

SEPTEMBER 2017 NEWSLETTER



The SHSE Administrative Team

Ms. Jeanne M. Harding, *Interim Dean of SHSE*

Dr. Roberta Donahue, *Chair of HES*

Dr. Lisa Goran, *Chair of Education*

Dr. John Jones, *Assistant Chair of Education*

Mr. James Judd, *Director of the RPDC*

Dr. Amy Teten, *Chair of CMDS*

Dr. Brenda Wheeler, *Chair of Nursing*

Ms. Mona Davis, *Assistant to the Dean/Newsletter Editor*

Message from Ms. Jeanne Harding, Interim Dean, School of Health Sciences and Education

Welcome! It is my privilege to serve as the Interim Dean of the School of Health Sciences and Education during the 2017-2018 academic year. For more than twenty years, I was employed in K-12 schools as a teacher and administrator. In 2014, I transitioned to Truman and began teaching in the Education Department while also working as the Director of Field Experiences. Northeast Missouri is home, and Truman has always been an integral part of my life. My husband, Geoff, and I live outside Kirksville with our daughters Olivia and Sylvia while my son, Scott, attends college in Nashville, Tennessee. As a first generation college student, I've appreciated the opportunities my education has provided, and the mentors who have supported my journey.

I've always loved the start of the academic year. I look forward to this time of new beginnings, the collective sense of optimism, and the possibilities ahead. This year, attending Convocation with students new to campus in the recently renovated Baldwin Hall, was a pinnacle moment. Faculty member, Jesse Krebs, inspired us to "squeak big" and tackle new challenges while student speaker and future educator, Deanna Schmidt, challenged those in attendance to ponder the legacy we will leave at Truman:

"... I want to encourage all of us to be conscientious. We should know that everything we do is contributing to these beautiful legacies we're crafting. Remember to work hard, seize every opportunity presented to you, support your classmates, learn from each other, and strive to be the best version of yourself. Know that during your time here at Truman, you are building up a legacy every day, starting today."

As we kickoff this new year, I pledge to assist all the Departments in our School and find meaningful ways to support students, staff, and faculty while serving in this interim role. I encourage each of us to be intentional in our choices and carefully consider the legacies we are building at Truman. Best wishes as you begin the school year!

Welcome, School of Health Sciences and Education New Faculty and Staff

The SHSE is very fortunate to have new faculty and staff members and extends a warm welcome to: Deborah Coulson, Assistant Professor, Jana Ogden, Assistant Professor, Rafael V. Tubongbanua, Instructor, Michelle Wallace, Assistant Professor, and Brenda Mitchell, Clinical Site/Technology Coordinator, all in Nursing and Jessica Hall, Blind/Low Vision Skills Specialist, Polly Matteson, Missouri Career Pathways Regional Consultant/Career Advisor, and Lynn Proctor, Missouri Leadership Development Specialist, all in the Northeast Missouri Regional Professional Development Center. Welcome to several temporary colleagues as well: Ms. Susan Drew in Communication Disorders; Ms. Suzann Copeland, Ms. Charlotte Miller, Ms. Kathy Miller, Dr. Marty Strange, Education; and Ms. Shannon Hatfield, Nursing.

Deborah Coulson (right) has joined the nursing faculty as an assistant professor of nursing. She will teach NU 350 Adult Health Nursing. Deborah received her Bachelor of Science in Nursing from Arizona State University in Tempe, Arizona. She holds a Master of Science in Nursing with specialization in Nursing Education from the University of Central Missouri. Deb is the proud mother of identical twin daughters, who both graduated from the University of Missouri in Columbia and live out of state. In her spare time, Deborah enjoys gardening, hiking and spending time with her golden retrievers. Deb is very excited about starting this new chapter in her life and joining the team at Truman State University.



“I am very excited to return to my alma mater. I have fond memories of my time here as a student, and look forward to making more as a faculty member. I have many years of teaching experience at the community college level and look forward to the challenges at the university level,” said Jana Ogden, assistant professor of nursing (left). In her free time, Jana likes to read - traditional books, not e-books - and spend time with her grandchildren. “My grandchildren range in age from 6 to 20. I have been blessed with 5 grandsons and 5 granddaughters. I’ve been teaching my granddaughters how to crochet, which has been such fun. I also love animals. I have 2 dogs and 5 cats.”

Rafael V. Tubongbanua (right) will teach Health Assessment and Nursing Fundamentals. He finished both Bachelor of Science and Master in Nursing degrees at the University of St. La Salle, Philippines. As a former nurse educator in the Philippines, he is excited to share his knowledge, skills, and experiences across cultures. Having travelled to some exotic destinations in Asia, he wishes to teach students culturally appropriate clinical nursing interventions on patient care. His main goal is to enhance students' cultural competence in diverse clinical settings. During his free time, Rafael likes working out at the gym, traveling, socializing, swimming, cooking, theatre acting, and watching movies.





Michelle Wallace (left) graduated from Truman in 1997 with a BSN, and with a MSN from the University of Missouri in 2010. Her work experience has been in the Hannibal area, including working on the medical-surgical unit as well as the mental health unit. Michelle's other experience includes community mental health and working with individuals who have disabilities. She taught for the last ten years, most recently at Hannibal-LaGrange University. In her free time, Michelle likes to travel, play golf, and fish. Her "kids" are the four-legged variety. She has 5 dogs to keep her entertained.

Brenda Mitchell, BSN, RN, (right) assumed the roles of Clinical Site Coordinator and Technology Coordinator for the Department of Nursing. Brenda obtained her diploma in Nursing from Peninsula General Hospital School of Nursing in Salisbury, Maryland and her Bachelor of Science in Nursing from the Sinclair School of Nursing at the University of Missouri. Her career journey includes obstetrical nursing, school nurse, parent educator, lactation counselor, camp nurse, and most recently diabetic/chronic conditions educator in various states.



