RELEASE AND WAIVER OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT

FOR GOOD AND VALUABLE CONSIDERATION, including permission to participate in Virtual 5K Run/Walk and related activities, I, for myself, my successor, heirs, assigns, executors, and administrators;

- 1. Acknowledge that I fully understand that my participation may involve risk of serious injury or death, including economic losses which may result not only from my own actions, inactions, or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, the rules of play, or this type of event or activity;
- 2. Agree that prior to participating I will inspect the facilities, equipment and areas to be used, and, if I believe any of them are unsafe, I will not use them;
- 3. Assume any and all risks of personal injuries to myself, including medical or hospital bills, permanent or partial disability, death, and damage to my property, caused by or arising from my participation in this event or activity;
- 4. Covenant not to sue or present any claim for personal injury, property damage, or wrongful death against Truman State University, their officers, agents or employees, and agents attributable to my participation in the event or activity. Release, waive, discharge and relinquish Truman State University and their officers, employees, and agents from any liability, loss, damage, claim, demand or cause of action against them arising from or attributable to my participation in the event or activity, whether same shall arise by their negligence or otherwise;
- 5. Warrant that I am in good health and have no physical condition that would prevent me from participating in this event or activity;

THIS DOCUMENT RELIEVES TRUMAN STATE UNIVERSITY AND OTHERS FROM LIABILITY FOR PERSONAL INJURY, WRONGFUL DEATH, AND PROPERTY DAMAGE CAUSED BY NEGLIGENCE. I HAVE READ THIS DOCUMENT, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY AGREEING TO IT, AND AGREE VOLUNTARILY.

PARENTAL CONSENT RELEASE AND WAIVER OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT

FOR GOOD AND VALUABLE CONSIDERATION, including permission for the minor to participate in Virtual 5K Run/Walk and related activities, I, the parent/guardian of the minor for myself and on behalf of the minor:

- 1. Acknowledge that the minor and I fully understand that the minor's participation may involve risk of serious injury or death, including economic losses, which may result not only from the minor's own actions, in-actions, or negligence, but also from the actions, in-actions, or negligence of others, the condition of the facilities equipment, or areas where the event or activity is being conducted, the rules of play, or this type of event or activity;
- 2. Consent to the minor's participating in the event or activity; and agree that prior to the minor's participation in the event or activity the minor and I will inspect the facilities, equipment, and areas where the event or activity is being conducted and, if either of us believes any of them are unsafe, we will not use them;
- 3. Covenant not to sue or present any claim for personal injury, property damage, or wrongful death for or on behalf of the minor against Truman State University and their officers, employees, and agents attributable to the minor's participation in the event or activity. Release, waive, discharge and relinquish Truman State University and their officers, employees, and agents from any liability, loss, damage, claim, demand or cause of action against them attributable to the minor's participation in the event or activity, whether same shall arise by their negligence or otherwise;
- 4. Warrant that the minor is in good health and has no physical condition that would prevent the minor from participation in the event or activity;

THIS DOCUMENT RELIEVES TRUMAN STATE UNIVERSITY AND OTHERS FROM LIABILITY FOR PERSONAL INJURY, WRONGFUL DEATH, AND PROPERTY DAMAGE CAUSED BY NEGLIGENCE.

I, THE PARENT OR LEGAL GUARDIAN OF THE MINOR, HAVE READ THIS DOCUMENT, UNDERSTAND THAT I WILL GIVE UP SUBSTANTIAL RIGHTS BY AGREEING TO IT, AND AGREE VOLUNTARILY.

I HAVE READ THIS DOCUMENT AGREED UPON BY MY PARENT OR GUARDIAN AND JOIN THE WAIVER, RELEASE AND ASSUMPTION OF RISK. I AM AWARE OF THE RISKS INVOLVED IN MY PARTICIPATION IN THE EVENT OR ACTIVITY.