

**Q\* MACHB 2022**

Truman State University  
 Created by: Kayleigh Greenwood & Jackie  
 McKenzie  
 Date: 05/25/2022

	7
<b>PIP24</b>	<b>Truman</b>
6705	323
18%	32%

N=

Return Rate

**DEMOGRAPHIC & ENFORCEMENT  
 QUESTIONS**

Q2	Age		
18	18	14%	19%
19	19	24%	32%
20	20	20%	21%
21	21	17%	16%
22	22	9.8%	9.6%
23	23	3.1%	1.2%
24	24	1.9%	0.6%
25	25 or older	11%	0.6%
<b>Q2_1</b>	<b>Age Under 21 (U21)</b>		
0	Over 21	42%	28%
1	Under 21	58%	72%
<b>Q3</b>	<b>Gender: (Check all that apply)</b>		
1	Woman	59%	50%
2	Man	37%	39%
3	Transgender person Gender Queer/Gender Non-conforming (e.g. Genderfluid, Third-gender, Amalgagender, Demigender, Bigender, Pangender, Agender)	1.2%	3.4%
4	Demigender, Bigender, Pangender, Agender)	3.2%	8.4%
5	Self-identify (please specify)	0.7%	0.6%
99	I prefer not to respond	0.6%	2.2%
<b>Q4</b>	<b>Biological sex</b>		
0	Female	61%	58%
1	Male	38%	41%
2	Intersex	0.0%	0.0%
99	I prefer not to respond	0.8%	1.9%
<b>Q5</b>	<b>Specific GPA's Available</b>		
<b>C_Q5</b>	<b>Cumulative GPA Range</b>		
1	<1.0	0.1%	0.0%
2	1.0-1.49	0.1%	1.0%
3	1.5-1.99	0.6%	0.0%
4	2.0-2.49	2.9%	1.7%
5	2.5-2.99	11%	9.4%
6	3.0-3.49	26%	25%
7	3.5-3.99	48%	48%
8	4.00	12%	15%

<b>Q6 Racial or ethnic background: (Check all that apply)</b>			
1	American Indian or Alaskan Native	2.4%	1.2%
2	Asian or Asian-American	6.4%	6.5%
3	Native Hawaiian or Other Pacific Islander	0.4%	0.3%
4	White, European-American, or Caucasian	80%	89%
5	Black, African-American, or Native African	8.6%	2.5%
6	Arab or Non-Arab North African/Middle-Eastern	0.5%	0.3%
7	Bi-racial or Multi-racial	3.4%	3.1%
8	Native Caribbean or Afro-Caribbean Islander	0.3%	0.0%
9	Hispanic or Latino	5.6%	3.4%
10	Other (please specify)	0.5%	0.9%
99	I prefer not to respond	1.1%	1.5%
<b>Q7 Sexual Orientation (Check all that apply)</b>			
1	Bisexual	12%	15%
2	Gay	2.3%	4.0%
3	Lesbian	2.3%	2.2%
4	Heterosexual/Straight	76%	65%
5	Queer	3.5%	8.0%
6	Questioning	3.2%	7.1%
7	Asexual/Aromantic	2.2%	4.3%
8	Pansexual	2.6%	6.2%
9	Other (please specify)	0.7%	0.6%
99	I prefer not to respond	2.2%	2.2%
<b>Q8 Are you the first generation in your immediate family to attend college?</b>			
0	No	74%	83%
1	Yes	26%	16%
99	I prefer not to respond	0.6%	0.6%
<b>Q9 What is your current year in school?</b>			
1	Freshman (i.e. 1 year)	32%	42%
2	Sophomore (i.e. 2 years)	23%	25%
3	Junior (i.e. 3 years)	22%	18%
4	Senior (i.e. 4 years)	17%	14%
5	5 or more years (i.e. super senior)	4.4%	1.5%
6	Graduate or Professional student	0.7%	0.3%
99	I prefer not to respond	0.7%	0.0%
<b>Q10 Which of the following best applies to you?</b>			
1	Full-time student (taking in person courses)	71%	84%

2	Full-time student (taking online courses)	4.3%	0.0%
3	Full-time student (taking hybrid courses)	18%	14%
4	Part-time student (taking in person courses)	2.7%	1.2%
5	Part-time student (taking online courses)	2.4%	0.3%
6	Part-time student (taking hybrid courses)	1.1%	0.3%
	Exclusively enrolled in web-based distance		
7	learning	0.3%	0.0%
99	I prefer not to respond	0.2%	0.3%

**Please indicate your level of agreement with the following statement:**

**Q11 I feel a sense of belonging to the campus community.**

-2	Strongly Disagree	2.9%	2.5%
-1	Disagree	9.4%	13%
0	Neither agree nor disagree	23%	23%
1	Agree	47%	50%
2	Strongly Agree	18%	11%

**Q12 Are you a transfer student?**

0	No	79%	92%
1	Yes	21%	7.1%
99	I prefer not to respond	0.5%	0.9%

**Q12\_1 Did you transfer from a 2-year or 4-year school?**

1	Yes, I transferred from a 2 year institution	63%	65%
2	Yes, I transferred from a 4 year institution	34%	23%
99	I prefer not to respond	2.3%	12%

**Q13 Have you thought about transferring from your current college/university in the past 12 months?**

0	No	73%	60%
1	Yes	25%	38%
99	I prefer not to respond	1.6%	1.9%

**Q14 Have you thought of discontinuing your college/university education in the past 12 months?**

0	No	78%	72%
1	Yes	21%	27%
99	I prefer not to respond	1.1%	1.2%

**Q15 What reasons have contributed to you considering leaving your current college/university? (Check all that apply)**

1	Lack of friends/loneliness/homesick	35%	48%
2	Don't have enough money to pay for school	31%	28%

3	Difficulties keeping up with academic expectations	38%	62%
4	Lack of entertainment ('things to do') in town	24%	43%
5	My own alcohol/drug use	2.7%	4.4%
6	Others alcohol/drug use	2.6%	4.4%
7	My mental health concerns	48%	57%
8	My physical health concerns	10%	10%
9	Don't feel as if I belong on campus	25%	27%
10	My major/area of interest is not offered	11%	13%
11	Other (please specify)	20%	12%
99	I prefer not to respond	2.8%	1.9%

**Q16 While attending classes, which of these living arrangements best apply to you?**

1	On-campus residence hall	34%	57%
	On-campus university/college operated		
1.2	apartment	5.4%	3.7%
1.3	On-campus other locations	0.7%	0.0%
2	Fraternity/sorority housing	3.3%	2.8%
	Off-campus housing with roommates/friends		
3	or alone	30%	32%
	Off-campus housing with parents/other		
4	family members	25%	4.3%
	I do not have a consistent/permanent living		
5	arrangement	0.4%	0.0%
6	Other (please specify)	0.7%	0.0%
99	I prefer not to respond	0.5%	0.3%

**Q17 If you live in a social fraternity of sorority house, where is it located?**

1	In a residence hall	9.6%	11%
2	On campus, but not in a residence hall	56%	11%
3	Off campus	30%	78%
4	Other (please specify)	2.3%	0.0%
99	I prefer not to respond	1.8%	0.0%

**Q18 Height**

**Q19 Inches**

**Q20 Weight**

**Q21 In which of these campus activities or organizations are you currently involved? (Check all that apply)**

1	Religious groups	18%	20%
2	Honors/academic/professional clubs	41%	41%
3	Service/volunteer groups	22%	21%
4	Student government	5.0%	3.2%

5	IFC Fraternity or Interfraternity Council Fraternity	6.3%	14%
6	PHA Sorority or Panhellenic Association Sorority	9.5%	7.9%
7	NPHC Fraternity/Sorority or National Pan-Hellenic Council Fraternity/Sorority	3.3%	3.9%
8	Multicultural Fraternity/Sorority	1.7%	1.4%
9	Intercollegiate/varsity athletics	10%	9%
10	Sports clubs/Intramural	22%	29%
11	Arts (music, theater, visual art, animation, dance) group	14%	17%
12	Multicultural/International	4.7%	2.5%
13	Armed services/ROTC	1.5%	2.5%
14	Political	3.4%	8.2%
15	Residential Life (as an employee or volunteer)	5.8%	6.8%
16	Marching Band	3.8%	6.8%
17	Social justice/LGBTQ	6.6%	8.6%
18	Campus media/campus journalism	3.3%	3.9%
19	Other (please specify)	13%	10%
0	I am not involved in any campus activity/organization	13%	4.3%
99	I prefer not to respond	2.9%	1.4%

**Q22 Have you held a leadership position in any of these activities?**

0	No	70%	50%
1	Yes, currently	23%	37%
2	Yes, previously	6.2%	10%
99	I prefer not to respond	1.2%	2.5%

**Q23 In association with organizational involvement, was there any activity expected of someone joining or participating in the group? (Check all that apply)**

1	I have never been involved in an organization	27%	11%
2	Participate in a drinking game	3.0%	4.5%
3	Drink large amounts of a non-alcoholic beverage	0.9%	1.7%
4	Sing or chant alone or with other group members in public (not related to an event, game, or practice)	3.7%	4.5%
5	Associate with specific people and not others	1.9%	2.1%
6	Drink large amounts of alcohol to the point of getting sick or passing out	0.7%	0.7%

7	Deprive yourself of sleep	2.6%	1.7%
8	Be screamed, yelled, or cursed at by other members	1.8%	1.7%
9	Be awakened during the night by other members	1.1%	0.7%
10	Attend a skit or roast where other members of the group are humiliated	0.9%	0.3%
11	Endure harsh weather conditions without appropriate clothing	0.8%	0.7%
12	Perform unwanted sex acts	0.2%	0.0%
13	Forced physical activity	1.1%	1.0%
14	Personal servitude	0.4%	0.0%
15	Wear clothing that is embarrassing and not part of a uniform	0.4%	0.0%
16	Other (please specify)	0.8%	1.4%
0	None of the above	87%	88%
99	I prefer not to respond	3.7%	2.4%

**Q24 At which organization did the previous activities occur? (Check all that apply)**

1	Religious groups	3.2%	2.9%
2	Honors/academic/professional clubs	6.0%	2.9%
3	Service/volunteer groups	2.8%	0.0%
4	Student government	0.9%	0.0%
5	IFC Fraternity or Interfraternity Council		
	Fraternity	10%	15%
	PHA Sorority or Panhellenic Association		
6	Sorority	12%	15%
7	NPHC Fraternity/Sorority or National Pan-Hellenic Council Fraternity/Sorority	4.9%	18%
8	Multicultural Fraternity/Sorority	1.6%	0.0%
9	Intercollegiate/varsity athletics	5.5%	2.9%
10	Sports clubs/Intramural	5.1%	0.0%
11	Arts (music, theater, visual art, animation, dance) group	2.8%	2.9%
12	Multicultural/International	0.3%	0.0%
13	Armed services/ROTC	1.3%	0.0%
14	Political	0.0%	0.0%
15	Residential Life (as an employee or volunteer)	2.1%	0.0%
16	Marching Band	1.9%	2.9%
17	Social justice/LGBTQ	0.8%	2.9%
18	Campus media/campus journalism	0.5%	0.0%
19	Other (please specify)	4.1%	0.0%
0	I am not involved in any campus activity/organization	70%	48%
99	I prefer not to respond	32%	35%

**Q25**

**Did you consider any of these activities to humiliate, degrade, abuse, or endanger yourself/someone else regardless of a person's willingness to participate?**

0	No	77%	70%
1	Yes	17%	15%
99	I prefer not to respond	6.1%	15%

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PIP24 Truman  
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POLICY			
<b>Q26</b>	<b>Does your campus _____ ?</b>		
<b>Q26_1</b>	<b>Provide a program or information about alcohol and drug prevention</b>		
0	No	2.7%	3.4%
1	Yes	68%	59%
88	Unsure	29%	38%
99	I prefer not to respond	0.4%	0%
<b>Q26_2</b>	<b>Have a sexual violence policy</b>		
0	No	0.9%	1.5%
1	Yes	88%	88%
88	Unsure	10%	10%
99	I prefer not to respond	0.4%	0%
<b>Q26_3</b>	<b>Have a tobacco/smoke-free policy</b>		
0	No	1.4%	1.2%
1	Yes	83%	83%
88	Unsure	16%	16%
99	I prefer not to respond	0.5%	0%
<b>Q27</b>	<b>Do you believe that your campus _____ policies are consistently enforced?</b>		
<b>Q27_1</b>	<b>Alcohol and other drugs</b>		
0	No	21%	26%
1	Yes	44%	36%
88	Unsure	34%	38%
99	I prefer not to respond	0.9%	0%
<b>Q27_2</b>	<b>Sexual violence</b>		
0	No	17%	20%
1	Yes	50%	42%
88	Unsure	32%	39%
99	I prefer not to respond	0.6%	0%
<b>Q27_3</b>	<b>Tobacco/smoke-free</b>		
0	No	19%	28%
1	Yes	47%	39%
88	Unsure	33%	33%
99	I prefer not to respond	0.7%	0.3%
<b>Q28</b>	<b>Do you believe that your campus is concerned about _____ ?</b>		



