

# DECEMBER 2013 NEWSLETTER



## The SHSE Administrative Team

**Janet L. Gooch, Dean**  
**Paula Cochran, Chair of CMDS**  
**Mona Davis, Assistant to the Dean**  
**Roberta Donahue, Chair of HES**  
**James Judd, Director of the RPDC**  
**Pete Kelly, Chair of Education**  
**Stephanie Powelson, Chair of Nursing**

## Message from Janet L. Gooch, Ph.D., CCC-SLP, Dean, School of Health Sciences and Education

Congratulations on the conclusion of a great Fall 2013 semester! While it seems like just a few weeks ago since I wrote about the start of the fall semester, we are now hurtling toward its end. It's been a semester full of accomplishment. On December 12, 2013 the President will announce approved sabbaticals and again, I'd like to thank Dr. Jerry Mayhew (HES), Ms. Brenda Wheeler (NU) and Ms. Sheila Garlock (CMDS) for applying and the faculty and staff in the school who are supporting our fine colleagues. Thank you to those who applied for the SHSE mini-grants and the Provost's TAD grants as well as those of you who are continuing your scholarship and assisting students in research on your own time and dime. Thank you for all of the wonderful opportunities you've offered to students this semester. I recently returned from the annual meeting of the American Speech Language Hearing Association with 5 other CMDS faculty and quite a few students, both undergraduate and graduate. I was struck by the number of former students we ran in to, all talking about their immense success in their current graduate school or employment setting. The theme was striking...the student reported on what they were doing, how much they enjoyed it, and then finished by thanking Truman and the CMDS department for what they learned and the experiences they had while here. I know that this happens to all of you when you attend professional conferences. Your current students shine when they attend professional conferences (e.g., Victoria Hafmann, a senior exercise science student, was selected as the recipient of the Patricia McSwegin Research Award for the top research abstract submitted to the Missouri Association for Health, Physical Education, Recreation and Dance (MOAHPERD) 2013 Convention) and the alumni you meet are all doing wonderfully outstanding things. It is the work you are doing now that is "preparing students to effectively serve as professionals and leaders in their communities and fields". As we close out the Fall 2013 semester I thank you for your ongoing efforts. I encourage you to reflect on your personal accomplishments and those of your students and the University at large and to enter 2014 with great anticipation and promise for another year of achievement throughout our campus. Thank you for your ongoing efforts.

*Season's Greetings and Happy New Year!*



## December 2013 Commencement

Commencement ceremonies for the Truman December Class of 2013 will be held Saturday, December 14. Of the 323 diploma candidates, 78 ( $\approx 25\%$ ) are from the School of Health Sciences and Education. As of this writing, the Registrar Office lists the following numbers:

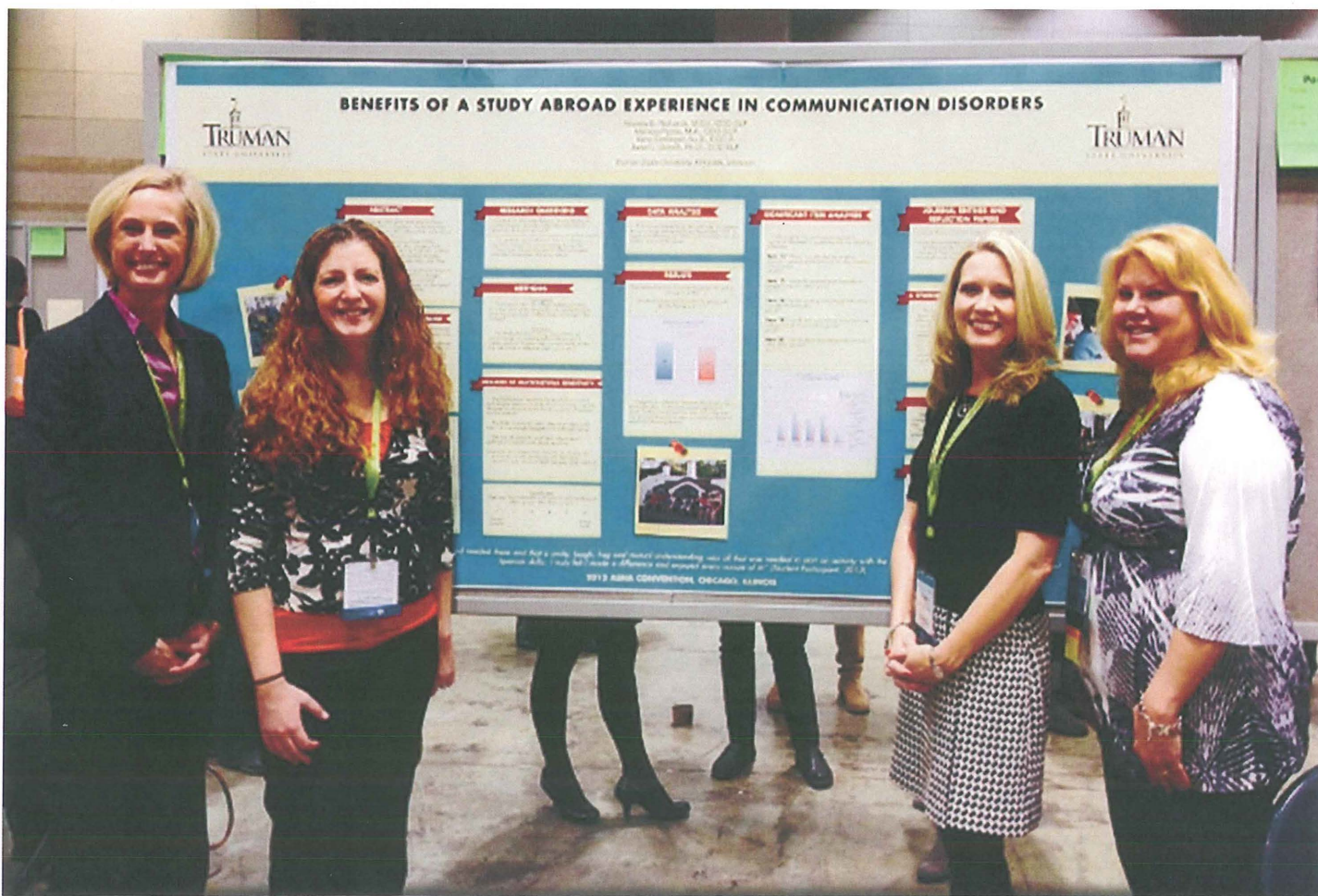
The Communication Disorders Department has 17 candidates: 5 for BA and 6 for BS in Communication Disorders and 6 for MA in CMDS.

The Education Department anticipates 15 graduates from the MAE: 6 elementary; 7 English; 1 each in exercise science and history/social science. Three are expected to graduate with the MA in Counseling.

Health and Exercise Sciences has 2 candidates for BS in Athletic Training, 21 for BS in Exercise Science and 12 for BS in Health Science, for a total of 35.

Nursing expects to graduate 8 with the BS in Nursing.

## Communication Disorders Department



Dr. Julia Edgar, Dr. Ilene Elmlinger, Ms. Patricia Hanson, Ms. Melissa Passe, Ms. Andrea Richards, and Dr. Janet Gooch presented "Benefits of a Study Abroad Experience in Communication Disorders" at the American Speech-Language-Hearing Association (ASHA) annual convention, November 14-16, Chicago, Illinois.





CCC does not just stand for Certificate of Clinical Competence – it also stands for Collaborative Case Competition. Five senior CMDS majors participated in the second annual Interprofessional Education Collaborative Case Competition (IPE-CCC) on November 2. Competing were Victoria Caskey, Stephanie Thomas, Sara Hahn, Megan Pattee, and Christina Reeder.

IPE-CCC provides health professions students with an interprofessional teamwork experience to gain insight into collaborative practice competencies – roles and responsibilities, values and ethics, interprofessional communication, and teamwork. The universities involved were AT Still Universities in Mesa, Arizona and Kirksville, MO; Grand Canyon University; AZ School of Professional Psychology at Argosy University; and Truman State University - with a total of 135 students participating.

Students were placed on an interprofessional team to compete with other teams to create an interprofessional, patient-centered, and community-focused care plan/discharge plan for a patient/family. The competition required them to create a team response on how to meet a hypothetical patient's needs, following the *Core Competencies for Interprofessional Collaborative Practice*. Each team worked collaboratively for 6 weeks to build an interprofessional team to care for the patient and their family. At the end of the process, they presented their findings and recommendations for enhanced collaboration to a panel of judges representing leaders from various disciplines within the healthcare programs. The judges from Truman included Dr. Carolyn Cox, Health Science; Dr. Stephanie Powelson, Nursing; and Dr. Judy Johnson CMDS.

