



## Health Science (BS), Pre-Occupational Therapy/Pre-Athletic Training concentration

The following plan is possible on the presumption that an incoming student has an Associate of Arts (AA) degree and has completed the equivalent to **BIOL 100, CHEM 100, PSYC 166, SOAN 190 or 191, HLTH 200, foreign language, and Missouri Statute requirement** prior to enrolling at Truman State University. This plan is one suggestion for sequencing major courses for students. There are other ways to sequence major courses, therefore students are encouraged to consult with their academic advisor to make strategic academic decisions about which courses to take each semester.

### FALL - Semester 1

- HLTH 255: Intro to Community and Public Health (3 cr)
- HLTH 290: Public Health Education Principles (3 cr)
- STAT 190: Basic Statistics (3 cr) (*unless already completed as part of AA degree*)
- PSYC 377: Developmental Psychology (3 cr)

### FALL - Semester 3

- HLTH 366: Program Assessment & Planning (3 cr)
- HLTH 410: Health Communication Methods (3 cr)
- Concentration Selective course (3 cr) (*HLTH 467: Introduction to Epidemiology (3 cr) OR ES 345: Exercise Physiology (3 cr) recommended; see [Catalog](#) for all options*)
- Concentration Selective course (3 cr) (*HLTH 320 recommended; see [Catalog](#) for all options*)
- PSYC 366: Psychology of Abnormal Behavior (3 cr)

\* Register for the [CHES Exam](#) (Senior Test)

### SPRING - Semester 2

- HLTH 325: Health Management and Policy (3 cr)
- HLTH 349: WE/Research Methods in Health Science (3 cr)
- Concentration Selective course (3 cr) (*ES 369 recommended; see [Catalog](#) for all options*)
- BIOL 325: Human Physiology (4 cr)
- JINS 3XX: WE/Junior Interdisciplinary Seminar (3 cr)

### SPRING - Semester 4

- HLTH 270: Health Systems and Consumers (3 cr)
- HLTH 400: CHES Exam Review (1 cr)
- HLTH 440: Capstone: Program Implementation and Evaluation (3 cr)
- Bachelor of Science requirement course (*BIOL 365/365L recommended; see [Catalog](#) for all options*)
- Concentration Selective course (3 cr) (*see [Catalog](#) for all options*)

\*Take [CHES Exam](#) in April/October (Senior Test)

### NOTES:

- WE = Writing Enhanced. The Writing Enhanced (WE) course requirements are met by completing **HLTH 320** (as an elective in the major or another WE course in any area), **HLTH 349**, and **JINS 3XX**.
- (^) Health Science Pre-OT/AT concentration students are specifically required to complete **BIOL 100** or **BIOL 107**, **CHEM 100** or **CHEM 130**, and **PSYC 166** to fulfill Required Support.
  - Students may also need to request override for some classes.

**Department Chair:** Please contact the Center for Academic Excellence ([advise@truman.edu](mailto:advise@truman.edu)) with any updates to the plan above. Updated 3-9-2026