

#RECOMMENDED FOUR YEAR SEQUENCE FOR
ATHLETIC TRAINING MAJOR

2014-2015

Truman Week Program 1.0

FRESHMAN FALL

ES 205 First Aid & CPR 1.0
AT 120 Introduction to Athletic Training 3.0
 Mode of Inquiry Requirement^ (BIOL 100 - Life Science Mc 4.0
 MATH 186 - Elementary Functions Requirement 3.0
 ENG 190 Writing as Critical Thinking 3.0

Apply to the Athletic Training Program

SEMESTER TOTAL 14.0

FRESHMAN SPRING

BIOL 365 Human Anatomy 3.0
 BIOL 365 Human Anatomy Lab 1.0
 ES 245 Nutrition in Health, Fitness, and Sport 3.0
 ~ AT 220 Principles of Athletic Training 3.0
 ~ AT 112 Athletic Training Practicum 1 2.0
 STAT 190 Basic Statistics 3.0

SEMESTER TOTAL 15.0

SOPHOMORE FALL

~ AT 320 Injury Evaluation - Lower Extremity 2.0
 ~ AT 210 Athletic Training Practicum 2 2.0
 ~ ES 224 Research Methods and Data Interpretation (WE) 3.0
 COMM 170 Public Speaking 3.0
 Mode of Inquiry Requirement^ (PSYC 166 - Social Science 3.0

(If STAT 190 has not been taken, must be taken now)

SEMESTER TOTAL 13.0

SOPHOMORE SPRING

~ AT 350 Therapeutic Modalities 3.0
 ~ AT 321 injury Evaluation - Upper Extremity 2.0
 ~ ES 342 Concepts of Biomechanics + Lab 4.0
 ~ AT 212 Athletic Training Practicum 3 2.0
 ~ ES 345 Introduction to Exercise Physiology 3.0
 Mode of Inquiry Requirement^ 3.0

SEMESTER TOTAL 17.0

JUNIOR FALL

~ AT 360 Athletic Training Administration (WE) 3.0
 ~ BIOL 325 Human Physiology 4.0
 ~ ES 445 Assessment and Prescription I 4.0
 ~ AT 310 Athletic Training Practicum 4 2.0
 Interdisciplinary WE Junior Seminar (JINS) 3.0

(If PSYCH 166 has not been taken, must be taken now)

SEMESTER TOTAL 16.0

JUNIOR SPRING

~ AT 450 Advanced Athletic Training 3.0
 ~ ES 460 Assessment and Prescription II 3.0
 ~ AT 312 Athletic Training Practicum 5 2.0
 ~ AT 420 Physical Rehabilitation 3.0
 ~ ES 365 Injury and Rehabilitation Psychology (WE) 3.0
 Missouri Statute Requirement 1.0

SEMESTER TOTAL 15.0

SENIOR FALL

~ AT 460 Capstone in Athletic Training 1.0
 ~ AT 410 Athletic Training Practicum 6 2.0
 Foreign Language (I) Requirement 3.0
 Personal Well-Being requirement (HLTH 195&196) 2.0
 Mode of Inquiry Requirement^ 3.0
 Free Elective 3.0

SEMESTER TOTAL 14.0

SENIOR SPRING

Foreign Language (II) Requirement 3.0
 Mode of Inquiry Requirement^ 3.0
 Free Elective 3.0
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 Mode of Inquiry Requirement^ 3.0

Take BOC Exam

SEMESTER TOTAL 15.0

Notes: All students must complete 6 of the 8 Modes of Inquiry, three from each sub-category. See 2013-2014 General Catalog or <http://academics.truman.edu/lsp/> for approved courses. The Writing Enhanced (WE) course requirements are met by completing ES 224, AT 360, and JINS.

▲ Test-out procedures are available at the following websites:
<http://ll.truman.edu> (COMM 170.)

* Indicates a course with pre-requisite(s). See catalog or pre-requisite list. Underlined courses indicate those that are offered fall only, spring only, or summer only.

~ Denotes courses that the student must be enrolled in for the corresponding semesters within their program. Courses with out ~ can be taken in other semesters.

Total Required Hours: 120.0