

MARCH 2018 NEWSLETTER



The SHSE Administrative Team

Ms. Jeanne Harding, *Interim Dean of SHSE*
Dr. Roberta Donahue, *Chair of HES*
Dr. Lisa Goran, *Chair of Education*
Mr. James Judd, *Director of the RPDC*
Dr. Amy Teten, *Chair of CMDS*
Dr. Brenda Wheeler, *Chair of Nursing*
Ms. Mona Davis, *Assistant to the Dean/Newsletter Editor*

Message from Ms. Jeanne Harding, Interim Dean, School of Health Sciences and Education

You are Invited to the:

Dean, School of Health Sciences and Education

Candidate School-Wide Forums

Ozlem H. Ersin, Ph.D.

Tuesday, March 6

1:00 p.m. – 2:00 p.m.

Violette Hall 1000

Thomas (Joe) Pujol, Ed.D.

Tuesday, March 20

1:00 p.m. – 2:00 p.m.

Violette Hall 1000

The recorded presentations (when available), vitae and feedback forms available at:

<http://wp-internal.truman.edu/hse/dean-search/>

TRUMAN MENTAL HEALTH AWARENESS WEEK

“Walk With Me”
*Night walk for
suicide
awareness*
March 25

Talk by Dr. Jennifer Hurst
*Topic: links between
time spent in nature
and mental well-being*
March 26

Mr. Kevin Hines
Suicide Survivor
March 27
7:00 p.m.
Baldwin Hall
Auditorium

**Nutrition Workshop;
Mass Yoga Event;
Puppies on the Quad**
March 28

Panel with UCS
*Discussion on mental health
and wellness habits, featuring
questions anonymously
submitted by students*
March 29

**Positive
Peers
Info
Night**

TBA





TRUCARE 2018

BUDDY PACKS FOR THE FOOD BANK

**Tuesday, March 20, 2018 | 6 - 8 p.m.
503 N. Main Street | Kirksville, MO 63501**

One in five children in the region faces hunger on a regular basis, with more than half qualifying for free or reduced-price meals at school. Studies show children who face food insecurity are more likely to experience problems at school, are more likely to suffer from anxiousness and irritability, and tend to have to repeat a grade more often than peers who are not food insecure. Buddy Packs are bags of kid-friendly nutrition including two ready-to-eat entrees, fruit cups, a nutritional bar, cereal and shelf-stable milk with peanut butter distributed to children at elementary and some middle schools. Please help the Food Bank of Central and Northeast Missouri by stuffing Buddy Packs needed for April. This event requires most volunteers (25 needed) to work while standing in an assembly line. Some volunteers will do moderate lifting and carrying as they are able. Less mobile volunteers can assist by tying bags once they are packed.

School of Health Sciences and Education

Mini-Research Conference

**Thursday, March 22
3:00 p.m.
Violette Hall 1010**

Communication Disorders



Ms. Andrea Richards accompanied 33 Communication Disorders graduate students to Missouri Speech – Language – Hearing Association (MSHA) Legislative Day / Truman Capitol Day, February 20, in Jefferson City. MSHA provides information to members and students concerning legislation and regulatory issues that affect the speech – language pathology and audiology field. Students and faculty had the opportunity to meet with legislators.

The Communication Disorders Department, in conjunction with Northeast Missouri Area Health Education Center (NEMO AHEC), hosted a Presidents' Day campus visit for area high school students, February 19. Dr. Julia Edgar gave a brief presentation concerning the CMDS major. Katie Maguire, CMDS graduate student, set up stations in the clinic area demonstrating various augmentative devices and other equipment used with clients in the Speech and Hearing Clinic.

The Communication Disorders Association (CoDA) CMDS student organization participated in Literacy Night, February 16, at the Adair Public Library. Mr. Jamie Graham, local author, (pictured, right) read stories to participants.



Approximately 100 children at local preschools and day care centers have been screened for hearing and speech / language difficulties by CMDS graduate students, with Dr. Ilene Elmlinger and Ms. Melissa Passe providing supervisory assistance.

