

FLU & COVID-19: A TWINDEMIC?

CAN I HAVE COVID-19 AND THE FLU AT THE SAME TIME?

Yes. It is possible. We have limited knowledge about having COVID-19 and the flu at the same time, but having cases of both the flu and COVID-19 could be incredibly taxing on our health care system.

GET YOUR FLU SHOT!

Although we do not know the impact of having the flu and COVID-19 at the same time, we do know getting your flu shot can reduce your chances of having a severe form of flu.

Where can you get your Flu Shot?

- Truman's Drive-Thru Vaccine Clinic: October 9th
- HyVee, Walmart, or Walgreens
- Adair County's Drive-Thru Vaccine Clinic: October 14th

ENCOURAGE OTHERS TO GET THE FLU VACCINE!

Some conversation starters include:

- Have you thought about getting the flu vaccine?
- Do you know where to get the vaccine?
- We don't have a vaccine for COVID-19, but we have one for flu.

DON'T FORGET ABOUT THE FREE COVID-19 TESTING FROM ADAIR COUNTY ON OCTOBER 12TH!