The first place winning team selected from Kirksville included CMDS major Victoria Caskey (shown with her team in the above picture), who beat out 14 other Kirksville teams. With Victoria Caskey were her teammates Ashley Anderson, Health Science and Nikki Jerowski, Nursing both also from Truman. In this photo they are demonstrating how professional teams can interact in order to bring quality care to individuals requiring health care. Special recognition was given to another team with CMDS student Stephanie Thomas, and team members Christine Beeson, ATSU; Alicia Kimberlin, nursing; and Emma Hosman and Kendra Woolman, Health Science. Hats go off to these hard working students who successfully demonstrated how interprofessional team work can improve the future of our health care system in this country.



Dr. Julia Edgar accompanied students enrolled in CMDS 561G Advanced Speech Pathology to the fall MSHA workshops, November 2, in Columbia. They attended a workshop entitled The State of the Art Voice Therapy: Why, What and How, presented by Dr. Edie Hapner.

Dr. Judy Johnson accompanied students enrolled in CMDS 470 Speech Mechanism to the A.T. Still anatomy lab (specifically the cadaver area), November 6. Students engaged in questions with Dr. John Venner, lab instructor.

Graduate students will present poster sessions on Friday, December 6, from 9:00 a.m. to 10:30 a.m., in the SUB Alumni Room.

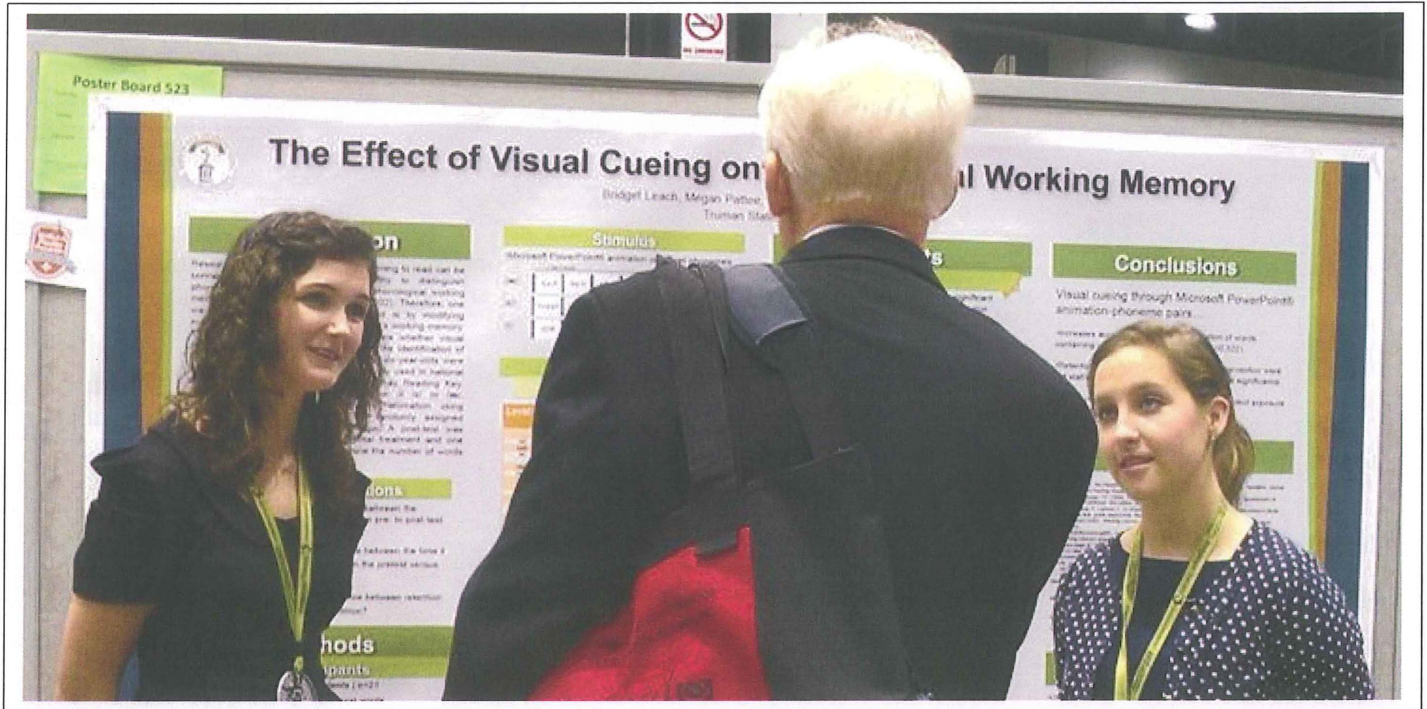
Graduate students will participate in Truman's 27<sup>th</sup> Annual Research Forum in Communication Disorders on Wednesday, December 11. The forum consists of formal stand and deliver presentations of graduate students' research projects. This activity is offered for 0.3 American Speech-Language-Hearing Association (ASHA) CEU credits to all professional attendees. Local Speech-Language Pathologists are invited to attend at no cost.