CMDS STUDY ABROAD MEXICO PRESENTATIONS

WHEN: MARCH 6TH, 2018 AT 7:00 PM

WHERE: SUB CONFERENCE ROOM 3000

THE CMDS PROGRAM WOULD LOVE FOR YOU TO TAKE PART IN A NIGHT OF PRESENTATION
GIVEN BY STUDENTS WHO PARTICIPATED IN THE JANUARY 2018 STUDY ABROAD
EXPERIENCE IN PUERTO VALLARTA, MEXICO!



WHETHER YOU ARE A STUDENT WHO IS INTERESTED IN STUDY ABROAD OR
WOULD LIKE TO LEARN ABOUT EXPERIENCES PROVIDING SPEECH AND LANGUAGE THERAPY
TO CHILDREN IN MEXICO, WE WOULD LOVE FOR YOU TO JOIN!

Education



Truman benefactors Chi Cheung and Candace Cheung, of Jefferson City, had lunch with Truman students Jane Cai, Bidan Yang, Liting Zhang, Whiteley Zhou and Tia Frey, in Kirksville. Cai, Yang, Zhang, and Zhou are recipients of the New Horizons Community Support Services Scholarship established by the Cheungs for students from Shuizhai, a city in northeastern Guangdong Province, China, and near the Mr. Cheung's ancestral village of Da Jin. Cai, Yang, Zhang, and Zhou graduated from Shuizhai High School where Frey taught English last fall thanks to a scholarship from the Cheung Annual Fund for the Truman English as a Foreign Language Internship in China. Frey, an art history major and linguistics minor, also travelled once a week to Da Jin Village where she taught at the elementary school. Also attending the luncheon were linguistics professor Dr. Luke Amoroso, who accompanied Frey to the teaching sites last August and supervised her internship, as well as linguistics professor Dr. Sally Cook and French professor Dr. Timothy Farley. Pictured, above, front row: Jane Cai, Bidan Yang, Liting Zhang; back row: Candace Cheung, Whitley Zhou, Chi Cheung, Tia Frey, Dr. Luke Amoroso, Dr. Sally Cook.

Four Jefferson High School students of 2015 MAE secondary English graduate Nicole Boyer achieved distinction in a writing award contest sponsored by Scholastic. In the 2018 Missouri Writing Region of the Scholastic Art and Writing Awards, one of Nicole's students received a Gold Key award, one received a Silver Key award, and two received Honorable Mention. While at Truman, Nicole worked as a Writing Center Consultant, was a member of Phi Beta Kappa, and was co-winner from Truman of the Robert J. Greef award from the Missouri Association of Teachers of English.



Dr. Lisa Goran represented Truman State University at the Council for Exceptional Children (CEC) Conference, in February, in Tampa, Florida. She presented with colleagues on two distinct collaborative projects: one with Dr. Abigail Allen (Clemson) on their work with Dr. Sarah Conoyer (SIUE) and Dr. Katie Hoffman (Penn State) on Vocabulary-Matching Curriculum-Based Measures used in a college class, and one with Dr. Maria Peterson-Ahmad (Western Oregon), comparing the utility of two digital platforms for feedback and supervisory support for pre-service teachers. Pictured above (left) Dr. Abigail Allen and Dr. Goran and (right) Dr. Maria Peterson-Ahmad and Dr. Goran in front of their poster presentation.



Looking to bring more culture into your classroom, or even your personal life? Look no further! The multicultural cabinet in the Education Department informal learning space offers a unique blend of cultures and religions. If you have time to spare, peruse the cabinet and see what catches your eye. In a hurry? No worries! There is a categorical list of the books hanging on the cabinet for ease. We encourage you to take a book. All we ask in return is for you to check the book out and sign it back in so we can keep track of the books. Think the cabinet is lacking a certain je ne sais juoi ? Feel free to donate books or offer suggestions. See Dr. Donna Rhinesmith, VH 2348.