<b>Q28_1 The prevention of alcohol and drug use</b>			
0	No	15%	17%
1	Yes	63%	57%
88	Unsure	22%	26%
99	I prefer not to respond	0.6%	0%
<b>Q28_2 Sexual violence</b>			
0	No	12%	13%
1	Yes	71%	62%
88	Unsure	17%	25%
99	I prefer not to respond	0.6%	0%
<b>Q28_3 Tobacco/Nicotine product use</b>			
0	No	20%	25%
1	Yes	55%	50%
88	Unsure	25%	25%
99	I prefer not to respond	0.6%	0%
<b>Q29 Which of the following statements do you believe best describes your campus cannabis/marijuana policy?</b>			
1	Cannabis is allowed on campus, but not in the residence halls/on-campus living	1.7%	0.3%
2	Cannabis is allowed on campus, but only with a valid medical card	4.1%	5.3%
3	Cannabis is not allowed on campus at all	59%	64%
4	I am unsure	35%	31%
99	I prefer not to respond	0.8%	0.3%
<b>Q30 Does your campus have a campus recovery program, organization, or center?</b>			
0	No	6%	14%
1	Yes	16%	9.6%
88	Unsure	77%	77%
99	I prefer not to respond	0.7%	0%

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**ALCOHOL****Q32 How old were you when you first started drinking alcohol?**

0	Never used alcohol	28%	28%
12	12 or younger	1.9%	1.9%
13	13	1.4%	0.6%
14	14	3.5%	2.6%
15	15	7.1%	5.1%
16	16	12%	7.4%
17	17	9.9%	14%
18	18	18%	24%
19	19	6.4%	9.3%
20	20	3.4%	2.9%
21	21	8.0%	4.5%
22	22	0.5%	0.0%
23	23	0.1%	0.0%
24	24 or older	0.4%	0.0%

**Q33 Do you identify as someone that is in recovery from an alcohol or other drug addiction/substance use disorder?**

0	No	96%	96%
1	Yes	3.4%	3.4%
99	I prefer not to respond	0.7%	0.3%
	Yes & PNR	4.1%	3.7%

**Q34 What recovery format do you primarily practice?**

1	12 Step Program	12%	18%
2	Treatment or Counseling based	19%	9.1%
3	Moderation Management/Harm-reduction	26%	36%
4	Other (please specify)	25%	27%
99	I prefer not to respond	18%	9.1%

**Q35 Have you participated in or with your campus recovery program, organization, or center?**

0	No	85%	0.0%
1	Yes	9.8%	0.0%
2	Unsure	4.9%	0.0%

**Q36 Have you consumed alcohol in the past 12 months?**

0	No	35%	33%
1	Yes	65%	68%

**Q37 On which days/nights of the week do you typically consume alcohol? For each day/night you typically drink, please note the number of alcoholic drinks (One drink is equal to 12 oz. of beer, 5oz. of wine, or 1.5 oz. of liquor) that you consume (enter 0 if you do not drink on those nights):**

**Q37\_1 Beer/Seltzers**

1	Monday	0.07	0.02
2	Tuesday	0.08	0.03
3	Wednesday	0.11	0.02
4	Thursday	0.27	0.16
5	Friday	0.88	1.10
6	Saturday	1.05	1.21
7	Sunday	0.11	0.05
	Total beers/seltzers in a week	2.49	2.52

**Q37\_2 Malt liquor/Craft beer**

1	Monday	0.01	0.02
2	Tuesday	0.02	0.02
3	Wednesday	0.02	0.02
4	Thursday	0.03	0.03
5	Friday	0.08	0.14
6	Saturday	0.10	0.12
7	Sunday	0.02	0.02
	Total malt liquor/craft beers in a week	0.27	0.35

**Q37\_3 Wine**

1	Monday	0.03	0.03
2	Tuesday	0.03	0.04
3	Wednesday	0.06	0.05
4	Thursday	0.06	0.07
5	Friday	0.21	0.28
6	Saturday	0.22	0.11
7	Sunday	0.07	0.07
	Total wine in a week	0.65	0.62

**Q37\_4 Liquor**

1	Monday	0.04	0.06
2	Tuesday	0.05	0.06
3	Wednesday	0.06	0.04
4	Thursday	0.17	0.19
5	Friday	0.59	0.67
6	Saturday	0.76	0.90
7	Sunday	0.09	0.09

Total liquor in a week	1.70	1.96
Total drinks (all types) in a week	5.11	5.45

**Quick Look at Alcohol Numbers--All Students**

Q39-Q40	Binge Drinkers--Two Hour Definition	24%	25%
Q39	Binge Drinkers (Male)--Two Hour Definition	24%	25%
Q40	Binge Drinkers (Female)--Two Hour Definition	23%	25%
	Binge Drinkers (Greek)--Two Hour Definition	38%	39%
	Binge Drinkers (U21) --Two Hour Definition	22%	22%
Q42-Q43	Binge Drinkers--Past 30 days	30%	35%
Q42	Binge Drinkers (Male)--Past 30 days	29%	35%
Q430	Binge Drinkers (Female)--Past 30 days	31%	34%
	Binge Drinkers--Past 30 days (Greek)	47%	47%
	Binge Drinkers--Past 30 days (U21)	27%	30%

**Q38 Number of Days (in Past Two Weeks) Drank Available**

**C\_Q38 Please indicate the number of days you drank in the past 2 weeks:**

0	I did not drink in the past 2 weeks	55%	54%
1	1-2 days	21%	21%
2	3-5 days	19%	22%
3	6-8 days	3.6%	1.3%
4	9-11 days	0.8%	0.7%
5	12-14 days	0.6%	0.0%

**Q39 Think over the past two weeks. How many times have you had 5 or more drinks within a 2 hour period? (Males)**

0	0	76%	75%
1	1	9.1%	7.4%
2	2	6.2%	9.8%
3	3	2.9%	3.3%
4	4	2.4%	2.5%
5	5	1.2%	0.0%
6	6	0.7%	1.6%
7	7	0.3%	0.0%
8	8	0.2%	0.0%
9	9	0.1%	0.0%
10	10 or more	0.6%	0.8%

**Q40 Think over the past two weeks. How many times have you had 4 or more drinks within a 2 hour period? (Females)**

0	0	77%	75%
1	1	11%	13%
2	2	6.9%	7.4%
3	3	2.8%	2.8%
4	4	1.9%	1.1%
5	5	0.6%	0.0%
6	6	0.2%	0.6%
7	7	0.1%	0.0%
8	8	0.1%	0.0%
9	9	0.0%	0.0%
10	10 or more	0.2%	0.0%

**Q41 Specific Number of Days (in Past 30 days)  
Drank Available**

**C\_Q41 Please indicate the number of days you  
drank in the past 30 days:**

0	I did not drink in the past 30 days	47%	45%
1	1-2 days	7.0%	9.2%
2	3-5 days	20%	20%
3	6-9 days	15%	17%
4	10-19 days	8.8%	7.9%
5	20 or more days	1.4%	1.3%

**Q42-Q43 Think over the past 30 days. How many  
times have you binge drank? (Mean number  
of times**

Male-5 or more drinks within a 2 hour period	1.22	1.38
Female-4 or more drinks within a 2 hour period	1.02	0.99
Mean number of times (average of male and female)	1.10	1.15

**Q44 Think about the last time you drank, how  
many drinks did you consume?**

Mean number of drinks	2.15	2.28
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**Q45 Think about the last time you drank, over  
how many hours did your drinking occur?**

Mean number of hours	2.00	1.97
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**Q46 Where do you typically consume alcohol?  
(Check all that apply)**

1	Bars/restaurants (including outdoor seating/patios)	48%	25%
2	Social gathering or friends house (off-campus)	71%	77%
3	Fraternity or sorority house	10%	27%
4	Fraternity or sorority community in a residence hall	0.6%	1.0%

5	Residence hall	7.2%	4.0%
6	Sporting events	6.7%	1.0%
7	At home (parents'/family's residence)	40%	33%
8	Where I live	47%	44%
9	Other (please specify)	1.5%	2.0%
99	I prefer not to respond	1.6%	2.0%

**Q47** If you pre-party/pre-game (i.e., drink somewhere before you go out or before an event starts), where do you typically do so? (check all that apply)

0	I do not pre-party	45%	46%
1	Bar/restaurant (including outdoor seating/patios)	10%	4.1%
2	Social gathering or friend's house (off-campus)	39%	39%
3	Fraternity or sorority house	4.9%	9.1%
4	Fraternity or sorority community in a residence hall	0.4%	1.0%
5	Residence hall	5.2%	2.5%
6	Sporting events (including tailgating)	4.7%	0.5%
7	Parking lot	4.5%	0.0%
8	In transit (e.g., driving, walking, etc., to a location)	4.3%	1.0%
9	Where I live	29%	28%
10	Other (please specify)	0.3%	0.5%
99	I prefer not to respond	2.1%	3.0%

**Q48** On average, how many drinks do you typically consume when you pre-party/pre-game?

	<b>Mean number of drinks</b>	<b>2.59</b>	<b>2.62</b>
1	1	21%	20%
2	2	37%	34%
3	3	23%	26%
4	4	9.8%	11%
5	5	4.6%	6.0%
6	6	2.4%	1.0%
7	7	0.6%	0.0%
8	8	0.5%	2.0%
9	9	0.2%	0.0%
10	10 or more	0.6%	0.0%

**Q49** Think back to the last time you consumed the most alcohol. Where did you consume the majority of your drinks?

1	Bars/restaurants (including outdoor seating/patios)	22%	7.2%
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2	Social gathering or friends house (off-campus)	40%	44%
3	Fraternity or sorority house	4.2%	13%
4	Fraternity or sorority community in a residence hall	0.1%	0.0%
5	Residence hall	3.0%	2.1%
6	Sporting events	0.4%	0.0%
7	Where I live	25%	24%
8	Other (please specify)	3.4%	6.7%
99	I prefer not to respond	2.4%	3.6%

**Q50 How do you obtain your alcohol? (For U21 Students) (Check all that apply)**

1	I have a friend who is over 21 buy for me	28%	36%
2	I have a friend who is under 21 gets it for me	7.6%	7.0%
3	I use a fake or manufactured ID	6.4%	3.3%
4	I borrow or regularly use someone else's real ID	0.8%	0.5%
5	My parents buy alcohol for me	8.4%	7.4%
6	My siblings buy alcohol for me	4.4%	3.7%
7	Other family members buy alcohol for me	3.4%	3.3%
8	Alcohol is readily available at home	6.4%	10%
9	I know people who work in bars/restaurants who will serve me	2.0%	0.5%
10	I go to a place where IDs aren't checked	6.5%	5.1%
11	I know people who work in convenience/grocery stores who will sell to me	1.2%	0.9%
12	I use home delivery service without ID being checked	0.5%	0.0%
13	From a fraternity or sorority	3.5%	5.1%
14	Other (please specify)	1.7%	1.4%
99	I prefer not to respond	9.2%	7.9%

**Q51 How often in the past 12 months have you been denied access while using a fake/borrowed ID?**

1	Never	57%	88%
2	Rarely	28%	0.0%
3	Occasionally	11%	0.0%
4	Often	2.1%	0.0%
5	Always	0.9%	0.0%
99	I prefer not to respond	2.1%	13%

**Q52 When you drink, which of the following are contributing factors to your decision to drink alcohol? (Only among drinkers) (Check all that apply)**

1	To relax	46%	41%
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2	To have fun with friends	80%	79%
3	To get drunk	31%	42%
4	To try it	11%	15%
5	Because my friends are drinking	16%	21%
	The consequences of my drinking are		
6	minimal	14%	22%
7	I have nothing better to do	10%	11%
8	I like the taste	30%	25%
9	I like how it feels	28%	32%
10	To escape/so I can forget my problems	15%	16%
11	Alcohol is always readily available	5.1%	4.6%
12	Other (please specify)	2.1%	2.1%
0	I don't drink	1.2%	2.6%
99	I prefer not to respond	1.2%	1.5%

**Q53 Which of the following motivates you to drink less or not drink alcohol? (Check all that apply)**

1	High cost of drinks/alcohol	56%	59%
2	Academic obligations the following day	66%	67%
	Other obligations the following day (i.e. jobs, family)		
3		68%	62%
4	Chance of getting sick or having a hangover	43%	48%
5	Chance of having a "blackout"/memory loss	23%	25%
	Because it is against the law/policy (e.g. I might be getting caught by authorities.)		
6	Potential of doing something I will regret later/My behavior when I drink	13%	16%
7		20%	22%
8	Being a designated driver	46%	52%
9	Religious/moral reasons	8.3%	7.8%
	I have a personal or family history with alcohol (e.g. alcoholism)		
10		15%	8.3%
11	My mental health concerns	19%	15%
12	Health/calories	28%	20%
13	I don't like the taste / I don't like alcohol	19%	20%
14	Not in the mood / No interest in alcohol	52%	51%
15	Other (please specify)	1.9%	2.1%
99	I prefer not to respond	1.2%	1.0%

**Q54 Have you used the following substances while drinking alcohol in the past 12 months? (check all that apply)**

	Marijuana/Cannabis (including smoked marijuana, edibles, derivatives and ALL other types of marijuana/cannabis products)		
1		30%	31%
2	Prescription drugs (prescribed to me)	17%	18%



3	Prescription drugs (NOT prescribed to me)	2.0%	2.1%
4	Other illicit drugs (e.g. cocaine, heroin, LSD, MDMA, hallucinogens, etc.)	3.0%	2.1%
5	Tobacco/Nicotine products (e.g. combustible cigarette, e-cigarette, smokeless tobacco, etc.)	26%	25%
6	Other (please specify)	0.2%	0.0%
0	None of the above	49%	51%
99	I prefer not to respond	2.1%	1.1%

