



The SHSE Administrative Team

Ms. Jeanne Harding, *Interim Dean of SHSE*

Dr. Michael Bird, *Chair of HES*

Dr. Wendy Miner, *Chair of Education*

Mr. James Judd, *Director of the RPDC*

Dr. Amy Teten, *Chair of CMDS*

Dr. Brenda Wheeler, *Chair of Nursing*

Ms. Mona Davis, *Assistant to the Dean/Newsletter Editor*

Message from Ms. Jeanne Harding, Interim Dean, School of Health Sciences and Education

It seems like it has been the winter that will never end, but SHSE faculty, staff, and students continue to achieve excellence.

As you will read in this newsletter, a team from the Missouri Department of Mental Health journeyed to Kirksville to help northeast Missouri celebrate their efforts in employing individuals with disabilities. NEMO is the first area in the state to reach the purple ribbon level of Empowering through Employment. SB40 Board member Julie Lochbaum (Education) was among those participating in the celebration.

Members of the Disability Studies minor at Truman work in partnership with SB40. Since the minor focuses on the social and political contexts of disability and explores how disability is defined and represented, it provides multiple opportunities for Truman students to connect with individuals with disabilities and community partners. Currently the 2nd largest minor on campus, the Disability Studies committee should be commended for their leadership. The committee welcomes ideas and interest from across campus.

Congratulations to Bev Peters, Education, and Rafael Tubongbanua, Nursing, for being named finalists in Student Government's Educator of the Year program, and to Julia Edgar, Communication Disorders, for being named finalist for Research Mentor of the Year. All three were nominated by students for their excellence and will be recognized at a banquet on April 8th.

Senior Exercise Science major, Elijah Farrales, was selected as Truman's nominee for the Prior Award. Named in honor of David Prior, this COPLAC award recognizes a senior-level undergraduate whose academic career and future goals have been shaped by the transformative power of the liberal arts and sciences experience at a COPLAC institution.

Graduate Council held a three minute thesis competition on March 2nd and Nicki Batinik from Communication Disorders was selected as the winner. The Three Minute Thesis (3MT®) is an academic competition developed by The University of Queensland (UQ), Australia for research students. Best wishes to Nicki as she moves on to compete at the Midwestern Association of Graduate Schools Conference in St. Louis.

It is such a pleasure to be a part of the School of Health Sciences and Education and be surrounded by talented colleagues and students who make the most of each day. Even as the snow continues to fall, I'm confident warmer days and sunshine are ahead. Happy March!

SB40 Leads State in Employment Support

Adair County continues to lead the state in percentage of individuals with disabilities who are in community integrated employment. “I wanted to share that Adair County SB40 is the first in the state to receive the purple ribbon recognition for employment supports. This means that 35% of the individuals in waivers are working and receiving employment supports. I have been working with Val Huhn, head of the Division, to schedule a celebration day here at our office. Folks from the Division of Developmental Disabilities and legislature will be here in our office on Friday, March 1, at 9:00 a.m. to present us with an award and proclamations from the legislature for this accomplishment,” stated Nancy Pennington. “Please remember that the SB 40 Board works with persons with autism since autism is considered to be an intellectual/developmental disability. So this percentage includes persons with autism who receive their support coordination through SB40. This is one reason the proposed Greenwood Center must retain the emphasis on being a Center rather than merely a clinic. The wrap-around services are where our current strength is.” stated Julie Lochbaum, SB40 board member.

RESPOND Mental Health Training

University Counseling Services will provide RESPOND training for Truman faculty and staff on Tuesday and Wednesday, March 12 and 13, from 9:00 a.m. to 1:00 p.m., in the SUB Alumni Room 2105. This free, eight-hour training will empower faculty and staff to offer effective support to a student or colleague. The course provides a basic overview of symptoms often associated with mental health concerns and offers an action plan to help RESPOND effectively. The training also includes information on how to intervene when someone is experiencing a suicide crisis. To sign up for the training, visit <http://eventmanager.truman.edu/generallist.asp>. Contact Stacy Simmons at smsimmons@truman.edu with any questions.

