

Gift/Change of Address

Send this form to Truman State University
Office of Advancement
100 East Normal Avenue
Kirksville, MO 63501-4221

New Address Name Change

Name (First, Last, Grad Name) _____ Grad Year _____

Address _____

City, State, ZIP _____

Phone/Cell Phone _____ E-mail _____

Employer _____

Comments and News

Please include this information in the *Truman Review*

Please send me the online newsletter, News@Truman.

I would like to make a tax deductible donation to the Truman State University Nursing Program:

\$1000 \$500 \$100 \$50 \$25 Other _____

Check Discover MasterCard VISA

Account No. _____ Exp. Date _____

Signature _____

Please make checks payable to **Truman State University Nursing Department.**

Please direct my gift to:

- Nursing Lab Fund
 Nursing Fund
 Nursing Alumni Fund
 Other _____

My employee will match my gift. The appropriate form is enclosed.

Thank you for your generous support—your help does make a difference!

Drive Code 74

Lesseig Family Scholarship Established

Sam and Dee Lesseig established this scholarship in March 2013 to provide financial support to outstanding Truman students.



Assistant Professor Emeritus Dee Lesseig '72 taught in the nursing program for 17 years before retiring in 1998. Following her retirement she practiced as a nurse psychotherapist until 2010. **Professor Emeritus Sam Lesseig**, who passed away this past summer, joined the Truman's mathematics faculty in 1963 and retired in May 2013 after 50 years of service. He helped establish the University's intercollegiate golf program in 1983 and continued his coaching duties until his death. The Lesseigs have three children, all of whom graduated from Truman. **Vance ('86), Corey ('88, '92) and Kristin ('88)** have all earned PhDs and are now educators. They all played varsity golf at Truman and continue to enjoy the game. Student recipients will be selected based upon financial need with preference to intercollegiate scholar-athletes. One award will go to a senior student who plans to pursue a career in nursing education or advanced practice nursing and one award will go to a senior student who has been accepted in the MAE program.

Funding Endowed Scholarships

Endowed scholarships at Truman range in value from \$15,000 to over \$3.5 million. Endowed scholarships are awarded when the principal balance reaches a minimum level of \$15,000 and the fund has generated sufficient earnings. Endowed scholarships can be established with an outright gift, pledges fulfilled over a period of years, or with a planned gift. Donors select the name, description and criteria for the scholarship with the assistance of the Advancement staff. If you are interested in learning more, contact Charles Hunsaker at 800-452-6678.

Nursing

AT TRUMAN STATE UNIVERSITY

Fall 2013 Nursing

Truman State University
100 East Normal
Kirksville, MO • 63501
(660) 785-4557
nursing@truman.edu
http://nursing.truman.edu

Community Outreach: SERVICE LEARNING

Community outreach provides nursing students with an opportunity to apply the knowledge gained through coursework to address real world issues. Outcomes of these unique opportunities include enhanced understanding and appreciation of course content, developed sense of civic responsibility, and a stronger connection between Truman and the 15 county area of northeast and central Missouri. Truman nursing students play an important role in the promotion of health and wellness as they work with a variety of health care providers and organizations to perform health screenings and education.

Truman nursing students clad in their purple polo shirts, purple scrub suits, or Truman nursing fleeces can be found assisting with a variety of health promotion activities including:

- Flu Shot Clinics
- School Health Screenings and classroom education
- Annual Campus Health Fair
- Hope's Kitchen
- Heart and Sole Walk
- Kirksville Regional Office (MO Div. of Development Disabilities)

- Salvation Army and Food Depot
- AIDS/STD Awareness and screenings

Nursing Department Chair **Dr. Stephanie Powelson**, explains, "Getting involved in the community is a wonderful learning opportunity. Once students participate in the community, it becomes real to them. They can learn leadership and build organization skills. Students are exposed to several communities and can experience diversity of smaller populations, different hospitals in different cities, and the subcultures within populations. Students help to meet identified needs in the community."

SERVICE OPPORTUNITIES

Heart and Sole Walk

Asst. Professor Susan Lambert and eight junior nursing students provided participants with blood pressure readings and body mass index (BMI) calculations. The event was sponsored by the NEMO Heart Health Corporation, a non-profit organization aimed at creating a heart safe community. "It is important for students to give back to the community and set an example of professionalism and service" says Lambert.



L-R: Juniors **Samantha Streff** and **Anna Becker**.

