

BS in HEALTH SCIENCE
2016-2017

TYPICAL COMMUNITY, WORKSITE and PUBLIC HEALTH CONCENTRATION SEQUENCE

FRESHMAN FALL

Truman Transformation	1.0
MATH 156 College Algebra	3.0
^BIOL 100 Biology w/lab (Life Science Mode)	4.0
HLTH 255 Intro to Community & Public Health	3.0
OR HLTH 270 Consumer Health	
^MODE OF INQUIRY	3.0
HLTH 195/198 Lifetime Health & Fitness (Personal well-being)	1.5-2.0
HLTH 196/198L Lifetime Physical Activity (Personal well-being)	.5-1.0

SEMESTER TOTAL 16.0-17.0

FRESHMAN SPRING

*COMM 170 Public Speaking	3.0
MATH 157 Plane Trigonometry	2.0
ENG 190 Writing as Critical Thinking	3.0
HLTH 255 Intro to Community & Public Health	3.0
OR HLTH 150 Nutrition in Health & Wellness	
OR HLTH 245 Substance Abuse Prevention	
^MODE OF INQUIRY/INTERCULTURAL	3.0
Elective	3.0

SEMESTER TOTAL 17.0

SOPHOMORE FALL

FOREIGN LANGUAGE	3.0
HLTH 290 Principles of Health Ed & Health Science	3.0
STAT 190 Basic Statistics	3.0
^MODE OF INQUIRY (Physical Science or MATH)	3.0-5.0
^MODE OF INQUIRY	3.0

SEMESTER TOTAL 15-17.0

SOPHOMORE SPRING

FOREIGN LANGUAGE	3.0
HLTH 349 Research Methods in Health Science	3.0
^PSYC 166 General Psychology (Social Scientific Mode)	3.0
Elective	3.0
Elective	3.0

SEMESTER TOTAL 15.0

JUNIOR FALL

^JINS 3XX (W/E)	3.0
HLTH Selective (300 level)	3.0
HLTH 325 Health Promotion Mgmt & Mktg	3.0
ES 345 Exercise Physiology	3.0
^HLTH 366 W/E Program Planning & Assessment	3.0
POL 101 Constitutional Government	1.0
OR HIST 298 American Institutional History	

SEMESTER TOTAL 16.0

JUNIOR SPRING

^HLTH 410 W/E Health Communication Methods	3.0
HLTH 467 Introduction to Epidemiology	3.0
HLTH 455 School Health programs	3.0
BIOL 365 Human Anatomy	4.0
OR BIOL 325 Human Physiology	
HLTH 480 Worksite Health	3.0

SEMESTER TOTAL 16.0

JUNIOR SUMMER

HLTH 460 Internship in Health Education	6.0
Elective (on-line)	3.0

Register for the CHES Exam (Senior Test)

SEMESTER TOTAL 9.0

SENIOR FALL

HLTH 440 Program Implement & Evaluation	3.0
HLTH 405 Global Public Health (Intercultural)	3.0
Other BS Requirement Class	3-4.0
Elective(s)	3-6.0

Take the CHES Exam in October (Senior Test)

SEMESTER TOTAL 13-16.0

^NOTES: All students must complete 6 of the 8 Modes of Inquiry; Health Science students are specifically **required** to complete **BIOL 107** or **BIOL 100** (Life Science Mode) and **PSYC 166** (Social Scientific Mode) to fulfill Required Support. The Writing Enhanced (WE) course requirements are met by completing HLTH 366, HLTH 410 and JINS 3XX.

*COMM 170 test-out procedure is available on the following website: <http://communication.truman.edu/comm170testoutmainpage.asp>. Students who earn varsity sport credit may use this credit in place of HLTH 196 or HLTH 198L (activity only).

See course pre-requisites at the following link: <http://catalog.truman.edu/>.

You are encouraged to use these materials in conjunction with the Truman Catalog and Degree Works (available on TruView) as a guide in planning your progress toward completion of degree requirements. The Office of the Registrar is responsible for certifying completion of degree requirements based on requirements specified in the catalog.

Total Required Hours: 120.0