**Q55 In the past 12 months, how often have you done the following at parties or social gatherings where alcohol was available?**

**Q55\_1 Determined not to exceed a set number of drinks**

0	Never	19%	25%
1	Rarely	8.3%	13%
2	Occasionally	6.6%	3.3%
3	Sometimes	14%	15%
4	Usually	24%	21%
5	Always	29%	23%

**Q55\_2 Avoided competitive drinking behaviors (i.e. "keep up" / "out-drink") or drinking games**

0	Never	13%	17%
1	Rarely	9.3%	11%
2	Occasionally	7.6%	8.1%
3	Sometimes	11%	11%
4	Usually	20%	21%
5	Always	39%	32%

**Q55\_3 Alternated water/non-alcoholic drinks while drinking alcohol**

0	Never	9.9%	12%
1	Rarely	8.1%	9.7%
2	Occasionally	6.4%	8.1%
3	Sometimes	17%	18%
4	Usually	23%	24%
5	Always	35%	29%

**Q55\_4 Drank slowly, rather than gulp or chug**

0	Never	4.5%	5.4%
1	Rarely	4.1%	4.8%
2	Occasionally	8.1%	11%
3	Sometimes	17%	22%
4	Usually	32%	34%
5	Always	35%	24%

**Q55\_5 Eaten before and/or during alcohol consumption**

0	Never	2.3%	2.2%
1	Rarely	2.2%	3.8%
2	Occasionally	3.9%	2.2%
3	Sometimes	9.5%	6.5%
4	Usually	29%	35%
5	Always	53%	51%

**Q55\_6 Received free, non-alcoholic drinks (e.g., soft drinks) at a bar/restaurant for being a designated sober driver**

0	Never	58%	70%
1	Rarely	6.6%	6.6%
2	Occasionally	5.2%	4.9%
3	Sometimes	8.3%	6%
4	Usually	7.5%	3.8%
5	Always	15%	8.8%

**Q55\_7 Had a sober friend in the group**

0	Never	5.1%	5.4%
1	Rarely	5.4%	3.2%
2	Occasionally	7.2%	6.5%
3	Sometimes	14%	14%
4	Usually	24%	19%
5	Always	45%	52%

**Q55\_8 Knew where your drink has been at all times**

0	Never	2.0%	0.5%
1	Rarely	1.0%	1.6%
2	Occasionally	1.8%	0.0%
3	Sometimes	3.8%	3.2%
4	Usually	18%	25%
5	Always	74%	70%

**Q55\_9 Made sure you went home with a friend**

0	Never	4.2%	4.3%
1	Rarely	1.7%	3.8%
2	Occasionally	2.7%	2.2%
3	Sometimes	6.0%	6.5%
4	Usually	16%	17%
5	Always	69%	66%

**Q55\_10 Stopped drinking at a predetermined time**

0	Never	13%	20%
1	Rarely	9.7%	13%
2	Occasionally	9.9%	10%
3	Sometimes	19%	19%
4	Usually	20%	16%
5	Always	28%	21%

<b>How often in the past 12 months have you experienced the following when drinking alcohol?</b>			
<b>Q56_1</b>	<b>Had a hangover</b>		
0	0 times	64%	60%
1	1 time	11%	13%
2	2 times	8.1%	9.7%
4	3-5 times	8.9%	9.3%
7	6-9 times	3.6%	4.8%
10	10 or more times	5.0%	3.5%
<b>Q56_2</b>	<b>Been in trouble with campus administrators</b>		
0	0 times	98%	99%
1	1 time	1.4%	0.7%
2	2 times	0.1%	0.0%
4	3-5 times	0.1%	0.0%
7	6-9 times	0.0%	0.0%
10	10 or more times	0.1%	0.0%
<b>Q56_3</b>	<b>Been arrested by campus police or other law enforcement</b>		
0	0 times	100%	100%
1	1 time	0.3%	0.0%
2	2 times	0.1%	0.0%
4	3-5 times	0.0%	0.0%
7	6-9 times	0.1%	0.0%
10	10 or more times	0.1%	0.0%
<b>Q56_4</b>	<b>Been hurt or injured</b>		
0	0 times	93%	93%
1	1 time	4.0%	5.2%
2	2 times	1.7%	0.7%
4	3-5 times	1.1%	1.0%
7	6-9 times	0.4%	0.3%
10	10 or more times	0.3%	0.0%
<b>Q56_5</b>	<b>Received medical attention</b>		
0	0 times	99%	99%
1	1 time	0.9%	1.4%
2	2 times	0.1%	0.0%
4	3-5 times	0.2%	0.0%
7	6-9 times	0.0%	0.0%
10	10 or more times	0.1%	0.0%
<b>Q56_6</b>	<b>Driven after consuming any alcohol</b>		
0	0 times	91%	93%
1	1 time	3.7%	4.5%
2	2 times	2.3%	1.4%
4	3-5 times	1.9%	1.0%
7	6-9 times	0.5%	0.3%
10	10 or more times	0.7%	0.0%

<b>Q56_7 Been arrested for DUI/DWI</b>				
0	0 times	100%	100%	
1	1 time	0.2%	0.0%	
2	2 times	0.0%	0.0%	
4	3-5 times	0.0%	0.0%	
7	6-9 times	0.0%	0.0%	
10	10 or more times	0.1%	0.0%	
<b>Q56_8 Vomited</b>				
0	0 times	71%	71%	
1	1 time	11%	12%	
2	2 times	7.6%	7.3%	
4	3-5 times	6.2%	5.2%	
7	6-9 times	1.7%	3.5%	
10	10 or more times	1.9%	1.4%	
<b>Q56_8 Someone had sexual contact with me without my consent</b>				
0	0 times	97%	97%	
1	1 time	2.1%	2.1%	
2	2 times	0.8%	0.3%	
4	3-5 times	0.3%	0.0%	
7	6-9 times	0.1%	0.3%	
10	10 or more times	0.1%	0.0%	
<b>Q56_9 Had sexual contact with someone without their consent</b>				
0	0 times	100%	100%	
1	1 time	0.1%	0.3%	
2	2 times	0.1%	0.0%	
4	3-5 times	0.0%	0.0%	
7	6-9 times	0.0%	0.0%	
10	10 or more times	0.2%	0.0%	
<b>Q56_10 Rode with someone who drove after drinking</b>				
0	0 times	88%	93%	
1	1 time	5.2%	2.4%	
2	2 times	3.4%	3.5%	
4	3-5 times	2.2%	1.0%	
7	6-9 times	0.6%	0.0%	
10	10 or more times	0.9%	0.0%	
<b>Q56_11 Been forced, pressured, or coerced into drinking more alcohol than you wanted</b>				
0	0 times	92%	93%	
1	1 time	3.8%	3.1%	
2	2 times	2.0%	1.7%	
4	3-5 times	1.3%	1.4%	
7	6-9 times	0.3%	0.3%	
10	10 or more times	0.4%	0.0%	
<b>Q56_12 Experienced a "blackout"/memory loss</b>				

0	0 times	83%	82%
1	1 time	8.0%	6.9%
2	2 times	4.2%	6.9%
4	3-5 times	2.7%	2.8%
7	6-9 times	0.7%	0.7%
10	10 or more times	1.1%	0.3%

**Q57** How often in the past 12 months have you experienced the following academic consequences as a result of your alcohol consumption?

**Q57\_1** Performed poorly on a test or assignment

0	0 times	94%	92%
1	1 time	3.3%	4.2%
2	2 times	1.5%	3.1%
4	3-5 times	1.0%	0.3%
7	6-9 times	0.2%	0.0%
10	10 or more times	0.2%	0.7%

**Q57\_2** Missed class

0	0 times	89%	89%
1	1 time	5.1%	3.8%
2	2 times	3.0%	3.1%
4	3-5 times	2.2%	2.4%
7	6-9 times	0.6%	0%
10	10 or more times	0.6%	1.4%

**Q58** How often have you experienced alcohol poisoning in the past 12 months?

0	0 times	97%	98%
1	1 time	1.9%	1.4%
2	2 times	0.6%	0.7%
4	3-5 times	0.3%	0.0%
5	More than 5 times	0.1%	0.0%

**Q59** Which of the following are reasons you choose not to drink alcohol? (Among non-drinkers) (Check all that apply)

1	In recovery from alcohol or other drug addiction	9.5%	10%
2	Potential of getting sick or having a hangover	24%	27%
3	Potential of having a "blackout"/memory loss	22%	26%
4	So I don't have to worry about any negative consequences	49%	61%
5	Alcohol costs too much/ It's hard to access alcohol	16%	28%
6	I don't like the taste / I don't like alcohol	28%	30%

7	I have no desire to drink/I am not interested	63%	68%
8	I have too many personal responsibilities.	37%	37%
9	I have too many academic responsibilities	39%	41%
10	Personal beliefs/values	38%	45%
	Potential of doing something I will regret		
11	later	31%	39%
12	To be the designated driver	17%	26%
13	Because drinking is against the law/policy (e.g	34%	51%
	I have a personal or family history with		
14	alcohol (e.g. alcoholism)	22%	19%
	My health concerns or a current medical		
15	condition	12%	13%
16	My mental health concerns	19%	19%
17	Religious/moral	21%	19%
18	Other (please specify)	3.0%	3.7%
99	I prefer not to respond	5.1%	1.8%

**Q60 Which of the following occurred to you as a result of experiencing alcohol poisoning? (Check all that apply)**

1	I do not remember	24%	17%
2	I was left alone	13%	17%
3	I vomited in my sleep	25%	33%
4	No one helped me	4.9%	17%
5	Friends let me sleep it off	44%	33%
6	I was taken for medical attention	3.1%	0.0%
	Someone stayed with me to make sure I was		
7	okay	52%	33%
8	Other (please specify)	2.5%	0.0%
99	I prefer not to respond	2.5%	0.0%

**Q61 Which of the following would you do if you were in the presence of someone whom you suspected had alcohol poisoning? (Select all that apply)**

1	I would call 911	68%	60%
2	I would take them to the hospital myself	47%	47%
	I would check on them throughout the night		
3	to make sure they are OK	53%	60%
	I would make sure they are laying down on		
4	their side in the 'recovery position'	60%	72%
	I would try to sober the person up (give		
5	them coffee, have them take a shower, etc.)	39%	39%
0	I would not do anything	0.7%	0.7%
99	I prefer not to respond	2.4%	3.1%

**Q62**

**In the previous situation related to alcohol poisoning, which of the following would contribute to you not doing something to intervene? (Select all that apply)**

1	I do not know the signs/symptoms of alcohol poisoning and wouldn't know what to look for	46%	50%
2	I do not know what to do/how to help if someone has alcohol poisoning	31%	40%
3	I would be afraid of getting in trouble with campus officials or police if I intervened	14%	21%
4	I would be afraid that the person with alcohol poisoning would be upset/angry at me for intervening (e.g., they wouldn't want a hospital bill, they are afraid of getting in trouble, etc.)	31%	37%
5	I would not feel comfortable getting involved/intervening	14%	21%
6	It is not my responsibility to intervene	4%	5.6%
7	I would trust that someone else would intervene and do something	8.1%	12%
8	I would be worried about my own personal safety/well-being if I intervened	14%	16%
99	I prefer not to respond	16%	10%

**Q63**

**How do you define the designated driver?**

1	Someone who has not had any alcoholic beverages	89%	91%
2	Someone who has had a couple of alcoholic beverages, but a few hours have elapsed so he/she is sober enough to drive	8.5%	7.6%
3	Someone who has many alcoholic beverages but is the least drunk person in the group	0.5%	0.3%
99	I prefer not to respond	2.0%	1.4%

**Q64**

**In the past 12 months, how often have you used a designated driver or DD (defined as someone who had no alcoholic drinks, ride share, taxi, etc.)?**

1	Yes - always (100% of the time)	46%	52%
2	Yes - almost always (75%-99% of the times)	17%	15%
3	Yes- more than half of the times I drank (51%-74% of the times)	3.7%	4.0%

4	Yes - about half of the times I drank (50% of the times)	2.0%	1.1%
5	Yes - less than half of the time I drank (25%-49% of the times)	1.7%	2.3%
6	Yes - but almost never (1% to 24% of the times)	2.6%	1.1%
7	No - I have never needed a DD because I walked	5.0%	6.3%
8	No- I have never needed a DD because I just stayed where I was drinking	19%	15%
0	No, I don't use a DD	3.0%	2.3%

**Q65 Which of the following types of designated drivers have you used in the past 12 months? (Check all that apply)**

1	A taxi service	1.8%	0.0%
2	Uber, Lyft, Ride share, etc.	31%	3.4%
3	Friend, family, or acquaintance	64%	62%
4	Fraternity or sorority designated driver	13%	38%
5	Other university DD program	1.3%	0.6%
99	I prefer not to respond	0.8%	0.0%

**Q66 Have you heard of/used the CHEERS program (in which the designated drivers receive free non-alcoholic drinks from participating bars/restaurants)?**

0	No	81%	67%
1	Yes	17%	32%
99	I prefer not to respond	1.5%	1.4%

**Q67 In the past 12 months, how often have you used the CHEERS program?**

1	Never	88%	94%
2	Rarely	5.6%	1.1%
3	Sometimes	3.7%	4.3%
4	Most of the time	1.3%	1.1%
5	Always	1.2%	0.0%

**Q68 In the past 12 months, how often have you been the designated driver?**

1	Never	43%	42%
2	Rarely	16%	15%
3	Sometimes	24%	30%
4	Most of the time	12%	10%
5	Always	5.6%	3.2%

**Q69 In the past 12 months, which of the following have you experienced as a result of another person's alcohol use? (Check all that apply)**