Integrating

Effective Vocabulary Instruction in CLT, TBI, and CBI

Dr. Joe Barcroft
Washington University in Saint Louis

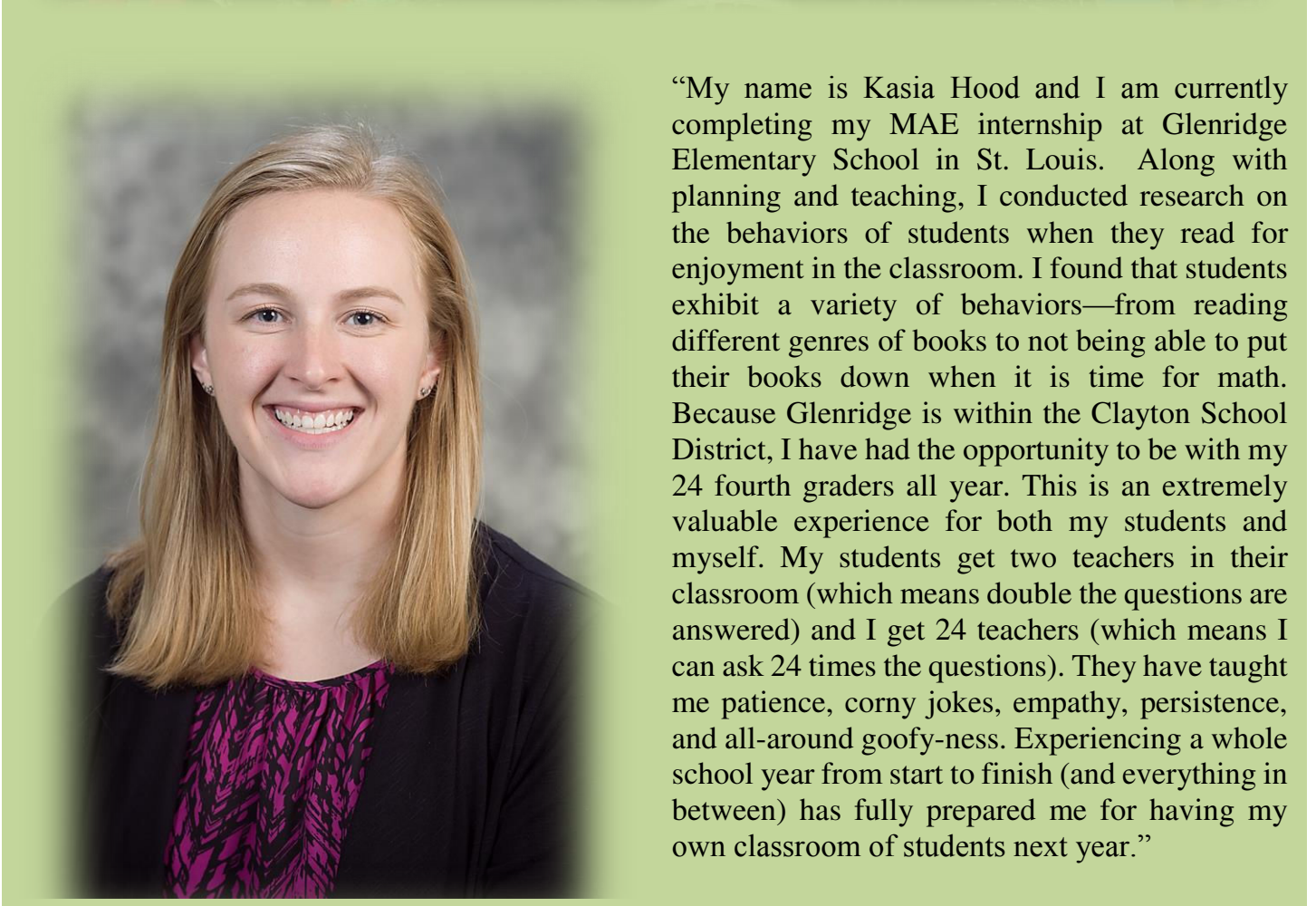
Tues. | Feb. 20, 2018 | 5:00 pm | Baldwin Hall 114



