Sample Four Year Plan

Health Science (BS), Community, Worksite, and Public Health Concentration

Semester 1
- TRU 120: First Year Seminar (3 cr)
- HLTH 255: Intro to Community and Public Health (3 cr)
- MATH 120: Quantitative Reasoning (3 cr)
- ENG 190: Writing as Critical Thinking (3 cr)
- Elementary Foreign Language I (or as placed) (3 cr)

Semester 2
- HLTH 270: Health Systems and Consumers (3 cr)
- HLTH 290: Public Health Education Principles (3 cr)
- BIOL 100: Biology (4 cr), **OR** BIOL 107: Cells, Molecules, and Genes (4 cr) ^
- STAT 190: Basic Statistics (3 cr)
- Elementary Foreign Language II (or as placed) (3 cr)

Semester 3
- HLTH 405: Global Public Health (3 cr) **OR** HLTH 467: Introduction to Epidemiology (3 cr)
- HLTH 320: WE/Patient Education & Clinical Health Promotion (3 cr) *(CWPH Selective; see Catalog for all options)*
- COMM 170: Public Speaking (3 cr) **OR** COMM 252: Interpersonal Communication (3 cr)
- Dialogues Curriculum course (3-4 cr) *(STEM Perspective recommended)*
- Dialogues Curriculum course (3 cr) *(Arts & Humanities Perspective recommended)*

Semester 4
- HLTH 349: WE/Research Methods in Health Science (3 cr) ^
- HLTH 325: Health Management and Policy (3 cr)
- BIOL 325: Human Physiology (4 cr)
- PSYC 166: General Psychology (3 cr) ^
- Dialogues Curriculum course (3 cr) *(Arts & Humanities Perspective recommended)*

Semester 5
- HLTH 405: Global Public Health (3 cr) **OR** HLTH 467: Introduction to Epidemiology (3 cr)
- HLTH 366: Program Assessment & Planning (3 cr)
- HLTH 410: Health Communication Methods (3 cr)
- JINS 3XX: WE/Junior Interdisciplinary Seminar (3 cr) ^
- Missouri Statute requirement *(HIST 2100 recommeded)*

Semester 6
- HLTH 455: School Health Programs (3 cr) **OR** HLTH 480: Worksite Health (3 cr)
- CWPH Concentration course (3 cr) *(see Catalog for all options)*
- Dialogues Curriculum course (3 cr) *(Arts & Humanities Perspective recommended)*
- Bachelor of Science Requirement course (3 cr)
- Elective course (3 cr)

Junior Summer Session
- HLTH 460: Internship in Health Education (6 cr)
- CWPH Concentration course (3 cr) *(see Catalog for all options)*
- Elective course(s) (6 cr)

* *Register for the CHES Exam (Senior Test)*

Senior Fall Semester
- **HLTH 440: Program Implementation & Evaluation** (3 cr)
- **HLTH 400: CHES Exam Review** (1 cr)
- **HLTH 455: School Health Programs** (3 cr) OR **HLTH 480: Worksite Health** (3 cr)
- Dialogues Curriculum course(s) and Elective courses to complete degree (7 cr)

* *Take CHES Exam in April/October (Senior Test)*

NOTES:

- Total required hours: 120
- (^) = All students must complete Dialogues Perspectives requirements. Health Science Community Worksite and Public Health concentration students are specifically **required** to complete **BIOL 107** or **BIOL 100** and **PSYC 166** to fulfill Required Support. The Writing Enhanced (WE) course requirements are met by completing HLTH 320 (as an elective in the major or another WE course in any area), HLTH 349, and JINS 3XX.

- See course pre-requisites at catalog.truman.edu.
- You are encouraged to use these materials in conjunction with the Truman Catalog and Degree Works (available on TruView) as a guide in planning your progress toward completion of degree requirements. The Office of the Registrar is responsible for certifying completion of degree requirements based on requirements specified in the catalog.
- WE = Writing Enhanced course
- If you have not completed the Civics Exam, we recommend doing so in your **first year**.
- Truman students are required to complete a Portfolio to graduate. We recommend starting to compile your work for the Portfolio sooner than later.
- Students must complete their Application to Graduate **the semester prior to graduating**. Apply to graduate through TruView.
- Graduating seniors need to complete their seniors test and questionnaire. We recommend reviewing the Assessment & Testing page to plan accordingly.
- **The Dialogues curriculum** requires a certain number of courses/credit hours in the following Perspectives: Social, Arts and Humanities, STEM, Communications, and Statistics. The exact number of courses a student will be required to take during their undergraduate career varies individually according to the credit transferred in.

Department Chair: Please contact the Center for Academic Excellence with any updates to the plan above. Revised 3-9-2026