	1	Took care of someone who drank too much (e.g., cleaning up after the person, monitoring the person)	46%	43%
	2	Had your sleep interrupted	28%	24%
	3	Had your studying interrupted	15%	13%
	4	Were prevented from enjoying events (concerts, sports, social activities)	15%	11%
	5	Had a verbal argument	13%	12%
	6	Felt unsafe	8.0%	7.4%
	7	Had your personal property or residence damaged	4.5%	4.9%
	8	Been pushed, hit, or assaulted	3.9%	2.1%
	9	Were harassed about sexual orientation, race/ethnicity, religion, or gender by an intoxicated person	2.1%	2.5%
	10	Been threatened with physical violence	2.6%	1.8%
	11	Someone had sexual contact with me without my consent	2.7%	1.8%
	12	Took someone for emergency medical care	1.6%	0.0%
	0	None of the above	40%	43%
	99	I prefer not to respond	2.4%	2.1%

**Q70 How often do you think students in each category on your campus consume alcohol? Provide your best guess:**

**Q70\_1 Yourself**

0	Do not use alcohol	36%	35%
1	1-6 times/year	19%	18%
2	1-2 times/month	18%	17%
3	1-2 times/week	21%	25%
4	3 or more times/week	6.0%	4.0%

**Q70\_2 Your friends**

0	Do not use alcohol	15%	13%
1	1-6 times/year	15%	16%
2	1-2 times/month	24%	20%
3	1-2 times/week	33%	40%
4	3 or more times/week	12%	11%

**Q70\_3 Typical student**

0	Do not use alcohol	3.4%	1.8%
1	1-6 times/year	8.1%	6.2%
2	1-2 times/month	26%	32%
3	1-2 times/week	47%	49%
4	3 or more times/week	16%	11%

**Q70\_4 Student-athletes**

0	Do not use alcohol	7.3%	3.3%
1	1-6 times/year	14%	8.0%
2	1-2 times/month	28%	20%
3	1-2 times/week	35%	47%

4	3 or more times/week	16%	22%
<b>Q70_5 Fraternity or sorority members</b>			
0	Do not use alcohol	3.7%	1.4%
1	1-6 times/year	2.8%	0.7%
2	1-2 times/month	7.1%	3.6%
3	1-2 times/week	28%	36%
4	3 or more times/week	59%	59%
<b>Q70_6 Student leaders</b>			
0	Do not use alcohol	11%	6.2%
1	1-6 times/year	22%	17%
2	1-2 times/month	36%	39%
3	1-2 times/week	26%	33%
4	3 or more times/week	5.3%	4.4%
<b>Q71 On a typical night of drinking alcohol, how much do you think the student in each category on your campus consumes? Please provide your best guest (Mean)</b>			
<b>Q71_1</b>	Yourself	2.10	2.39
<b>Q71_2</b>	Your Friends	3.66	4.50
<b>Q71_3</b>	Typical Students	4.33	5.09
<b>Q71_4</b>	Student Athletes	4.25	4.51
<b>Q71_5</b>	Fraternity or Sorority Members	6.37	7.06
<b>Q71_6</b>	Student Leaders	3.24	3.56
	Difference between actual and perception	2.23	2.70
<b>Q72 Which of the following best fits your intentions to change the way you drink alcohol?</b>			
1	I am currently trying to drink in a healthier/safer way	26%	22%
2	I am ready to try drinking in a healthier/safer way	3.3%	2.9%
3	I am thinking about drinking in a healthier/safer way	5.0%	5.8%
4	I see no need to change the way I drink alcohol	66%	70%

**Q\* MACHB 2022**

Truman State University  
 Created by: Kayleigh Greenwood & Jackie  
 McKenzie  
 Date: 05/25/2022

	7
<b>PIP24</b>	<b>Truman</b>
6705	323
18%	32%

**PRESCRIPTION DRUG USE**

**In the past year, how often have you used the following drug(s)?**

**Q74** **In the past 12 months, which of the following prescription drugs have you used without a doctor's prescription for your use? (Check all that apply)**

1	Stimulants/Amphetamines (e.g., Dexedrine, Adderall, Ritalin, Concerta)	3.1%	2.5%
2	Pain medication/Opiates (e.g., Vicodin, OxyContin, Codeine, Oxycodone, Demerol, Morphine, Fentanyl)	1.5%	0.7%
3	Sleeping medication (e.g., Ambien, Halcion, Restoril)	1.1%	0.4%
4	Benzodiazepines/Sedatives (e.g., Xanax, Klonopin, Valium)	1.2%	1.5%
5	Other (please specify)	1.2%	2.2%
6	I have not used any of these without a doctor's prescription	91%	91%
	Any prescription drug use	6.3%	6.2%
99	I prefer not to respond	2.5%	2.5%

**Q75** **In the past 12 months, which of the following prescription drugs that WERE PRESCRIBED to you have you misused, meaning taking in a manner other than prescribed? (Check all that apply)**

1	Stimulants/Amphetamines (e.g., Dexedrine, Adderall, Ritalin, Concerta)	1.5%	2.2%
2	Pain medication/Opiates (e.g., Vicodin, OxyContin, Tylenol-Codeine #3, Demerol, Morphine, Fentanyl)	1.7%	1.5%
3	Sleeping medication (e.g., Ambien, Halcion, Restoril)	0.9%	1.5%
4	Benzodiazepines/Sedatives (e.g., Xanax, Klonopin, Valium)	0.9%	0.7%
5	Other (please specify)	1.1%	0.7%
6	I have not misused any of these	93%	93%
	Any prescription drug misuse	4.9%	4.7%

99	I prefer not to respond	2.3%	2.2%
<b>Q76</b>	<b>How often have you used prescription drug(s) (without a doctor's prescription)? (Among all students)</b>		
<b>Q76_1</b>	<b>Stimulants/Amphetamines (e.g., Dexedrine, Adderall, Ritalin, Concerta)</b>		
0	0 times/year	97%	96%
1	1-6 times/year	2.2%	1.6%
2	1-2 times/month	0.6%	1.2%
3	1-2 times/week	0.3%	0.8%
4	3 or more times/week	0.1%	0.0%
99	I prefer not to respond	0.1%	0.0%
<b>Q76_2</b>	<b>Pain medication/Opiates (e.g., Vicodin, OxyContin, Tylenol-Codeine #3, Demerol, Morphine, Fentanyl)</b>		
0	0 times/year	98%	99%
1	1-6 times/year	1.3%	0.4%
2	1-2 times/month	0.2%	0.0%
3	1-2 times/week	0.2%	0.4%
4	3 or more times/week	0.0%	0.0%
99	I prefer not to respond	0.0%	0.0%
<b>Q76_3</b>	<b>Sleeping medication (e.g., Ambien, Halcion, Restoril)</b>		
0	0 times/year	99%	98%
1	1-6 times/year	0.6%	0.8%
2	1-2 times/month	0.2%	0.0%
3	1-2 times/week	0.2%	0.8%
4	3 or more times/week	0.1%	0.0%
99	I prefer not to respond	0.0%	0.0%
<b>Q76_4</b>	<b>Benzodiazepines/Sedatives (e.g., Xanax, Klonopin, Valium)</b>		
0	0 times/year	99%	99%
1	1-6 times/year	1.1%	0.8%
2	1-2 times/month	0.1%	0.0%
3	1-2 times/week	0.0%	0.4%
4	3 or more times/week	0.1%	0.0%
99	I prefer not to respond	0.0%	0.0%
<b>People use prescription drugs for various reasons, including the reasons displayed below. For the stimulants and pain medication you misused with/without a doctor's prescription, which of the reasons contribute for your use? (Check all that apply)</b>			
<b>Q77</b>	<b>Stimulants/Amphetamines</b>		
1	To relax or relieve tension	18%	20%

2	To relieve and/or manage physical pain	7.8%	10%
3	To help lose weight	8.2%	10%
4	To help concentrate	62%	70%
5	To be alert or stay awake	49%	70%
6	To improve academic performance	47%	70%
7	To experiment or see what the drug is like	16%	20%
8	To feel good or get high	15%	0.0%
9	To help with sleep	7.3%	30%
10	To help with feelings or emotions	15%	10%
	To increase or decrease the effects of other		
11	drugs	6.8%	0.0%
12	Other (please specify)	6.4%	0.0%
99	I prefer not to respond	12%	10%

#### **Q78 Pain Medication/Opiates**

1	To relax or relieve tension	36%	25%
2	To relieve and/or manage physical pain	60%	50%
3	To help lose weight	6.1%	25%
4	To help concentrate	4.7%	25%
5	To be alert or stay awake	4.1%	25%
6	To improve academic performance	2.0%	0.0%
7	To experiment or see what the drug is like	11%	0.0%
8	To feel good or get high	24%	25%
9	To help with sleep	26%	25%
10	To help with feelings or emotions	20%	25%
	To increase or decrease the effects of other		
11	drugs	3.4%	25%
12	Other (please specify)	6.1%	25%
99	I prefer not to respond	13%	0.0%

#### **Q79 In the past 12 months, how often have you mixed alcohol with any prescription drugs used in a manner other than prescribed?**

0	0 times	71%	69%
1	1 time	7.7%	12%
2	2 times	7.7%	3.8%
3	3-5 times	6.9%	0.0%
4	More than 5 times	6.2%	15%

#### **Q80 How do you obtain your prescription drugs without a doctor's prescription? (Check all that apply)**

1	I purchase them from other people	19%	17%
2	I steal them	2.5%	0.0%
3	I was given them	36%	33%
4	Other (please specify)	9.5%	5.6%
99	I prefer not to respond	24%	17%

**Q81 If you were given the prescription drugs, from whom do you access them without a doctor's prescription? (Check all that apply)**

1	Family	22%	0.0%
2	Friends	65%	100%
3	Floor mates/roommates	8.3%	0.0%
4	Strangers	5.3%	0.0%
5	Other (please specify)	4.5%	0.0%
99	I prefer not to respond	13%	0.0%

### ILLEGAL DRUG USE

**Q82 How old were you when you first started using marijuana/cannabis (including smoking marijuana, using derivatives, and all edible products)?**

0	Never used marijuana/cannabis	63%	67%
12	12 or younger	0.8%	0.4%
13	13	0.8%	0.0%
14	14	2.2%	0.4%
15	15	3.9%	3.4%
16	16	5.8%	3.7%
17	17	5.7%	4.5%
18	18	8.8%	11%
19	19	3.6%	5.2%
20	20	2.3%	2.2%
21	21	1.4%	1.5%
22	22	0.6%	0.7%
23	23	0.3%	0.0%
24	24 or older	0.9%	0.0%

**Q83 In the past 12 months, how often have you used marijuana/cannabis (including edibles, derivatives, and ALL other types of marijuana/cannabis products)?**

1	I did not use in the past year	71%	73%
2	1-6 times/year	11%	10%
3	1-2 times/month	4.6%	6.2%
4	1-2 times/week	3.4%	1.8%
5	3 or more times/week	2.8%	2.9%
6	Daily	5.3%	4.4%
99	I prefer not to respond	1.9%	1.8%

**Q84 When you have used marijuana/cannabis in the past 12 months, how often have you used in the following ways?**

**Q84\_1 Smoked (e.g. joint, bong, pipe, blunt)**

1	I did not use in the past year	76%	78%
2	1-6 times/year	9.9%	9.5%
3	1-2 times/month	4.0%	4.4%
4	1-2 times/week	2.7%	2.6%
5	3 or more times/week	2.1%	1.5%
6	Daily	3.7%	2.2%
99	I prefer not to respond	2.0%	1.8%

**Q84\_2 Edible (e.g. brownies, cookies, candy, in tea, soda, alcohol)**

1	I did not use in the past year	79%	79%
2	1-6 times/year	13%	15%
3	1-2 times/month	4.3%	2.6%
4	1-2 times/week	1.3%	2.2%
5	3 or more times/week	0.3%	0.0%
6	Daily	0.2%	0.0%
99	I prefer not to respond	2.0%	1.8%

**Q84\_3 Vaporized (in an e-cigarette or other vaporizing device)**

1	I did not use in the past year	82%	84%
2	1-6 times/year	7.0%	6.6%
3	1-2 times/month	3.9%	2.9%
4	1-2 times/week	1.9%	2.2%
5	3 or more times/week	1.3%	0.7%
6	Daily	2.1%	2.2%
99	I prefer not to respond	2.0%	1.8%

**Q84\_4 In derivative/concentrated form (e.g. wax, oil, dabs, shatter, etc.)**

1	I did not use in the past year	88%	88%
2	1-6 times/year	4.8%	5.8%
3	1-2 times/month	2.4%	2.2%
4	1-2 times/week	0.7%	0.0%
5	3 or more times/week	0.6%	0.7%
6	Daily	1.0%	1.1%
99	I prefer not to respond	2.0%	1.8%

**Q84\_5 Other ways**

1	I did not use in the past year	95%	95%
2	1-6 times/year	1.5%	0.7%
3	1-2 times/month	0.5%	0.7%
4	1-2 times/week	0.3%	1.1%
5	3 or more times/week	0.1%	0.0%
6	Daily	0.4%	0.0%
99	I prefer not to respond	2.6%	2.6%