Admitted Student Visit Day

SHSE joined Truman in welcoming admitted students and their families to campus February 18, 2019. The Admitted Student Visit Day was designed to help students choose Truman by showing them an enthusiastic welcome to their future campus and letting them explore their individual interests.



Communication Disorders

The Communication Disorders Department, in conjunction with Northeast Missouri Area Health Education Center (NEMO AHEC), planned a Presidents' Day campus visit for area high school students on February 18, 2019. The event was cancelled due to inclement weather, but CMDS graduate students Erynn Skoglund and Kylie Albrecht set up stations on "what it is like to be a speech pathologist." Other CMDS graduate students assisted with preparing the various stations within the clinic area, demonstrating various augmentative devices and other equipment used with clients in the Speech and Hearing Clinic.

Approximately 100 children at local preschools and day care centers have been screened for hearing and speech/language difficulties by CMDS graduate students, with Dr. Ilene Elmlinger and Ms. Melissa Passe providing supervisory assistance.

Ms. Melissa Passe served as a site visitor for the Council on Academic Accreditation (CAA) of the American Speech Language-Hearing Association (ASHA) for the Mississippi University for Women in Columbus, Mississippi.

The Communication Disorders Association (CoDA) CMDS Student Organization had a fundraiser night on February 19, 2019. Ten percent of Bellacino's profits that evening were donated and will be used to support students who are attending the Missouri Speech Language Hearing Association (MSHA) conference, April 4 – 7, 2019, in Osage Beach.

Tori Thiel Sission, 1999 CMDS alumna, recently accepted a position as Therapy Manager at Ellis Fischel Cancer Center.

Kia Johnson, 2000 CMDS alumna, is a tenured associate professor at the University of Houston (UH) and Director of the UH Stuttering Research Laboratory within the Department of Communication Sciences and Disorders. Kia's area of expertise is fluency disorders with focus on developmental stuttering in young children. Her research focus is socio-emotional factors that influence stuttering in young children and the impact of bilingualism on speech disfluencies in children who do and do not stutter (currently looking at speech disfluencies in bilingual Spanish-English & Urdu-English speaking children and bidialectal MAE-AAE speaking children). Among her recent accomplishments are: Texas state representative to the ASHA Speech-Language Pathology Advisory Council; chair-elect to the Board of Directors for the National Black Association for Speech-Language and Hearing; Former Associate Editor of *Perspectives of the ASHA Special Interest Groups (SIG-4)*; ASHA Minority Student Leadership Alumni (Class of 2006); ASHA "Leading the Way" Recognition – Multicultural Concerns Collective Celebration, ASHA Convention, 2015; CSD Distinguished Alumna Award, Howard University, Dept. of Comm. Sciences & Disorders 2013.

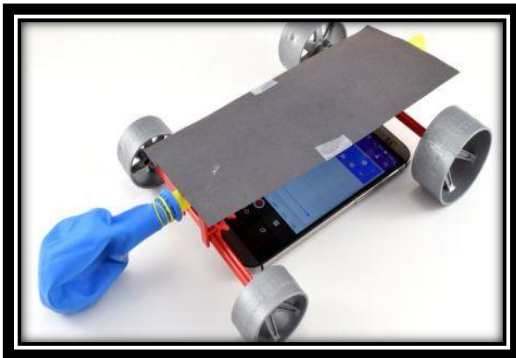
Mallory Trammel Sims, CMDS alumna, was featured in the Columbia Public Schools' *Quarterly Connection* for her \$700.00 Assistance League of Mid-Missouri grant. According to the publication: "At Blue Ridge Elementary School, Sims, a speech pathologist, is working to redefine how students approach reading comprehension. Her grant involves hands-on materials, like photo cards, storybooks and vocabulary books, in addition to iPad software for students with language delays. 'When a student doesn't understand a word or a picture, I give them synonyms and antonyms or try to make a connection to real life experiences,' Sims said. 'I can see that lightbulb moment when it finally clicks.'"

