

Health & Exercise Sciences at Truman

 **DISTINCT BY DESIGN**

Degrees offered

BS
Health Science,
Exercise Science
MAT
Athletic Training

Learn about human motion, muscle activity and investigate neural contributions to movement control and motor learning using cutting edge technology in our state-of-the-art Piper Movement Analysis Laboratory. Many students pursue independent undergraduate research here.

The Athletic Training program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE).

The Health Science program is approved by the Society of Public Health Education – American Association for Health Education Baccalaureate Approval Committee (SABPAC).

500

approximate number of students in one of these majors

17

full-time faculty members

4

part-time faculty members

72%

of faculty hold a terminal degree in their field



of majors do an internship or a practicum.

Truman students have a **medical school acceptance rate of 54%**, compared to a 41% national average acceptance rate.

Many faculty and students are active in the community and partner with many organizations including Adair County Family YMCA, Kirksville Parks and Recreation, Kirksville Schools, Missouri Partners in Prevention, and Preferred Family Healthcare.

Careers students pursue after Truman (some require post-graduate education):

- Physician
- Optometrist
- Dentist
- Physician Assistant
- Physical Therapist
- Occupational Therapist
- Athletic Trainer
- Chiropractor
- Personal Trainer
- Wellness Coach
- Community Health Educator
- Physical Educator
- Coaching
- Exercise Physiologist
- Athletic Director
- Nutritionist



Students take Human Anatomy with a twice-a-week cadaver lab, located at A.T. Still University (the local medical school). **Only 4% of undergraduate programs in the nation offer cadaver-based anatomy.**

Approximately 75% of incoming Exercise Science majors identify physical therapy as their occupation of choice, and approximately 80% of those who apply to graduate programs in physical therapy gain admission.

What HES students say about the program:

“We love that we can use the lab equipment to practice skills and do research.”

“HES is a great community, professors care about students.”

“Students get to know their professors.”

“Course content is relevant to many careers.”

“HES faculty lives by wellness aspects they teach.”

“HES faculty help students overcome barriers to success.”

“Cadaver anatomy is a cool class.”

“Ability to present research at national conferences was a great experience.”

For more information

Visit hes.truman.edu