**Q85 How many days have you used cannabis (any type) in the past 30 days?**

0	I did not use cannabis in the last 30 days	81%	82%
1	1	3.6%	4.8%
2	2	2.0%	2.6%

3	3	1.3%	1.5%
4	4	0.9%	0.7%
5	5	0.8%	0.7%
6	6	0.6%	1.1%
7	7	0.3%	0.0%
8	8	0.5%	0.0%
9	9	0.1%	0.0%
10	10	0.6%	0.4%
11	11	0.0%	0.0%
12	12	0.2%	0.0%
13	13	0.1%	0.0%
14	14	0.1%	0.0%
15	15	0.7%	0.4%
16	16	0.0%	0.0%
17	17	0.1%	0.0%
18	18	0.1%	0.0%
19	19	0.0%	0.0%
20	20	0.7%	0.7%
21	More than 20	5.3%	4.8%
99	I prefer not to respond	1.0%	0.4%

**Q86 Which of the following are contributing factors to your decision to use marijuana/cannabis? (Check all that apply)**

1	To relax	74%	75%
2	To have fun with friends	52%	64%
3	To get high	50%	56%
4	The consequences of my cannabis use are minimal	28%	35%
5	Because my friends are using marijuana/cannabis	19%	27%
6	I have nothing better to do	15%	19%
7	I like how it feels	45%	45%
8	To escape/so I can forget my problems	20%	21%
9	It helps me to relieve pain	30%	20%
10	To help with anxiety and other mental health concerns	49%	47%
11	For medical purposes	15%	8.0%
12	To help me sleep	45%	33%
13	To try it/curious	16%	28%
14	Other (please specify)	2.1%	4.0%
99	I prefer not to respond	4.3%	2.7%

**Q87 How often in the past 12 months have you experienced the following as a result of using marijuana/cannabis?**

**Q87\_1 Performed poorly on a test or assignment**



0	0 times	91%	88%
1	1 time	4.0%	1.4%
2	2 times	2.1%	2.8%
3	3-5 times	1.8%	5.6%
4	More than 5 times	1.2%	2.8%

**Q87\_2 Missed class**

0	0 times	91%	94%
1	1 time	3.0%	0.0%
2	2 times	2.7%	2.8%
3	3-5 times	1.6%	0.0%
4	More than 5 times	1.5%	2.8%

**Q88 Where have you used marijuana/cannabis in the past 12 months? (Among users) (Check all that apply)**

1	Residence hall	12%	11%
2	Where I live	54%	45%
3	Fraternity or sorority house	7.7%	21%
4	Athletic events	1.8%	0.0%
5	Concerts	6.7%	0.0%
6	Bars	8.5%	2.7%
7	Parties	23%	23%
8	Social gathering or friend's house (off-campus)	57%	64%
9	Outdoors	31%	26%
10	In a car	29%	27%
11	At home (parents'/family's residence)	28%	23%
12	Other (please specify)	1.7%	2.7%
99	I prefer not to respond	7.3%	4.1%

**Q89 Where have you used marijuana/cannabis the MOST OFTEN in the past 12 months?**

1	Residence hall	3.9%	2.7%
2	Where I live	37%	34%
3	Fraternity or sorority house	1.8%	5.5%
4	Athletic events	0.1%	0.0%
5	Concerts	0.1%	0.0%
6	Bars	0.2%	0.0%
7	Parties	1.6%	0.0%
8	Social gathering or friend's house (off-campus)	24%	33%
9	Outdoors	5.4%	6.8%
10	In a car	7.4%	2.7%
11	At home (parents'/family's residence)	9.2%	8.2%
12	Other (please specify)	0.9%	1.4%
99	I prefer not to respond	8.2%	5.5%

**Q90 When you used marijuana/cannabis in a car, what is usually the status of the car?**

1	Parked on campus	6.6%	0.0%
2	Parked off campus	33%	20%
3	Being driven (I was the driver)	1.3%	0.0%
4	Being driven (I was the passenger)	6.2%	20%
99	I prefer not to respond	53%	60%

**Q91 Have you used the following substances while using marijuana/cannabis? (Check all that apply)**

1	Alcohol	60%	68%
2	Prescription drugs	12%	19%
3	Other illicit drugs (e.g. cocaine, heroin, LSD, MDMA, hallucinogens, etc.)	6.4%	8.2%
4	Tobacco/Nicotine products (e.g. combustible cigarette, e-cigarette, smokeless tobacco, etc.)	27%	30%
5	Other (please specify)	0.4%	0.0%
6	None of the above	29%	25%
99	I prefer not to respond	3.7%	2.7%

**Q92 Which statement below about using marijuana/cannabis do you think best represents your own attitude?**

1	Using marijuana/cannabis is never a good thing to do	2.6%	5.5%
2	Occasionally using marijuana/cannabis is okay as long as it doesn't interfere with academics or other responsibilities	61%	70%
3	Occasionally using marijuana/cannabis is okay even if it does interfere with academics or responsibilities	3.4%	5.5%
4	Frequently using marijuana/cannabis is okay if that's what the individual wants to do	28%	18%
99	I prefer not to respond	5.2%	1.4%

**Q93 Which of the following best fits your intentions to change the way you use marijuana/cannabis?**

1	I am currently trying to use marijuana/cannabis less often and/or quit	15%	12%
2	I am ready to try to use marijuana/cannabis less frequently and/or quit	3.0%	5.5%

3	I am thinking about using marijuana/cannabis less and/or quit	8.4%	6.8%
4	I see no need to change my marijuana/cannabis use	66%	71%
99	I prefer not to respond	7.7%	4.1%

**Q94 Which of the following are reasons that you choose not to use cannabis?**

1	In recovery from cannabis or other drug addiction	1.5%	2.0%
2	Potential of getting sick or having a hangover	11%	13%
3	Potential of having a "blackout"/memory loss	11%	11%
4	So I don't have to worry about any negative consequences	34%	40%
5	It costs too much/ It's hard to access.	16%	29%
6	I have no desire to use./I am not interested.	69%	72%
7	I have too many personal responsibilities.	31%	27%
8	I have too many academic responsibilities	31%	32%
9	Personal beliefs/values	35%	36%
10	Potential of doing something I will regret later	16%	20%
11	Because it against the law/policy	32%	40%
12	I have a personal or family history with cannabis (e.g. cannabis use disorder)	5.0%	4.0%
13	My health concerns or a current medical condition	11%	12%
14	My mental health concerns	15%	18%
15	Religious/moral	18%	16%
16	Other (please specify)	4.2%	5.5%
99	I prefer not to respond	5.5%	6.0%

**Q95 Do you have a marijuana/cannabis prescription or medical card?**

1	Yes, in Missouri	9.7%	10%
2	No, in another state	2.2%	0.0%
3	No	79%	82%
99	I prefer not to respond	9.5%	8.2%

**Q96 Have you EVER traveled to another state to purchase marijuana/cannabis?**

1	Yes	16%	26%
2	No	80%	73%
99	I prefer not to respond	3.8%	1.4%

**Q97 Would you use/start using marijuana/cannabis if it is legalized for recreational/adult use in Missouri?**

1	Yes	24%	25%
2	No	54%	50%

3	Unsure	20%	25%
99	I prefer not to respond	1.7%	1.1%

**Q98 How often do you think the typical student on your campus uses marijuana/cannabis?**

0	Never	7.6%	7.0%
1	1-6 times/year	25%	29%
2	1-2 times/month	28%	39%
3	1-2 times/week	20%	16%
4	3 or more times/week	9.1%	4.8%
5	Daily	5.5%	1.1%
99	I prefer not to respond	5.0%	3.3%

**Q99 Have you used CBD (Cannabidiol) products in the past 12 months?**

1	Yes	15%	14%
2	No	83%	83%
99	I prefer not to respond	1.8%	2.2%

**Q100 What reasons have contributed to your using CBD products? (Check all that apply)**

1	To reduce physical pain	46%	38%
2	To treat diseases	4.3%	0.0%
3	To treat anxiety	63%	49%
4	To help smoking cessation or drug withdrawal	5.1%	5.1%
5	To try it/curious	33%	49%
6	To help me sleep/sleep aid	48%	54%
7	Other reasons (please specify)	4.3%	2.6%
99	I prefer not to respond	1.6%	0.0%

**Q101 In the past 12 months, how often have you used the following drugs?**

**Q101\_1 Cocaine**

0	I did not use	97%	99%
1	1-6 times/year	1.4%	0.0%
2	1-2 times/month	0.1%	0.0%
3	1-2 times/week	0.1%	0.0%
4	3 or more times/week	0.0%	0.0%
5	Daily	0.1%	0.4%
99	I prefer not to respond	1.1%	0.7%

**Q101\_2 Heroin**

0	I did not use	99%	99%
1	1-6 times/year	0.1%	0.0%
2	1-2 times/month	0.0%	0.0%
3	1-2 times/week	0.1%	0.0%
4	3 or more times/week	0.1%	0.4%
5	Daily	0.1%	0.0%
99	I prefer not to respond	1.0%	0.7%

**Q101\_3 Other drugs (e.g. ecstasy, MDMA, mushrooms, LSD, PCP, etc.)**

0	I did not use	94%	96%
1	1-6 times/year	4.3%	2.9%
2	1-2 times/month	0.3%	0.0%
3	1-2 times/week	0.1%	0.7%
4	3 or more times/week	0.0%	0.0%
5	Daily	0.1%	0.0%
99	I prefer not to respond	1.0%	0.7%

**Q Any drugs other than marijuana/cannabis**

0	No	94%	96%
1	Yes	5.4%	3.7%
99	I prefer not to respond	1.0%	0.7%

**Q\* MACHB 2022**

Truman State University  
 Created by: Kayleigh Greenwood & Jackie  
 McKenzie  
 Date: 05/25/2022

	7
<b>PIP24</b>	<b>Truman</b>
6705	323
18%	32%

N=

Return Rate

**DRIVING BEHAVIOR****Q102 Do you drive a vehicle while attending classes at your university?**

1	Yes	68%	58%
2	No	31%	41%
99	I prefer not to respond	1.3%	0.7%

**Q103 When driving a vehicle, how often do you do each of the following?****Q103\_1 Wear a safety belt**

5	Always	91%	91%
4	Most of the time	5.7%	6.9%
3	Sometimes	1.9%	0.6%
2	Rarely	0.9%	0.6%
1	Never	0.8%	1.3%

**Q103\_2 Talk on a cell phone**

5	Always	2.0%	0.6%
4	Most of the time	4.7%	1.9%
3	Sometimes	39%	32%
2	Rarely	41%	53%
1	Never	13%	13%

**Q103\_3 Text message on a cell phone**

5	Always	1.9%	3.8%
4	Most of the time	4.4%	4.4%
3	Sometimes	26%	26%
2	Rarely	40%	41%
1	Never	28%	25%

**Q104 How often in the past 12 months have you driven under the following circumstances?****Q104\_1 Within 2 hours after consuming alcohol**

0	0 times	75%	74%
1	1 time	11%	13%
2	2 times	5.9%	3.7%
3	3-5 times	5.7%	5.6%
4	More than 5 times	2.8%	3.7%

**Q104\_2 After misusing prescription drugs**

0	0 times	89%	100%
1	1 time	2.6%	0.0%

2	2 times	2.9%	0.0%
3	3-5 times	1.1%	0.0%
4	More than 5 times	4.0%	0.0%

**Q104\_3 After consuming any marijuana/cannabis products**

0	0 times	64%	64%
1	1 time	7.9%	7.1%
2	2 times	6.3%	9.5%
3	3-5 times	7.1%	9.5%
4	More than 5 times	15%	10%

**Q\* MACHB 2022**

Truman State University  
 Created by: Kayleigh Greenwood & Jackie  
 McKenzie  
 Date: 05/25/2022

	7
<b>PIP24</b>	<b>Truman</b>
6705	323
18%	32%

**WELL-BEING****Q106 In the past two weeks, how stressed have you felt?**

		PIP24	Truman
1	I have experienced no stress	1.6%	1.1%
2	Minimal	6.3%	5.9%
3	A little stress	11%	8.1%
4	Stressed, but managing	43%	40%
5	Overwhelmed	32%	37%
6	My stress is unbearable	5.9%	8.5%

**Q107\_1 To what extent has stress impacted or interfered with your academic life?**

		PIP24	Truman
1	Not at all	11%	8.0%
2	Somewhat	27%	21%
3	Moderately	24%	26%
4	Considerable	21%	23%
5	A great deal	17%	21%

**Q107\_2 To what extent has stress impacted or interfered with your personal life?**

		PIP24	Truman
1	Not at all	8.4%	6.9%
2	Somewhat	24%	21%
3	Moderately	25%	26%
4	Considerable	24%	26%
5	A great deal	19%	20%

**Q108 Which of the following are the main sources of your stress? (Check all that apply)**

		PIP24	Truman
1	School work/Academics (including technology to complete school work, online courses, etc.)	89%	97%
2	Financial concerns	52%	47%
3	Job	37%	22%
4	Dating/relationship with partner	25%	22%
			32%
5	Friends/family (e.g. death in the family, children/taking care of children)	33%	
6	Roommates	15%	24%
7	Time management	52%	61%