Education

Education faculty met with future Truman students at the admitted student visit day, February 18, 2019. Enrique Pareja, Melody Jennings, Sheila Berkowitz, John Jones, Bev Perrachione, Bev Peters, and Wendy Miner attended the luncheon and met with multiple families. They reported enjoying connecting the students with resources and contacts. John Jones and MAE students met with the students and families and John presented a mini-college class experience, followed by discussion.

“Graduate students in the MAE program partnered with Kirksville Primary School to provide an after-science club for gifted kindergarteners and first-graders. The kindergarten science club was based on the life science unit developed from the College of William and Mary’s Center for Gifted Education. It focused on hands-on exploration of plants and animals, higher-level thinking challenges, and an inquiry-based approach to science. Activities included dissecting oranges and using the five senses to describe them and examining the parts of different flowers. The first-grade science club focused on scientific reasoning in Fairy Tale Forest. Science experiments were based on common fairy tales including determining which type of soap cleans better (Cinderella) and what materials are the strongest (Three Little Pigs). It was incredible to see how excited the kids were about science and exploration.”
~ by Sydney Solari

“This semester I had the opportunity to earn the Google Level 1 Certification. Through this process I was able to learn how to use the Google applications and how to integrate them into my professional life as well as my future classroom. Although I have used many of the Google applications before, this training gave many real life examples of how teachers have implemented them into the programs. One of the aspects I am most excited to use is the collaboration feature of the Google applications. This will allow me to promote team work in my classroom. I am also excited to use Google Earth and the Science Journal to direct my instruction for Social Studies and STEM lessons. I am currently planning a diversity lesson that focuses on a Chinese Folktale. Google Earth has a “voyage” that travels to China and will allow students to see real life pictures of the places talked about in the Folktale as well as allow them to navigate around the city as though they are actually there! I also envision using



the Science journal in my classroom. The Science Journal application allows students to use their devices to record data and observations while also serving as many science tools including a sound sensor, light sensor, accelerometer, magnetometer, compass, and barometer. By completing the certification, I learned how to use devices that many schools already have in combination with Google applications to create engaging science lessons. Pictured is a screen shot of a lesson provided by Google where students make a balloon powered car. Then they use the Science Journal to calculate the speed and acceleration of what they have created. This is a lesson that I cannot wait to try in my own classroom!”
~ by Kaitlin Hackbarth

Jeremy Mapp (pictured, right) 2012 MAE alumnus, is the assistant principal at Keysor Elementary School, Kirkwood. He plans to finish his Ed.D. in April from Maryville. Previously, Jeremy taught six years in Richmond Maple-Heights. For four years, Jeremy and his wife Rachel (also a Truman alum) were house parents for Joe’s Place, which offers homeless teenage boys in the Maplewood Richmond Heights School District a caring home environment.



Congratulations to MAE elementary education student Lauren Dale, who was named the Great Lakes Valley Conference (GLVC) Pitcher of the Week for the third time in her career.

Congratulations to MAE secondary student Laura Ney, who was named the Great Lakes Valley Conference (GLVC) Scholar Athlete of the Year for Women's Soccer. Laura is currently a biology student teaching intern in the Clayton School District.



KHS Student Panel to Follow



TRUMAN STATE UNIVERSITY
DEPARTMENT OF EDUCATION
FILM SERIES PRESENTS:

I LEARN AMERICA

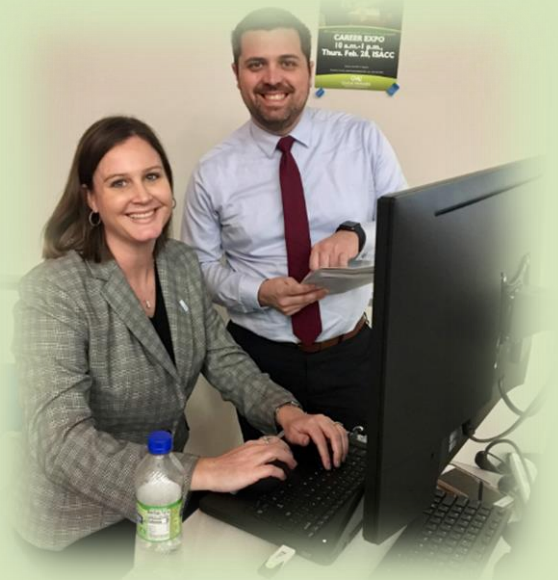
A film that tells the story of five teenagers from immigrant families and their journey of adapting to changing language and family dynamics while creating a future of their own in a new land.

MARCH 28 7:00 PM VH 1010
FREE ADMISSION
REFRESHMENTS PROVIDED



Health and Exercise Sciences

The Missouri Athletic Trainers' Association (MOATA) Educators and Student Leadership Conference was held February 2, 2019, in Fayette. The Truman Athletic Training program sent one faculty member and seven students. Students learned about working with non-traditional populations and settings, wound care, and legislative issues while the certified athletic trainers participated in round table discussions and a casting lab. The Truman Quiz Bowl team (pictured below, left) competed but did not place in the competition. Competing were team members Chad Verdier, Grace Pepple, and Ashley Rose.



Exercise Science program members recently had seven abstracts accepted for poster presentations at the 2019 American College of Sports Medicine (ACSM) meeting to be held May 28 – June 1, 2019, in Orlando, Florida. Faculty members presenting are Liz Jorn, Jana Arabas, and Jerry Mayhew. Three students were lead authors on posters. They were Monica Hunter and Taylor Manes from Exercise Science and Brianna Morgan from Molecular Biology.

Laura Stark, 2015 Exercise Science alumna, opened Stark Strong Performance in Fort Lauderdale, Florida, in 2016, which specializes in sport performance training. She recently helped the Truman women's basketball team with warm-up when they were playing nearby.

CALLING ALL DEPARTMENTS and ORGANIZATIONS!

My name is Kieta Clay and I am a Senior Exercise Science Student with minors in Disabilities Studies and Psychology at Truman State University. For my Disability Studies Capstone Project, I am organizing campus and community wide awareness events for the **Spread the Word to End the Word** as well as the next step in the **Spread the Word** campaign, **Spread the Word: Inclusion for all** campaign during the month of March to take a stand against specific groups being excluded and isolated. Now more than ever, our opportunity is to not only tear down the discrimination and stigma of the past, but also to build the inclusive future we all envision.

Individuals who have intellectual and developmental disabilities have had to overcome the challenges society has put forth through stereotypes for too long. Special Olympics athletes in the Kirksville area community and other members in the community who identify within the disability population, accomplish many great things, are active members of our local communities and deserve the same respect, and dignity that each of us expects from our cohorts in return as well as the opportunity to be included in activities and daily life. It is time for a change and you and the Truman and Kirksville community can help!

I invite you to join me in an on-going campaign to raise awareness for inclusion for all and pledge respect for everyone and inclusion for all. By joining the **Spread the Word** movement, you will join over 700,000 people who have pledged their support to creating an inclusive society. I hope you join the movement by making your pledge to end the use of the R-word as well as spread inclusion.

Specifically, what I am asking is for you and your friends, organizations, local businesses and community members to sign a banner and pose for a photo with it for the social media component, (@SpreadTheWord.Inclusion.TSU.KirksvilleMO) of my campaign. So people can follow the campaign throughout the month of March up to the conclusion event TBA at the end of March!

By taking the pledge, together we can create a community of acceptance and inclusion for people with intellectual and developmental disabilities.

Another way to get involved with this campaign is to wear **orange** on March 7, 2019! It's almost Inclusion Day time again. So Grab your **orange** and let's get ready to celebrate Developmental Disabilities Awareness Month in style on March 7!

