FEBRUARY 2019 NEWSLETTER



The SHSE Administrative Team

Ms. Jeanne Harding, Interim Dean of SHSE
Dr. Michael Bird, Chair of HES
Dr. Wendy Miner, Chair of Education
Mr. James Judd, Director of the RPDC
Dr. Amy Teten, Chair of CMDS
Dr. Brenda Wheeler, Chair of Nursing
Ms. Mona Davis, Assistant to the Dean/Newsletter Editor

Message from Ms. Jeanne Harding, Interim Dean, School of Health Sciences and Education

Happy New Year and welcome to the new semester!

The start of a new semester is often a hectic time but it's always exciting for me to interact with new and returning students and colleagues. On a recent assignment, one of these new students in a class I teach shared, "Be thankful for each day and seize every moment. Don't let a day go by as 'just another day'. These experiences and this opportunity you have is a gift to serve." I'm inspired by this student and his thoughts and challenge each of us to live out this advice. For more about his inspirational journey, I highly encourage you to check out http://www.missouricancer.com/confidence-that-cures/

It's important to recognize those who actively participate and excel in activities that model the mission of our school for the SHSE Mission Award. As defined by our mission statement, "the School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research." Previous Mission Award recipients include Dr. Steve and Ms. Kit Hadwiger (Nursing, 2014-2015); Dr. Janice Clark (HES, 2015-2016); Dr. Wendy Miner (ED, 2016-2017); and Ms. Pam Melvin (Nursing, 2017-2018). Their names are on a plaque on permanent display in the SHSE Dean's Office. Procedures for nominating faculty for the award, the evaluation of applications and selection of the award-winner will be sent out the first week of February. The deadline for nominations is noon on Friday, March 1, 2019.

I am pleased that Dr. Lance Ratcliff, currently Dean of General Education and Student Services at Southeast Missouri Hospital College, has accepted the position as Dean of the School of Health Sciences and Education at Truman State University beginning June 17, 2019. I look forward to working with him to ensure a smooth transition and supporting his leadership in SHSE.

Best wishes for a successful semester! Please let me know how I can help support the important work you do on behalf of our students.



JED Town Hall Monday, February 11, 5:00 p.m. Violette Hall 1000

The purpose of this event is to share information from the Healthy Minds Survey and inform the community of the progress of the JED committee toward achievement of strategic plan goals.

There will be time for a question and answer period following the presentation by JED Co-Chairs Evonne Bird and Brenda Higgins.

Come see what progress has been made.

Visit the <u>JED webpage</u> for additional information.



FOUNDATIONS OF AUTISM

Saturday, February 23rd 9:30am-11:30am

Adair County SB40 Developmental Disability Board

Community Learning Center

1107 Country Club Dr.

Kirksville, MO 63501

About the Workshop:

Foundations of Autism is an introductory course that includes information about Autism Spectrum Disorders (ASD), information about Easterseals Midwest services, and basic strategies to use when supporting individuals with ASD.

Registration:

Registration is limited and is taken on a first come, first served basis. When you attend this introductory workshop you will gain valuable knowledge and strategies for working with individuals with autism. The day is designed for parents, professionals and community members. No respite is provided during this event.

MOPD credits are available. Please ask upon RSVP for more information.

To register, please contact Easterseals Midwest at 573.874.3777 or Victoria.parsons@esmw.org

Communication Disorders

During the spring 2019 semester, the Speech and Hearing Clinic will serve over 70 clients. Thirty-one graduate students and ten senior-level students are providing services in the clinic, area public schools, and Early Head Start. There are 19 graduate students on public school and/or hospital internships.

Evening clinic hours on Tuesday and Thursday are supervised by temporary instructors, Susan Drew, M.S., CCC-SLP and Ms. Kali Kelso, M.A., CCC-SLP.

The CMDS department welcomed ten new students into the master's program beginning in January, 2019. The new students came from undergraduate institutions including Truman State University, Wichita State University, University of Alaska-Anchorage, University of Missouri-Columbia, and University of Central Missouri.

