

Nursing

AT TRUMAN STATE UNIVERSITY

Spring 2015 Nursing

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President Walter H. Ryle III with the first graduating nursing class in 1964.

History of Nursing at Truman

— by Sharon McGahan and Sarah Delaware

Dr. Stephanie Powelson, Department Chair, would like to celebrate the Department of Nursing's anniversary! The big question is — what date should we celebrate? Our program has experienced a roller coaster existence from the beginning!

The first program of study was initiated by Dr. Ezra C. Grim in 1924. Dr. Grim contacted the Missouri Board of Nursing and discussed a “training school” with Miss Harriet L.P. Friend. From this, the Grim Hospital School of Nursing was organized by the Department of Child Health and Public Health at Kirksville State Teachers College. Offices and lecture rooms were in the Kirk Building Auditorium. In 1926, the program's faculty included seven college instructors and eleven clinical instructors. Ms. Alma Kay Zoller, then Director of Nursing at Grim-Smith Hospital, became campus nurse and Professor of Nursing at Kirksville State Teachers College. Ms. Zoller taught General Hygiene and Sanitation and Home Hygiene and Care of the Sick. The Grim-Smith program closed in 1933 due to economic and changing educational standards.

Ms. Zoller returned to Northeast in 1935 to resume her position as Clinic Nurse and Professor of Health. She retired in 1958 as Professor Emeritus, having served as Acting Head of the Division of Health and Physical Education on five

different occasions.

1959 found Walter Ryle, President of Northeast Missouri State Teachers College, assisting Mrs. Sarah Grim Wimp to propose establishment of a college-based nursing education program. The proposal called for 124 credit hours of study in a four year pattern, including 42 credits of nursing courses.



Sarah Grim Wimp

Initial provisional approval by the Missouri State Board of Nursing was received in October 1961. Northeast Missouri State Teachers College Nursing Program was incorporated on October 10, 1962, with ten second-year students, eight third-year students, and four faculty members, including Myra Baiotto. Myra currently resides in Kirksville and continues to serve on Truman's Nursing Advisory Council. This program was under the Division of Health and Physical Education. The first class graduated in 1964. Part of this endeavor included a baccalaureate degree in education, with a major in Biology offered for current registered nurses to receive additional preparation in school nursing and health education. Faculty pursued National League for Nursing (NLN) accreditation, but accreditation was not achieved at this time. Mrs. Sarah Grim Wimp retired in 1969.

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News in Nursing

Spring Break! We are enjoying warm and sunny spring weather in Kirksville. The academic year has been busy for faculty, staff, and students. The senior class and five faculty members participated in Missouri Nurse Advocacy Day to speak with legislators about funding for Medicaid expansion and removing barriers to practice. Students also organized and offered several activities, including World AIDS Day, screenings for HIV and sexually transmitted diseases, a campus health fair, and other events.

Faculty and staff have been actively working with the Accelerated BSN (ABSBN) and traditional students. The first ABSN cohort participated in the Nursing Recognition Pinning Ceremony in December. The second ABSN cohort is in the midst of nursing classes and clinical rotations, and the third cohort will begin course work during the summer. **Kimberly McDaniel**, Nursing Admissions Coordinator, and **Sarah Weber**, Nursing Technology Coordinator, have represented us at several career fairs and will soon visit a health careers class. Kimberly and Sarah also work closely with prospective students and nursing students in the nursing simulation center (NSC) and the department. **Pam Melvin** is making plans for several health careers camps to visit the NSC during the summer.

Faculty and staff utilize technology to improve teaching/learning in classrooms, clinical, and the NSC. The department continues to update technology, adding

manikins and other equipment in the NSC. The Nursing Advisory Council recently met with us and offered their insights regarding the program's strengths and areas for improvement.

As we prepare for the scheduled on-site visit of the Missouri State Board of Nursing in October 2015, please consider some of the ways you could provide additional support for current and future Truman nursing students. Many alumni are preceptors to nursing students and/or contribute to nursing funds for student scholarships. Thank you for the many ways you support the faculty, staff, and students. If you would like to send a letter of support to MSBN, the information can be found in this newsletter, on the nursing website, and/or please contact me by email for the address at spowelso@truman.edu.

We appreciate the contributions of **Sharon McGahan** and **Sarah Delaware**, our resident nursing historians, for preserving some of the history of the program. Please continue to share your news, memories, and experiences with us.

If you are searching for additional information about the nursing department, please feel free to visit our website at <http://nursing.truman.edu> or email or call us. I hope you will consider visiting the department during Homecoming (October 4-10, 2015).

