Important Dates to Remember

Residence halls open Monday, August 11, 2014 for check-in
All students must arrive on campus on or before Tuesday, August 12, 2014
Mandatory Orientation begins at 8:00 a.m. Wednesday, August 13, 2014

All tuition and fees are due the first week of each semester
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To Do List for Accepted Students

All enrollment documents listed below should be submitted no later than July 11, 2014. The LAST date enrollment documents will be accepted is Friday, August 1. All documents and forms may be submitted electronically or scanned and emailed. The forms are on the Truman Student Portal called ‘TruView’ at truview.truman.edu under the ‘Accepted Student’ tab or attached to this guide. In a separate email, you will receive instructions for accessing TruView and your Truman Student ID Number.

___ Acceptance of Admission Offer – Immediately upon deciding that Truman is the right college for you, please inform us of your intent to study at Truman. The Acceptance of Admission Offer Form should be the first form you submit to Truman. DO NOT wait until you receive a visa to submit this form. Find this form on the Accepted International Student Tab on TruView at truview.truman.edu and at the end of this guide.

___ Visa Status Notice - Complete and return this form immediately after you receive the results of your visa interview. Find this form on your Accepted International Student Tab on TruView at truview.truman.edu.

___ Travel Plan Confirmation - Complete and return this form immediately after making your flight reservations and other travel arrangements. These arrangements may include booking a space on Truman shuttles from KCI or local trains, buses, and planes. Find this form on your Accepted International Student Tab on TruView at truview.truman.edu.

___ Residence Hall Application – Freshmen under 21 who begin at Truman in the fall semester are required to live in the residence halls for two semesters. If you are not a freshman under 21 and wish to live off campus, please email intladmit@truman.edu and inform us of your decision. Find this form on your Accepted International Student Tab on TruView at truview.truman.edu.

___ Registration Questionnaire – For Beginning Freshman, Visiting, and Transfer Students, complete this form on your Accepted International Student Tab on TruView at truview.truman.edu. For Graduate and Exchange Students, please complete the Registration Worksheet at the end of this guide, scan it, and email to intladmit@truman.edu.

___ Registration Agreement – Truman requires all students to agree to be financially responsible for their university expenses. Sign, date, and submit this form and arrange for the payment of your tuition and fees prior to leaving your home country. Find this form on your Accepted International Student Tab on TruView at truview.truman.edu.

___ Mathematics Placement Test – This test is required of all students. Complete this form on your Accepted International Student Tab on TruView at truview.truman.edu.

___ Foreign Language Placement Test – Submit this test if you are studying a language other than English. Complete this optional form on your Accepted International Student Tab on TruView at truview.truman.edu.

___ Medical History – Complete, scan and email this form to intladmit@truman.edu. Find this form on the Accepted International Student Tab on TruView at truview.truman.edu and at the end of this guide.

___ Meningococcal Vaccination Form – If you will be living on-campus, you must provide proof you have received the Meningococcal Vaccination or complete the Meningococcal Vaccination Form to choose not to have the vaccination. Scan and email this form to intladmit@truman.edu. Find this form on the Accepted International Student Tab on TruView at truview.truman.edu and at the end of this guide.

___ Immunization Records – You must provide proof of all immunizations you have received. State law requires all students to have received two measles, mumps, and rubella vaccinations and a
Applying For Your Student Visa

What Exactly is a Visa?
A Visa is a document that is placed into your passport and allows you to request permission from an immigration office at a port-of-entry (usually at an airport) to enter the United States. The Visa itself does not guarantee admission into the U.S. all other documents must be in order as well. If you violate the terms of your student visa, your visa will not allow you to remain the United States. The procedure to enter the U.S. is covered in further detail below.

F-1 (Student) Visa: The F-1 visa is the most often used visa by international students to study at an accredited U.S. college, university, or English language institute. Students on F-1 visas come to the U.S. for a full degree program.

J-1 (Exchange) Visa: The J-1 visa is used for educational and cultural exchange programs. Student on a J-1 visa typically come to the U.S. to study for a shorter period of time - one to two semesters.

You may apply for your student visa up to 90 days prior the start date onf your I-20. Contact the U.S. Consulate in your country in person or by accessing their web page to determine the application procedures. For many students, applying for a student visa is a scary process, but it does not have to be. A high percentage of student visa applications are approved in most countries. Careful planning and attention to detail will help you avoid problems with issuance of your student visa.