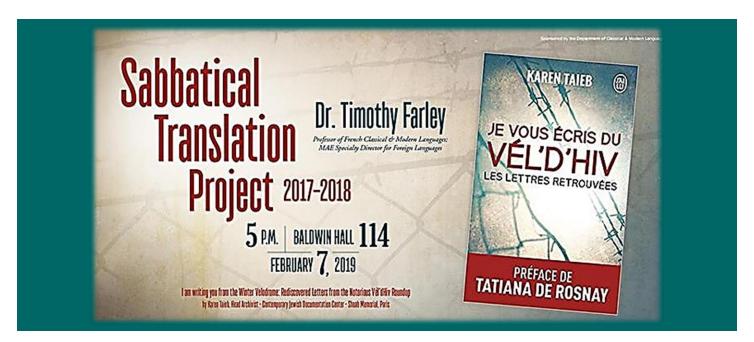
This year, the Communication Disorders Association (CoDA) created a new social event called "CoDA Coffeehouse." The intention of this program was to bring CoDA members together in a positive and relaxing atmosphere. CoDA members meet weekly at Take Root, a "Local Foods Pay-What-You-Can" cafe. This cafe aims to end hunger and improve health in the Kirksville community. Here, CoDA members eat, talk, and socialize, paint, complete homework, and overall, establish relationships with each other. Undergraduate members are able to have open conversations with graduate students about future jobs, graduate applications, and graduate programs. New members are able to ask lingering questions about school, coursework, and CoDA in a comfortable setting. Finally, a CoDA art project was created so that each member could leave their mark on a small collage. Once the collage is finished, it will be hung on the CoDA bulletin board in the Speech and Hearing Clinic

Education



Truman State alumnus Jacob England (BA Music '14, MAE '15) received the Missouri Music Educators Association (MMEA) Outstanding Young Educator Award at the MMEA annual conference, in January, in Osage Beach. This award is given to one young music educator per year with between three and seven years of teaching experience. Jacob teaches middle school and high school band in the Wentzville School District. Congratulations, Jacob!

MAE alumnus Joe Milliano has been hired as a faculty member for Mizzou's Missouri Scholars Academy (MSA). He will spend three weeks this summer teaching energy and astronomy classes at this residential program for gifted high school juniors.



Health and Exercise Sciences



HLTH 440 seniors are pictured, prior to their Capstone Showcase on December 4, 2018. Their capstone projects were: Buddy Pack: Miranda Bearden & Brooke James; Speak Up: Lindsey Potts; Sleep Awareness Week: Heather Meyer & Timani Taylor; Women's Empowerment Week: Maha Mohamed; Prescription Drug Take-Back Project: Mitch Nichols and Tori Lannert; Muffins and Manners at 2018 Community Engagement Conference: Brooke Bailey; International Student Mental Health: Momi Sagoe; Campus Sexual Health: Jasmine Jones and Latireea Jones; Cognitive Stimulation: Brianna Hagstrom; and Build Resilience: Tori Thompson and Zara Shoune.

A casting clinic was held January 24, hosted by The Emergency Medicine Club and The Orthopedic Surgery Club from ATSU. Thirty-two students attended, 21 from ATSU and 11 from Jana Arabas' First Aid and Injury Care class. Dr. Kevin Marberry presented the clinic and provided casting materials for the students to cast one another.













TruLifesaver

American Heart Association Basic Life Support Course



Learn and Live

The Basic Life Support (BLS) class is designed to help people recognize and respond to several life-threatening emergencies, provide CPR, use an AED, and relive choking in a safe, timely and effective manner.

Certification is good for 2 years

Our course includes the following for an adult, child, and infant:

- Critical concepts of high-quality CPR
- The American Heart Association Chain of Survival
- Differences between rescue techniques
- 1-Rescuer CPR and AED
- 2-Rescuer CPR and AED
- Bag-mask techniques
- Rescue breathing
- · Relief of choking

Instructors:

Liz Jorn and Jana Arabas
Truman State University
Department of Health
and Exercise Science

Date & Time:

Sunday, March 31, 12:00-5:00 pm Tuesday, April 9, 5:00-10:00 pm

Thursday, April 18, 5:00-10:00 pm

Wednesday, April 24, 5:00-10:00 pm

Monday, April 29, 5:00-10:00 pm

Location:

Health Science 1206 - CPR Lab Truman State University

Cost: \$70.00

Cost includes all instruction, materials and two year certification with the American Heart Association

To Register:

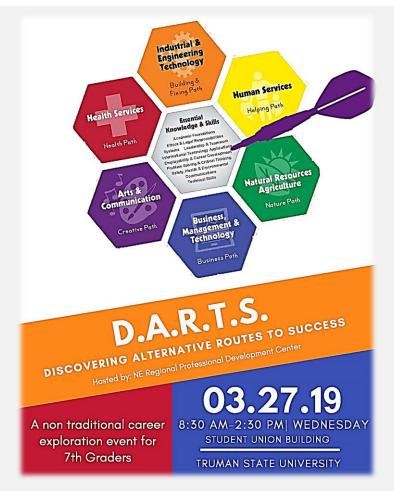
Visit institute.truman.edu/trulifesaver and complete the online registration form. You may email us at institute@truman.edu or call with questions. Students will pay online and must have paid in full before the class meeting. Businesses interested in using purchase orders should call our office in advance. No-shows will not receive refunds. Classes with enrollments below 12 may be subject to cancellation.

Institute for Academic Outreach

P: 660-785-5384 F: 660-785-7202 institute@truman.edu

Nursing

Among the presenters at the Global Issues Colloquium, January 31, were Nursing Emeritus Professors Steve and Kit Hadwiger. The panel discussion on Global Women's Health gave an overview of the areas of women and family health care throughout the world. Kit spoke on her experience with pregnancy and birthing in the Philippines. Steve's topic was medicalization, particularly as experienced in the Philippines. *Note: Medicalization can be defined as the process by which some aspects of human life come to be considered as medical problems, whereas before they were not considered pathological.*



After the great success of the 2018 Discovering Alternative Routes to Success (D.A.R.T.S.) event, Polly Matteson, NEMO Regional Professional Development Center Pathways Career Consultant/Advisor, is again collaborating with Truman State University to host the Wednesday, March 27, 2019 D.A.R.T.S. event for seventh graders from several northeast Missouri schools. During their visit to Truman, students will explore diverse career paths through hands-on, interactive table exhibits in the Student Union Building (SUB), with an emphasis on STEAM careers. (Note: The STEM educational model — a focus on science, technology, engineering and mathematics — dates to the early 60s. The term STEAM was invented at the Rhode Island School of Design to reflect the key role art plays in design and science. One early founder, Georgette Yakman, refers to STEAM as "Science and Technology, interpreted through Engineering and the Arts, all based in elements of Mathematics." The STEAM educational approach favors experiential learning and problem solving, and argues that science, technology, engineering, art and mathematics are intertwined. Students are encouraged to take risks, think critically, and find creative solutions to problems. In the STEAM model, no subject is isolated. Science and technology can be interpreted through the arts and engineering, and include mathematical components. The subjects work in tandem and inspire each other.) Exhibitors will represent careers with varied levels of required post-secondary educational requirements, from certifications through four-year college, and beyond. Planetarium staff will show a short video, and Admission Office Student Ambassadors will be available to give short tours of campus. In 2018, 400 students and chaperones from seven schools took part in a morning or afternoon session. For 2019, invitations went out to 14 northeast Missouri schools, with an effort to include more area K-8 schools. There are many opportunities for Truman students to volunteer to help with this event. Please contact Polly Matteson (pmatteson@truman.edu) if you teach or are part of an organization or class that would like to be involved. The Department of Elementary & Secondary Education is helping make this event possible through a small grant that will help with bus transportation costs. (Photos from last year's D.A.R.T.S. event appear on the following page.)