The Departments of Classical and Modern Languages, English and Linguistics, and Education (MAE) welcomed Dr. Joe Barcroft, Professor of Spanish and Second Language Acquisition at Washington University in St. Louis, who presented on the topic of “Effective Vocabulary Instruction in CLT, TBI, and CBI”, February 19. Dr. Barcroft teaches courses on language teaching methodology, second language acquisition, grammar and vocabulary acquisition, and Hispanic linguistics. His research interests include second language vocabulary acquisition; input processing; processing resource allocation during lexical acquisition; the role of acoustic variability in language learning and speech processing; the bilingual mental lexicon; and psycholinguistic approaches to other issues in second language acquisition and bilingualism. His input-based incremental approach to second language vocabulary instruction, grounded in research findings on lexical input processing, holds important implications for the foreign language classroom. Over 50 people attended.



United Speakers, a student volunteer organization that serves the English as a Second Language (ESL) community in Kirksville and the Northeast Missouri region, recently hosted a teaching workshop led by MAE Spanish Education professor, Dr. Stacy Davis. The workshop focused on lesson planning for ESL students and gave students advice and ideas for creating their own lesson plans. Students learned how to provide extra-linguistic support as well as ways to encourage production from their students and many other essential skills for ESL teaching. Around fifteen students from United Speakers participated in this workshop. The skills learned will help the members of the organization in their mission of assisting the Spanish-speaking and French-speaking populations in the Kirksville area to learn English.



“My name is Kasia Hood and I am currently completing my MAE internship at Glenridge Elementary School in St. Louis. Along with planning and teaching, I conducted research on the behaviors of students when they read for enjoyment in the classroom. I found that students exhibit a variety of behaviors—from reading different genres of books to not being able to put their books down when it is time for math. Because Glenridge is within the Clayton School District, I have had the opportunity to be with my 24 fourth graders all year. This is an extremely valuable experience for both my students and myself. My students get two teachers in their classroom (which means double the questions are answered) and I get 24 teachers (which means I can ask 24 times the questions). They have taught me patience, corny jokes, empathy, persistence, and all-around goofy-ness. Experiencing a whole school year from start to finish (and everything in between) has fully prepared me for having my own classroom of students next year.”

Disability Studies (DS) faculty Dr. Jennifer Hurst, Dr. Julie Lochbaum, Dr. Teak Nelson and Ms. Amanda Starks are pictured (right) assigning mentors for the 30 DS capstone students' projects this semester. Each semester the group assigns every student project to a faculty member with expertise in an area pertinent to the project. This semester approved student projects include: creating children's books; analyzing cross-cultural currents in speech-language pathology; creating and teaching nutrition courses to persons with developmental disabilities at the Community Learning Center; offering accessible dance classes; examination of disability in selected Spanish literature; and many more. At the close of each semester, projects are presented at the Disability Studies Festival. This semester the Festival will be held May 2, from 5:00 p.m. - 6:30 p.m. The DS committee cordially invites you to see these projects come to fruition by attending.



Health and Exercise Sciences



Education Department Chair Lisa Goran and Truman school of health sciences and education dean and director of field experiences, Jessica Helling, stand next to a sign honoring notable faculty that offers with a quote about teaching. Both have shared wisdom at Truman and equipping future teachers with proper skills to be rewarding and the MAE program at Truman to be a success.

BY TRAVIS MUELEN
Staff Writer

With many teachers, there is a student learning how to learn that teaching skills. With Truman here (University's Mission) is that the outgoing group, future teachers can take part in a program where they get to experience a classroom environment to help them lead their own classroom.

Truman's new, innovative school of health, science, fitness, and education of field experiences, and a new school of education, has a new accreditation through the Council for the Accreditation of Education Programs. This is the first time in over 50 years that a school of education has been accredited through the Council for the Accreditation of Education Programs.

