Recommended Packing List

Clothing:
- Winter coat*
- Light jacket
- Gloves
- Winter scarves
- Warm socks
- Professional suit*
- Traditional clothes

Electronics:
- Travel converter
- Laptop*

Medical:
- Extra pair of prescription glasses / contact lenses*
- Get dental and vision exams done in home country – not covered by student insurance
- Medicated lip balm
- Prescription medication

Other:
- Traditional spices - check U.S. government website for Custom restrictions
- Items of emotional significance - you will miss it!
- Printed photos of family and friends

*These items are expensive to purchase in the U.S. We recommend that you do an Internet search to check if items can be purchased at the Wal-Mart store in Kirksville.