Best wishes to our graduating seniors as they prepare for board exams, employment, and/or graduate education. Please enjoy your spring/summer, and stay in touch!

Sincerely,
Dr. Stephanie Powelson
Chair, Department of Nursing



Rho Omega Induction

The Rho Omega Chapter of Sigma Theta Tau International (STTI) Nursing Honor Society inducted 18 senior nursing students on Oct. 3, 2014. Seated (left to right): **Lauren Null**, **Andalee Arndt**, **Rebecca Callstrom**, **Samantha Weber**, and **Anna Becker**. Standing (left to right): **Lindsey O'Brien**, **Kaylee Knauth**, **Megan Ward**, **Mollie Killion**, **Danielle Johnston**, **Jessica Arras**, **Olivia Warner**, **Michelle Howard**, **Gabriella Cavuoti**, and **Christa Friend**. Not pictured: **Katherine Davis**, **Rachel Phillips**, and **Ashlynn Stumph**.



Vice President Dr. Teak Nelson presents Samantha Weber '15 with her STTI honor cords.

IN THE Spotlight



Top: Students **Danielle Johnston**, **Lacey Reading**, and **Jasmine Oatts** enjoy the day in Jefferson City.

Left: Class of 2015 and faculty met with Representative **Nate Walker** and Senator **Brian Munzlinger**.

Nurse Advocacy Day

All of the senior nursing students and five faculty members attended the 29th Annual Missouri Nurses Association (MONA) Nurse Advocacy Day in Jefferson City, Mo. on Wednesday, February 18, 2015. Session topics included the connections between the political process and the profession of nursing and how nurses can be involved in state government. This event gave the students an opportunity to advocate for nursing issues at the state level, as well as meet with state officials. The priority legislative issues discussed were Medicaid expansion, creating a prescription drug monitoring program, and providing more prescriptive authority for Advanced Practice Registered Nurses.



First Cohort of Accelerated BSN Students Graduate

On Dec. 13, 2014, Truman's Department of Nursing honored nine graduates of the first cohort of the Accelerated (second baccalaureate degree) BSN program at the Nursing Recognition Pinning Ceremony. The ABSN students complete nursing course work in approximately 15 months to receive a BSN degree and become Registered Nurses after passing the NCLEX-RN® examination.

Professor of Nursing Stephen Hadwiger was the guest speaker.

Top: **Mary Manley '14** receives her nursing pin from **Brenda Wheeler** as part of the recognition ceremony.

Right: The first ABSN cohort following the pinning ceremony. Back row, L to R: **Amanda Schaffner**, **Teresa Vodopest**, **Laura Anderson**, **Mendon Kelrick**, **Tricia Piccirillo**, **Mary Manley**. Front row, L to R: **Brooke Weseman**, **Valerie Speight**, **Katelyn Thomason**.



Student Life



World AIDS Day 2014

The nursing students held their annual candlelight memorial service at the Kirk Memorial Building on December 2, 2014. This is an annual event to commemorate those affected by Human Immunodeficiency Virus (HIV) and Acquired Immune Deficiency Syndrome (AIDS). Several poems, stories, and prevention strategies were presented throughout the memorial service. Candles were lit and a moment of silence was taken towards the end of the service to honor those affected by this disease. The event is a great opportunity to bring awareness of HIV/AIDS to the community, encourage people to get tested, and promote disease prevention and education.



Senior students assist with registration for the Health Awareness Fair activities. Back row, L to R: **Rebecca Callstrom**, **Lauren Null** Front row, L to R: **Tricia Piccirillo**, **Abigail Crew**, **Maddy Niehaus**, and **Danielle Johnston**.

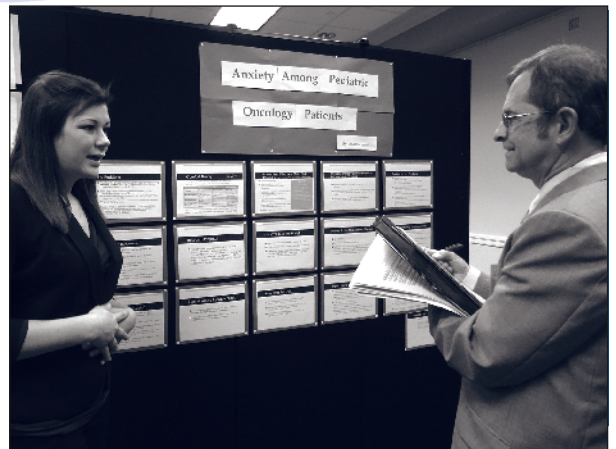
Health Awareness Week

Health Awareness Week is an annual event sponsored by the Nursing Student Association (NSA). There are a variety of events scheduled throughout the week including a Health Awareness Fair. At the fair this year, the nursing students presented information on various skin-related and mental health topics. Students in NU 280: Assessments and Fundamentals II also offered free blood pressure readings to attendees. The goal of the week was to educate and promote healthy lifestyles on campus!

