

FEBRUARY 2017 NEWSLETTER



The SHSE Administrative Team

Dr. Janet L. Gooch, *Dean of SHSE & Interim Dean of SAM*

Dr. Pete Kelly, *Interim Assoc. Dean & Chair of Education*

Dr. Roberta Donahue, *Chair of HES*

Mr. James Judd, *Director of the RPDC*

Dr. Stephanie Powelson, *Chair of Nursing*

Dr. Amy Teten, *Chair of CMDS*

Ms. Mona Davis, *Assistant to the Dean/Newsletter Editor*

Message from Janet L. Gooch, Ph.D., CCC-SLP, Dean, School of Health Sciences and Education

Welcome back. I'm hoping you all had an enjoyable break. This year, the start of our spring semester coincided with Martin Luther King Day observances. Unfortunately, the weather did not cooperate and the university's planned events were cancelled. This was unfortunate because perhaps this year, more than ever, King's call for equal justice and his aspiration to make true democracy a reality for our country are needed.

The start of the semester also coincided with the start of the 2017 legislative session. As you know, the Governor has withheld 8% from Truman's budget and the budgets of all other Missouri public institutions of higher education. It is likely that additional budget challenges will present themselves and, as an institution, we will need to make some difficult decisions. I want to reiterate Interim President Thomas's message that we need to keep focused on what is important - our students and student learning. Working together as a team, we will address challenges and come out a stronger institution in the end.

As a school, we will need to determine where we can assist with the withholding. I will be asking the Chairs to take a hard look at how we do things, to determine if we can be more efficient and think about how we can help to generate new revenue streams. With that said, I want to continue to put effort toward our shared priorities. I am extremely pleased with our activities around mental health. I want to thank everyone who attended the RESPOND training over the winter interim, Dr. Roberta Donahue for taking the lead to suggest and schedule the training, and for University Counseling Services for implementing the training. In spite of our challenges, I am inspired by our collective wisdom and devotion to our students and our mission and know that the future holds continued promise for Truman and SHSE.

Thank you for all you do. As always, I am interested in your thoughts and ideas so please feel free to contact me at any time.

[Dr. Mini Tandon Mental Health Presentation](#)

Alumna Dr. Mini Tandon will present *Mental Health: Raising Awareness and Resilience Among College Students*, Friday, February 17, on campus. Nearly half of all college students have a diagnosable psychiatric disorder, not limited to depression, anxiety, substance use disorder, or an eating disorder. Only 25% of college students seek treatment, despite the fact that many of these symptoms may last a lifetime and cause impairment. College provides a unique opportunity to become aware, understand, and capitalize on strengths to promote resilience.

Presentations will be:

10:30 - 11:20: Presentation to faculty, staff, and students, VH 1000

11:30 - 12:30: APDC Lunch & Learn session with faculty and staff, SUB Alumni Room. RSVP required: [Mental Health Lunch RSVP](#)

2:30 - 3:20 - Repeat of Presentation to faculty, staff, and students, VH 1000



[Hope's Kitchen Fundraiser](#)

The School of Health Sciences and Education Departments of Education, Health and Exercise Sciences, and Nursing recently raised a total of \$612.85 for Hopes Kitchen through donations: Education, \$82.00; Health and Exercise Sciences, \$201.41; Nursing, \$329.44.

[Communication Disorders](#)

The Speech and Hearing Clinic opened January 17, with over 80 clients being served during the spring semester. Thirty-five graduate students and 12 senior-level students are providing services in the clinic, as well as area public schools and Early Head Start. Evening clinic hours on Tuesday and Thursday are supervised by temporary instructors, Jennifer Norman, M.A., CCC-SLP and Susan Drew, M.S., CCC-SLP.

There are 18 graduate students on public school and/or hospital internships during the spring.

The CMDS department welcomed 10 new students into the master's program beginning in January. The new students came from undergraduate institutions including Truman, University of Arkansas, and Augustana College.

