

Health Science (BS), Individualized Concentration

Semester 1

- TRU 120: First Year Seminar (3 cr)
- HLTH 255: Intro to Community and Public Health (3 cr)
- MATH 120: Quantitative Reasoning (3 cr)
- ENG 190: Writing as Critical Thinking (3 cr)
- Dialogues Curriculum course (3 cr) (*Arts & Humanities Perspective recommended*)

Semester 3

- HLTH 320: WE/Patient Education & Clinical Health Promotion (3 cr) (*CWPH Selective; see [Catalog](#) for all options*)
- Elementary Foreign Language I (*or as placed*) (3 cr)
- PSYC 166: General Psychology (3 cr)
- COMM 170: Public Speaking (3 cr) **OR** COMM 252: Interpersonal Communication (3 cr)
- Dialogues Curriculum course (3 cr) (*STEM Perspective recommended*)

Semester 5

- HLTH 405: Global Public Health (3 cr) **OR** HLTH 467: Introduction to Epidemiology (3 cr)
- HLTH 366: Program Assessment & Planning (3 cr)
- HLTH 410: Health Communication Methods (3 cr)
- Concentration Selective course (3 cr) (*see [Catalog](#) for all options*)
- Missouri Statute requirement (*HIST 2100 recommended*)

Semester 7

- Concentration Selective courses (6 cr) (*see [Catalog](#) for all options*)
- Elective courses (9 cr)

* Register for the [CHES Exam](#) (Senior Test)

Semester 2

- HLTH 270: Health Systems and Consumers (3 cr)
- HLTH 290: Public Health Education Principles (3 cr)
- BIOL 100: Biology (4 cr) **OR** BIOL 107: Cells, Molecules, and Genes (4 cr)
- STAT 190: Basic Statistics (3 cr)
- Dialogues Curriculum course (3 cr) (*Arts & Humanities Perspective recommended*)

Semester 4

- HLTH 349: WE/Research Methods in Health Science (3 cr)
- HLTH 325: Health Management and Policy (3 cr)
- Elementary Foreign Language II (3 cr)
- Bachelor of Science Requirement course (3 cr)
- Dialogues Curriculum course (3 cr) (*Arts & Humanities Perspective recommended*)

Semester 6

- Concentration Selective courses (9 cr) (*see [Catalog](#) for all options*)
- BIOL 325: Human Physiology (4 cr)
- JINS 3XX: WE/Junior Interdisciplinary Seminar (3 cr)

Semester 8

- HLTH 440: Program Implementation & Evaluation (3 cr)
- HLTH 400: CHES Exam Review (1 cr)
- Dialogues Curriculum course(s) and Elective courses to complete degree (9 cr)

* Take [CHES Exam](#) in April/October (Senior Test)

NOTES:

- Total required hours: 120
- See course pre-requisites at catalog.truman.edu.
- You are encouraged to use these materials in conjunction with the Truman Catalog and Degree Works (available on TruView) as a guide in planning your progress toward completion of degree requirements. The Office of the Registrar is responsible for certifying completion of degree requirements based on requirements specified in the catalog.
- WE = Writing Enhanced course
- If you have not completed the Civics Exam, we recommend doing so in your **first year**.
- Truman students are required to complete a Portfolio to graduate. We recommend starting to compile your work for the Portfolio sooner than later.
- Students must complete their Application to Graduate **the semester prior to graduating**. Apply to graduate through TruView.

- Graduating seniors need to complete their seniors test and questionnaire. We recommend reviewing the Assessment & Testing page to plan accordingly.
- **The Dialogues curriculum** requires a certain number of courses/credit hours in the following Perspectives: Social, Arts and Humanities, STEM, Communications, and Statistics. The exact number of courses a student will be required to take during their undergraduate career varies individually according to the credit transferred in.

Department Chair: Please contact the Center for Academic Excellence with any updates to the plan above. Revised 3-9-2026