8	Physical health (related to COVID-19)	6.2%	7.9%
9	Physical health (unrelated to COVID-19)	25%	28%
10	Future plans (e.g. graduation, finding a job)	50%	52%
11	Outside organizations/responsibilities (e.g., athletics, fraternity/sorority)	19%	31%
12	Mental health issues	43%	52%
13	Global/national events (e.g. COVID-19, social unrest, racial injustice)	18%	22%
14	Lack of friends/loneliness/homesickness	28%	33%
15	Other (please specify)	2.5%	2.6%
99	I prefer not to respond	1.5%	0.4%

**Q109 Which of the following have you done in the past two weeks to relieve stress? (Check all that apply)**

1	I have done nothing to relieve stress	5.2%	3.0%
2	Made a list of what I needed to do	51%	53%
3	Taking care of physical health (exercising, eating healthy foods, taking a nap/sleep, etc.)	56%	57%
4	Taking care of mental health (Meditation, went to counseling/talked to a therapist/mental health professional, etc.)	30%	27%
5	Talked with a friend/family	57%	62%
6	Said "no" to additional time pressures	28%	31%
7	Smiled/laughed	59%	62%
8	Online, video, or computer games, Listened to music, watched TV/movies	65%	73%
9	Drinking alcoholic beverages	17%	20%
10	Using tobacco/nicotine products	8.9%	7.1%
11	Using marijuana/cannabis	12%	12%
12	Religious/spiritual practices	19%	19%
13	Other (please specify)	2.2%	2.6%
99	I prefer not to respond	1.6%	0.4%

**Q110 Regardless of living situation, whom do you feel you can go to on-campus when personal concerns arise (e.g. personal/academic stress)? (Check all that apply)**

1	Friends/peers	70%	81%
2	Campus counseling center/services	29%	21%
3	Religious/spiritual advisor	10%	10%
4	Residence life staff	7.3%	9.4%
5	Campus health center/services	10%	11%
6	Law enforcement/campus security	4.9%	4.5%
7	Academic advisor	20%	12%
8	Faculty/professor	22%	25%

9	University staff member	7.2%	3.7%
10	Athletic coach	4.6%	3.4%
11	Other (please specify)	1.4%	1.5%
12	I don't feel like I can go to anyone on campus when personal concerns arise	16%	13%
99	I prefer not to respond	2.6%	0.7%

**Q111** Regardless of living situation, whom do you feel you can go to off-campus when personal concerns arise (e.g. personal/academic stress)? (Check all that apply)

1	Parents	67%	72%
2	Sibling/extended family	53%	55%
3	Friends/peers	74%	81%
4	Mental health professional (counselor)	22%	19%
5	Religious or spiritual advisor	13%	12%
6	Chat rooms or online support groups	4.7%	6.7%
7	Dating partner/spouse	36%	31%
8	Other (please specify)	0.7%	0.0%
9	I don't feel like I can go to anyone off campus when personal concerns arise	5.0%	4.1%
99	I prefer not to respond	2.0%	0.7%

**Q112** On a typical school night (Sunday-Thursday) how many hours of sleep do you usually get?

0	0	0.1%	0.0%
1	1	0.1%	0.4%
2	2	0.2%	0.4%
3	3	0.7%	0.4%
4	4	3.8%	3%
5	5	12%	10%
6	6	25%	22%
7	7	32%	35%
8	8	21%	21%
9	9	3.7%	4.9%
10	10 or more	1.6%	3.0%

**Q113** On average, how many hours per week do you devote to the following activities? (Please select 0 if not applicable)

Watching TV	11.78	9.57
On the Internet (not using social media)	17.07	17.28
Using social media (Facebook, Twitter, Instagram, Snapchat, etc)	18.44	15.70
Hanging out with friends without alcohol	19.34	17.98

Partying with alcohol	5.16	5.68
Participating in a student organization activity	7.66	7.43
Working out/playing sports	10.57	8.44
Studying	20.99	21.27
Doing volunteer activities	3.83	1.69
Playing video games	11.19	9.86
Working	20.19	9.41

**Q114 Please indicate the frequency of the following statements:**

**Q114\_1 In the last 30 days, I worried whether my food would run out before I got money to buy more**

1	Always	5.4%	2.3%
2	Very often	6.2%	7.7%
3	Sometimes	15%	13%
4	Rarely	15%	18%
5	Never	59%	60%

**Q114\_2 In the last 30 days, the food that I bought just didn't last, and I didn't have money to get more**

1	Always	3.6%	2.3%
2	Very often	4.7%	4.6%
3	Sometimes	11%	7.7%
4	Rarely	14%	9.7%
5	Never	66.9%	76%

**Q114\_3 In the last 30 days, I couldn't afford to eat balanced meals**

1	Always	6%	4.6%
2	Very often	8.7%	9.7%
3	Sometimes	13%	12%
4	Rarely	12%	10%
5	Never	60%	64%

**Flourishing Scale**

Total Flourishing Scale Score	44.66	42.92
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**Q115\_1 I lead a purposeful and meaningful life**

1	Strongly Agree	26%	21%
2	Agree	35%	29%
3	Slightly agree	19%	26%
4	Neither agree nor disagree	9.1%	10%
5	Slightly disagree	4.4%	6.6%
6	Disagree	3.9%	4.7%
7	Strongly Disagree	2.3%	2.7%

**Q115\_2 My social relationships are supportive and rewarding**

1	Strongly Agree	26%	22%
2	Agree	39%	38%

3	Slightly agree	18%	22%
4	Neither agree nor disagree	8.3%	6.9%
5	Slightly disagree	4.2%	5.8%
6	Disagree	2.9%	4.6%
7	Strongly Disagree	1.5%	0.8%

**Q115\_3 I am engaged and interested in my daily activities**

1	Strongly Agree	20%	15%
2	Agree	34%	31%
3	Slightly agree	24%	28%
4	Neither agree nor disagree	8.1%	9.3%
5	Slightly disagree	7.1%	7.7%
6	Disagree	4.8%	5.8%
7	Strongly Disagree	2.0%	3.1%

**Q115\_4 I actively contribute to the happiness and well-being of others**

1	Strongly Agree	27%	22%
2	Agree	40%	42%
3	Slightly agree	19%	21%
4	Neither agree nor disagree	8.6%	8.5%
5	Slightly disagree	2.2%	1.9%
6	Disagree	1.8%	2.3%
7	Strongly Disagree	0.9%	1.9%

**Q115\_5 I am competent and capable in the activities that are important to me**

1	Strongly Agree	32%	28%
2	Agree	42%	41%
3	Slightly agree	16%	20%
4	Neither agree nor disagree	5.0%	5.8%
5	Slightly disagree	2.3%	3.5%
6	Disagree	1.4%	0.8%
7	Strongly Disagree	0.9%	1.6%

**Q115\_6 I am a good person and live a good life**

1	Strongly Agree	32%	23%
2	Agree	39%	42%
3	Slightly agree	16%	19%
4	Neither agree nor disagree	8.3%	7.0%
5	Slightly disagree	2.8%	2.7%
6	Disagree	2.0%	3.5%
7	Strongly Disagree	1.2%	2.3%

**Q115\_7 I am optimistic about my future**

1	Strongly Agree	29%	23%
2	Agree	33%	31%
3	Slightly agree	19%	20%
4	Neither agree nor disagree	8.6%	6.2%
5	Slightly disagree	5.0%	7.4%
6	Disagree	3.4%	7.0%

7	Strongly Disagree	2.8%	5.8%
<b>Q115_8 People respect me</b>			
1	Strongly Agree	22%	17%
2	Agree	40%	36%
3	Slightly agree	19%	25%
4	Neither agree nor disagree	12%	10%
5	Slightly disagree	3.5%	6.6%
6	Disagree	2.7%	3.5%
7	Strongly Disagree	1.5%	1.9%
<b>Q116 Which of the following have you experienced in the past 12 months? (Check all that apply)</b>			
1	Depression	55%	59%
2	Eating disorder(s)	19%	21%
3	Chronic sleep issues	28%	28%
4	Non-suicidal self-injury/ self-harm behaviors	8.3%	16%
5	Anxiety	70%	74%
6	Panic attacks	30%	34%
7	Bipolar disorder	4.3%	3.8%
8	Other mental health concerns (e.g. OCD, ADHD/ADD)	24%	25%
9	Post-traumatic stress disorder (PTSD)	11%	8.4%
10	Substance use disorder(s)/dependency	4.3%	6.9%
11	Other (please specify)	1.8%	1.9%
12	I have not experienced any of these	19%	15%
99	I prefer not to respond	2.5%	0.8%
<b>Q117 Which of the following that you have experienced in the past 12 months have you been diagnosed with by a mental health or medical professional? (Check all that apply)</b>			
1	Major depression	23%	23%
2	Eating disorder(s)	5.6%	7.6%
3	Chronic sleep issues	8.2%	4.0%
4	Non-suicidal self-injury disorder (NSSID)	1.7%	4.5%
5	Anxiety disorder(s)	34%	30%
6	Post-traumatic stress disorder (PTSD)	7.4%	5.8%
7	Panic disorder	7.9%	6.7%
8	Bipolar disorder		
9	Other mental health concerns (e.g. OCD, ADHD/ADD)	14%	15%
10	Other (please specify)	2.6%	1.3%
11	I have not been diagnosed any of these	50%	57%
99	I prefer not to respond	4.4%	2.7%

<b>For the issues previously identified, where did you initially seek assistance? (check up to two)</b>			
1	I did not seek assistance	9.2%	7.4%
2	Campus counseling center/services	17%	15%
3	Campus health center/services	3.8%	5.3%
4	Religious or spiritual advisor	2.5%	0.0%
5	Hospital emergency room	2.3%	4.2%
6	Off-campus medical doctor	29%	33%
7	Off-campus mental health provider	32%	37%
8	In-patient psychiatric facility	2.8%	3.2%
9	Friends and family	35%	43%
10	None of above. I practice self-care/other types of management on my own.	4.5%	2.1%
11	Other (please specify)	1.7%	2.1%
99	I prefer not to respond	5.1%	2.1%
<b>Q119 What other services did you utilize? (Check up to two)</b>			
1	Friends and family	60%	68%
2	Campus counseling center/services	14%	14%
3	Off-campus medical doctor	19%	19%
4	Off-campus mental health provider	19%	26%
5	Religious or spiritual advisor	5.8%	4.5%
6	Campus health center/services	2.8%	0.0%
7	Hospital emergency room	2.2%	3.4%
8	In-patient psychiatric facility	2.2%	3.4%
9	Other (please specify)	1.3%	1.1%
10	None of the above. I did not seek any other assistance.	16%	14%
99	I prefer not to respond	5.6%	3.4%
<b>Q120 What are the barriers that stop you from seeking assistance? (Check all that apply)</b>			
1	The cost is too expensive/My insurance does not cover	31%	57%
2	I do not have health insurance	11%	14%
3	I do not know any resources	14%	29%
4	It is not helpful	23%	14%
5	The waiting list is too long	8.1%	0.0%
6	I am afraid that people will judge me	25%	29%
7	I do not think I need any assistance	32%	14%
99	I prefer not to respond	14%	29%
<b>MENTAL HEALTH</b>			
<b>Q121 Have you ever (in your lifetime) had suicidal thoughts?</b>			

1	Yes	47%	51%
2	No	47%	43%
99	I prefer not to respond	5.9%	5.4%
<b>Q122</b>	<b>In the past 12 months, have you had suicidal thoughts?</b>		
1	Yes	25%	32%
2	No	74%	68%
99	I prefer not to respond	1.4%	0.0%
<b>Q123</b>	<b>In the past 12 months, have you attempted suicide?</b>		
1	Yes	2.1%	4.5%
2	No	97%	94%
99	I prefer not to respond	0.6%	1.6%
<b>Q124</b>	<b>Have you sought assistance for your suicidal attempt/thoughts in the past 12 months?</b>		
1	Yes	37%	34%
2	No	56%	61%
99	I prefer not to respond	7.4%	5.0%
<b>Q125</b>	<b>Where did you primarily seek assistance for your suicidal attempt/thoughts?</b>		
1	Campus counseling center/services	18%	21%
2	Campus health center/services	3.1%	0.0%
3	Family/Friends	26%	32%
4	Religious or spiritual advisor	2.2%	3.6%
5	Hospital emergency room	3.3%	3.6%
6	Off-campus medical doctor	11%	7.1%
7	Off-campus mental health center	31%	25%
8	Other (please specify)	2.7%	7.1%
9	Not applicable/none of the above	1.8%	0.0%
99	I prefer not to respond	0.8%	0.0%
<b>Q126</b>	<b>What other services did you utilize? (Check up to two)</b>		
1	Campus counseling center/services	22%	14%
2	Campus health center/services	6.3%	3.6%
3	Family/Friends	58%	43%
4	Religious or spiritual advisor	7.2%	3.6%
5	Hospital emergency room	3.3%	7.1%
6	Off-campus medical doctor	20%	11%
7	Off-campus mental health center	23%	32%
8	Other (please specify)	1.6%	3.6%
9	Not applicable/none of the above	15%	25%
99	I prefer not to respond	1.2%	0.0%
<b>Q127</b>	<b>How effective was the assistance you received?</b>		
0	Not applicable/none of the above	0.8%	0.0%

1	It negatively impacted me	1.6%	0.0%
2	Not effective at all	4.5%	7.1%
3	Slightly effective	16%	11%
4	Moderately effective	30%	25%
5	Very effective	31%	32%
6	Extremely effective	14%	25%
99	I prefer not to respond	1.4%	0.0%