CMDS Graduate Students presented poster sessions on December 9. Twenty-eight students presented at the 30th Annual Research Forum in Communication Disorders on December 14. The forum consists of formal stand and deliver presentations of graduate students' research projects. This activity was offered for 0.3 ASHA CEU credits to all attendees. Local Speech-Language Pathologists were invited to attend at no cost. The students and their presentations included: *The Effect of MeMoves on Gestural Vowel Cues* by Michelle Goedeker; *The Effect of Mindfulness Meditation on Sustained Attention as Judged by Performance on a Stroop Test* by Sara Saulich; *The Effects of Using Written and Phonemic Cueing with Short Cloze Sentences* by Kelli Stewart; *The Effect of the Treatment of Aphasic Perseveration (TAP) Program on Perseveration During Confrontation Naming Tasks* by Anna Sims; *The Use of Spectral Biofeedback and Phonetic Placement Cueing in Remediating Misarticulation of /s/ and /z/* by Leah Black; *The Effect of Visual Biofeedback on the Production of /z/* by Lesley Shanks; *The Effects of Deferred vs. Immediate Reinforcement of Initial Consonant Deletion* by Kelsey Bockman; *The Effect of Visual Feedback on Acquisition of Palatal Fricatives and Affricates* by Madison Kusmec; *Tactile vs. Verbal Prompts on Initial /s/ Clusters* by Courtney Simross; *Association vs. Visualization Techniques to Improved Memory* by Taylor Lunn; *The Effect of Linking and Forward Resonance Therapy on*

Continuity of Speech by Lauren Hennenfent; *The contribution of visual feedback and semi-occluded vocal tract exercises (SOVTE) to improving vocal quality* by Caitlin Dempsey; *The Effect of Visual Cue Cards on Increasing Conversational Turn-Taking* by Taylor Flanagan; *The Effect of Visual and Tactile Cueing on Left Neglect Deficits in Paragraph Reading* by Natalie Keller; *The Effect of Written Dialogue Reading and Analysis on Spontaneous Turn-Taking During Conversation* by Valerie Reid; *The Effects on Spontaneous Utterances with Dialogic Reading* by Mary Kabbaz; *The Contribution of Video Analysis of Simple Conversation to Interactive Conversation* by Kathleen Lebar; *The Effect of Structural Book Reading vs. iPad Application on Spontaneous Utterances* by Kalyani Pande; *The Effect of Pictured Letters on Oral Reading of Words* by Jennifer Yerganian; *The Effect of Visual Biofeedback on Increasing Intonation Ranges* by Jessica Campbell; *The Effects of Visual Cues on Vowel Production in CVC Words* by Amanda Lewis; *The Effect of Visual Cues on Accuracy of Yes/No Questions* by Callie Templeton; *The Effect of Visual Cues on Emotion Identification in Social Situations* by Emily Venner; *The Contribution of Tapping and Exaggerated Intonation on Intelligibility of Functional Phrases* by Allie Calhoun; *The Effects of Verbal Prompting and Use of a Pacing Board on Production of 3-Syllable Words* by Jamie Graf; *The Effect of a Pacing Board on Rate of Speech for Generalization of Intelligibility* by Madison McDowell; *Listening-While-Reading vs. Choral Reading to Improve Reading Fluency* by Heather Ward; *The Effect of a Pacing Strategy on the Production of Three-Syllable Words* by Christina Jones.

Education



Truman's Master of Arts in Education (MAE) program received full accreditation for the next seven years through the Council for the Accreditation of Educator Preparation (CAEP). The Truman MAE program was an early adopter of the new CAEP standards and one of the first educator preparation programs in the country to receive accreditation. "Having a degree from a nationally accredited program speaks to the quality of the education and thus students who graduate from Truman's program are well prepared to teach effectively - from the first day - which is one of the most important factors for their success," said Dr. Janet L. Gooch, Dean of the School of Health Sciences and Education. "Employers and other institutions recognize the high standards associated with a degree from a nationally accredited teacher preparation program." "The success of our accreditation was very much a team effort," said Dr. Peter S. Kelly, the education chair and interim associate dean of the School of Health Sciences and Education. "Virtually all faculty and staff in the MAE were involved in the process."

Dr. Jack Reiske, Professor Emeritus of Counseling, and Mrs. Reiske, recently funded a sizable charitable gift annuity to the Truman State University Foundation. "With each passing year we become more and more aware of the debt we owe those that contributed to our education," Dr. Reiske said. "This is a debt that can only be repaid by investing in the future of those students following us."

MAE alumna Dr. April Warren Grice's recent article *Advocacy for equity: Extending culturally relevant pedagogy in predominantly white suburban schools* was published in *Teachers College Record*. The article can be viewed at <http://www.tcrecord.org/Content.asp?ContentId=21733> Dr. Warren Grice also recently organized *Celebrating Black Educators*, an event in St. Louis to demonstrate an appreciation for the efforts of Black educators and provide connection opportunities with other Black educators.