Brenda and her husband Michael moved to Kirksville in 2007. He is the principal of the William Matthew Middle School. They are the exceedingly proud parents of two sons and six daughters – one grandson and a granddaughter due in October! (Pictures are available on request!) Brenda enjoys the creative arts – sewing, painting, and costume design for theater, as well as a "good" story based on history or biography. She and her husband have traveled to Paris and are hoping to visit Italy and Spain in the near future.

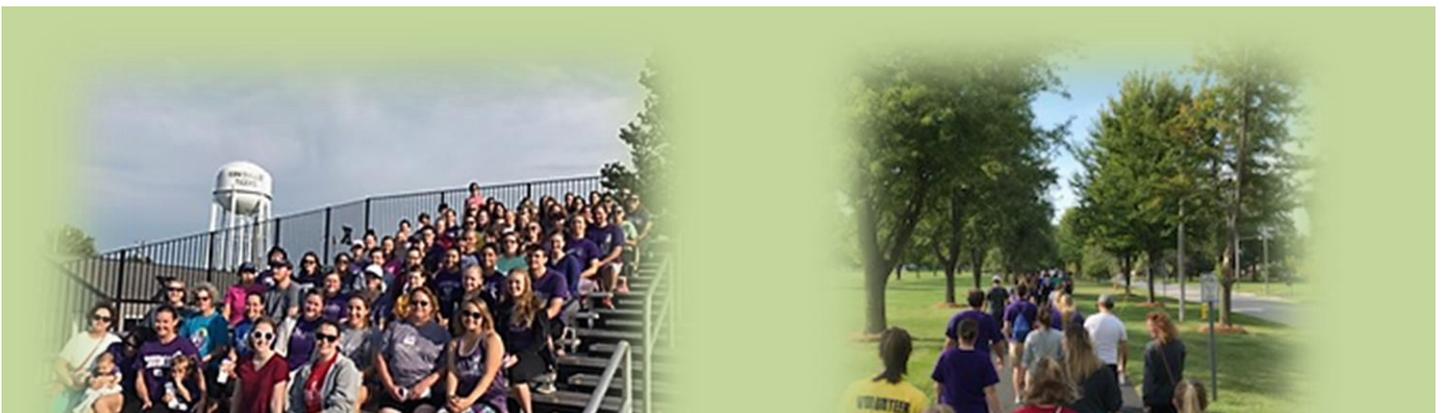


Jessica Hall, M. SPED, CTVI, COMS, RPDC Blind Skills Specialist (left), received a bachelors and masters in Special Education, certification in Visual Impairment, and certification in Orientation and Mobility through Missouri State University. She has five years' experience teaching in the field of vision. Originally from Columbia, she now resides in Green City with her husband, who is a pig farmer, and 7 year old step-son. She enjoys playing the piano at church, running, and spending time with her family.

Polly Matteson (right) joined the RPDC in August as a Career Pathways Consultant/Advisor. She will work with the development and implementation of career pathways to ensure all students are “success ready”. Polly most recently worked to develop employer connections for Truman students as assistant director of the Career Center. Polly is involved in community organizations, including Rotary International, PEO, and Beta Sigma Phi. One of her recent personal projects has been establishing a Dress for Success Clothing Corner at The Crossing resale shop in Kirksville. This summer, she and her husband Stoney made a trip to Philadelphia to tour the historical sites, with stops at the Air Force Museum in Dayton, Ohio and Gettysburg, Pennsylvania, with a small detour to the Rock & Roll Hall of Fame in Cleveland, Ohio. Singing is a passion of Polly’s.



Lynn Proctor, RPDC Leadership Development Specialist (left) earned her undergraduate degree in elementary education and a masters degree in administration from the UMC and an Education Specialist degree from William Woods University. Lynn was an elementary teacher for 14 years, then nine years as an elementary principal, and finished up a career in public school education as superintendent of the Harrisburg R-VIII School District for nine years. Lynn is looking forward to using lessons learned from her years as a teacher and administrator to support new building principals in the northeast area. Harrisburg is home to Lynn and her husband Steve. Their two daughters and their families (including three grandsons) live nearby. Spending time with the grandchildren is absolutely Lynn’s favorite pass time! She also loves to travel with family and friends, explore antique shops and auctions, and just spend time hanging out on her 40 acres of trees, weeds, creeks and



Truman’s School of Health Science and Education had a strong show of support for the fourth annual Buddy Pack Walk, August 26, where over 100 Truman faculty, staff, and students were in attendance. According to Ms. Cheri Coin, local Food Bank coordinator, Truman raised \$2,601.56 for the Buddy Pack Walk. We are proud to support The Food Bank for Central and Northeast Missouri in this fundraising effort that provides food for school children in our local communities who are food insecure. For more information about The Food Bank, visit www.sharefoodbringhope.org

Congratulations to SHSE Faculty Members on Receiving Promotion and Tenure

During the closed session of the June Board of Governors meeting, the Board reviewed recommendations for promotion and tenure. From the School of Health Sciences and Education, Dr. Julia Edgar, Communication Disorders, and Dr. Brian Snyder, Health and Exercise Sciences, were promoted to Associate Professor and Dr. Jennifer Hurst from Health and Exercise Sciences was promoted to Professor. Dr. Brian Snyder was also granted academic tenure. Congratulations!

August Graduation

Ninety-two degrees were conferred to the Truman August Class of 2017, with 24 graduates (26%) coming from the School of Health Sciences and Education. The Communication Disorders Department had 1 graduate with the BS. The Education Department had 9 graduates from the MAE: 2 exercise science; 2 foreign language; 1 French; 1 history/social science; 2 mathematics; and 1 science. Health and Exercise Sciences had 4 for BS in Exercise Science and 9 for BS in Health Science, for a department total of 13. One graduated with the BS in Nursing. Two SHSE students graduated with honors: Loring Shelburg, BS in Communication Disorders and Thomas Osterhold, BS in Exercise Science, both Cum Laude. Congratulations!

