

Health & Exercise Sciences at Truman

Degrees offered

BS

Health Science,
Exercise Science

MAT

Athletic Training

Learn about human motion, muscle activity and investigate neural contributions to movement control and motor learning using cutting edge technology in our state-of-the-art **Piper Movement Analysis Laboratory**. Many students pursue independent undergraduate research here.

The Athletic Training program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE).

The Health Science program is approved by the Society of Public Health Education – American Association for Health Education Baccalaureate Approval Committee (SABPAC).

650

approximate number of students pursuing one of these majors

17

full-time faculty members

4

part-time faculty members

72%

of faculty hold a terminal degree in their field



of majors do an internship or a practicum.

Truman students have a **medical school acceptance rate of 54%**, compared to a 41% national average acceptance rate.

Many faculty and students are active in the community and partner with many organizations including Adair County Family YMCA, Kirksville Parks and Recreation, Kirksville Schools, Missouri Partners in Prevention, and Preferred Family Healthcare.

Notable employers

- Cerner
- City/county governments
- Peace Corps
- State of Missouri
- YMCA

Notable graduate and professional schools

- A.T. Still University (Kirksville, MO and Tempe, AZ)
- Des Moines University
- Kansas City University of Medicine and Biomedical Sciences
- University of Missouri – Columbia
- University of Missouri – Kansas City
- Creighton University
- St. Louis University
- Washington University in St. Louis
- University of Iowa



Students take Human Anatomy with a twice-a-week cadaver lab, located at A.T. Still University (the local medical school). **Only 4% of undergraduate programs in the nation offer cadaver-based anatomy.**

Approximately 75% of incoming Exercise Science majors identify physical therapy as their occupation of choice, and approximately 80% of those who apply to graduate programs in physical therapy gain admission.



“As a pre-med student, the HES coursework is a great supplement to my basic science classes and allows me to delve further into my personal academic interests. There are many pre-professional students in the HES program and I feel exceptionally prepared for medical school, as all HES students are well prepared for their next steps. My experience with Phi Epsilon Kappa, the professional HES fraternity, has fostered friendships with numerous other HES majors and allowed me to bond with students that have similar passions. The research project I am currently working on has given me real-world experience to complement my learning – and starting was as easy as walking into my professor’s office and asking to help! I’ve yet to encounter a faculty member that is not passionate about the HES program content and mission.”

— KORY FORD, Class of 2019

Currently pursuing: Medical school at The University of Iowa Carver College of Medicine
Pursued at Truman: Exercise Science major, Pre-Med with Spanish and Biology minors, research study in collaboration with Dr. Brian Snyder in the HES Department
Student Involvement: Phi Epsilon Kappa (Professional HES Fraternity), Club Soccer, Sigma Phi Epsilon (Social Fraternity)
Hometown: Ankeny, Iowa