Truman's Disability Studies Minor continues to grow, with 161 students active at some stage of the minor. This semester's *Disability Studies Festival* will be Wednesday, May 3, from 5:00 p.m. to 6:30 p.m., in Barnett 2217. The Festival is where all Disability Studies capstone students present their final projects. Multiple presentations occur simultaneously in 3 rounds. Refreshments are provided. Come stroll through one of the ½ hour segments and see what many students are doing in this popular Minor. Though faculty from many parts of campus assist, SHSE faculty who are active in the Minor include: Dr. Jennifer Hurst, Dr. Julie Lochbaum, Dr. Teak Nelson, Dr. Andrea Richards, and Ms. Amanda Starks.

“We have learned
SO MUCH
about **tenacity**
and **perseverance**
and **strength.**”

~ Kylie Mackey



The Truman MAE Special Education cohort and their professors celebrated their last day of the fall semester by meeting for lunch, December 8. These graduate students start their program during the first five weeks of summer school and continue to the fall, when they complete their Professional Development School (PDS) semester. During the fall semester, the grad students spend every morning, five days a week, working in special education classrooms in Kirksville and Knox County. They complete a nine week elementary placement and a nine week secondary placement. In the afternoons, the students return to campus for graduate course work. Starting in January, these students began their internship semester, with graduation in May of 2017. Picture above, front row, left to right: Zach Hollstrom, Jenna Canoy, Elizabeth Rehfeldt, and Anna Bloom; back row: Ms. Bev Peters, Sadie Schottel, Haleigh Stiens, Dr. Pete Kelly, Ali Whelan, Hannah Vasilis, and Dr. Lisa Goran.

Students from Dr. Miner’s fall Adolescent Psychology class had the opportunity to conduct research involving the different levels and stages of adolescent development. Students asked, “How has adolescent development influenced identity formation between generations?” The students connected their findings to Erikson, Lewin, and Marcia. The Adolescent Psychology students were eager to share a few of their takeaways.



- “I loved going out into the community and meeting and learning about another generation. Interviewing my participant was so much fun. The stories I heard made me smile, laugh, and most importantly gave me insight into the history of our town and nation.” -Hope Berntsen
- “I enjoyed getting to know someone from a different generation and hearing about her experiences. It was incredible to see the similarities between my own life and the stories my participants told me. It was even more interesting to learn about the differences in experiences.” - Marissa Ranchel
- “I enjoyed meeting a member of my community from a completely different generation. It was so interesting to see what we had in common, even growing up in different time periods.”-Amanda Tindall
- “I love working and showing appreciation within my community. I enjoyed hearing the stories from an older generation and comparing them to my own. The historical significance is fascinating. My interviewee was born into WWII, went to school during segregation, and witnessed many social and cultural changes throughout American history.”-Zayne Tindall
- “The task of doing qualitative research was an exciting assignment to begin with, but it became a much more meaningful experience when we were able to interview community members. As they told their stories, it was fascinating to hear how different their lives were but heartwarming because there were also many similarities.” -Anna Grace
- “When the concept of this project was first introduced, I thought it sounded like an interesting idea, but I never could have anticipated the impact that this experience has had on me. Hearing the stories of the people I interviewed was such a unique opportunity. Getting to connect with these people and listen to them tell their stories of excitement, heartbreak, and perseverance was so much fun and had me excited, heartbroken, and determined right along with them. I am thankful that we have gotten the opportunity to connect with these people in this way.” - Sadie Pafford
- “I appreciated the opportunity to connect with people on a deeper level. Although their lives were very different, it was interesting to see the commonalities we all share. Through this experience I feel as though I have gained a broader understanding of the journey we must all go through to discover and build our own unique identities.” -Maria Caputa



Health and Exercise Sciences



HLTH 440 students completed capstone presentations December 6. Over 100 students, faculty, and community partners attended. Pictured left: row 1: Tawny Tucci, Erica McBride, Emily Holbrook; row 2: Brittany Rempel, Susan Caman, Bailie O'Connell, Jordyn Allen; row 3: Kate Christian, Courtney Bueler, Hailey Ketchum, Sophie Hauri; row 4: Sara Amini-Rad, Alexandra Savala, Faith Hoffman.

All but Susan Caman are December 2016 graduates.