Books for Check-Out

The following mental health-focused books are available for check-out in the School of Health Sciences and Education Dean's office, Violette Hall 2300, or e-mail monad@truman.edu for campus mail delivery.

TITLE	AUTHOR/EDITOR	FOCUS
<i>Behind the wall</i>	Widdifield	personal accounts from parents of living with mental illness
<i>Breaking the silence</i>	Fielding	personal accounts of living with mental illness
<i>Center cannot hold</i>	Saks	personal account of professor/lawyer/psychiatrist living with schizophrenia
<i>Collateral damage</i>	Grace	personal account by daughter of mother's mental illness
<i>Counseling suicidal people</i>	Quinnett	written for the non-expert/recommended by <i>To Write Love on Her Arms</i>
<i>I hate you - don't leave me</i>	Kreisman (MD) & Straus	understanding borderline personality disorder
<i>It's kind of a funny story</i>	Vizzini	personal account of teenager in psychiatric hospital
<i>Just like someone without mental illness</i>	Vonnegut	Kurt Vonnegut's son's story of coping with mental illness
<i>Let's pretend this never happened</i>	Lawson	humorous memoir/unbalanced father/eccentric childhood
<i>Monkey mind</i>	Smith	personal account of living with anxiety
<i>Night falls fast</i>	Jamison	understanding suicide
<i>Quiet room</i>	Schiller & Bennett	personal account of living with schizophrenia
<i>Reasons to stay alive</i>	Haig	autobiography/self-help of living with depression
<i>Shadow of herself</i>	Lehnig	biography of teenager with mental illness
<i>Show me all your scars</i>	Gutkin	personal accounts of living with mental illness

Communication Disorders

Communication Disorders faculty accompanied 20 CMDS undergraduate and graduate students, May 21 – 28, to Puerto Vallarta, Mexico for the Seventh Annual Experience in Mexico, a bilingual service immersion and cultural experience providing oral-motor and hearing screenings, language and literacy enriched activities, feeding screenings and education, as well as early intervention and pre-literacy caregiver training and education. All students rotated through four sites: Pasitos de Luz, a daycare of children with significant disabilities; two orphanages: R.I.S.E. and Casa Hogar “Maximo” Cornejo; and CAM 21, a public special needs school. Students and faculty resided in the Oasis Hostel during the experience. Two cultural excursions were included. Students will present their experiences Monday, September 18, at 7:00 p.m., in the Student Union Building 2106 Georgian Room A. All are invited.



The CMDS program received official word that they have been reaccredited by the Council on Academic Accreditation in Audiology and Speech-Language Pathology (CAA) until 2025. The announcement came in August after a successful site visit in March, 2017. The program earned its reaccreditation with full compliance for all accreditation standards. Congratulations!

Ms. Sheila Garlock taught a Joseph Baldwin Academy (JBA) course, *Can You Say That With Your Hands - American Sign Language*, during the summer. Ms. Garlock has taught the JBA course in Sign Language since the summer of 2011.

Ms. Melissa Passe attended the American Speech-Language Hearing Association (ASHA) Board of Ethics meeting, June 15-17, at the ASHA national office in Rockville, Maryland.

Ms. Melissa Passe attended the ETS SLP National Advisory Committee meeting, June 22-24, in Princeton, New Jersey.

Ms. Melissa Passe presented a workshop on the Nine Building Blocks of Supervision, July 25, at the ASHA national office.

The CMDS department welcomed 23 new students into the master's program beginning in August. The new students came from undergraduate institutions including Truman State University, University of Minnesota - Duluth, Indiana University - Bloomington, Saint Louis University, Purdue University, West Lafayette, University of Northern Iowa, University of Illinois - Urbana, Augustana College, University of Missouri - Columbia, Sri Ramachandra University, and Western Illinois University.

The Speech and Hearing Clinic will open September 6 and 7, with over 100 clients being served during the fall 2017 semester. Forty-six graduate students and 17 seniors are providing services in the clinic. Communication Disorders graduate students are also working in the local schools (Kirksville R-3, Early Childhood Learning Center, Schuyler County Public Schools, Lewis County Public Schools; Milan Public Schools, Putnam County Schools Early Head Start, First Steps, Kirksville Manor Care, Hearing Evaluations, Hearing Screenings, and Accent Reduction Class). The Truman Speech and Hearing Clinic will be open until 7:30 p.m. on Tuesday and Thursday evenings. Ms. Susan Drew will supervise Tuesday and Thursday evening clinical therapy sessions during the fall 2017 semester. Seventeen graduate students are on public school and/or hospital internships.

CMDS Department Chair, Dr. Amy Teten, won a free registration for a CMDS faculty/staff member to attend the 2018 annual convention of the Council of Academic Programs in Communication Sciences and Disorders (CAPCSD) by submitting the organization's annual education survey by the early deadline. The survey provides information to all CMDS programs across the country regarding enrollment, admissions, graduation, and many other statistics. Ms. Melissa Passe, and Dr. Amy Teten plan to attend the conference, in April, 2018, in Austin, Texas.

Education



The Education Department bade a fond farewell at the end of July to Dr. Pete Kelly, the former Department Chair and Interim Associate Dean, as he pursues a new opportunity as Dean of the College of Education at the University of Mary Washington, Fredericksburg, Virginia. The department welcomes two new leaders: Dr. Lisa Goran, Chair (above left), and Dr. John Jones, Assistant Chair (above right). Congrats, Lisa and John!



This year's recipients of the Dr. Kay Clapp Children's Literacy Award are Clara Hughes, MAE alumna, and Ms. Jennifer Rich, a teacher in Shelbyville. The Dr. Kay Clapp Children's Literacy Award was endowed in 2006 to honor Dr. Clapp, a professor emeritus in the Department of Education at Truman. Dr. Clapp is a powerful proponent of literacy and children's literature. Hundreds of students and practicing teachers have been influenced by her dedication and careful mentoring. The fund provides \$500.00 each to a Master of Arts in Education student/alum and a current teacher to purchase children's literature for their professional practices. The awards were presented June 9, during a reception in Violette Hall. Pictured above, left, are Clara Hughes and Dr. Kay Clapp and right, Jennifer Rich and Dr. Kay Clapp. Clara is a first grade teacher in the Ft. Zumwalt School District and Jennifer teaches first grade at North Shelby.