Get out your **orange** shirts, pants, shoes and socks, because Thursday, March 7, 2019 is Inclusion Day. We need you to help paint Truman State and Kirksville **orange** as we celebrate. Inclusion Day is all about spreading the message of inclusion and showing support for people of all abilities.

Inclusion is about sharing experiences. So don't forget to share pics of you and your school, co-workers or friends wearing **orange** and send them to dtc7446@truman.edu so I can share them on my [Inclusion Facebook](#) page. I want to see your inclusion pride! **#IncludeME**

The inclusion revolution starts with you!

Very Respectfully,
Kieta Clay



TruLifesaver

American Heart Association Basic Life Support Course



**American
Heart
Association®**
Learn and Live

The **Basic Life Support (BLS)** class is designed to help people recognize and respond to several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.

Certification is good for 2 years

Our course includes the following for an adult, child, and infant:

- Critical concepts of high-quality CPR
- The American Heart Association Chain of Survival
- Differences between rescue techniques
- 1-Rescuer CPR and AED
- 2-Rescuer CPR and AED
- Bag-mask techniques
- Rescue breathing
- Relief of choking

Instructors:

Liz Jorn and Jana Arabas
Truman State University
Department of Health
and Exercise Science

Date & Time:

Sunday, March 31, 12:00-5:00 pm
Tuesday, April 9, 5:00-10:00 pm
Thursday, April 18, 5:00-10:00 pm
Wednesday, April 24, 5:00-10:00 pm
Monday, April 29, 5:00-10:00 pm

Location:

Health Science 1206 - CPR Lab
Truman State University

Cost: \$70.00

Cost includes all instruction, materials
and two year certification with the
American Heart Association

To Register:

Visit institute.truman.edu/trulifesaver and complete the online registration form. You may email us at institute@truman.edu or call with questions. Students will pay online and must have paid in full before the class meeting. Businesses interested in using purchase orders should call our office in advance. No-shows will not receive refunds. Classes with enrollments below 12 may be subject to cancellation.

Institute for
Academic Outreach

P: 660-785-5384
F: 660-785-7202
institute@truman.edu

Nursing

Rafael Tubongbanua was nominated for an "Of the Month" (OTM) award for outstanding contributions within the residential community. OTMs are submitted to recognize individuals who have excelled in leadership qualities and contributed to the residence hall system. The OTM program is sponsored by the National Residence Hall Honorary (NRHH), an organization representing the top 1% of leaders within the residence hall community who strive to achieve excellence in scholastics, role models of service, bestowers of recognition, and exercisers of leadership. NRHH acknowledges those leaders who go above and beyond in making the collegiate experience of living in the residence hall community an incredible experience. Rafael is also a finalist for Educator of the Year, his second time in his two years of teaching at Truman.

Brooke Kelley is a nursing major and plans to graduate in May 2019. Brooke has been accepted to University of Missouri-Columbia Family Nurse Practitioner program and will work toward attaining a Doctorate of Nursing Practice (DNP) degree. Additionally, Brooke has accepted a position at University of Missouri Hospital and will begin once she has graduated. In addition to being successful in the nursing major, Brooke is a varsity golfer at Truman.

Regional Professional Development Center

D.A.R.T.S (Discovering Alternative Routes to Success) Non-Traditional STEAM Career Exploration Event

“On March 27, 2019, Truman’s campus will be inviting hundreds of local seventh graders to explore a variety of careers through interactive exhibits facilitated by campus and area business/industry representatives. The students will take part in the D.A.R.T.S. (Discovering Alternative Routes to Success) event coordinated by Polly Matteson, Career Advisor for the Northeast Missouri Regional Professional Development Center and the Department of Elementary and Secondary Education. This event provides students the opportunity to gain knowledge about diverse career paths through exhibitors representing the six career paths: Health Sciences, Human Services, Business Management and Technology, Industrial and Engineering Technology, Natural Resources and Agriculture, Arts and Communication. D.A.R.T.S also allows students to learn about educational and training requirements to promote success after graduation. Ms. Matteson expresses, “I really want students’ eyes opened to the possibilities and for them to see the practical application of subjects they take in school.” Faculty and students are welcome to attend the event at the Student Union Building and interact with the students and exhibitors.”