Sophie Hauri is seeking a health position in Chicago, and after a year will pursue either a MPH or ABSN degree; Jordyn Allen will work for before seeking a degree in Physical Therapy; Courtney Bueler will work at the Kirksville Community Health Center's Dental Clinic until July and then will enter the Creighton Dental School in the fall of 2017; Erica McBride and Kate Christian are seeking employment in the St. Louis area; Tawny Tucci plans to work as an EMT and will apply to attend graduate school in a Physician Assistant program; Sara Amini-Rad is seeking a position in northeast Missouri; Alexandra Savala plans to attend Lindenwood University for a Master's Degree in Health Administration; Brittany Rempel is seeking employment in Washington or Oregon; Emily Holbrook entered the Master of Arts in Education program at Truman in the spring; Bailie O'Connell will go to Haiti for a 6-week mission trip from January-February 2017, work and then start the ABSN program at Goldfarb School of Nursing in St. Louis; Hailey Ketchum will begin work as a Consulting Analyst in February with Cerner Corporations in Kansas City. She will travel and teach health care professionals about the digital technology Cerner produces; Faith Hoffman plans to start the ABSN program at Truman or at the University of Missouri in May of 2017.

TruLifesaver Basic Life Support - American Heart Association

Upcoming Session Dates:

- Sunday, April 2, 1-6 pm
- Tuesday, April 11, 5-10 pm
- Wednesday, April 19, 5:30-10 pm
- Thursday, April 20, 5-10 pm
- Monday, April 24, 5-10 pm

All Sessions are held in Health Science CPR Lab 1206

Instructors: Liz Jorn and Jana Arabas

Cost: \$60.00 - includes instruction, materials, and two year certification with the AHA

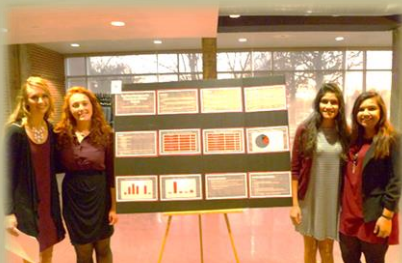
To Register: institute.truman.edu/trulifesaver

Questions: e-mail institute@truman.edu or call 660.785.5384

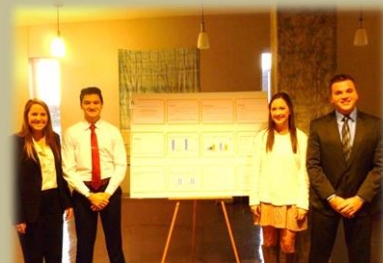
HLTH 349 Research Methods students presented their research projects via a poster presentation in December. Topics included student knowledge of the Affordable Care Act, blood donation behaviors, assessment of campus smoking policies, college student stress, oral health behaviors, student mental wellness, and disability studies awareness. There was a poster competition for first and second place posters, most prepared and engaging research team, and most visually appealing poster. Poster competition results were determined via a vote from students in HLTH 290 and HLTH 366.



Madeline Thomas, Lizzy Star, Mike Judson, and Marissa McBurnett presented on *Student Awareness of the Affordable Care Act* and received First Place for their poster, Most Interesting Topic, and shared the award for Most Prepared and Engaging Research Team.



Emily Flecke, Marisa Meiners, Swati Patel, and Alysa Wisness presented on *Student Exercise Behaviors and Stress Levels*. The group received Second Place overall for their poster.



Chloé Hromockyj, Collin Heisel, Lauren Box, and Colin Osborne on *Student Perceptions of People with Disabilities*. The students shared the award for Most Prepared and Engaging Research Team.



Ashley Smith and Hyerin Kim presented on *Blood Donation Behaviors of College Students*. The group received the award for Most Visually Appealing Poster.



Kiley Vinyard, Elizabeth Tryon-Ebert, and Maggie Farrand presented on *Oral Health Behaviors of College Students*.



Zara Shoune and Jessica Hyde presented on *Smoking Behaviors, Attitudes, and Knowledge of Campus Policy of Truman Students*.



Raven Eisenberger, Dria Riley, and Kristin Flinn presented on the *Effects of Stress on College Students*.



Ikeolu Oladipo, Montira Mosby, and Brooke Bailey presented on the *Relationship between Athletics and Academic Stress*.