Dr. John Jones, Ms. Sheila Berkowitz, and Ms. Ashlei Lagel participated in multiple summer orientation sessions to welcome incoming freshmen and transfer students who are interested in pursuing a master's degree in education.



Ms. Jeanne Harding, Ms. Sheila Berkowitz, Dr. John Jones, and Dr. Lisa Goran welcomed approximately 140 new students who are interested in pursuing education in two information sessions, August 19. The Education Department faculty and staff are excited to work with these future teachers.



Truman alumna and current MAE student Michaela Hylen spoke at the United Nations during the summer after winning a competitive essay contest. A May 2017 graduate and current Master of Arts in Education student, Ms. Hylen entered the *Many Languages, One World* international essay contest and became one of 60 students, out of a pool of more than 2,000 entrants from 170 countries, to be named a winner. Her essay, written entirely in French, focused on the role multilingual ability can play in fostering global citizenship and cultural understanding. As part of her winnings, Michaela

was provided with an all-expense-paid trip to Boston and New York City where she had the opportunity to speak at the General Assembly of the U.N. She and the other winners presented action plans related to the United Nations 2030 Agenda for Sustainable Development. The *Many Languages, One World* contest challenged students around the globe to write their essays in one of the six official languages of the U.N. that is neither the contestants' first language nor the medium of instruction in either their primary or secondary education. Entrants were asked to write an essay that reflected their personal, academic, cultural and national context and discussed global citizenship and cultural understanding and the role that multilingual ability can play in fostering these. The official languages of the U.N. are Arabic, Chinese, English, French, Russian and Spanish.



Congratulations to Mia Pohlman (left) and Destiny Reed (right) for being awarded scholarships by the Missouri Association of Rural Education. Both are graduate students in Truman's Master of Arts in Education program and plan to teach English Language Arts.

Dr. Bev Perrachione's proposal "Elementary Teachers Talk Out on Commitment, Satisfaction, and Retention" was accepted for the 31st Annual Women in Educational Leadership Conference, October 1 – 2, in Lincoln, Nebraska. The presentation emanated from her Spring 2017 sabbatical project, "You're *Still* an Elementary Teacher? Why?".

The Disability Studies (DS) Committee wishes to announce to all faculty who may be advisors to DS minors that there are new courses available in the program.

- *DS 225 Topics in Disability Studies*, runs regularly first block of fall semesters, and may occasionally be offered spring semesters as well. Topics thus far have included "Community Agencies" and "Employment." Preliminary plans are to offer "Invisible Disabilities," and in coordination with the LIFE Ability Center to offer "Human Sexuality Education for Persons with Intellectual/Developmental Disabilities."
- *DS 310 Readings in Disability Studies* is offered every summer as an online course. With instructor guidance, each enrolled student establishes a readings schedule of three books and five articles in disability studies that emphasizes an interest of his/hers. Major assignments include a review of each book, and an annotated bibliography of the five articles.
- *DS 281 Disability Studies Practicum* offers an opportunity for those minors who are involved in extensive summer projects - such as being a camp counselor for attendees with disabilities - to earn course credit for those experiences. The practicum course runs by request and has eligibility criteria, so please encourage your advisees to contact one of us on the Disability Studies Committee – Jennifer Hurst, Teak Nelson, Amanda Starks, Andrea Richards, or Julie Lochbaum.

Please encourage your Disability Studies Minors to check the open course list under the Disability Studies tab every semester for possibilities.

The MAE announces that its Alumni Teacher Store is open for business. We are receiving classroom materials from our retiring alumni (the storage part), and making these available to students in the MAE or graduating from the MAE free of charge. This is a great way to honor the legacies of our retirees while helping students acquire materials for their first classrooms. Nationally, teachers report to Scholastic that they spend from \$500-\$700 each year furnishing materials for their classrooms - hard enough to do on a teacher's salary after several years earning, but impossible for our new graduates. Students are encouraged to browse the inventory often, as it changes with every donation. The Alumni Teacher Store is housed in Violette Hall 2325. Ask for the key at the Education Department desk (Violette Hall 2310).

The third annual "Welcome Back" Education barbecue was attended by future educators and faculty, August 27, in the Violette Hall commons.



Health and Exercise Sciences

Ms. Jana Arabas received the 2017 William O'Donnell Lee Advising Award at the Fall Opening Assembly, August 17, in Ophelia Parrish Performance Hall. Jana will receive a year's membership in the National Academic Advising Association (NACADA). Truman will also designate an account for use for professional development activities related to advising. Activities might include travel to national or regional conferences hosted by NACADA, purchase of resource materials, or bringing advising consultants to campus.

Dr. Alicia Wodika is the recipient of a Missouri Campus Compact Mini Grant for the 2017-18 academic year. The project involves a collaboration between HLTH 405 Global Public Health and the Center for International Students to organize and plan International Education Week. Events for the week include international coffee/teas and conversation events, a global health successes poster session, dancing and/or singing events, and other activities still being planned. The campus and local community will be invited to take part in the week's activities.