**Q128 What are the barriers that stop you from seeking assistance? (Check all that apply)**

1	The cost is too expensive/My insurance does not cover	34%	41%
2	I do not have health insurance	8.4%	4.1%
3	I do not know any resources	10%	14%
4	It is not helpful	29%	45%
5	The waiting list is too long	11%	22%
6	I am afraid people will judge me	33%	43%
7	I feel shame	39%	43%
8	I have a fear of hospitalization	32%	43%
9	I do not think I need any assistance	39%	49%
10	Other (please specify)	8.7%	2.0%
99	I prefer not to respond	3.9%	2.0%

**Q129 In the past 12 months, have you been concerned about a friend having suicidal thoughts or behaviors?**

1	Yes	38%	44%
2	No	59%	52%
99	I prefer not to respond	3.4%	4.2%

**Q130 Would you be willing to complete an online suicide prevention training program specializing in the detection, intervention, and referral of friends at risk for suicide?**

1	Yes	48%	52%
2	No	37%	30%
99	I prefer not to respond	15%	19%

**Q131 Have you heard of the Ask Listen Refer (ALR) program (an online suicide prevention program designed to help faculty, staff, and students prevent suicide)?**

1	Yes	30%	53%
2	No	69%	44%
99	I prefer not to respond	1.8%	2.7%

**Please indicate your level of agreement with the following statement:**



**Q132 I would want a peer to do something if they thought I was in danger of harming myself.**

1	Strongly Agree	54%	46%
2	Agree	32%	35%
3	Neither agree nor disagree	9.4%	12%
4	Disagree	3.4%	5.1%
5	Strongly Disagree	1.8%	1.6%

**Q133 How likely are you to bring up the topic of suicide with someone you think is at risk?**

1	Very unlikely	4%	4.0%
2	Unlikely	11%	15%
3	Neither likely nor unlikely	22%	18%
4	Likely	44%	47%
5	Very likely	19%	16%

**Q134 How likely are you to refer someone who tells you they are thinking of suicide to a local resource?**

1	Very unlikely	2.9%	2.7%
2	Unlikely	4.0%	3.1%
3	Neither likely nor unlikely	10%	10%
4	Likely	34%	40%
5	Very likely	49%	44%





**Q\* MACHB 2022**

Truman State University  
 Created by: Kayleigh Greenwood & Jackie  
 McKenzie  
 Date: 05/25/2022

	7
<b>PIP24</b>	<b>Truman</b>
6705	323
18%	32%

**TOBACCO****Q136 How old were you when you first started using tobacco/nicotine products?**

0	Never used tobacco/nicotine products	68%	76%
1	12 or younger	1.5%	0.4%
2	13	1.1%	0.0%
3	14	2.4%	0.8%
4	15	4.4%	4.6%
5	16	5.9%	5.8%
6	17	4.6%	2.7%
7	18	7.2%	5.0%
8	19	1.8%	3.8%
9	20	1.3%	0.8%
10	21	0.9%	0.0%
11	22	0.2%	0.0%
12	23	0.1%	0.0%
13	24 or older	0.4%	0.0%

**Q137 Which of the following tobacco/nicotine products have you used in the past 12 months? (Check all that apply)**

1	I did not use any tobacco/nicotine products	75%	80%
2	Cigarettes	9.2%	8.0%
3	Cigars	3.3%	4.2%
4	Smokeless tobacco (e.g., chewing, spit, dip, snus)	2.4%	2.3%
5	Hookah	2.0%	0.4%
6	E-cigarettes/vaporizers (including JUUL, Puff bar, MarkTen Elite, etc.)	20%	17%
7	Other (please specify)	0.2%	0.4%
	Any tobacco products	24%	20%
99	I prefer not to respond	0.7%	0.0%

**Q138 How often in the past 12 months did you use the following tobacco/nicotine products?**

<b>Q138_1 Cigarettes</b>			
1	A few times a year	52%	55%
2	1-3 time per month	19%	30%
3	1-2 times per week	6.6%	10%
4	3-6 times per week	4.0%	5.0%
5	Everyday	18%	0.0%

<b>Q138_2 Cigars</b>			
1	A few times a year	88%	100%
2	1-3 time per month	7.1%	0.0%
3	1-2 times per week	1.8%	0.0%
4	3-6 times per week	1.2%	0.0%
5	Everyday	1.8%	0.0%

<b>Q138_3 Smokeless tobacco (e.g., chewing, spit, dip, snus)</b>			
1	A few times a year	49%	50%
2	1-3 time per month	12%	17%
3	1-2 times per week	8.1%	17%
4	3-6 times per week	8.1%	0.0%
5	Everyday	23%	17%

<b>Q138_4 Hookah</b>			
1	A few times a year	80%	100%
2	1-3 time per month	13%	0.0%
3	1-2 times per week	5.8%	0.0%
4	3-6 times per week	1.9%	0.0%
5	Everyday	0.0%	0.0%

<b>Q138_5 E-cigarettes/vaporizers (including JUUL, Puff bar, MarkTen Elite, etc.)</b>			
1	A few times a year	23%	31%
2	1-3 time per month	14%	16%
3	1-2 times per week	8.5%	8.9%
4	3-6 times per week	9.6%	2.2%
5	Everyday	46%	42%

**Q139 In the past 12 months, have you experienced any of the following while attending school due to your tobacco/nicotine use? (check all that apply)**

1	I needed to take a tobacco/nicotine break to make it through academic events (e.g. class, webinar, meeting, training)	15%	15%
2	I needed to take a tobacco/nicotine break to make it through a test/exam	4.0%	0.0%
3	Experienced difficulty concentrating on academic work	10%	13%

4	Experienced irritability, frustration, or anger because I didn't have access to tobacco/nicotine	17%	19%
5	Experienced anxiety, depression, or sad mood because I didn't have access to tobacco/nicotine	12%	21%
6	I felt restless when I didn't have access to tobacco/nicotine	17%	15%
7	Experienced physical health consequences because of withdrawal during my tobacco/nicotine use (e.g. increased appetite, headaches, dizziness, cough, fatigue, insomnia, etc.)	12%	15%
8	Other (please specify)	1.0%	0.0%
9	None of the above	63%	68%
99	I prefer not to respond	3.4%	3.8%

**Q140 Have you considered/attempted to quit smoking or using tobacco/nicotine products since entering college?**

1	No	24%	30%
2	Yes, I have considered quitting	22%	23%
3	Yes, I have considered and attempted quitting	24%	17%
4	Yes, I have quit using	25%	28%
99	I prefer not to respond	5%	1.9%

**Q141 When you considered quitting using tobacco/nicotine products, which of the following reasons contributed to your decision? (check all that apply)**

1	Because using tobacco is against the law/policy (e.g. I am younger than 21, Where I live prohibits use, My campus is tobacco/smoke-free)	5.3%	11%
2	My future plans (e.g. finding a job, graduation)	24%	16%
3	People I am living with do not support my tobacco/nicotine use	13%	8.1%
4	My friends/people close to me don't use tobacco products/recently quit	14%	11%
5	My doctor/mental health professionals/dentist advised me to quit	10%	2.7%
6	I have health concerns or a current medical condition	21%	27%
7	Potential of getting sick or developing a lasting disease	46%	43%

8	Tobacco products cost too much	47%	43%
9	I don't want to have a habit I will regret (e.g. being dependent on tobacco/nicotine)	54%	62%
10	I don't like how it feels	12%	11%
11	I am not interested in using anymore	33%	41%
12	I have too many personal responsibilities	16%	16%
13	I have too many academic responsibilities	14%	14%
14	Other (please specify)	3.1%	2.7%
99	I prefer not to respond	7.4%	5.4%

**Q142 Where have you sought assistance for quitting tobacco/nicotine products? (Check all that apply)**

1	Campus health center/services	0.6%	0%
2	Campus counseling center/services	0.5%	0.0%
3	Campus wellness center/services	0.5%	0.0%
4	Online resources/Mobile APP	4.0%	0.0%
5	Family/Friends	5.8%	2.7%
6	Other (please specify)	20%	14%
7	I have not sought assistance	1.4%	0.0%
99	I prefer not to respond	67%	81%
		6.2%	5.4%

**Q\* MACHB 2022**

Truman State University  
 Created by: Kayleigh Greenwood & Jackie  
 McKenzie  
 Date: 05/25/2022

7  
**PIP24**     **Truman**  
 6705     323  
 18%     32%

**N=**  
**Return Rate**

**INTERPERSONAL VIOLENCE**

<b>INTERPERSONAL VIOLENCE</b>			
<b>Q144</b>	<b>Which, if any, of the following describe any intimate partner violence (IPV) you have ever experienced? (Check all that apply)</b>		
1	Verbally abusive (Using words to demean, frighten, or control)	22%	22%
2	Sexually abusive (Unwanted sexual activity, use of force/threats, sexual activity without consent)	13%	16%
3	Physically abusive (Any non-accidental physical injury)	8.5%	5.8%
4	Psychologically/mentally abusive (Non-physical actions that manipulate, hurt, weaken, or frighten mentally/emotionally)	25%	24%
5	Financially abusive (Controlling the ability to acquire, use, or maintain financial resources)	6.2%	5.8%
6	Abusive in any other way (please specify)	0.8%	1.2%
0	Not applicable, none of the above.	66%	68%
99	I prefer not to respond	3.6%	1.9%
	Any abuse	31%	30%
<b>Q145</b>	<b>In the past 12 months, which, if any, of the following describe any intimate relationships you experienced? (Check all that apply)</b>		
1	Verbally abusive (Using words to demean, frighten, or control)	8.8%	10%
2	Sexually abusive (Unwanted sexual activity, use of force/threats, sexual activity without consent)	3.5%	4.7%
3	Physically abusive (Any non-accidental physical injury)	1.8%	0.8%



4	Psychologically/mentally abusive (Non-physical actions that manipulate, hurt, weaken, or frighten mentally/emotionally)	11%	12%
5	Financially abusive (Controlling the ability to acquire, use, or maintain financial resources)	2.4%	2.4%
6	Abusive in any other way (please specify)	0.3%	0.4%
0	Not applicable, none of the above.	85%	84%
99	I prefer not to respond	0.5%	0.8%
	Any abuse in past year	15%	15%
<b>Q146</b>	<b>Have you ever experienced non-consensual sexual contact, meaning sexual contact against your will?</b>		
0	No	72%	74%
1	Yes	24%	22%
99	I prefer not to respond	4.3%	4.2%
<b>Q147</b>	<b>In the past 12 months, experienced non-consensual sexual contact, meaning sexual contact against your will?</b>		
0	No	93%	92%
1	Yes	6.5%	7.6%
99	I prefer not to respond	0.4%	0%
<b>Q148</b>	<b>Has the non-consensual sexual contact occurred while you were attending this college/university?</b>		
0	No	35%	16%
1	Yes	62%	84%
99	I prefer not to respond	3.5%	0%
<b>Q149</b>	<b>Where did the non-consensual sexual contact occur? (Check all that apply)</b>		
	On-campus	23%	30%
1	On-campus residence hall building	18%	30%
2	Other on-campus locations	6.1%	5%
3	Off-campus and not related to university activities	42%	50%
4	Off-campus and at a university-related event	2.8%	10%
5	During a study abroad program	0.9%	0%
6	During an internship through the college/university	0.3%	0%
7	Away from my campus (i.e., during winter break, spring break, etc.)	11%	15%
8	Other (please specify)	1.2%	0%
99	I prefer not to respond	33%	25%

<b>Q150</b>	<b>Have you ever forced someone to have non-consensual sexual contact, meaning sexual contact against their will?</b>			
0	No	98%	98%	
1	Yes	0.4%	0.8%	
99	I prefer not to respond	1.5%	1.2%	
<b>Q151</b>	<b>In the past 12 months, have you forced someone to have non-consensual sexual contact, meaning sexual contact against their will?</b>			
0	No	100%	100%	
1	Yes	0.1%	0.4%	
99	I prefer not to respond	0%	0%	
<b>Q152</b>	<b>In the past 12 months, has anyone used any method of stalking to make you feel fearful?</b>			
0	No	92%	94%	
1	Yes	5.6%	4.6%	
99	I prefer not to respond	2.1%	1.2%	
<b>Q153</b>	<b>Which tools or methods did someone use to make you feel fearful? (check all that apply)</b>			
1	Social networking	49%	71%	
2	Cell phone	50%	64%	
3	GPS/Mobile App	8%	21%	
4	In person- showing up at/outside of your class	16%	21%	
5	In person- showing up at your residence	25%	29%	
6	In person- showing up at your place of work	15%	14%	
7	Other (please specify)	5.8%	7.1%	
0	None of the above	5.3%	7.1%	
99	Prefer not to respond	20%	7.1%	
<b>Q154</b>	<b>In the past 12 months, have you felt pressured, threatened, or forced to do something you didn't want to do by someone important to you?</b>			
0	No	87%	86%	
1	Yes	11%	12%	
99	I prefer not to respond	2.6%	2.3%	
<b>Q155</b>	<b>In the past 12 months, have you felt physically and/or psychologically/mentally unsafe with the person(s) with whom you resided?</b>			
0	No	87%	86%	
1	Yes, I felt physically unsafe	0.8%	1.9%	

2	Yes, I felt psychologically/mentally unsafe	6.2%	7.3%
3	Yes, I felt unsafe in both ways	2.1%	2.7%
99	I prefer not to respond	3.4%	2.3%

**Q156 In the past 12 months, were you unable to access medication, including but not limited to birth control, and/or anti-retroviral therapy because of someone important to you?**