by Morgan Walters

Calendar of Selected Upcoming Events

March 2, Saturday: Admission Office Saturday Visit

March 6, Wednesday: First Block Classes End

March 7, Thursday: Second Block Classes Begin

March 7, Thursday: Undergraduate Council, 3:00 p.m. – 5:00 p.m., SUB Alumni Room 2105

March 11 – 15, Monday – Friday: Spring Break, No Classes

March 20, Wednesday: Graduate Council, 3:40 – 5:00 p.m., VH 2151

March 21, Thursday: Undergraduate Council, 3:00 p.m. – 5:00 p.m., SUB Alumni Room 2105

March 21, Thursday: Lyceum, Havana Cuba All-Stars, 7:30 a.m. (doors open at 7:00 p.m.), Baldwin Auditorium

March 23, Saturday: Admission Office Saturday Visit

March 28, Thursday: Faculty Senate, 3:00 p.m. – 5:00 p.m., SUB Alumni Room 2105

March 30, Saturday: Admission Office Showcase Event

April 4, Thursday: Undergraduate Council, 3:00 p.m. – 5:00 p.m., SUB Alumni Room 2105

April 6, Saturday: Admission Office Saturday Visit

April 16, Tuesday: Academic Leadership Forum (ALF), 3:00 p.m., SUB Alumni Room 2105

April 17, Wednesday: Graduate Council, 3:40 – 5:00 p.m., VH 2151

April 18, Thursday: Undergraduate Council, 3:00 p.m. – 5:00 p.m., SUB Alumni Room 2105

April 22, Monday: Term Break, No Classes (ends at 5:00 p.m.)

April 25, Thursday: Student Research Conference

April 25, Thursday: Faculty Senate, 3:00 p.m. – 5:00 p.m., SUB Alumni Room 2105

April 27, Saturday: Admission Office Showcase Event

May 2, Thursday: Undergraduate Council, 3:00 p.m. – 5:00 p.m., SUB Alumni Room 2105

May 3, Friday: Last Day of Spring Semester Classes

May 6, Monday: First Day of Finals

May 8, Wednesday: Reading Day

May 9, Thursday: (tentative) “Old” Faculty Senate, 3:30 p.m. – 5:30 p.m., SUB Alumni Room 2105

May 9, Thursday: (tentative) “New” Faculty Senate, 5:30 p.m. – 6:00 p.m., SUB Alumni Room 2105

May 10, Friday: Last Day of Finals

May 10, Friday: Master of Arts in Education (MAE) Hooding Ceremony, 7:00 p.m., OP Performance Hall

May 10, Friday: Nursing Pinning Ceremony, 7:00 p.m., Baldwin Auditorium

May 11, Saturday: Communication Disorders Hooding Ceremony, 10:00 a.m., Violette Hall 1000

May 11, Saturday: Commencement, 2:00 p.m.

May 11, Saturday: May Interim Begins

May 25, Saturday: May Interim Ends

May 27, Monday: Memorial Day Holiday, Truman Closed

May 28, Tuesday: First Five-Week and Ten-Week Classes Begin

June 3, Monday: Eight-Week Classes Begin

June 28, Friday: First Five-Week Classes End

July 1, Monday: Second Five-Week Classes Begin

July 4, Thursday: Independence Day Holiday, Truman Closed

July 26, Friday: Eight-Week Classes End

August 2, Friday: Second Five-Week and Ten-Week Classes End

Mission Statement

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

Five Pillars

- ❖ Professional programs grounded in the liberal arts and sciences
- ❖ Leadership development
- ❖ Interdisciplinary collaboration
- ❖ Diverse learning and service opportunities
- ❖ Pursuit of continued scholarship and research



TRUMAN STATE UNIVERSITY

*School of
Health Sciences & Education*