Helling said that the MAE program is a great way to get a head start on your career, as well as to gain a better understanding of the classroom and to help you to be a better teacher. The MAE program is a great way to get a head start on your career, as well as to gain a better understanding of the classroom and to help you to be a better teacher.

"I don't have the energy I used to have to do that on an everyday basis with my students. But I can carry that forward and then teach the next generation of teachers who have that same drive and passion and that kind of zest for life."

Education Department Chair Lisa Goran

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Students enrolled in HLTH 255 Introduction to Introduction to Community and Public Health have been engaged in service learning to increase Truman student, faculty, and staff knowledge and awareness about the importance of designated drivers. HLTH 255 students have been tabling to promote the CHEERS designated driver program in Magruder, the SUB, and McClain from January 25 until March 8. To date the students have made over 1,500 contacts with Truman community members about the CHEERS program. Participating CHEERS establishments provide free drinks to designated drivers. All CHEERS establishments in the state are listed online <https://wellness.missouri.edu/CHEERS/establishments.html> or you can stop by the service learning table for a CHEERS card with the 13 Kirksville establishments listed. According to the Drive Safe, Drive Smart website, "every day, 13 people between the ages of 16 and 24 die in an alcohol related crash" (<https://wellness.missouri.edu/DriveSafe/#impairment>). Nua Pangelinan, a HLTH 255 student, said, "There is never a good enough reason to drink and drive. You are never a good enough reason to drink and drive. You are only going to hurt yourself and those who are also driving on the road. A designated driver saves lives."



Athletic Training students and faculty attended the Missouri Athletic Training Capital Day, January 30, in Jefferson City. Students visited with representatives and senators advocating for the athletic training profession. Pictured (above, left) are the Truman Athletic Training representatives at the Capital. Pictured (above, right) are the Truman Athletic Training representatives with third district representative Nate Walker.

Athletic Training students and faculty attended the sixth annual Missouri Athletic Trainers' Association (MoATA) Educators' and Student Leadership Conference, February 3, in Fayette. Students learned about using motion capture and joint modeling and saw the results of 3D printing. The Truman Athletic Training Quiz Bowl team took second place during the MoATA competition earning a chance to compete at the Mid-America Athletic Trainers' Association (MAATA) district competition in March. Team members include Alison Crew (senior), Aaron Patterson (senior), Kara Wehmeyer (junior), and alternate Ashley Rose (junior). Pictured are Quiz Bowl organizer Dr. Brandy Schneider, Kara Wehmeyer, Alison Crew, Aaron Patterson, and MoATA President Karen Fennell.



Aaron Patterson, senior in Athletic Training, was awarded the MAATA Post-Professional Scholarship! Each year the MAATA District V awards three students a scholarship to use towards their graduate work. The district is composed of seven states and all graduate assistants and seniors looking to attend graduate school in the district are eligible. Aaron will graduate in May and has accepted a graduate assistantship at Missouri Western University.

Exercise Science majors Jensynn Kasper, Katie Eichholz, Taylor Manes, Nate Gorman, Taylor Burlis, Elijah Farralles, and Robert Taylor received notice that their research has been accepted for presentation at the American College of Sports medicine's annual meeting, in June, in Minneapolis, Minnesota.



TruLifesaver

American Heart Association Basic Life Support Course



**American
Heart
Association®**

Learn and Live

The Basic Life Support (BLS) class is designed to help people recognize and respond to several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.

Certification is good for 2 years

Our course includes the following for an adult, child, and infant:

- Critical concepts of high-quality CPR
- The American Heart Association Chain of Survival
- Differences between rescue techniques
- 1-Rescuer CPR and AED
- 2-Rescuer CPR and AED
- Bag-mask techniques
- Rescue breathing
- Relief of choking

Instructors:

Liz Jorn and Jana Arabas
Truman State University
Department of Health
and Exercise Science

Date & Time:

Sunday, March 25, 1-6 pm
Wednesday, April 11, 5-10 pm
Thursday, April 12, 5-10 pm
Monday, April 16, 5-10 pm
Tuesday, May 1, 5-10 pm

Location:

Health Science 1206 - CPR Lab
Truman State University

Cost: \$70.00

Cost includes all instruction, materials
and two year certification with the
American Heart Association

To Register:

Visit institute.truman.edu/trulifesaver and complete the online registration form. You may email us at institute@truman.edu or call with questions. Students will pay online and must have paid in full before the class meeting. Businesses interested in using purchase orders should call our office in advance. No-shows will not receive refunds. Classes with enrollments below 12 may be subject to cancellation.