The Continuing Education Board (CEB) of the American Speech-Language-Hearing Association (ASHA) has approved Truman State University as an ASHA approved continuing education provider. In order to achieve this status, the department completed a rigorous application process and successfully demonstrated adherence to the ASHA continuing education board standards that focus on the design, development, administration, and evaluation of its continuing education courses offered for audiologists and speech-language pathologists. CMDS agreed to comply with ASHA CEB standards and can promote their organization and courses using the ASHA logo on promotional course material. In addition, the department is listed on the ASHA CEB's approved CE provider list and courses that meet CEB standards appear in the ASHA CE course search on the ASHA website at [www.asha.org](http://www.asha.org)



Ms. Myra Milam and Ms. Katie Beers presented a research poster, "Assessing Attitudes Toward the Elderly in Students in the Health Professions," at the American Speech Language Hearing Association (ASHA) annual convention, November 14-16, Chicago, Illinois.





Ms. Megan Pattee and Ms. Bridget Leach presented a research poster, “The Effect of Visual Cueing on Phonological Working Memory,” at the American Speech Language Hearing Association (ASHA) annual convention, November 14-16, Chicago, Illinois.

### Education Department

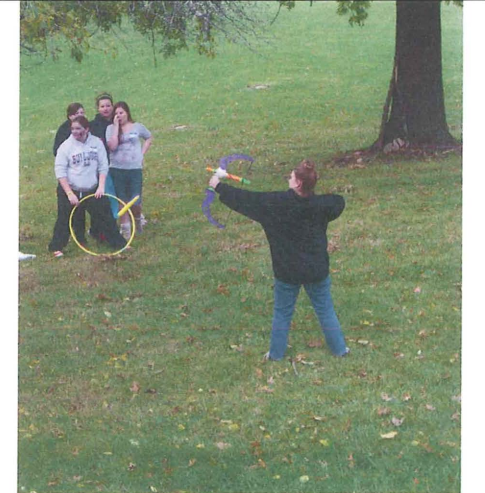
New York Times bestselling children's author and illustrator Jan Brett visited Truman November 17. Brett was at the bookstore for a book signing and to promote her newest book "Cinders: A Chicken Cinderella." Pictured, right, is Ms. Brett with the committee who brought her to campus. Faculty members Dr. Bev Perrachione, Dr. Donna Rhinesmith, and Dr. Sarah Mohler worked with the bookstore and local teachers and librarians to make the visit possible. Students from the National Education Association-Student Program created activities for children who attended. Materials for these activities were provided by the Department of Education. Students from ENG 415 assisted and a Truman theater group provided a dramatic interpretation of one of Brett's works.



Dr. Rebecca Dierking presented during the High School Matters Roundtable Discussions at the National Council Teachers of English (NCTE) convention, November 22, in Boston, Massachusetts. NCTE had a record number of proposals submitted this year, so competition was fierce. Dr. Dierking presented with the high school teacher in whose class she collected data, findings from the study of Nook electronic readers with struggling high school students.