Visa Application Steps
1) Confirm admission to Truman State University
2) Receive your I-20/DS-2019 and Admission Letter
3) Pay the SEVIS I-901 fee (F-1 $200; J-1 $180)
   • SEVIS fee: http://www.fmjfee.com
   • Keep receipt or print-out of payment for proof that you paid it for your visa interview. * You may have received an I-20 or DS-2019 from several schools, but you should only pay the SEVIS fee for and apply for your visa with the I-20/DS-2019 of the school you are planning to attend.
4) Schedule a Visa appointment/interview
   • U.S. Embassies and Consulates
   • Visa Appointment wait times
   • Also note that you may not receive a U.S. visa more than 120 days before the reporting day of your I-20/DS-2019.

Organize your supporting documentation so that it can be logically presented without hesitation. Do not bring papers with you to the interview unless you are prepared to present them to the consular officer. Start preparing the documents early as some documents may take time to generate.

The following is a list of documents that are required or may considerably enhance your chance of obtaining a student visa:
• I-20 (required)
• Passport (required)
• Visa Fee Receipt (required)
• SEVIS Receipt (required)
• DS-160 (required)
• Admission Letter (required)
• Bank statements (required)
• Proof of English proficiency - e.g. TOEFL, SAT, IELTS (highly recommended)
• High school and college transcripts (highly recommended)
• High School Graduation Certificate (recommended)

Once you have obtained the result of your visa interview, submit the Visa Status Notification to Truman.
Tips for Applying for a Student Visa

1. Ties to Your Home Country
Under U.S. law, all applicants for nonimmigrant visas, such as student visas, are viewed as intending immigrants until they can convince the consular officer that they are not. You must therefore be able to show that you have reasons for returning to your home country that are stronger than those for remaining in the United States. "Ties" to your home country are the things that bind you to your home town, homeland, or current place of residence: job, family, financial prospects that you own or will inherit, investments, etc. If you are a prospective undergraduate, the interviewing officer may ask about your specific intentions or promise of future employment, family or other relationships, educational objectives, grades, long-range plans and career prospects in your home country.

Each person's situation is different, of course, and there is no magic explanation or single document, certificate, or letter which can guarantee visa issuance. If you have applied for the U.S. Green Card Lottery, you may be asked if you are intending to immigrate. A simple answer would be that you applied for the lottery since it was available but not with a specific intent to immigrate. If you overstayed your authorized stay in the United States previously, be prepared to explain what happened clearly and concisely, with documentation, if available.

2. English
Anticipate that the interview will be conducted in English and not in your native language. One suggestion is to practice English conversation with a native speaker before the interview, but do NOT prepare speeches! If you are coming to the United States solely to study intensive English, be prepared to explain how English will be useful for you in your home country.

3. Speak for Yourself
Do not bring parents or family members with you to the interview. The consular officer wants to interview you, not your family. A negative impression is created if you are not prepared to speak on your own behalf. If you are a minor applying for a high school program and need your parents there is case there are questions, for example about funding, they should wait in the waiting room.

4. Know the Program and How It Fits Your Career Plans
If you are not able to articulate the reasons you will study in a particular program in the United States, you may not succeed in convincing the consular officer that you are indeed planning to study, rather than to immigrate. You should also be able to explain how studying in the United States relates to your future professional career when you return home.

5. Be Brief
Because of the volume of applications received, all consular officers are under considerable time pressure to conduct a quick and efficient interview. They must make a decision, for the most part, on the impressions they form during the first minute of the interview. Consequently, what you say first and the initial impression you create are critical to your success. Keep your answers to the officer's questions short and to the point.

6. Additional Documentation
It should be immediately clear to the consular officer what written documents you are presenting and what they signify. Lengthy written explanations cannot be quickly read or evaluated. Remember that you will have 2-3 minutes of interview time, if you are lucky.

7. Not All Countries are Equal
Applicants from countries suffering economic problems or from countries with a history of students remaining in the United States as immigrants will have more difficulty getting visas. Statistically, applicants from those countries are more likely to be intending immigrants. They are also more likely to be asked about job opportunities at home after their study in the United States.
8. Employment
Your main purpose in coming to the United States should be to study, not for the chance to work before or after graduation. While many students do work off-campus during their studies, such employment is incidental to their main purpose of completing their U.S. education. You must be able to clearly articulate your plan to return home at the end of your program. If your spouse is also applying for an accompanying F-2 visa, be aware that F-2 dependents cannot, under any circumstances, be employed in the United States. If asked, be prepared to address what your spouse intends to do with his or her time while in the United States. Volunteer work and attending school part-time are permitted activities.