Institute for
Academic Outreach

P: 660-785-5384

F: 660-785-7202

institute@truman.edu



Five nursing faculty members and 43 senior nursing students traveled on February 21 to Jefferson City for the 32nd annual Missouri Nurse Advocacy Day. The event was provided by the Missouri Nurses Association (MONA). This year's theme was *Legislative Advocacy: The Who, What, & How Nurses Should Be Involved*. There were around 900 nursing students and faculty from nursing schools across the state in attendance. Students were challenged to become advocates for nursing within the legislative arena. The lobbyist for MONA, Kyna Iman, shared the status of bills with a particular interest to nursing. Students then had an opportunity to visit state senators and representatives at the state capitol and share nursing's view on these legislative priorities. Truman's delegation is picture (above) with Nate Walker, 3rd District state representative.

Approximately 10 Missouri high school students visited Truman, February 19, as part of the Area Health Education Center (AHEC) Career Enhancement Scholars (ACES) program to learn about opportunities in the health field. The students were introduced to health care careers including nursing, medicine, dentistry, speech therapy, athletic training, and health science at Truman and ATSU. Ms. Pamela Melvin, Nursing Simulation Center Coordinator, and senior nursing student peer assistants answered questions about the nursing profession and worked with the students to conduct health assessments on the manikins in the Nursing Simulation Center.

Calendar of Selected Upcoming Events

Wellness Awareness: March is National Nutrition Month

March 2, Friday: SHSE Mission Award Nominations Due by Noon

March 2, Friday: Safe Zone Training, 3:00 p.m. – 5:00 p.m., McClain Hall 208

March 3, Saturday: Admission Office Saturday Prospective Student Visit Day

March 4 – 10, Sunday – Saturday: Wellness Awareness: National Sleep Awareness Week

March 7, Wednesday: First Block Classes End

March 8, Thursday: Wellness Awareness: World Kidney Day

March 8, Thursday: Second Block Classes Begin

March 8, Thursday, Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105

March 11 – 17, Sunday – Saturday: Wellness Awareness: National Pulmonary Rehabilitation Week

March 12 – 16, Monday – Friday: Wellness Awareness: Brain Awareness Week

March 12 – 16, Monday – Friday: Spring Break

March 16, Friday: Nominations for Student Academic Honor Awards Due

March 19 – 25, Monday – Sunday: Wellness Awareness: National Poison Prevention Week

March 21, Wednesday: Wellness Awareness: World Down Syndrome Day

March 21, Wednesday: Graduate Council Meeting, 3:40 – 4:40 p.m.

March 22, Thursday: Faculty Senate Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105

March 22, Thursday: SHSE Mini-Research Conference, 3:00 p.m., VH 1010

March 24, Saturday: Wellness Awareness: World Tuberculosis Day

March 24, Saturday: Admission Office Saturday Prospective Student Showcase Day

Wellness Awareness: April is National Autism Awareness Month and Alcohol Awareness Month

April 2, Monday: Wellness Awareness: Autism Awareness Day

April 2, Monday: Term Break (ends at 5:00 p.m.)

April 5, Thursday: Student Research Conference

April 7, Saturday: Wellness Awareness: World Health Day

April 7, Saturday: Admission Office Saturday Prospective Student Visit Day

April 12, Thursday, Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105

April 14, Saturday: Board of Governors Meeting

April 17, Tuesday: Wellness Awareness: World Hemophilia Day

April 18, Wednesday: Graduate Council Meeting, 3:40 – 4:40 p.m.