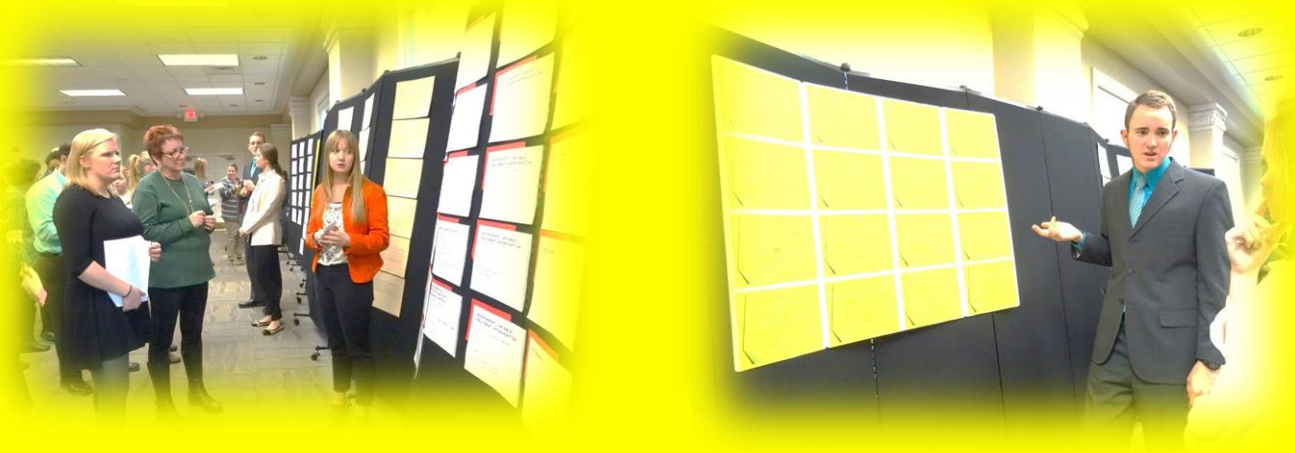


Maddy Carney, Chloe Griffith, Bene Clear, and Sarah Garmer presented on *The Impact of Sleep on Self-Perceived Mental Wellness*.



Nursing students held a candlelight memorial service December 1 at Kirk Memorial. This annual event commemorates those affected by Human Immunodeficiency Virus (HIV) and Acquired Immune Deficiency Syndrome (AIDS). Several poems and stories of persons living with HIV and AIDS were presented throughout the memorial service. Candles were lit and a moment of silence was observed near the end of the service to honor individuals and families affected by these illnesses. The event is an opportunity to bring HIV and AIDS awareness to the community, encourage people to get tested, and promote disease prevention and education.

Fall Senior Capstones of Nursing were held December 8, sponsored by the Rho Omega Chapter of Sigma Theta Tau International Honor Society of Nursing and Northeast Regional Medical Center. The goals of the Rho Omega Chapter are to recognize superior achievement and the development of leadership qualities; to foster professional standards; to encourage creative work; and to strengthen commitment on the part of individuals to the ideals and purposes of the profession of nursing. Students presented their work in oral and poster presentations. Student topics covered interests in variety of nursing specialties and patient populations.



Aubrey Falton presented *The effect of a transitional partner on rehospitalization rates, stress, loneliness, and perceived support on elderly relocating from an inpatient setting to a nursing home* to Brenda Austin MSN, RN.

ABSN student Jeremy Jorden presented *The effect of HOPE spiritual assessment on positive outlook among CCU patients*.

The Department of Nursing honored ten graduates of the third cohort of the Accelerated BSN program at the Nursing Recognition Pinning Ceremony, December 17. The ceremony recognized the graduating seniors' successful completion of a rigorous academic and professional program. The ABSN students completed their studies in approximately 15 months to obtain a Bachelor of Science in Nursing degree and become licensed Registered Nurses (RN) after passing the NCLEX-RN® examination.



Curtiss Bunch, Arlene Seper, Savannah Proctor, Austin Kampen, Mandy Berrey, Trudi Gatteys, Drew Kramer, Melissa Tran, Katie Hussey, and Stephanie Dummerth.

According to the National Council of State Boards of Nursing, graduates from Truman's Department of Nursing exceeded the state average pass rate on the National Council Licensure Examination for registered nurses (NCLEX-RN) in 2016. The overall Missouri pass rate was 85.50 percent; 97.73 percent of Truman nursing graduates passed on their first attempt. Truman offers both a traditional four-year Bachelor of Science in Nursing degree, as well as an Accelerated Bachelor of Science in Nursing degree. Those who already have a bachelor's degree in another subject can earn a nursing degree in 15 months for the ABSN. The Truman Department of Nursing is approved by the Missouri State Board of Nursing (MONA) and is accredited by the Commission on Collegiate Nursing Education (CCNE).