9. Dependents Remaining at Home
If your spouse and children are remaining behind in your country, be prepared to address how they will support themselves in your absence. This can be an especially tricky area if you are the primary source of income for your family. If the consular officer gains the impression that your family will need you to remit money from the United States in order to support themselves, your student visa application will almost certainly be denied. If your family does decide to join you at a later time, it is helpful to have them apply at the same post where you applied for your visa.

10. Maintain a Positive Attitude
Do not engage the consular officer in an argument. If you are denied a student visa, ask the officer for a list of documents he or she would suggest you bring in order to overcome the refusal, and try to get the reason you were denied in writing.

11. Overcoming a Visa Denial
If you are denied a student visa, be sure to ask for the reason in writing and a list of documents that you can provide upon reapplication. Be sure to maintain a positive and polite attitude even if your visa is denied. Inquire about the rules for reconsideration and make an appointment as soon as allowed. Former prospective students have found it helpful to email the International Admissions Coordinator at Truman and discuss the reasons for a denial.
Legal Status in the U.S.

As a prospective student applying for study in the U.S. will be issued a student visa (F-1 for degree-seeking students). Upon entry to the U.S., you become subject to the laws and regulations of the U.S. and the requirements and restrictions of your visa. In the last few years, American laws and regulations regarding non-citizens have become much stricter.

To maintain your legal student status in the U.S. you must understand the requirements of your immigration status in the U.S. Some of the requirements are:

- You must report to the school that issued your I-20 by the designated date.
- You must maintain a full course load every semester. A full course load is 12-17 credit hours.
- You must make normal progress toward your degree.
- You may not work off campus without the permission of the federal government.
- You may not drop out of school or take a semester off and remain in the U.S.

Visa versus Status

It is important to understand that your visa and your status are different things. The student visa allows you to enter the United States. As you enter the U.S., your I-20 is stamped with the date and place of entry, immigration status and date of expiration of your stay. An I-94, which is issued electronically, must be printed and carried with you. You will print your I-94 during orientation. These are very important documents. Do not lose them. Always carry them with you while traveling.

Once you have entered the United States, you must maintain your non-immigrant status in order to continue to stay. Maintaining your status includes reporting to the university that issued your I-20, attending your classes, and not taking unauthorized employment. If you violate your student status, you are immediately considered “out of status” and may be required to leave the U.S. It is essential that you understand and make every effort to abide by the conditions of your status. Even if you have a valid student visa, you can still be required to leave the United States if you do not maintain your status.

All of the regulations may seem complicated or confusing. It is not difficult to maintain your status, however you do need to be aware of the rules and deadlines. Fortunately, you do not have to do this alone. The staff at the International Student Affairs Office (ISAO) is there to assist you. If you need any help or have ANY questions about whether something is allowed on your visa, please contact the ISAO office.
Traveling to Truman

Travel Plan Confirmation
As soon as you have obtained your student visa, you must finalize your travel arrangements and inform the ISAO. It is important to keep the International Student Affairs Office fully informed of your travel arrangements, including dates, times, methods, and cities of departure and arrival. Complete and submit the Travel Plan Confirmation found on your TruView page. If your plans change, be sure to submit an updated form.

Recommended Routes to Kirksville, Missouri

If you Arrive in Kansas City, Missouri:
- Take the Truman shuttle from Kansas City International Airport to campus (3 hours).
- Take the Amtrak train from Kansas City, Missouri to La Plata, Missouri (2 hours). Take a Truman shuttle from La Plata, Missouri to campus (15 minutes).
- Take the MoExpress Bus from the Kansas City Airport to Columbia, Missouri (2.5 hours). Take the Greyhound bus from Columbia, Missouri to Kirksville, Missouri (2 hours). Take a Truman Shuttle into campus.

If you Arrive in St. Louis, Missouri:
- Take the Cape Air commuter flight from Lambert-St. Louis International Airport to Kirksville Regional Airport (1 hour). Take a Truman Shuttle or a taxi to campus (10 minutes).
- Take the MoExpress Bus from the Lambert-St. Louis International Airport to Columbia, Missouri (2 hours). Take the Greyhound bus from Columbia, Missouri to Kirksville, Missouri (2 hours). Take a Truman Shuttle to campus (10 minutes).