In addition, the state health department, NSA, and the NU 485: Rural Public Health class provided free STI and HIV screenings to Truman students and the public.

Fall 2014 Senior Capstones of Nursing

The Fall 2014 Senior Capstones of Nursing were held Dec. 4, 2014. This event was sponsored by the Rho Omega Chapter of Sigma Theta Tau International Honor Society of Nursing and Northeast Regional Medical Center. The goals of the Rho Omega Chapter are to recognize superior achievement, to recognize the development of leadership qualities, to foster professional standards, to encourage creative work, and to strengthen commitment on the part of individuals to the ideals and purposes of the profession of nursing.



Senior **Andalee Arndt** presents her research project to **Professor Stephen Hadwiger**.

By June 1972, this program was phased out due to the inability to secure faculty, but the decision was met with concern among health care providers and the community. In October 1971, a Nursing Education Task Force was formed to reconsider a nursing education program. This task force included members from Kirksville College of Osteopathy and the community. Dr. Grace Devitt (from Pittsburgh, PA) was hired to re-open the program. Students from the previous program were the first graduates in 1971. Under the new curriculum, the first class graduated in 1976. This "edition" of



Dr. Grace Devitt

the program became a separate entity — the Division of Nursing — and had a separate degree — Bachelor of Science in Nursing (BSN). Accreditation from the NLN was attained in 1978 and continued until 2003. The BSN program was accredited by the Commission on Collegiate Nursing Education in 2002 for a 10 year period and received continued accreditation in 2012 for another 10 year period.

In 1992, restructuring at Truman resulted in the creation of a new Division of Human Potential and Performance, with the programs of Nursing, Communication Disorders, and Health and Exercise Science under its umbrella. Restructuring at the University level again occurred in 2008 with the Department of Nursing now being part of the School of Health Sciences and Education.

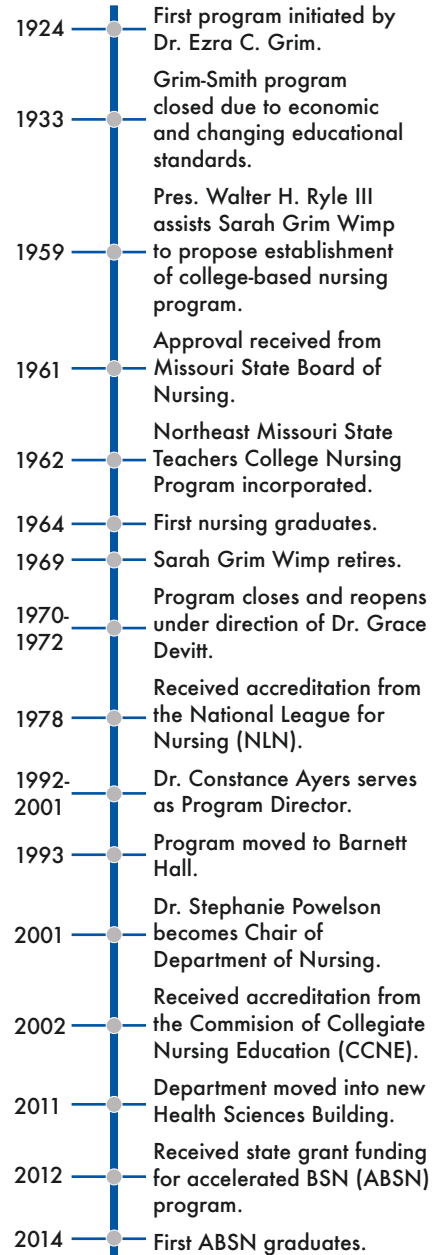
The Department of Nursing received state grant funding for an accelerated BSN (ABSBN) program in 2012, with seven ABSBN students graduating in December 2014 and two ABSBN students planning to graduate in May 2015. The first nursing education incentive grant was awarded for two years and renewed for another two years. The admission of the third ABSBN cohort is underway for summer 2015.

Nursing continues to grow in student numbers and in space allocation. In 2011 the Department moved into the new Health Sciences building, occupying the entire third floor. The learning laboratory, once a one room, two bed area in Science Hall, is now three separate areas. Computerized manikins can talk (with help), breathe, and they have replaced the old wooden dolls. Break-out rooms allow for real life simulation and recording of student interactions. The old "Dukane film strips" have been replaced by digital media.

