How can we make going back home safer?

It is almost time to return home for winter break! Given the current pandemic, we need to cautiously navigate this return home.

You might be wondering what is the best way to navigate Thanksgiving while also having your student come back home.

Have a conversation as a family.

Risk factors vary from home to home and family to family. Ultimately, you all as a family should develop a plan for the safest way to have your student come home. Listed below are some points to consider.

Some pandemic-friendly options

- Have your student self-quarantine 14 days before leaving Truman. Self-quarantine at Truman could be not going to in-person classes, events, dinners, etc., staying in their dorm room/off campus house, and/or simply obtaining food in a to-go box from the dining hall (if they have a meal plan).
- Have your student self-quarantine upon returning home.
- Have your student get tested at Hy-Vee or at another provider performing asymptomatic testing. Remember, testing only reflects the viral status on that day.
- Have a small dinner with just household members, and wait to celebrate until you know everyone is healthy.