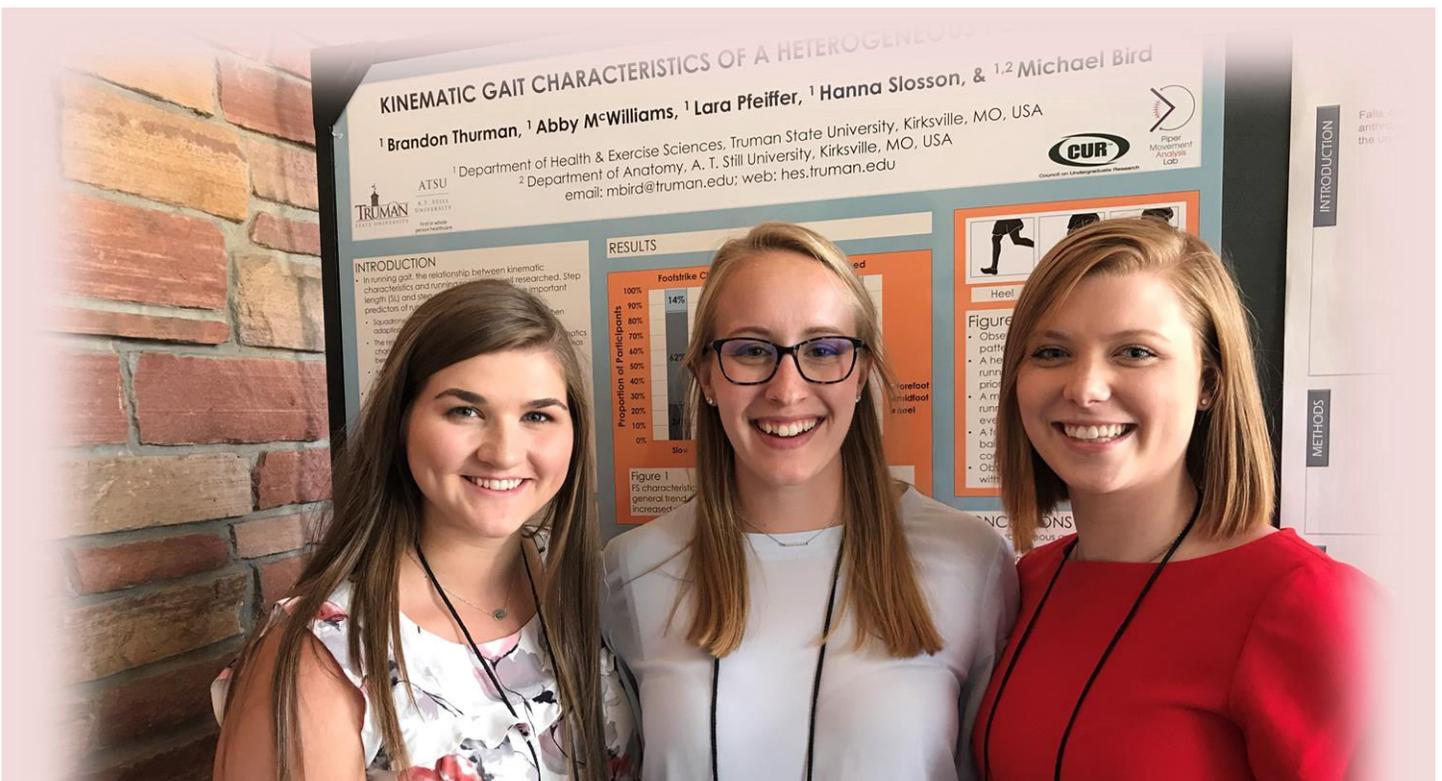


Ms. Evonne Bird attended the Teaching Professor Conference, June 2 – 4, in St. Louis, along with Sarah Berke, Lindsay Dunnagan and Dana Vazzana. They will share information from the conference at faculty development workshops during the 2017 - 2018 academic year.

Exercise Science students Taylor Burlis and Heather Hughes presented their research study on *The Relationship of Fat-Free Mass and Fat Mass to Body Weight in College Female Athletes* at the American College of Sports Medicine meeting, in June, in Denver, Colorado.



Ms. Evonne Bird taught *The Human Laboratory* class for Joseph Baldwin Academy during the first session in June. The 23 students enrolled in the class studied many aspects of the human body. Some of the highlights for the class were a visit to the cadaver lab at ATSU Osteopathic Museum and completing the rock wall and ROTC obstacle course. The students also developed research questions, collected data, analyzed the data and came up with conclusions. The students did oral presentations for the HES faculty and created posters to share with their families and friends at the final reception.



Abby McWilliams, Hanna Slosson, and Lara Pfeiffer attended the American Society of Biomechanics annual conference, in early August, in Boulder, Colorado, to present their research study titled *Kinematic Gait Characteristics of a Heterogeneous Population*. The project was led by Brandon Thurman, who was unable to attend.



Dr. Summer Pennell (English and Linguistics), Dr. Jay Bauman (Health and Exercise Sciences), and Dr. Andrea Nate (Classical and Modern Languages) attended the Science Education for New Civic Engagements and Responsibilities (SENCER) Summer Institute, in August, at Stony Brook University in New York. SENCER strives to improve teaching practices by making partnerships and connections to civic issues. This is the third year that Truman has sent a team of faculty to the summer institutes. More on what the current SSI 2017 team learned will be shared throughout the year.



Ms. Amanda Starks and Dr. Nancy Daley-Moore co-directed the Summer Talent Academy for Professions in Health (STAPH) Camp this summer. The STAPH program was founded at Truman in 2011 as a summer institute for talented high school students interested in science and health. Thirty-seven high school students attended and participated in a variety of adventures, including visiting the nursing simulation lab, learning about disability studies and research in exercise science, and becoming CPR certified. They also researched various diseases and presented their work.



Dr. Nancy Daley-Moore taught a JBA course entitled *Consumer Health: The Media's Role in Your Health*. During the course, students learned about different topics in health, such as skin care, dental health, alternative medicine, and nutrition. Students also learned about advertising tactics and created their own advertisements about a particular health topic. Thank you to HES majors Hannah Denkler & Autumn Shepherd for being the preceptors for the course.