Elementary School Health Screening

Ashleigh Hampton '14 weighs an elementary student during a school health screening. Truman nursing students assist in health screenings at several area schools K-12. Under the supervision of **Assoc. Professor Dr. Teak Nelson**, the students perform vision exams and ear exams, listen to lung and heart sounds, take blood pressures, check for scoliosis, and record the height and weight of the students.



Development Disabilities

Assoc. Professor Teak Nelson's Human Nutrition class partnered with the Kirksville Regional Office of the Missouri Division of Developmental Disabilities. Over the semester, students applied their growing knowledge of nutritional issues and interventions to develop a series of training modules to be used by the Regional Office to enhance the nutrition services provided to their clients.



L-R: **Karla Gebhardt, RN Senior, Abigaile Howe '14, Kalina Brinning '14, Hannah Tangen '14, Nicole Marion '14, and Amanda Mills-Youth, Transition/Employment Coordinator.**

"Flu Shot" Clinic

Senior nursing students have been busy assisting with several area "Flu Shot" clinics in Adair, Knox, Schuyler, and Putnam counties. Pictured at the Knox County Flu Clinic is senior nursing students: Front row (L to R) **Josie Collett, Nicole Marion, Brittany Thompson, and Stephanie Lepper.** Back row (L to R) **Maggie Scharnhorst, Morgan Dobbie, Caitlin Hilterbrand, Sonny Phan, Asst. Professor Pam Melvin, Nikki Jerowski, and Shelby Leppin.**



Project Homeless Connect

Asst. Professor Susan Lambert supervised ten Truman nursing students including (L-R) seniors **Kayla Ridenhour, Josie Collett and Gabby Epstein** to provide health screenings to those in need. "We were excited to get the experience of blood pressure and glucose screenings and to get involved in the Kirksville community," said **Collett.** "Screenings play an important role in changing the health of the community."



School Health Education and Screenings

Tara Manillo '14 teaches 2nd grade students about germs using *Glo Germ* and how good hand washing helps to prevent the spread of disease. Nursing students spend time in the schools assisting with health education and screenings during Rural Public Health Nursing under the direction of **Asst. Professor Pam Melvin.**

Alumni News/Notes

Share your news, accomplishments, plans, travels, marriage, births, etc. Don't forget address changes so the newsletter can keep up with you. Send updates and notes to **Shirley Riley, sriley@truman.edu** or to **nursing@truman.edu**, or by postal mail.

Wauneta Salter Smith '67 remembers Myra Baiotto and thinks there were 9 students in the class of '67. She is retired after teaching nursing for approximately 40 years at Bob Jones University. She is looking for a Northeast Missouri State Teacher College Nursing pin to replace the one she lost. If anyone has any information on this please contact her at 232 Azalea Court, Greenville, SC 29615. **Christine Clemens Claeys '99** began the PNP program at the University of Missouri Kansas City last summer. **christy.claeys@gmail.com**

Joe Hassler '07 worked at Mercy Medical Center in St. Louis, MO for three years until being accepted into Southern Illinois University-Edwardsville for graduate school. He graduated from anesthesia school in December 2012 and started work as a CRNA at Mercy Hospital-Washington. He and his wife Emily welcomed their son Benjamin Wayne into the world on May 3. They live in O'Fallon, MO.

Diana Agboada '07 has been accepted to an acute care nurse practitioner program in Jacksonville, FL.

Monica Piane '07 completed her graduate degree as an ANP-Oncology at Loyola University-Chicago.

Andrea Showalter Stafos '09, ANP-BC obtained an adult nurse practitioner degree from UMKC and has specialized in diabetes care since that time. She is board certified in Advanced Diabetes Management by the American Association of Diabetic Educators and is the primary instructor for the diabetes education program at the Kansas City Diabetes Care Clinic in Overland Park, KS. **Erin (Randall) De Guzman '09** completed her graduate degree as a Psychiatric and Mental Health Nurse Practitioner at U.N.C.-Chapel Hill.

Julie Finazzo '09 completed her Master of Science in Nursing Education at Goldfarb SON in St. Louis.