Calendar of Selected Upcoming Events

- February 2, Saturday: Admission Office Showcase Event
- February 7, Thursday: Undergraduate Council, 3:00 p.m. 5:00 p.m., SUB Alumni Room 2105
- February 9, Saturday: Board of Governors Meeting
- February 12, Tuesday: Academic Leadership Forum (ALF), 3:00 p.m., SUB Alumni Room 2105
- February 16, Saturday: Admission Office Saturday Visit
- February 20, Wednesday: Graduate Council, 3:40 5:00 p.m., VH 2151
- February 21, Thursday: Undergraduate Council, 3:00 p.m. 5:00 p.m., SUB Alumni Room 2105
- February 28, Thursday: Faculty Senate, 3:00 p.m. 5:00 p.m., SUB Alumni Room 2105
- March 2, Saturday: Admission Office Saturday Visit
- March 6, Wednesday: First Block Classes End
- March 7, Thursday: Second Block Classes Begin
- March 7, Thursday: Undergraduate Council, 3:00 p.m. 5:00 p.m., SUB Alumni Room 2105
- March 11 15, Monday Friday: Spring Break, No Classes
- March 20, Wednesday: Graduate Council, 3:40 5:00 p.m., VH 2151
- March 21, Thursday: Undergraduate Council, 3:00 p.m. 5:00 p.m., SUB Alumni Room 2105
- March 21, Thursday: Lyceum, Havana Cuba All-Stars, 7:30 a.m. (doors open at 7:00 p.m.), Baldwin Auditorium
- March 23, Saturday: Admission Office Saturday Visit
- March 28, Thursday: Faculty Senate, 3:00 p.m. 5:00 p.m., SUB Alumni Room 2105
- March 30, Saturday: Admission Office Showcase Event
- April 4, Thursday: Undergraduate Council, 3:00 p.m. 5:00 p.m., SUB Alumni Room 2105
- April 6, Saturday: Admission Office Saturday Visit
- April 16, Tuesday: Academic Leadership Forum (ALF), 3:00 p.m., SUB Alumni Room 2105
- April 17, Wednesday: Graduate Council, 3:40 5:00 p.m., VH 2151
- April 18, Thursday: Undergraduate Council, 3:00 p.m. 5:00 p.m., SUB Alumni Room 2105
- April 22, Monday: Term Break, No Classes (ends at 5:00 p.m.)
- April 25, Thursday: Student Research Conference
- April 25, Thursday: Faculty Senate, 3:00 p.m. 5:00 p.m., SUB Alumni Room 2105
- April 27, Saturday: Admission Office Showcase Event
- May 2, Thursday: Undergraduate Council, 3:00 p.m. 5:00 p.m., SUB Alumni Room 2105
- May 3, Friday: Last Day of Spring Semester Classes
- May 6, Monday: First Day of Finals
- May 8, Wednesday: Reading Day
- May 9, Thursday: (tentative) "Old" Faculty Senate, 3:30 p.m. 5:30 p.m., SUB Alumni Room 2105
- May 9, Thursday: (tentative) "New" Faculty Senate, 5:30 p.m. 6:00 p.m., SUB Alumni Room 2105
- May 10, Friday: Last Day of Finals
- May 10, Friday: Master of Arts in Education (MAE) Hooding Ceremony, 7:00 p.m., OP Performance Hall
- May 10, Friday: Nursing Pinning Ceremony, 7:00 p.m., Baldwin Auditorium
- May 11, Saturday: Communication Disorders Hooding Ceremony, 10:00 a.m., Violette Hall 1000
- May 11, Saturday: Commencement, 2:00 p.m.
- May 11, Saturday: May Interim Begins
- May 25, Saturday: May Interim Ends
- May 27, Monday: Memorial Day Holiday, Truman Closed
- May 28, Tuesday: First Five-Week and Ten-Week Classes Begin
- June 3, Monday: Eight-Week Classes Begin
- June 28, Friday: First Five-Week Classes End
- July 1, Monday: Second Five-Week Classes Begin
- July 4, Thursday: Independence Day Holiday, Truman Closed
- July 26, Friday: Eight-Week Classes End
- August 2, Friday: Second Five-Week and Ten-Week Classes End

Mission Ottatement

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.



- Professional programs grounded in the liberal arts and sciences
- **❖** Leadership development
- ❖ Interdisciplinary collaboration
- ❖ Diverse learning and service opportunities
- ❖ Pursuit of continued scholarship and research