0	No	94%	96%
1	Yes	3%	2.3%
99	I prefer not to respond	2.7%	1.9%

**Q157 Please indicate how likely you are to engage in each of the following behaviors in the future:**

**Q157\_1 Tell someone if I heard what sounded like yelling or fighting through my residence hall/apartment walls**

0	Never would	2.7%	2%
1	Unlikely	19%	21%
2	Likely	30%	32%
3	Very likely	20%	23%
4	Definitely would	28%	22%

**Q157\_2 Get help if I saw a friend grabbing, pushing, or insulting their boyfriend/girlfriend/partner**

0	Never would	0.6%	0.8%
1	Unlikely	4.9%	5.5%
2	Likely	24%	26%
3	Very likely	26%	31%
4	Definitely would	44%	37%

**Q157\_3 Speak up and express concern if I heard a stranger talking about coercing someone to have sex**

0	Never would	1.2%	2.4%
1	Unlikely	10%	13%
2	Likely	23%	24%
3	Very likely	25%	25%
4	Definitely would	42%	36%

**Q157\_4 Speak up and express concern if I heard a friend talking about coercing someone to have sex**

0	Never would	0.4%	0.4%
1	Unlikely	1.7%	1.2%
2	Likely	17%	15%
3	Very likely	25%	24%
4	Definitely would	56%	59%

<b>Q158 If you were to get help for any of the above situations after they occurred, where would you go? (Check all that apply)</b>			
1	Friends/peers	75%	78%
2	Another student	22%	25%
3	Health, wellness, or counseling center/services	43%	35%
4	Residence life staff	31%	36%
5	Campus health center	16%	13%
6	Police/Campus safety	57%	56%
7	Campus staff/faculty member	32%	28%
8	I am unsure/I do not know	9.7%	15%
9	Other (please specify)	1.9%	3.2%
0	I would not get help	1%	1.2%
99	I prefer not to respond	1.1%	1.2%
<b>Q159 For the previous situations where you indicated that you would never or were unlikely to do something, why do you think you would not intervene? (Check all that apply)</b>			
1	I don't think it's a problem. /I was unable to identify the situation at the time. /I did not think anyone was being harmed.	24%	23%
2	I'm afraid I'd look stupid if I made a big deal out of nothing or if I did it wrong. /I was worried about what others would think/say of me for intervening	32%	40%
3	I did not notice the situation was occurring because I was distracted/not paying attention	26%	32%
4	I did not notice the situation was occurring because I was intoxicated	2.8%	5.7%
5	I did not feel responsible for intervening.	15%	15%
6	I could get physically hurt./I was worried about my personal safety/well-being.	25%	30%
7	My personality traits would make it hard (e.g., I'm shy, I hate conflict).	40%	56%
8	I don't think the person would actually need my help. / I thought the individual(s) being targeted could handle the situation, and/or someone else would intervene.	12%	16%
9	I did not know what to do or say.	31%	46%

10	I wouldn't want to get in trouble./I was worried about getting in trouble with authorities or the perpetrators themselves	8.2%	14%
11	It's not my concern and I don't want to get involved.	15%	16%
12	Other (please specify)	3.8%	2.3%
99	I prefer not to respond	8.5%	3.4%

**Q\* MACHB 2022**

Truman State University  
 Created by: Kayleigh Greenwood & Jackie  
 McKenzie  
 Date: 05/25/2022

7

<b>PIP24</b>	<b>Truman</b>
6705	323
18%	32%

N=

Return Rate

**ADDITIONAL DEMOGRAPHICS**

<b>Q160</b>	<b>Please indicate if you belong to any of the following group(s) on campus:</b>		
1	First generation student	22%	14%
	Fraternity or Sorority member (IFC Fraternity or Interfraternity Council, PHA Sorority or Panhellenic Association, NPH Fraternity/Sorority or National Pan-Hellenic Council, Multicultural Fraternity/Sorority)	13%	24%
3	Intercollegiate/Varsity athlete	7.1%	6.9%
4	Parent	3.3%	0.8%
5	International student	2.9%	1.9%
6	Military service/USAS member (currently or previously)	2.4%	1.9%
	Student leader (hold a leadership position in a student organization/activity currently or previously)	20%	30%
7	None of the above	44%	40%
0	I prefer not to respond	2.4%	2.3%
99			
<b>Q161</b>	<b>How are you paying for your expenses related to your education? (Check all that apply)</b>		
1	Pre-existing school savings/Out of pocket	37%	48%
2	Parents or other family members pay	45%	54%
3	Loans in my name	34%	30%
4	Scholarships	62%	80%
5	Financial aid (e.g. FAFSA)	56%	51%
6	Grant (including Pell Grants)	35%	29%
7	I have a job to pay for my education	29%	23%
8	GI Bill/Military	3.4%	2.3%
9	Other (please specify)	1.3%	0.8%
99	I prefer not to respond	2.5%	1.5%
<b>Q162</b>	<b>Were you eligible to receive a Pell Grant this semester?</b>		
0	No	37%	43%
1	Yes	31%	21%
88	Unsure	30%	35%

99	I prefer not to respond	1.9%	1.2%
<b>Q163</b>	<b>Please describe your disability status: (check all that apply)</b>		
0	I have no disability	71%	70%
1	Learning disability (LD)	2.6%	2.7%
2	ADD/ADHD	13%	15%
3	Deaf/hard of hearing	0.8%	0.4%
4	Blind/low vision	0.9%	1.2%
5	Physical health disability	2.7%	3.1%
6	Mental health disability	11%	13%
7	Orthopedic or mobility disability	0.7%	0.4%
8	Autism Spectrum Disorder	2.5%	4.2%
9	Speech/language disability	0.5%	0.4%
10	Neurological disability (traumatic brain injury)	0.7%	0%
11	Other (please specify)	2.2%	3.9%
99	I prefer not to respond	3.7%	3.5%
<b>Q164</b>	<b>In which subject area is your major? (If you have a double major, you may select up to two)</b>		
1	Agriculture	2.2%	1.5%
2	Business (e.g., Accounting, Marketing) Communication (e.g., Advertising, Mass	14%	8.5%
3	Communication, Public Relations)	2%	1.9%
4	Computer Science	5.7%	4.2%
5	Divinity/Theology/Religious	0.5%	0%
6	Education	8.5%	6.9%
7	English	2.2%	5.8%
8	Engineering	8.6%	0.4%
9	Foreign Language	1.4%	4.6%
10	Health Sciences/Veterinary Science (e.g., Medicine, Nursing, Optometry, Pharmacy, Physical Therapy, Speech-Language Pathology)	18%	23%
11	Human Development and Family Studies	0.5%	0%
12	Interdisciplinary	0.3%	1.2%
13	Journalism	1.2%	0%
14	Liberal Arts/Humanities (e.g., History, Philosophy)	2.6%	6.2%
15	Mathematics	1.9%	5%
16	Physical Sciences (e.g., Biology, Biochemistry, Chemistry, Physics)	9.9%	15%
17	Social Sciences (e.g., Counseling, Criminal Justice, Economics, Political Science, Psychology, Social Work, Sociology)	14%	19%
18	Technology	2.4%	0%

	Visual and Performing Arts (e.g., Art, Film, Fine Arts, Music, Photography, Theater, Voice)	5.1%	6.2%
19			
20	Undecided or do not have a major yet	2.8%	3.5%
21	Other (please specify)	7.8%	5.4%
99	I prefer not to respond	2.3%	1.2%
<b>Q165</b>	<b>Did you graduate from a high school in Missouri?</b>		
0	No	31%	18%
1	Yes	70%	82%
<b>Q166</b>	<b>Specific High School Counties Available</b>		
<b>Q167</b>	<b>Specific High School States Available</b>		
<b>Q168</b>	<b>If you could start college over again, would you go to the same institution you are now attending?</b>		
1	Definitely no	4.9%	5.4%
2	Probably no	16%	19%
3	Probably yes	46%	54%
4	Definitely yes	30%	18%
99	I prefer not to respond	2.8%	3.5%



**Q\* MACHB 2022**

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6705	323
18%	32%

N=

Return Rate

**COVID-19**

**Q170** Which of the following statement(s) about prevention strategies related to COVID-19 fit you?(check all that apply)

1	In the past 30 days, I wore a face mask/covering in public indoor settings.	79%	95%
2	I have received at least one dose of a COVID-19 vaccine.	70%	81%
3	I practice good hygiene and health behavior, such as washing hands, disinfecting areas, and monitoring my own health.	84%	88%
4	I practice physical distancing (such as limiting the number of in-person interactions, keeping 6-ft social distance in public)	44%	51%
5	I follow guidance from the CDC and/or national/state/local governments.	52%	61%
6	Other (please specify)	1.3%	0.4%
7	I prefer not to respond	4.1%	3.1%

**Q171** What is your level of agreement to the following statements?

**Q171\_1** I know where to go to find the most up-to-date information about my college or university's policies in light of the COVID-19 pandemic

-2	Strongly disagree	2.1%	2.7%
-1	Disagree	5.8%	3.5%
0	Neither agree nor disagree	12%	10%
1	Agree	35%	47%
2	Strongly Agree	42%	35%
99	I prefer not to respond	2.4%	2.3%

**Q171\_2** I am confident in the campus administration COVID prevention efforts

-2	Strongly disagree	8.0%	13%
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-1	Disagree	11%	14%
0	Neither agree nor disagree	22%	23%
1	Agree	30%	35%
2	Strongly Agree	27%	12%
99	I prefer not to respond	2.6%	2.7%

**Truman Extra Questions**

# %

**Q172 How much sleep did you get last night?**

1	Less than 4 hours	11	4.3%
2	At least 4 hours but less than 7 hours	88	34%
3	7 to 9 hours	145	56%
4	More than 9 hours	12	4.7%
99	I prefer not to respond.	2	0.8%

**Q173 Do you think your average amount of sleep on school nights is adequate?**

1	No, but I am not interested in increasing it	16	6.2%
2	No, but I am thinking about increasing it	67	26%
3	No, but I am planning to increase it	53	21%
4	Yes	119	46%
99	I prefer not to respond.	3	1.2%

**Q174 On how many of the past 7 days did you get enough sleep so that you felt rested when you woke up in the morning?**

1	0 days	29	11%
2	1 day	28	11%
3	2 days	51	20%
4	3 days	35	14%
5	4 days	26	10%
6	5 days	42	16%
7	6 days	18	7.0%
8	7 days	22	8.5%
99	I prefer not to respond.	7	2.7%

**Q175 How do you prefer to exercise?**

1	Alone	82	32%
2	With a partner or friend	64	25%
3	With a team or group	21	8.1%
4	Sometimes with a partner, friend, team or group; sometimes alone	83	32%
99	I prefer not to respond.	8	3.1%

**Q176 Do you think your current level of physical activity is adequate?**

1	No, but I am not interested in increasing it	27	11%
2	No, but I am thinking about increasing it	80	31%
3	No, but I am planning to increase it	78	30%
4	Yes	71	28%
99	I prefer not to respond.	2	0.8%

**What do you do to be physically active while enrolled at Truman? (Check all that apply)**

1	Walk, bike, swim and/ or run	144	56%
2	Workout at the Student Recreation Center, home or other location	155	60%
3	Activity classes at the Student Recreation Center or other location (not for academic credit)	37	14%
4	Take the stairs	158	61%
5	Sports - varsity, club, and/or intramural	67	26%
6	Classes for academic credit	17	6.6%
7	Physically demanding job	28	11%
8	Stretching/study breaks	65	25%
9	Use parks and other public spaces to hike, canoe, kayak, etc.	45	17%
10	Count steps/active calories	45	17%
11	Events - Races, Walks, etc.	10	3.9%
12	Dance	31	12%
13	Games with friends - frisbee, sand volleyball, etc.	51	20%
14	Rollerblading, Skateboarding	12	4.7%
15	Yoga	40	16%
16	Other (please list)	5	1.9%
17	None of the above	7	2.7%
99	I prefer not to respond.	3	1.2%

**In the past year have hunger problems caused you to not perform as well in your academics as you otherwise would have?**

1	Never	155	60%
2	Rarely	55	21%
3	Sometimes	32	12%
4	Very often	11	4.3%
5	Always	0	0.0%
99	I prefer not to respond.	5	1.9%

**In the past year, have you had to choose to not pay a bill or pay only part of a bill (i.e., rent, utilities) in order to have enough money for food?**

1	Never	227	88%
2	Rarely	11	4.3%
3	Sometimes	11	4.3%
4	Very often	3	1.2%
5	Always	0	0.0%
99	I prefer not to respond.	6	2.3%

**Establishing a healthy work-life balance is challenging. It involves managing academic and financial responsibilities with caring for family and friends, while still taking care of your own needs. How successful have you been in finding an appropriate balance of these demands this academic year?**

**Q180**

1	I have found a good balance for me.	58	23%
2	I am making progress but am still working on changes to achieve a better balance.	128	50%
3	I would like some assistance to find a better balance for me.	19	7.4%
4	I am considering taking steps to achieve a better balance	31	12%
5	I really am not interested in addressing my work-life balance.	12	4.7%
99	I prefer not to respond.	10	3.9%

**Have you discussed any aspect of work-life balance with a faculty or staff academic advisor this academic year?**

**Q181**

0	No	198	77%
1	Yes	44	17%
2	Not sure	9	3.5%
99	I prefer not to respond.	7	2.7%