Truman Nursing Class of 2013

Forty-three senior nursing students were honored at the Nursing Recognition Ceremony that took place May 10, 2013 in Baldwin Hall Auditorium. Front row L-R: **Lucy Polston, Briana Keller, Bethany Blattel, Jordan Grote, Jessica Greenwood, Kelly Schelich, Victoria Johnson, Bethany Kellermann, Emily Wolter.** 2nd Row: **Danielle Stadter, Morgan Dobbie, Ashley Slawson, Courtney Brandt, Kaitlyn Polley, Emily Fahey, Sarah Ragsdale, Hannah Schulte.** 3rd row: **Laurel Bellamy, Courtney Oxandale, Sarah Vaughan, Taylor Chambers, Caitlin Hilterbrand, Taylor Frymire, Emilee Ludy, Lyndsey Redel, Rebekah Hall, Regan Noe.** 4th row: **Erin McAndrews, Brooke Luebbing, Megan Howe, Catherine Fienup, Alycia Preston, Jessica Flieg, Rebecca Abernathy, Jessica Baker.** 5th row: **Audrey Adams, Emily Garlock, Kyle Eggemeyer, Dalton Baker, Greg Taplin, Elizabeth Hoffman, Laurie Knopik.** Not pictured: **Rachel Luttbeg.**

News in Nursing

Greetings! We recently enjoyed Truman's homecoming and some wonderful fall weather. Special thanks to the alumni traveling to Kirksville for the homecoming parade, receptions, tailgating, and athletic events, as well as the many other times alumni have visited the department.

Nursing faculty, staff, and students have been very active with service projects and community events. During the last month, nursing students have assisted with influenza vaccine clinics, school screenings, etc. Two new activities for student involvement included the Homeless Connection (a health fair and health screenings for persons with low income) and a "Heart and Sole" walk to raise funds for the American Heart Association. Many thanks to everyone involved in these (and other) events.

The Department of Nursing received the final report from Commission on Collegiate Nursing Education (CCNE) with an additional 10 years of continued accreditation (the maximum period). Thanks to our faculty, students, administration, clinical sites, alumni, and others for providing the department with such excellent outcomes in graduation, employment, NCLEX pass rates, service, and caring nurse scholars.

The department received a second nursing education incentive grant of \$150,000 to continue the accelerated (second baccalaureate) bachelor of science in nursing (ABSBN) program. The first ABSBN cohort started during Summer 2013 with 10 ABSBN students for 15 months of study. The second ABSBN cohort will start during Summer 2014 and the application period is now open.

The Rho Omega Chapter of Sigma Theta Tau International (STTI) held an induction ceremony, luncheon, and keynote address in late October. Special thanks to our chapter's leadership, Melissa Holcomb, Teak Nelson, Kit Hadwiger, Angie Shuey, Susan Lambert, and others who have assisted with recruiting, inducting, and sustaining membership.

The keynote speaker at the Rho Omega Chapter induction was Dr. Janet Head from AHEC and ATSU. Dr. Head discussed the benefits of interprofessional education, including patient safety, communication, and collaboration. Nursing students and faculty have been involved with interprofessional educational experiences for more than 10 years, including House Calls, interprofessional team visits with elders. Fall 2013 is the last semester for House Calls, and a new program is underway called Health Partners. Special thanks to Dr. Head for her presentation and many years of student, faculty, and staff collaborations between ATSU and Truman.

Faculty and staff continue to expand the use of technology in the nursing simulation center (NSC). With the two nursing education grants, the department has expanded and several clinical sites, including underserved areas.

Please enjoy the remaining days of 2013, visit us, and stay in touch!
Best wishes,
Dr. Stephanie Powelson,
Chair, Department of
Nursing



Student Life



Accelerated BSN Program begins Summer 2013

Jessica Piorkowski, BSN, RN (Clinical Adjunct Faculty) worked with five junior nursing students during the first weekend clinical experience at University Hospitals and Clinics in Columbia, MO. "I saw a lot of positive changes in the students after only one day. They worked well together as a group, offering help to each other and sharing interesting findings. The university nurses are very impressed with their eagerness to participate and learn". L-R: **Teresa Vodapest ABSN '14, Kelsey Heuer '15, Piorkowski, Rebecca Callstrom '15, Ellie Cayuoti '15, and Megan Ward '15.** **Assoc. Professor Brenda Wheeler** is the coordinator of this clinical experience.