Nursing Simulation Lab

Calendar of Selected Upcoming Events

February 4, Saturday: Board of Governors Meeting

February 17, Friday: Dr. Mini Tandon Presentations on Mental Health

- 10:30 - 11:20: Presentation to faculty, staff, and students, VH 1000
- 11:30 - 12:30: APDC Lunch & Learn session with faculty and staff, SUB Alumni Room. RSVP required: [**Mental Health Lunch RSVP**](#)
- 2:30 - 3:20 - Repeat of Presentation to faculty, staff, and students, VH 1000

February 20, Monday: Student Research Conference submissions due

February 22, Wednesday: March SHSE Newsletter Deadline

March 3, Friday: SHSE Mission Award nominations due at noon

March 8, Wednesday: First Block Classes End

March 9, Thursday: Second Block Classes Begin

March 13 – 17, Monday – Friday: Spring Break

March 21, Tuesday: Summer 2017 class registration begins

March 25, Saturday: Admissions Saturday Showcase Event

April 1, Saturday: The Big Event

April 3, Monday: Lyceum Saint Louis Brass, 7:30 p.m., Ophelia Parrish Performance Hall

April 4, Tuesday: SHSE Mini-Research Conference, 3:30 p.m., VH 1010

April 8, Saturday: Board of Governors Meeting

April 17, Monday: Term Break Day

April 20, Thursday: Student Research Conference

April 21, Friday: Children's Literature Festival

April 28, Friday: Language and Literacy Conference with Dr. Barbara Golub

April 29, Saturday: Admissions Saturday Showcase Event

May 5, Friday: Last Day of Classes

May 8, Monday: First Day of Finals

May 10, Wednesday: Reading Day

May 12, Friday: Last Day of Finals

May 13, Saturday: Commencement (3 ceremonies), Pershing Arena

- 9:00 a.m.: Bachelor of Arts, Bachelor of Fine Arts, Bachelor of Music
- 1:00 p.m.: Bachelor of Science (accounting, agriculture, athletic training, chemistry, computer science, exercise science, health science, justice systems, linguistics), Master of Arts, Master of Arts in Education, Master of Science
- 4:00 p.m.: Bachelor of Science in Nursing, Bachelor of Science (biology, business administration, communication disorders, economics, history, interdisciplinary studies, mathematics, physics, political science, psychology, sociology, anthropology)

May 13, Saturday: Interim Begins

May 27, Saturday: Interim Ends

May 29, Monday: Memorial Day, University Closed

May 30, Tuesday: First Five Week & Ten Week Classes Begin

June 5, Monday: Eight Week Classes Begin

June 10, Saturday: Board of Governors Meeting

June 30, Friday: First Five Week Classes End

July 3, Monday: Second Five Week Classes Begin

July 4, Tuesday: Independence Day, University Closed

July 28, Friday: Eight Week Classes End

August 4, Friday: Second Five Week & Ten Week Classes End

July 29, Saturday: Interim Begins

August 5, Saturday: Board of Governors Meeting

August 12, Saturday, Interim Ends

August 14, Monday: New Faculty Start

August 16, Wednesday: Returning Faculty Start

August 16, Wednesday: Freshmen Move In

August 16 – 20, Wednesday – Sunday: Truman Transformation

August 21, Monday: 150th Fall Semester Classes Begin

September 4, Monday: Labor Day, University Closed

September 16, Saturday: Family Day

October 6, Friday: National Truman Spirit Day

October 13, Friday: Board of Governors Meeting

October 14, Saturday: Homecoming

October 19 – 20, Thursday – Friday: Midterm Break

November 20 – 24, Thanksgiving Break

December 8, Friday: Last Day of Classes

December 11, Monday: First Day of Finals

December 13, Wednesday: Reading Day

December 15, Friday: Last Day of Finals

December 16, Saturday: Commencement


Monthly newsletters are posted at <http://www.truman.edu/majors-programs/academic-departments/about-school-of-health-sciences-education/school-of-health-sciences-education-newsletter/>. Newsletters are posted on the first business day (or close to that) of most AY months and are intended to improve communication within and across the School, campus, and larger community. Feel free to send notes to monad@truman.edu about faculty or staff accomplishments, what our students are doing, or anything else you would like to be considered for publication.

Mission Statement

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

Five Pillars

- ❖ Professional programs grounded in the liberal arts and sciences
- ❖ Leadership development
- ❖ Interdisciplinary collaboration
- ❖ Diverse learning and service opportunities
- ❖ Pursuit of continued scholarship and research



TRUMAN STATE UNIVERSITY

*School of
Health Sciences & Education*