If you Arrive in Chicago, Illinois:
- Take the Amtrak train from Chicago, Illinois to La Plata, Missouri (5 hours). Take a Truman shuttle from La Plata, Missouri to campus (15 minutes).

Scheduling and Buying Tickets
Public transit in the United States, especially in the Midwest, is less common than in many other countries. It is important to book your tickets for all legs of your travel well ahead of time to assure seat availability. Additionally, transit is often delayed so we encourage students to leave ample time to make connections.

Amtrak Train:
- Tickets can be bought online at amtrak.com.
- Trains leave Chicago Union Station (CHI) daily at 15:00 and arrive in La Plata, Missouri (LAP) at 19:55.
- Trains leave Kansas City Union Station (KCY) daily at 7:43 and arrive in La Plata, Missouri (LAP) at 9:55.

MoExpress Bus
- Tickets can be bought online at moexpress.com.
- Buses leave Kansas City International Airport 5 times daily to arrive in Columbia, Missouri.
- Buses leave St. Louis International Airport 12 times daily to arrive in Columbia, Missouri.

Greyhound Bus
- Tickets can be bought online at greyhound.com.
- Buses leave Columbia, Missouri daily at 10:45 and arrive in Kirksville, Missouri at 12:35.

Cape Air
- Tickets can be bought online at capeair.com.
- Flights leave Lambert-St. Louis International Airport (STL) 3 times daily to arrive at Kirksville Regional.

Truman Shuttles
Truman provides shuttles specifically for newly arriving international students. The shuttles run by reservation only. It is essential that you provide notice of your arrive by filling out the Travel Plan Confirmation on TruView. You must notify the International Student Affairs Office a minimum of 10 days before arrival.

From Kansas City International Airport
- Monday, August 11 and Tuesday, August 12
- Pick up at Terminal B, Gate 45
- Departs 10:00, Arrives in Kirksville at approximately 15:00
- Cost is $75
From the La Plata Amtrak Station
- Monday, August 11 and Tuesday, August 12
- Pick up at the La Plata Amtrak Train Station upon student arrival
- Cost is $25

From the Kirksville Airport
- Monday, August 11 and Tuesday, August 12
- Pick up at the Kirksville Regional Airport upon student arrival
- Cost is $25

From the Kirksville Bus Station
- Monday, August 11 and Tuesday, August 12
- Pick up at the Kirksville Bus Station upon student arrival
- Cost is $10

Kansas City Airport Hotels
You may need to stay in a Kansas City Airport hotel if you arrive prior to August 11th and plan to take the shuttle to Kirksville, Missouri. Many airport hotels provide free shuttle service to and from the airport. Across from the luggage carousels where you pick up your suitcases, there is a hotel directory with free phone service. From that phone you can call one of the hotels and inquire about room availability, cost and shuttle pick up. They will pick you up from the airport and take you to your hotel. The next day you can arrange for them to bring you back to the airport in time to meet the Truman shuttle. Prices range from approximately $50 to $120 per night.

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Comfort Inn – Airport</td>
<td>1200 Highway 92, Platte City, MO 64079</td>
<td>816-858-5430</td>
</tr>
<tr>
<td>Best Western Country Inn</td>
<td>11900 Plaza Circle Drive, Kansas City, MO 64153</td>
<td>816-431-2823</td>
</tr>
<tr>
<td>Best Western – Airport</td>
<td>P.O. Box 819 I-29 Exit 19, Platte City, MO 64079</td>
<td>816-464-2424</td>
</tr>
<tr>
<td>Hampton Inn</td>
<td>11212 North Newark Circle, Kansas City, MO 64153</td>
<td>816-464-5454</td>
</tr>
<tr>
<td>Holiday Inn</td>
<td>11832 Circle Drive, Kansas City, MO 64153</td>
<td>816-464-2345</td>
</tr>
<tr>
<td>Hilton</td>
<td>8801 NW 112th Street, Kansas City, MO 64153</td>
<td>816-891-8900</td>
</tr>
<tr>
<td>Residence Inn</td>
<td>9900 NW Prairie View Road, Kansas City, MO 64153</td>
<td>816-891-9009</td>
</tr>
<tr>
<td>Sleep Inn</td>
<td>7611 NW 97th Terrace, Kansas City, MO 64153</td>
<td>816-891-0111</td>
</tr>
<tr>
<td>Econolodge</td>
<td>11300 NW Prairie View Rd., Kansas City, MO 64153</td>
<td>816-464-5082</td>
</tr>
</tbody>
</table>

Kirksville Hotels
Students who will live in the residence halls and who arrive in Kirksville prior to August 11, 2014 must stay in a hotel until the residence halls are open because early check-in to the residence halls is not allowed. Students who will live off campus may wish to stay in a hotel until housing can be acquired.

