

## Health Science (BS), Pre-Occupational Therapy/Pre-Athletic Training Concentration

### Semester 1

- TRU 120: First Year Seminar (3 cr)
- **HLTH 255: Intro to Community and Public Health** (3 cr)
- MATH 120: Quantitative Reasoning (3 cr)
- ENG 190: Writing as Critical Thinking (3 cr)
- Missouri Statute course (1-4 cr)

### Semester 3

- Elementary Foreign Language I (3 cr)
- PSYC 166: General Psychology (3 cr)
- COMM 170: Public Speaking (3 cr) **OR** COMM 252: Interpersonal Communication (3 cr)
- Dialogues Curriculum course (3 cr) (*Arts & Humanities Perspective recommended*)
- STEM Perspective Course (*CHEM 100 OR CHEM 130 recommended for concentration Selectives*)

### Semester 5

- **HLTH 366: Program Assessment & Planning** (3 cr)
- PSYC 366: Psychology of Abnormal Behavior (3 cr)
- **Concentration Selective** (3 cr) (*see Catalog for options*)
- **Concentration Selective** (3 cr) (*see Catalog for options; WE recommended*)
- Bachelor of Science Requirement course (4 cr)

### Semester 7

- **HLTH 200: Medical Terminology** (2 cr)
- **Concentration Selective** (3 cr) (*see Catalog for options*)
- Dialogues Curriculum course (3 cr) (*Arts & Humanities Perspective recommended*)
- Elective courses (6 cr)

\* Register for the CHES Exam (Senior Test)

### Semester 2

- **HLTH 270: Health Systems and Consumers** (3 cr)
- **HLTH 290: Public Health Education Principles** (3 cr)
- STAT 190: Basic Statistics (3 cr)
- BIOL 100: Biology (4 cr) **OR** BIOL 107: Cells, Molecules, and Genes (4 cr)
- SOAN 190: Sociological Inquiry (3 cr) **OR** SOAN 191: Anthropological Inquiry (3 cr)

### Semester 4

- Elementary Foreign Language II (3 cr)
- **HLTH 349: WE/Research Methods in Health Science** (3 cr)
- **HLTH 325: Health Management and Policy** (3 cr)
- PSYC 377: Developmental Psychology (3 cr)
- Dialogues Curriculum course (3 cr) (*Arts & Humanities Perspective recommended*)

### Semester 6

- **HLTH 410: Health Communication Methods** (3 cr)
- BIOL 325: Human Physiology (4 cr)
- JINS 3XX: WE/Junior Interdisciplinary Seminar (3 cr)
- Elective courses (6 cr)

\* If pursuing graduate studies, we suggest taking the GRE (and review course, if desired)

### Semester 8

- **HLTH 440: Program Implementation & Evaluation** (3 cr)
- **HLTH 400: CHES Exam Review** (1 cr)
- Dialogues Curriculum course(s) and Elective courses to complete degree (8 cr)

\* Take CHES Exam in October (Senior Test)

### NOTES:

- (^) -- All students must complete Perspectives requirements. Health Science Pre-OT/AT concentration students are specifically **required** to complete **BIOL 107** or **BIOL 100**, **CHEM 100** or **CHEM 130**, and **PSYC 166** to fulfill Required Support.
- WE = Writing Enhanced course
- The Writing Enhanced (WE) course requirements are met by completing HLTH 320 (as an elective in the major or another WE course in any area), HLTH 349, and JINS 3XX.
- See course pre-requisites at [catalog.truman.edu](http://catalog.truman.edu).
- You are encouraged to use these materials in conjunction with the Truman Catalog and Degree

Works (available on TruView) as a guide in planning your progress toward completion of degree requirements. The Office of the Registrar is responsible for certifying completion of degree requirements based on requirements specified in the catalog.

- If you have not completed the Civics Exam, we recommend doing so in your **first year**.
- Truman students are required to complete a [Portfolio](#) to graduate. We recommend starting to compile your work for the Portfolio sooner than later.
- Students must complete their Application to Graduate **the semester prior to graduating**. Apply to graduate through TruView.
- Graduating seniors need to complete their seniors test and questionnaire. We recommend reviewing the [Assessment & Testing page](#) to plan accordingly.
- **The Dialogues curriculum** requires a certain number of courses/credit hours in the following Perspectives: Social, Arts and Humanities, STEM, Communications, and Statistics. The exact number of courses a student will be required to take during their undergraduate career varies individually according to the credit transferred in.

**Department Chair:** Please contact the [Center for Academic Excellence](#) with any updates to the plan above. Revised 2/24/2025