This summer 29 students completed the 40-hour ES 250 Exercise Science Practicum and 14 students participated in the more extensive 200 hour ES 370 internship experience. Students in these courses were supervised by Dr. Michael Bird, Ms. Liz Jorn and Ms. Jana Arabas. Examples of sites for ES 250 include Ben Nivala with Kinetic Physical Therapy Institute in Minnesota, Caleb Calloway with Better Bodies Fitness Center in Leadington and Julie Groeblichhoff with Lake Regional Health System in Osage Beach. Examples of sites for ES 370 include Whitney Stroup with Northeastern Physical Rehab in Tahlequah, Oklahoma, Justin Kozol with ATSU-Thompson Campus Center, Seth Baskett with Mizzou Athletics, Nate Lukas with Port Washington High School-Baseball in Port Washington, Wisconsin, and Mufaro Hungwe with Johnson and Johnson-Health Fitness in Spring House, Pennsylvania.

In Health Science, 17 students completed the 40-hour HLTH 250 Public Health Practicum and 13 students participated in the more extensive 240 hour HLTH 460 Internship in Health Education. Students in these courses were supervised by Dr. Alicia Wodika, Dr. Janice Clark, Dr. Nancy Daley-Moore, Dr. Carol Cox and Dr. Roberta Donahue. Internships sites included Chaney Cooper at Gateway to Hope, a 503 © not-for-profit organization – cancer patients, Eli Puett at the Putnam County Health Department, and McKenzie Russell with the Kirksville Parks & Recreation. McKenzie's tasks including implementing a new **Eat Smart in Parks** menu (pictured, right) outside the Kirksville Aquatic Center concessions stand.



While the Athletic Training major does not have a formal summer internship, many students sought out summer learning opportunities. Three athletic training students share their experiences below:

Paige Clawson (senior)

“I spent the summer working for JRobinson Intensive Wrestling Camps. I traveled to Forest City, Iowa, Edinboro, Pennsylvania, Riverfalls, Wisconsin, and LaGrande, Oregon to work with high school wrestlers attending camps. The camps range from 10-28 days and involve 4 practices a day. I was able to treat over 900 athletes in the entirety of the summer. With the experiences of seeing and treating injuries from skin infections to broken bones and dislocations, it was a great experience working with so many different athletes and health care professionals. I had the experience of traveling across the country.”

Kailee Calvin (sophomore)

“This summer I got to work the Bridge the Gap to Health Marathon in Quincy, Illinois under a certified athletic trainer. I arrived at 7:00 a.m., and before the race we made sure we had everything packed, like the AED, tape, pre-wrap, gauze, and other important items. During the race, we worked the medical tent. Toward the end of the marathon is when things got exciting. Jackie Joyner-Kersey (an Olympic athlete) handed everyone their participation medals. All medical staff stood at the end of the finish line and kept an eye on each runner as they finished. We handed runners water and made sure they were hydrated and felt okay. Luckily, the only thing that happened was someone threw up. I got to observe 2 evaluations for athletes with runner’s knee.”

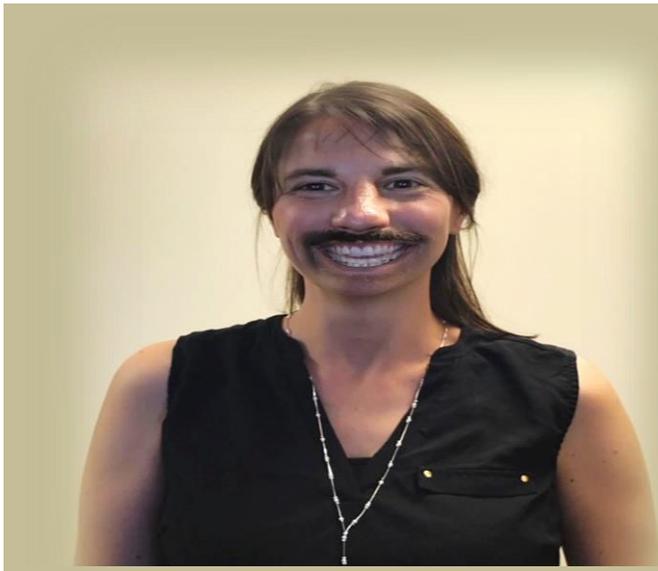
Aaron Patterson (senior, pictured left)

“My summer experience was with the professional women's soccer team, FCKC, in Kansas City. They play in the National Women's Soccer League (NWSL). Through this experience I was able to learn how to apply my knowledge of athletic training to help professional athletes. Several things I was able to learn about the most were kinesiotaping, cupping, massage techniques and joint mobilizations. I was educated on many rehab exercises for different injuries such as a strained UCL, numerous ankle sprains, and LBP. I gained experience using a Kestrel WBGT. Most importantly, I was introduced to all of the work and time it takes to be a professional athletic trainer and decided at the end of the summer that being a professional athletic trainer isn't someone I want be. Overall, the internship was exactly what I needed. It boosted my confidence, helped me with my critical thinking, and learning how to use everything I have been taught to keep athletes as healthy as possible.”



The students in HLTH 290 02, taught by Dr. Janice Clark, collectively donated \$185.00 to the Buddy Walk the first week of classes. This means HLTH 290 02 is supporting the costs for one buddy pack of weekend food for one child in the Kirksville area during the 2017-2018 school year.

**2017 Kirksville
Buddy Pack Walk**



HES students and faculty had fun raising money for Buddy Packs. In just three days, they raised \$748.00.

The HES faculty “face swapped” to collect money and this swap collected \$96.36.

Can you guess who?

Nursing

Nursing students, along with Dr. Teak Nelson (Child/Family Nursing) provided CPR training to over 150 seventh graders at William Matthew Middle School, concluding in April 2017. The AHA Friends and Family hands-only CPR training serves as an initial touch point for many of these students who will complete additional CPR training at Kirksville High School in fulfillment of the 2016 legislative mandate (SB711) that all students in the state of Missouri receive CPR and choking education prior to high school graduation. This service builds upon ongoing CPR education conducted by nursing students under the instruction of Ms. Pam Melvin (Rural/Public Health Nursing) at a number of high schools in Northeast Missouri. Most recently this education was conducted with students at Clark County and North Shelby high schools this past spring.