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Holiday Inn Express</td>
<td>2702 S. Business Hwy 63, Kirksville, Missouri 63501</td>
<td>660-627-1100</td>
</tr>
<tr>
<td>Super 8 Motel</td>
<td>1101 Country Club Drive, Kirksville, Missouri 63501</td>
<td>660-665-8826</td>
</tr>
<tr>
<td>Days Inn</td>
<td>Highway 63 South, Kirksville, Missouri 63501</td>
<td>660-665-8244</td>
</tr>
<tr>
<td>Comfort Inn</td>
<td>2209 N. Baltimore, Kirksville, Missouri 63501</td>
<td>660-665-2205</td>
</tr>
<tr>
<td>Best Western</td>
<td>Junction 6 &amp; Bus. 63 S., Kirksville, Missouri 63501</td>
<td>660-665-8352</td>
</tr>
<tr>
<td>Shamrock Inn</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Housing

Truman State University Housing Policies
1. All freshmen* under the age of 21 are required to live on campus.
   - Freshmen under 21 are not allowed to move off campus for any reason during their contractual term.
   - Freshmen under 21 who arrive in August must live on campus for two semesters (Fall and Spring).
2. Freshmen* over the age of 21 may choose to live on or off campus.
3. Transfer students** may choose to live on or off campus.
4. Students who choose to break their housing contract and move off campus during the term of their contract are subject to penalties of a minimum of $1000 USD up to the full cost of housing.
   * “Freshman” is defined as a student who has previously attended college or university for less than 1 full year.
   ** “Transfer Student” is defined as a student who has attended college or university for 1 full year or more.

Applying for Housing
To secure the on campus living accommodation, you must complete and return the Residence Hall Application and pay a $150 deposit. When you submit your housing application, it becomes a contract. As long as you leave your room in good condition and meet the terms of your contract, $125 of your deposit is refundable at the end of the academic year. If needed, this deposit can be paid after your arrival on campus. The Residence Life Office does its best to accommodate your preferences, but hall choice is not guaranteed.

- To find more information about individual residence halls, visit reslife.truman.edu/
- You will likely be placed with an American roommate. We avoid placing international students from the same country together.
- If you are a freshman over 21 or a transfer student, and you indicate a preference for an on-campus apartment, you will be contacted if there are no spaces. You may then decide if you wish to be placed in residence halls or if you wish to withdraw your on campus housing contract without a financial penalty and find an apartment off-campus.
- Students who choose to live off-campus should arrive several days prior to the beginning of the semester to locate an off-campus apartment or use the internet to try to find an apartment prior to arriving in Kirksville.
  - Students may not live on campus while searching for an off-campus apartment. We do not provide temporary housing on campus. You may find it necessary to stay in a hotel until you find an apartment.
- The Residence Hall Contract is a legal document. Breaking the residence hall contract to move off-campus will result in a severe financial penalty.
Additional On-Campus Housing Services

**Dining Services** – Centennial Hall, Ryle Hall, and Missouri Hall each house dining facilities that serve 20 meals per week. Truman State University has two coffee shops that sell hot tea and coffees, and two convenience stores that sell snacks, meals-to-go, and personal care items. In the student union building, Main Street Market serves a large variety of fresh and hot meals to order and is open throughout the day and evening. Each of these dining locations accepts students’ meal plans as payment. We provide several different “Meal Plan” options which give each student the flexibility to select a plan that will fit his or her personal needs. You will choose your “Meal Plan” during Orientation.

**Cable Television** – Basic cable television is provided free of charge in the residence halls and apartments. Most lounges and public spaces have television sets. If you would like to watch television in your room, you must supply your own television set and cords.

**Computer Access** – Truman is proud to offer free campus-wide wireless internet access to all students, faculty, staff, alumni and sponsored guests. All buildings on campus and most outdoor areas have wireless internet access. Each residence hall room has access to the wireless campus network and has one network port per resident which allows students to use the internet, e-mail, and library resources from their rooms. You may want an Ethernet card and coaxial cable to “plug in” to the campus system. Information on hardware requirements is available from Truman’s Information Technology Services on the web at [www2.edu/cs/stu/EthernetAccess/html](http://www2.edu/cs/stu/EthernetAccess/html).