April 21 – 29, Saturday – Sunday: Wellness Awareness: National Parks Week Celebration

April 25, Wednesday: Wellness Awareness: National DNA Day

April 25, Wednesday: Wellness Awareness: World Malaria Day

April 26, Thursday: Faculty Senate Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105

April 27, Friday: Tenth Annual Language and Literacy Conference, 9:00 – 3:00, SUB Georgian Rooms

April 28, Saturday: Wellness Awareness: World Day for Safety and Health at Work

April 28, Saturday: Admission Office Saturday Prospective Student Showcase Day

Wellness Awareness: May is Better Hearing and Speech Month, Clean Air Month, High Blood Pressure Awareness Month, Mental Health Awareness Month, National Bike Month, National Physical Fitness and Sports Month, Skin Cancer Awareness Month

May 1, Tuesday: Wellness Awareness: World Asthma Day

May 3, Thursday, Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105

May 4, Friday: Last Day of Spring 2018 Semester Classes

May 5, Saturday: Wellness Awareness: World Hand Hygiene Day

May 6, Sunday: Wellness Awareness: International No Diet Day

May 6 – 12, Sunday – Saturday: Wellness Awareness: Root Canal Awareness Week

May 7, Monday: First Day of Finals

May 9, Wednesday: Reading Day
May 10, Thursday: (Old) Faculty Senate Meeting, 3:30 – 5:30 p.m., SUB Alumni Room 2105
May 10, Thursday: (New) Faculty Senate Meeting, 5:30 – 6:00 p.m., SUB Alumni Room 2105
May 11, Friday: Last Day of Finals
May 11, Friday: Academic Honor Awards Assembly, 5:00 reception, 5:30 ceremony, Georgian Rooms
May 11, Friday: Master of Arts in Education (MAE) Hooding Ceremony, 7:00 p.m., Ophelia Parrish Performance Hall
May 11, Friday: Nursing Department Recognition/Pinning Ceremony, 7:00 p.m., Baldwin Hall Auditorium
May 12, Saturday: Wellness Awareness: Chronic Fatigue Syndrome Day
May 12, Saturday: Communication Disorders Department Ceremony, 10:00 a.m., SUB Alumni Room
May 12, Saturday: Commencement
May 12, Saturday: May Interim 2018 Begins
May 13 – 18, Sunday – Friday: Wellness Awareness: Women’s Health Week
May 13 – 19, Sunday – Saturday: Wellness Awareness: Food Allergy Awareness Week
May 14 – 20, Monday – Sunday: Wellness Awareness: Mental Health Awareness Week
May 17 – 23, Thursday – Wednesday: Wellness Awareness: National Hepatitis Awareness Week
May 21 – 25, Monday – Friday: Wellness Awareness: Bike to Work Week
May 26, Saturday: May Interim 2018 Ends
May 28, Monday: Memorial Day Observed, University Closed
May 29, Tuesday: First Five-Week and Ten-Week Classes Begin
May 31, Thursday: Wellness Awareness: World No Tobacco Day

June 4, Monday: Eight-Week Classes Begin
June 16, Saturday: Board of Governors Meeting
June 29, Friday: First Five-Week Classes End

July 2, Monday: Second Five-Week Classes Begin
July 4, Wednesday: Independence Day, University Closed
July 27, Friday: Eight-Week Classes End
July 28, Saturday: August Interim 2018 Begins

August 3, Friday: Second Five-Week and Ten-Week Classes End
August 11, Saturday: August Interim 2018 Ends
August 20, Monday: Fall 2018 Semester Classes Begin

Mission Statement

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

Five Pillars

- ❖ Professional programs grounded in the liberal arts and sciences
- ❖ Leadership development
- ❖ Interdisciplinary collaboration
- ❖ Diverse learning and service opportunities
- ❖ Pursuit of continued scholarship and research



TRUMAN STATE UNIVERSITY

*School of
Health Sciences & Education*