Students in Dr. Rebecca Dierking's Management of Instruction: Secondary English class hosted an event for middle school students, November 2, at the Adair Public Library. The event focused on activities reflecting themes from the popular book *Catching Fire*, the second text in the *Hunger Games* series. Activities included an obstacle course, cupcake decorating with individually colored icings, face painting, a scavenger hunt, and a game of assassins. Twenty students from local middle schools attended the event. Ms. Kelly Paino facilitated the day, and activities were managed by Management of Instruction students TJ Faust, Angela Johnson, Kirsten Self, Kaylee vanWheelden, and Natalie Vonarx. Truman students from K-Life, Noelle Stratman, Kelsey Heuer, Kaleigh Wagoner, and Jessica Curl, also volunteered at the event. Monetary support was provided from Truman's Alpha Phi Omega chapter, with Wal-Mart donating cupcakes. The event ended with a book talk wherein the Management of Instruction students suggested novels attendees might find interesting.



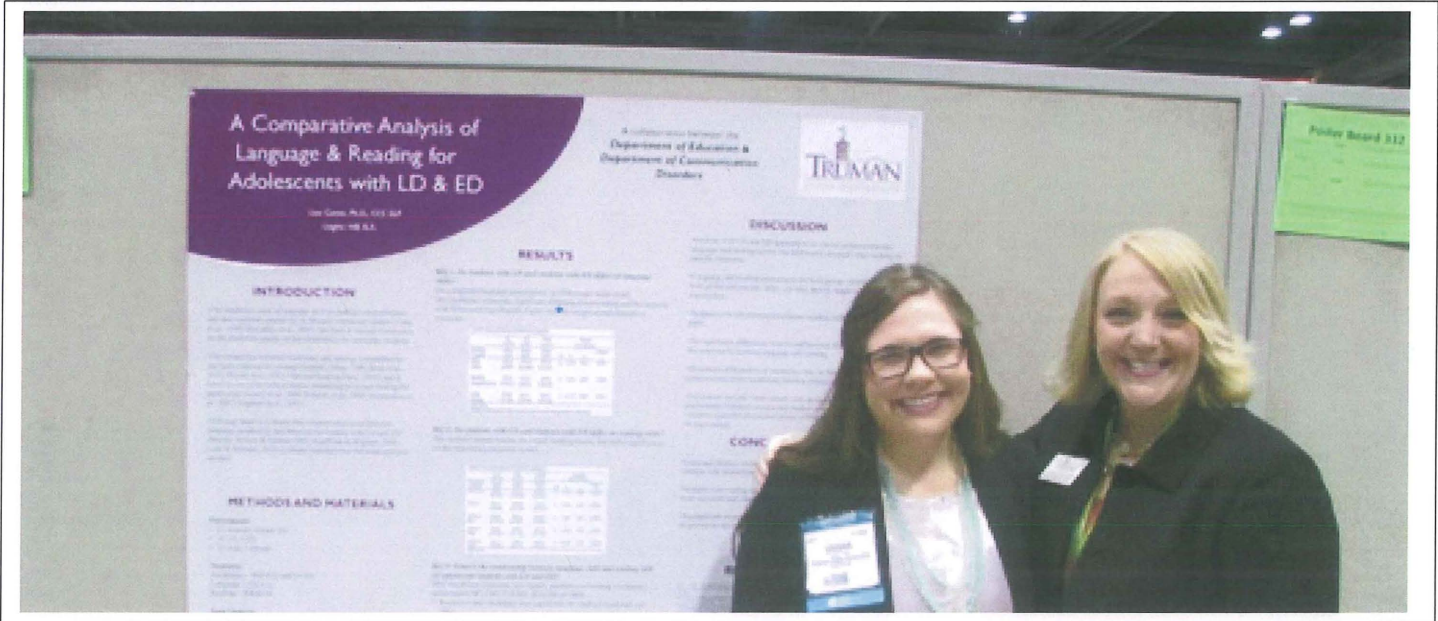


Dr. Wendy Miner attended the National Association of Gifted Children's conference, November 6 – 13, Indianapolis, Indiana. While there, she attended a session that focused on technology. Mr. Brian Houssard offered "60 Sites in 60 minutes." Dr. Miner's student worker is putting them into a live binder, which she will make available for sharing.

Counseling graduate students Kailey Dille, Nicole Dougherty, and Danielle Reynolds and Dr. Christopher Maglio attended the annual meeting of the Missouri School Counselor Association, November 3 – 5, Osage Beach. Dr. Maglio presented "An Overview of the DSM-5 for Professional School Counselors" and was notified that he has been selected as editor-elect of "The Counseling Interviewer: The Official Journal of the Missouri School Counselor Association. " His three-year term as editor will begin in January, 2014.