You are invited to stop by, visit, and share memories. We need additional information about students and the program during the 1960's. Please send information to nursing@truman.edu so our history can be "fleshed out."

So when is our anniversary? Should we start counting from 1924, 1961, or 1971? How old is Truman's nursing education - 91 years, 54 years, or 44 years? Let us know what you think! Nursing at Truman is stronger than any time in our history, and we need to celebrate our achievements.

Nursing at Truman Over the Years



Mark Your Calendar for Homecoming 2015:

OCTOBER 9-11

We love to have alumni come back and visit, so get a group of your classmates together and come back to reminisce about the good times at Truman. We invite all alumni and friends to visit us at the Nursing Alumni Reception immediately following the homecoming parade.

Request for Third Party Comments for MSBN

Written and signed third-party comments will be accepted by the Missouri State Board of Nursing (MSBN) until 30 days (Sept. 19, 2015) before the visit to Truman State University's Department. Third-party comments are shared with the evaluation team, but not with the program. Please direct any comments to:

Ingeborg D. Schultz, RN, MSN, CNE
 Education Administrator
 Missouri State Board of Nursing
 3605 Missouri Blvd.
 P.O. Box 656
 Jefferson City, MO 65102

Gift/Change of Address

Send this form to **Truman State University**
Office of Advancement
100 East Normal Avenue
Kirksville, MO 63501-4221

New Address Name Change

Name (First, Last, Grad Name) Grad Year

Address

City, State, ZIP

Phone/Cell Phone E-mail

Employer

Comments and News

Please include this information in the *Truman Review*

Please send me the online newsletter, News@Truman.edu.

I would like to make a tax deductible donation to the Truman State University Nursing Program:

\$1000 \$500 \$100 \$50 \$25 Other _____

Check Discover MasterCard VISA

Account No. Exp. Date

Signature

Please make checks payable to **Truman State University Nursing Department**.

Please direct my gift to:

Nursing Lab Fund

Nursing Fund

Nursing Alumni Fund

Other _____

My employee will match my gift. The appropriate form is enclosed.

Thank you for your generous support—your help does make a difference!

Drive Code 74

Alumni News/Notes

Share your news, accomplishments, plans, travels, marriage, births, etc. Don't forget address changes so we can keep up with you. Send updates and notes to **Kimberly McDaniel**, kmcdaniel@truman.edu or to nursing@truman.edu, or by postal mail.

Sara Lloyd '08 will marry Nicholas Eltringham in June 2015 in Scotland. Nicholas is from Crook, Durham, UK. Sara is currently a captain in the US Air Force stationed at RAF Lakenheath, UK and is working as a labor and delivery nurse. The couple plans to move to Mountain Home, Idaho, in summer 2015, and Sara will continue working as a labor & delivery nurse and hopefully will start pursuing a master's degree in nursing education.

Bryan '10 & Erin (Randall) De Guzman '09 – Bryan is working on the flex team at UNC hospital, and Erin is a Psychiatric Nurse Practitioner with IPC Healthcare. The couple resides in Durham, NC with their golden doodle, Marley.

Nick '06 & Siobhan (Burns) Francis '06 live in Seattle, WA area where Siobhan worked as an ICU nurse while Nick was attending physician's assistant (PA) school. Nick is a PA and is working in three different emergency departments while Siobhan is staying home with their two children. Nick also occasionally assists with the PA program at the University of Washington. The couple has been married for nearly seven years, and they hope to return to the Midwest sometime in the future to be closer to family.

Liz (Hug) Sefcik '04 graduated from the University of South Florida's nurse anesthesia program in 2012 and is working as a CRNA at Watson Clinic. Currently resides in Lakeland, FL with her husband, Tighe, two cats, and an English Bulldog (named Truman!). Liz enjoys traveling, yoga, running, reading, and spending time with friends and family.

Katie (Weber) Stangler '03 is currently a pediatric critical care nurse practitioner in the Emergency Department with Children's Mercy Hospital in Kansas City, MO. Katie is married to **Dane Stangler '01**, and they have four young boys. The couple resides in Overland Park, KS.

A Special Request

The Department of Nursing is searching for class composites for the following years: 1979-1981, 1983-1985, 1987, 1988, 1990, 1991, 1993-1997, 1999-2001, 2003, and 2009. If you have any of these or know someone who may have access to them, please contact nursing@truman.edu or kmcdaniel@truman.edu.