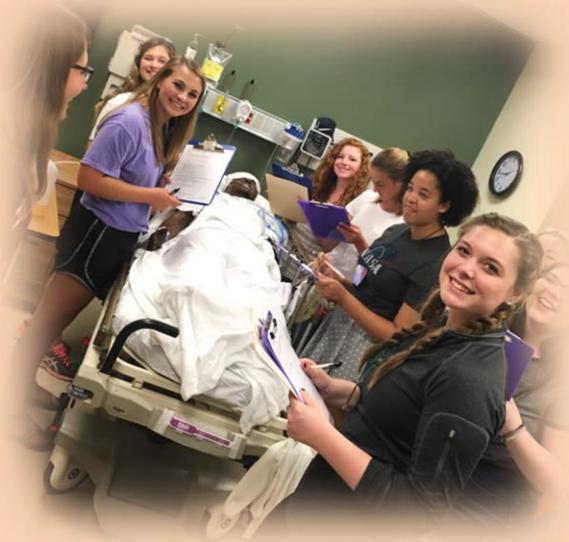
NU385 Child/Family Nursing students Lindsey Schlichting and Mallory Meyer critique compression technique while providing CPR education to seventh graders at William Matthew Middle School.



NU485 Rural Public Health Nursing student Sara Aiken teaches high school students at Clark County High School, Kahoka, proper Heimlich Maneuver technique.

Thirty-seven Missouri high school students visited the nursing facility to learn about the nursing profession, June 19, as part of the Summer Talent Academy for Professions in Health (STAPH) camp. Ms. Pamela Melvin, Nursing Simulation Center Coordinator, and the ABSN students facilitated learning about nursing in the following stations:

- ✚ Stations 1 & 2: *Ima Payne and Kiho have Pneumonia!* In this scenario, students participated in hands-on activities such as assessing vital signs, listening to heart and lung sounds, and interacting with a simulated patient.
- ✚ Station 3: *Herman Munster Takes a Go-Cart Ride.* In this scenario, students identified potential patient safety issues/errors in a hospital room.
- ✚ Station 4: *Perils of Poor Communication.* In this scenario, students discussed the importance of effective communication through the use of the communication process.



STAPH Camp students work to identify safety issues for their patient “Herman Munster”.



STAPH Camp students had fun in the “Perils of Poor Communication” station.

The nursing department is excited to receive new equipment this summer in the Nursing Simulation Center. The Gaumard Noelle® birthing manikin and a birthing bed will allow nursing students to simulate caring for labor and delivery patients. The manikin was purchased with funds from the MSBN 2016-2018 grant. Pictured right, is “Noelle” in the simulation break-out room.





Thirteen nursing students traveled to the Philippines with Dr. Steve and Kit Hadwiger for three weeks this summer to gain clinical experience with patients from a transcultural perspective. During their trip, students travelled to Manila and Iloilo City and were presented with various opportunities to develop competencies in patient assessment and cross-cultural communication. In Manila, experiences included opportunities to assist in the delivery of a newborn baby and help with patient care in a unit of the student's choice, such as the major and minor operating room, neonatal intensive care unit, burn unit, and emergency department. In Iloilo City, experiences included home visits with an indigenous population of the Philippines, a social hygiene clinic, a leprosarium, and hospital rotations in the medical, pediatric, and surgical wards of West Visayas State University medical center. Students who participated in the trip will present their study abroad experiences on Tuesday, October 3, at 7:00 p.m., in the Student Union Building Georgian Room A. A video will be screened and refreshments will be provided.



Forty-two junior nursing students and Ms. Deb Coulson, their assistant professor, attended the Buddy Pack Walk, August 26. Proceeds help the Buddy Pack Program and the Food Bank for Central and Northeast Missouri. They helped a good cause and got some exercise doing it. Truman nursing students are standing in the picture above, right.

Calendar of Selected Upcoming Events

September 4, Monday: Labor Day, University Closed
September 7, Thursday, Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
September 8, Friday: Community Thank You, 5:30 p.m.
September 15, Friday: Mini-Grant proposals due to monad@truman.edu by noon
September 15, Friday: Question, Persuade, Refer (QPR) Training
September 16, Saturday: Family Day
September 16, Saturday: Admission Office Saturday Prospective Student Visit Day
September 16, Saturday: Suicide Awareness 5K
September 20, Wednesday: Graduate Council Meeting, 3:40 – 4:40 p.m.
September 23, Saturday: Admission Office Saturday Prospective Student Showcase Day
September 28, Thursday: Faculty Senate Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
October 7, Saturday: Admission Office Saturday Prospective Student Visit Day
October 10, Tuesday: First Block Classes End
October 11, Wednesday: Second Block Classes Begin
October 12, Thursday, Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
October 13, Friday: Board of Governors Meeting
October 14, Saturday: Homecoming Day
October 14, Saturday: Admission Office Saturday Prospective Student Visit Day
October 18, Wednesday: Graduate Council Meeting, 3:40 – 4:40 p.m.
October 19 – 20, Thursday – Friday: Midterm Break
October 26, Thursday: Faculty Senate Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
November 4, Saturday: Admission Office Saturday Prospective Student Showcase Day
November 9, Thursday, Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
November 11, Saturday: Admission Office Saturday Prospective Student Visit Day
November 15, Wednesday: Graduate Council Meeting, 3:40 – 4:40 p.m.
November 16, Thursday: Faculty Senate Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
November 20 – 24, Monday – Friday: Thanksgiving Break
November 22 – 24, Wednesday – Friday: University Closed
December 2, Saturday: Board of Governors Meeting
December 2, Saturday: Admission Office Saturday Prospective Student Visit Day
December 7, Thursday, Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
December 8, Friday: Last Day of Fall 2017 Semester Classes
December 11, Monday: First Day of Finals
December 13, Wednesday: Reading Day
December 14, Thursday: Faculty Senate Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
December 20, Wednesday: Graduate Council Meeting, 3:40 – 4:40 p.m.
December 15, Friday: Last Day of Finals
December 16, Saturday: Commencement, 11:00 a.m.
December 16, Saturday: Winter Interim 2017 – 2018 Begins
January 13, Saturday: Winter Interim 2017 – 2018 Ends
January 15, Monday: Martin Luther King, Jr. Day, University Closed
January 16, Tuesday: Spring 2018 Semester Classes Begin
January 20, Wednesday: Graduate Council Meeting, 3:40 – 4:40 p.m.
January 25, Thursday: Faculty Senate Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
January 27, Saturday: Admission Office Saturday Prospective Student Showcase Day