The Master of Arts in Education faculty and staff are working in conjunction with Math and Science in the initial steps of the implementation of the NOYCE funded project to train high quality Missouri teachers in STEM fields. Interviews have been conducted to hire a staff person to assist with grant related activities. A new course for teaching methods of instruction to pre service STEM teachers has been approved and an instructor to teach the course has been identified.

The Master of Arts in Education faculty and staff continue to focus on implementing the new state assessment system mandated for all educator preparation programs in the state. The state has established an accelerated pace for implementation of these new assessments. In addition, MAE faculty have begun the process of aligning program's curriculum to the new assessments.



Dr. Lisa Goran and Ms. Leigha Hill, graduate student in CMDS, presented a research poster on a comparative analysis of language and reading skills for adolescent students with learning disabilities and emotional disturbance at the American Speech Language Hearing Association (ASHA) annual convention, November 14-16, Chicago, Illinois. This experience was made possible through a Truman Academic Development Support (TADS) grant.



In October, Dr. Lisa Goran attended the 35th International Conference on Learning Disabilities in Austin, Texas. Dr. Goran presented two literature review research projects - one on vocabulary interventions for students with learning disabilities and one she is co-authoring on Anchored Instruction. Lisa was chosen to participate in the Council for Learning Disabilities Leadership Academy Cohort 3, which provides networking and mentoring opportunities for her as early career faculty.

In November, Dr. Lisa Goran presented at the 36th annual conference for the Teacher Education Division (TED) of the Council for Exceptional Children (CEC) in Ft. Lauderdale, Florida. Dr. Goran's presentation highlighted the Professional Development School (PDS) program, the unique and highly successful partnership between the Truman Special Education Department and the Kirksville Public Schools.

### *Department of Defense Dependent Schools*

Ms. Amy Hiatt is nearing completion of her teaching internship this semester at Vilseck Elementary in Vilseck, Germany with the guidance and support of mentor teacher, Ms. Paige Hall, a long-time liaison of Truman's MAE. Ms. Hiatt has enjoyed teaching a great group of fifth grade students. Dr. Laura Nickelson and Ms. Hiatt are pictured, right, during Dr. Nickelson's site visit in October.



Ms. Hiatt is piloting the Missouri Pre-Service Teacher Assessment (MoPTA) and conducting her research on the importance of teaching students academic conversation skills to promote and support content literacy and develop critical thinking skills. Ms. Hiatt arrived in Vilseck, Germany for her semester internship on August 20 and will finish on December 20 to return to the states. Ms. Hiatt was excited for her mother and aunt to be able to visit her in Vilseck over the Thanksgiving Holiday.



#### **“What Everyone Should Know about Second Language Acquisition” (And Some Comments on Implications for Language Teaching)**

**Dr. Bill VanPatten**

**Thursday, January 23 – 7:00 p.m. - SUB Alumni Room**

Prof. VanPatten is internationally known for his work in second language acquisition (SLA) and second language instruction, with special emphases on teaching to promote SLA.

Professor of Spanish & Second Language Studies  
Director of Language Instruction  
Affiliate Faculty Member Cognitive Science Program  
Michigan State University

*Sponsored by the School of Arts and Letters, the Classical and Modern Languages Department & the Department of English and Linguistics.*





The Student Missouri State Teachers Association (S-MSTA) sponsored a Fall Festival service event for the Novinger Elementary School, October 31. The Truman S-NEA group, along with other campus organizations, assisted with the support and cooperation of Dr. Laura Nickelson, S-MSTA advisor; Ms. Robin Carter, Novinger principal; Ms. Brenda Matheney, fifth grade teacher, and Ms. Carol Baiotto, school nurse and Parents as Teachers liaison. The evening was filled with fun and games for all ages. Nurse Carol greeted students at the entrance to take a picture with “Mr. Bones.” Parents joined their children in pumpkin painting, bobbing for donuts, a hay bale reading corner, a costume contest, food, fun, and other activities. SMSTA members dressed for the occasion as they hosted approximately 75 children and community members for the event.



