F. Academic Honesty

Personal and scholarly integrity are expected of everyone in the class. Failure to live up to those responsibilities risks earning a failing grade on the assignment/examination, a failing grade for the course, and/or in serious cases expulsion for the academic program or University. The University policy on academic dishonesty as published in the Student Conduct Code and General/Graduate Catalog applies (http://catalog.truman.edu/content.php?catoid=15&navoid=801#Academic_Dishonesty)

Please see <https://www.truman.edu/wp-content/uploads/2013/05/Academic-Integrity-Policy.pdf> for additional details.

G. SafeAssign

Truman State University subscribes to SafeAssign via Blackboard. Papers and essay exams written for this course will be submitted through SafeAssign to ensure Academic Integrity is maintained. Your submissions are shared with the University and Global database of SafeAssign whereby the content of your submissions will be compared to other future submissions.

H. Statement on Disruptive Behavior

"Behavior that persistently or flagrantly interferes with classroom activities is considered disruptive behavior and may be subject to disciplinary action. Such behavior inhibits other students' ability to learn and instructor's ability to teach. A student responsible for disruptive behavior may be asked to leave class pending discussion and resolution of the problem..." and may be reported to the Office of Citizenship and Community Standards. (*Quotation from Washington State University*).

Learner Support and Feedback to the University

IV. Resources

The University provides a range of academic and student support services to ensure student success. These offices can advise on learning strategies, point toward valuable services, and help troubleshoot technical problems as they arise.

A. Center for Academic Excellence

[The Center for Academic Excellence](#) provides advising for students in their first year for most departments, as well as tutoring services. The Center is located in PML 109, and it may be reached at 660-785-7403.

B. Counseling Services

[Counseling Services](#) are available on campus at McKinney Center. Appointments may be scheduled by calling

(660) 785-4014. An after-hours crisis line is also available at 660-665-5621.

C. IT Help Desk

The [IT Service Center](#) has combined the IT Call Center, Help Desk, and Telephone Services into a one-stop location to serve you. You will find the following services and more when you stop by PML 203 or call 660-785-4544. You may submit a customer support ticket at <https://otrs.truman.edu/otrs/customer.pl>.

D. Office of Student Access and Disability Services

To obtain disability-related academic accommodations, students with documented disabilities must contact the course instructor and the Office of Student Access and Disability Services (OSA) as soon as possible. Truman complies with ADA requirements. For additional information, refer to the Office of Student Access and Disability Services website at <http://disabilityservices.truman.edu/>.

You may also contact OSA by phone at (660) 785-4478 or email at studentaccess@truman.edu.

E. Writing Center

I encourage you to use the University's [Writing Center](#) for your writing projects. It is not a proofreading service. The writing consultants will read your work and give you feedback, letting you know what is working well (and why) and what might not be working so well (and why). They can help you understand and better your writing craft. They can also do brainstorming if you're having a hard time getting started. And they have an online scheduler, so making an appointment is easy. The Writing Center is located in PML 107.

F. Additional Resources for Students

A list of additional resources is available at <https://www.truman.edu/majors-programs/graduate-studies/online-orientation/campus-resources/>.

Information on the Counseling program can be accessed via the {Department Website} or the University Catalog (<http://catalog.truman.edu>).

V. Feedback

A. Student Survey of Instruction

You will be asked to complete a survey regarding my instruction in this course at the end of the term. The survey is anonymous and I will not see the results until after grades have been completed. It is very important that I receive this feedback as it helps me to continuously improve this class. It also helps the University make decisions about our overall curriculum. Please be sure to participate in this survey opportunity.

B. Other Important Contacts

Various offices that provide services to online students are identified at the [One Stop Services](#) page on online.truman.edu. Should you need to consult with administrators that oversee this department and course, here is the contact information for those individuals:

Chair, Dr. Karl Witt
Department of Counseling: 660.785.5400
karlwitt@truman.edu

Dean, Dr. Lance Ratcliff
School of Health Sciences and Education: Violette Hall 2300
 660.785.4383
lrattcliff@truman.edu

Hopefully, your experience with this class is positive. When and if you feel a complaint about this or another course is required, however, the procedure for lodging a complaint can be found on the University's [Report a Complaint](#) page. Students taking an online course from outside the state of Missouri should follow the complaint procedure [offered here](#). **Students are always asked to address their complaint to the professor of the course first when possible, then take their concerns to the Department Chair if the matter cannot be resolved with the faculty member**