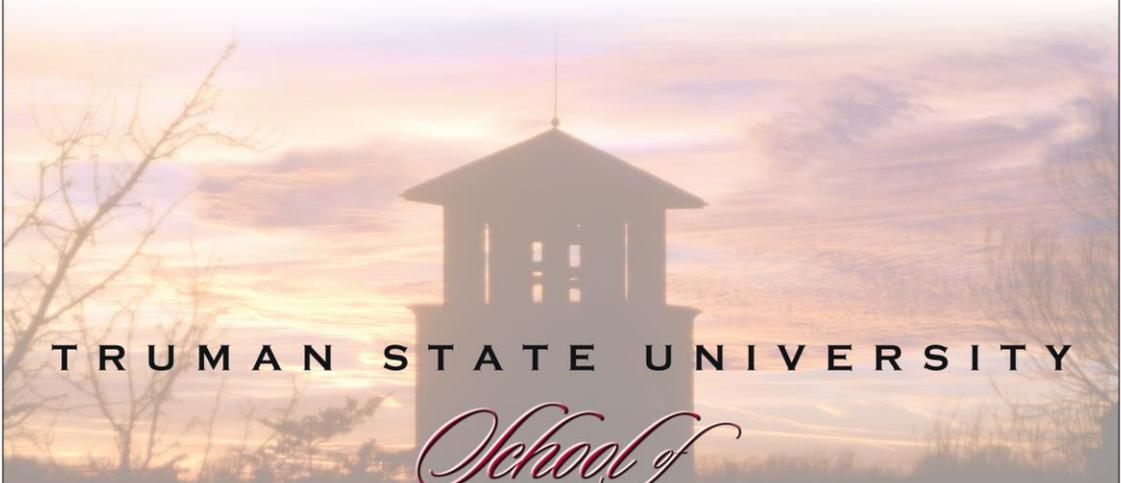
February 3, Saturday: Board of Governors Meeting
February 3, Saturday: Admission Office Saturday Prospective Student Visit Day
February 8, Thursday, Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
February 17, Saturday: Admission Office Saturday Prospective Student Visit Day
February 21, Wednesday: Graduate Council Meeting, 3:40 – 4:40 p.m.
February 22, Thursday: Faculty Senate Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
March 2, Friday: SHSE Mission Award Nominations Due by Noon
March 3, Saturday: Admission Office Saturday Prospective Student Visit Day
March 7, Wednesday: First Block Classes End
March 8, Thursday: Second Block Classes Begin
March 8, Thursday, Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
March 12 – 16, Monday – Friday: Spring Break
March 21, Wednesday: Graduate Council Meeting, 3:40 – 4:40 p.m.
March 22, Thursday: Faculty Senate Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
March 22, Thursday: SHSE Mini-Research Conference, 3:00 p.m., VH 1010
March 24, Saturday: Admission Office Saturday Prospective Student Showcase Day
April 2, Monday: Term Break (ends at 5:00 p.m.)
April 5, Thursday: Student Research Conference
April 7, Saturday: Admission Office Saturday Prospective Student Visit Day
April 12, Thursday, Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
April 14, Saturday: Board of Governors Meeting
April 18, Wednesday: Graduate Council Meeting, 3:40 – 4:40 p.m.
April 26, Thursday: Faculty Senate Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
April 27, Friday: Tenth Annual Language and Literacy Conference, 9:00 – 3:00, SUB Georgian Rooms
April 28, Saturday: Admission Office Saturday Prospective Student Showcase Day
May 3, Thursday, Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
May 4, Friday: Last Day of Spring 2018 Semester Classes
May 7, Monday: First Day of Finals
May 9, Wednesday: Reading Day
May 10, Thursday: (Old) Faculty Senate Meeting, 3:30 – 5:30 p.m., SUB Alumni Room 2105
May 10, Thursday: (New) Faculty Senate Meeting, 5:30 – 6:00 p.m., SUB Alumni Room 2105
May 11, Friday: Last Day of Finals
May 12, Saturday: Commencement, 2:00 p.m.
May 12, Saturday: May Interim 2018 Begins
May 26, Saturday: May Interim 2018 Ends
May 28, Monday: Memorial Day Observed, University Closed
May 29, Tuesday: First Five-Week and Ten-Week Classes Begin
June 4, Monday: Eight-Week Classes Begin
June 16, Saturday: Board of Governors Meeting
June 29, Friday: First Five-Week Classes End
July 2, Monday: Second Five-Week Classes Begin
July 4, Wednesday: Independence Day, University Closed
July 27, Friday: Eight-Week Classes End
July 28, Saturday: August Interim 2018 Begins
August 3, Friday: Second Five-Week and Ten-Week Classes End
August 11, Saturday: August Interim 2018 Ends
August 20, Monday: Fall 2018 Semester Classes Begin

Mission Statement

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

Five Pillars

- ❖ Professional programs grounded in the liberal arts and sciences
- ❖ Leadership development
- ❖ Interdisciplinary collaboration
- ❖ Diverse learning and service opportunities
- ❖ Pursuit of continued scholarship and research



TRUMAN STATE UNIVERSITY

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