The Student Missouri State Teachers Association (S-MSTA) participated in a Library Literacy Day event, "What Does the Turkey Say?" November 16, at the Adair Co. Public Library. Children from the local and surrounding communities were invited for story time and activities surrounding the Thanksgiving holiday season. After reading several stories together including, Huggly's Thanksgiving Parade, My First Thanksgiving Book, and Silly Tilly's Thanksgiving Dinner, S-MSTA members assisted children in creating their own turkey headband with feathers indicating things for which they are thankful.

### *Health and Exercise Sciences Department*

Ms. Victoria Hafmann, a senior exercise science student, was selected as the recipient of the Patricia McSwegin Research Award for the top research abstract submitted to the Missouri Association for Health, Physical Education, Recreation and Dance (MOAHPERD) 2013 Convention. Her research was titled, “Effect of Listening to 140 Beat/Minute Music on Stationary Cycling Time.” She was also selected by HES faculty as the Outstanding Student in Exercise Science. This award was also presented at the 2013 MOAHPERD Convention.



HLTH 160: Essentials of Stress Management (2 credit hours) will be offered as a winter interim course, January 2-10. The course is open to all with no pre-requisites or restrictions and meets program requirements for the minor in Health Studies. This course encourages holistic stress management practices, including exploration of the importance of the psychosomatic (mind-body-spirit) relationship. Participants will learn skills to effectively manage personal stress using both cognitive strategies and relaxation techniques. To register for an interim class, you must go to the cashier's window to pay the tuition and then registrar's office to register. On-line registration is not possible. Contact Dr. Roberta Donahue at 785-4456 or [rdonahue@truman.edu](mailto:rdonahue@truman.edu) with any questions.

Congratulations to the Athletic Training senior class. For the 5<sup>th</sup> semester in a row, every graduating senior has passed the Board of Certification, Inc. exam on the first attempt. Upon graduation, these seniors will be certified as athletic trainers. Thanks to all faculty who taught and mentored these students.

Health Science seniors are required to complete a 30-hour capstone project in HLTH 440. This semester students completed the following community/campus projects: Oral Health Alliance - creating outreach materials for the low income population in a six-county northeast Missouri area; NEMO Heart Health Gents & Joules Fundraising - assisting in the planning, presentation and evaluation of the November 2 event that raised over \$30,000.00; NEMO Heart Health's Heart and Sole Walk - assisting in the planning, implementation and evaluation of the September 14 event that raised over \$5,000.00; NEMO RAAWKS (Raising Amazing AWesome KidS) - childhood wellness campaign. Activities were designed for families to exercise at the local parks or at home; Partners in Prevention Prescription Drug Take-Back and Education Program - campus take-back event and over 50 campus presentations on prevention of prescription drug abuse; Wellness Zone Awareness Project and Educational Presentations - a week of campus activities to increase campus awareness of the Wellness Zone and to provide exercise and nutrition presentations; Sleep Awareness Week - three days of campus activities to promote adequate sleep among students; Faith Lutheran School Health Education - health education lessons to a combined class of fifth and sixth graders; Bruce Normile Juvenile Detention Center Health Education - health education lessons to at-risk youth; Girl Scout Disability Awareness Workshop - a four-hour session for Girl Scout Cadettes to earn their disability awareness badge; HLTH 195 Health Presentations - interactive lessons on sexually transmitted infections, environmental health, substance abuse prevention, and consumer health; teaching assistants in HLTH 260 (Human Sexuality) and HLTH 349 (Research Methods); Intro to Disability Studies (DS 120); service opportunities - ten new potential service learning experiences were created for DS 120 for spring semester 2014. Thirty students performing a minimum of 30 service/civic hours each equals 900 hours. At the current minimum wage of \$7.35 per hour (and we're sure Health Science students will earn more upon graduation), their work contributed \$6,615.00 to the campus and community in service.

### *Nursing Department*

Nursing students participated with ATSU and other Truman students in a Collaborative Case Competition, November 2. The interprofessional teams received a web-based case study, and prepared a plan of care for a patient and his family. The presentation day included prizes for interprofessional teams receiving the highest scores in Mesa, AZ and Kirksville, MO. A total of 27 interprofessional teams shared presentations with their teams' plans. This experience was a great learning opportunity for nursing students to work with many other health disciplines and strengthen their communication skills.

The HouseCalls interprofessional program with ATSU and Truman will conclude during Fall 2013. A new interprofessional program called Health Partners will begin during Spring 2014. The program will be offered as an elective credit for some programs, including medical students and communication disorders students. House Calls has involved several Truman disciplines and ATSU medical students for more than a decade. Nursing students will participate in Health Partners as part of their course and clinical work.