Nursing Receives \$150,000 Grant

The Nursing Department received a Nursing Education Incentive Grant for the maximum amount of \$150,000. The grant was awarded to organizations to expand the Accelerated Bachelor of Science in Nursing (ABSBN) program. The funds will help meet increased demand, create market-competitive salary and benefit packages needed to attract and retain highly qualified faculty for didactic and clinical teaching, add at least two clinical/instructional adjunct faculty positions to increase the frequency of nursing course offerings, expand clinical sites and partnerships and to increase recruitment efforts for prospective ABSBN students.



This is the second time the nursing department has received this grant. Truman was one of seven schools in Missouri to receive an Education Incentive Grant. For more information, visit mdhe.mo.gov/NursingGrantRecipients2013.php.

STAPH Camp

Truman Nursing hosted the STAPH (Summer Talent Academy for the Professions of Health) camp for high school students in the Nursing Simulation Center (NSC) on July 17. **Asst. Professor and Coordinator of the NSC Pam Melvin, Department Chair Stephanie Powelson, Assoc. Professor Melissa Holcomb,** and senior nursing students **Emily Garlock** and **Shelby Leppin**, assisted the students with four hands-on simulation stations designed to help them learn about the nursing profession. Simulator "Herman Munster" (with his head bandaged) joined the group for a photo.

Station 1: "Herman Munster Takes a Go-Cart Ride!" The students were asked to assess the patient (Herman) and the hospital room to find the 17 patient safety issues/errors that are in the room.

Station 2: "Ima Payne has Pneumonia!" This scenario involved hands-on patient (manikin) fun to assess vital signs, listen to heart & lung sounds, and interact with the Mrs. Payne in a simulated hospital environment.

Station 3: "Briana Pops" Briana is a teenager who has a precipitous delivery. Students wore the pregnant suit and became "over the top actors".

Station 4: "Your Future in Nursing" in the computer lab. This free program gave the students on-line exposure to a simulated environment with 8 scenarios in the hallways of New Horizons. <http://www.discovernursing.com/your-future-in-nursing>

IN THE Spotlight



Study Abroad in the Philippines

Last May, 16 senior-level nursing students embarked on a three week study abroad for an experience of a lifetime in the Philippines. **Professors Steve and Kit Hadwiger** organized, planned and supervised the students. From Manila to Iloilo City, the students participated in healthcare settings such as Labor and Delivery at Jose R. Reyes Memorial Medical Center, public health visits at a Gawad Kalinga Village (a new concept of housing for the homeless), women's health at a social hygiene clinic, and a variety of others. Not only did these students practice technical hands on training, but they also were able to learn about a different culture. **First row L-R: Kit Hadwiger, Carly Moriarty, Tara Manillo, Meghan Krepel, Katey Carlton, Kayla Ridenhour, Josie Collett** **Second row: Gabby Epstein, Bailey Ross, McCall Oliver, Sonny Phan, Brittany Thompson, Nicole Marion, Jessica Curl, Hannah Tangen, Andrea Grojean, Mallory Eubank, and Steve Hadwiger.**

Nursing Preceptors of the Year 2013

Each year highly qualified registered nurses are selected to serve as role models and mentors for Truman State University nursing students. These RN preceptors assist the faculty and students in meeting



Community Preceptor of the Year 2012-2013: Teresa Doss (center), BSN RN for her work with students at the Brookfield R-III School District.

Nurrenbern Speaks at Capstone

Gregory Nurrenbern '05 MSN, FNP returned to campus as the keynote speaker for the 13th annual Capstones in Nursing. He spoke



about his experience in the Peace Corps where he and his wife Maggie, served as volunteers in Ecuador from 2007-2009. In 2011 he received a Master of Science in Nursing degree from UMKC

and currently works as an FNP with the Samuel Rodgers Health Center in Kansas City. After graduation, Nurrenbern went to work in the ICU at the Truman Medical Center.



Rho Omega Scholarship Recipient

Shelby Leppin '14 (left) was awarded the Rho Omega Chapter of the Sigma Theta Tau, International Nursing Honor Society Scholarship by **President Melissa Blagg Holcomb.** This scholarship is awarded yearly to a Junior Truman Nursing Student based upon an essay application detailing a patient education plan for a chronic illness.

course objectives in selected clinical areas. Preceptors of the Year are selected by faculty and senior nursing students and were recognized May 2, 2013 at the Capstones of Nursing Luncheon.



Acute Care Preceptor of the Year 2012-2013: Dan Holte (2nd from left), BSN RN for his work with students in the Emergency Department of Northeast Regional Medical Center.