The accelerated Bachelor of Science in Nursing (second baccalaureate) program is admitting a second cohort of approximately 10 students during Summer 2014. At present, 6 students have accepted seats in the second cohort. Governor Nixon's office recently announced a second award of \$150,000 for the ABSN program to support nursing faculty stipends and salaries for the additional students.

*Interdisciplinary program designed to improve communication between health care professionals*

House Calls is a cooperative interdisciplinary clinical education experience between Truman and A.T. Still University. The program, which began in 2002, provides Truman Nursing students the opportunity to collaborate with students and faculty from other healthcare disciplines including osteopathic medicine, communication disorders, and health sciences.

A team of three or four students, each from different health professions, make four team visits to the home of an elder volunteer. The team provides the client with physical assessment, health education, home safety information, and social interaction. After working directly with a client, the team meets to review the information gathered during the home visit. The House Calls review discussion is led by Truman faculty, ATSU faculty and fellows in the newly built Interprofessional Building on ATSU's campus.

The House Calls program assists the students in improving their communication skills, learning to work together as professionals, and gaining a respect for the knowledge and expertise each discipline brings to the team. These are key components in reducing errors and improving the quality of health care. Truman Nursing Students participate in the House Calls program during junior year (as part of Adult Health Nursing) and in the fall of the senior year.



Pictured above, left to right: Mr. Thomas Michael Kates (ATSU KCOM student), Dr. Stephanie Powelson, Ms. Victoria Caskey (Communication Disorders student), and Ms. Penny Schutter (Truman Nursing student) discuss the roles of different health professionals.





Pictured above, left to right): Ms. Kendra Woolman (Truman Health Sciences student), Mr. RJ Brogis (ATSU KCOM student) and Ms. Gabby Epstein (Truman Nursing student) discuss the data collected at the home visit with their client and devise a plan of care together.

### *Selected Upcoming Events*

- December 5, Thursday – Undergraduate Council, 3:30 p.m., Alumni Room
- December 6, Friday - Last Day of Classes
- December 7, Saturday – Board of Governors Meeting
- December 7, Saturday – Lyceum Kansas City Chorale Holiday Concert
- December 9, Monday - Finals Start
- December 11, Wednesday - Reading Day
- December 12, Thursday – Faculty Senate, 3:00 – 5:00, SUB 2105 Alumni Room
- December 13, Friday - Finals End
- December 14, Saturday – Winter Commencement, 11:00 a.m.
- December 19, Thursday – Full Term and Second Block Final Grades due in TruView, noon
- January 13, Monday – Spring Classes Start
- January 16, Thursday – Undergraduate Council, 3:30 p.m., Alumni Room
- January 17, Friday – December Interim Final Grades due in TruView, noon
- January 23, Thursday – What everyone should know about second language acquisition by Dr. Bill VanPatten, 7:00 p.m., SUB Alumni Room
- February 10, Monday - Lyceum Othello by the American Shakespeare Company
- February 13, Thursday – Undergraduate Council, 3:30 p.m., Alumni Room
- March 6, Thursday – Undergraduate Council, 3:30 p.m., Alumni Room
- March 22, Saturday – Lyceum A Midsummer Night’s Dream by the Minnesota Ballet
- April 1, Tuesday – SHSE Faculty/Student Mini Research Conference, 3:30 p.m., VH 1000
- April 10, Thursday – Undergraduate Council, 3:30 p.m., Alumni Room
- April 15, Tuesday – Truman Student Research Conference
- April 25, Friday – Sixth Annual Language and Literature Conference with Susan L. Hall, presenting on promoting collaboration in the assessment and treatment of literacy related problems in children.
- May 1, Thursday, 3:30 p.m., Alumni Room
- May 10, Saturday – Spring Commencement
- June 23-27 – Advanced Placement Institutes
- July 14-18 – Advanced Placement Institutes



# *Mission Statement*

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

## *Five Pillars*

Professional programs grounded in the liberal arts and sciences



Leadership development



Interdisciplinary collaboration



Diverse learning and service opportunities



Pursuit of continued scholarship and research

TRUMAN STATE UNIVERSITY

*School of Health Sciences and Education*