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### What is provided in each residence hall?
- Bed and mattress
- Desk with drawers and shelves
- Desk chair
- Chest of drawers
- Closet or wardrobe
- Window blinds
- Toilet paper (community bathrooms)
- Mirror

### What should you bring or purchase?
- Bed linen (sheets, pillows, blankets, bedspread)
- Bath towels
- Clothes hangers
- Desk light
- Posters/decoration
- Toilet paper (suite style bathrooms)

### What is not permitted in the residence halls?
- Pets (except fish)
- Hot plates
- Hot pots
- Toasters
- Waterbeds
- Electric Heaters
- Candles
- Weapons of any kind

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![Campus Computers](image1)

![Example of Dorm Room](image2)

![Main Lounge](image3)
Payment of Tuition and Fees

You must pay all fees (including housing, orientation, insurance, activities fee, etc.) by Friday at 17:00 of the first week of classes. Students must make arrangements to have the funds available by the first week of courses or be prepared to be disenrolled from the University. Options for payment of the fees include:

- Wire money using peerTransfer at Truman.peertransfer.com. This is the only accepted method to wire fees to Truman... A convenience fee will be added to the payment amount.
- Pay by e-check, an electronic debit to your checking or savings account, available online at TruView for students or mybill.truman.edu for authorized users. There is no fee for this option.
- Pay by check mailed to Truman State University, Student Account Payment, PO Box 754, Kirksville, MO 63501-0754 or drop by the payment drop box at the cashier window in McClain Hall 105. There is no fee for this option.
- Pay by Visa, MasterCard, Discover or American Express credit cards online at TruView for students or mybill.truman.edu for authorized users. A convenience fee will be added to the payment amount.
- Do not bring cash to pay your fees. If stolen, cash cannot be replaced.

Course Registration

You must complete the Registration Questionnaire and Registration Agreement online on TruView using the Accepted International Student tab to be allowed to enroll in classes. To ensure accurate placement in math courses, you must complete the Math Placement Test on TruView.

Course Descriptions

For individual descriptions of each course and explanations of the requirements for each major, see the Truman Catalog at catalog.truman.edu.

Courses Offered for Fall Semester

Students are able to view all available courses for the fall semester on the Truman Registrar website. This can be found by going to www.registrar.truman.edu and clicking on Open Course List on the left side of the screen. Select Fall 2014 in the term box and click submit.

Foreign Language Requirements for International Students

As a liberal arts and sciences university, Truman requires students to attain proficiency in a foreign language. This requirement is waived for international students who are non-native English speakers. However, if you wish to study a language, you must take the Foreign Language Placement Test at truview.truman.edu.

English Placement Test

Truman requires that every non-native speaker of English take a written English Placement Test upon arrival. Based on the outcome of this test, students may be required to take ENG 152, Advanced Writing for Non-Native Speakers or other classes. This is a 1 hour essay test from a prompt.
Transfer Credit

To have transfer credit considered, Truman requires updated official transcripts from your previous college or university and may request course descriptions as well. Likely, these were submitted to the International Student Affairs Office during your application process but it may be necessary to submit your most recent transcripts for review.

- Truman has already evaluated courses at several universities worldwide for transfer credit. Information about transfer agreements can be found online at registrar.truman.edu/.
- International students are encouraged to submit course descriptions and/or syllabi to the Registrar's Office if they want their courses to transfer as equivalent to Truman courses. Both the course description and the course syllabus are recommended.
- Official English translations of transcripts must be submitted along with the official transcripts. The Registrar's Office will not translate transcripts.
- Coursework taken for the purpose of English language learning will not be accepted for transfer credit. However, other English subject courses (i.e. literature, poetry, creative writing) will be evaluated for possible transfer.
- Transfer credit will be given only for those courses that are identical or similar to the courses offered at Truman.
- A large number of transfer credits do not necessarily mean a student will complete a degree in a shorter length of time. Credits may transfer but may or may not meet the requirements for a degree at Truman State University.

Sources of Transfer Credit

1. Secondary School: On occasion, transfer credit will be awarded for higher level secondary school courses in which the subject content equals the content of a Truman course.
2. A-Levels: Transfer credit may be given for A-level examinations with a grade of C and above.
3. International Baccalaureate: Students who complete the IB with a minimum score of 30 will receive a minimum of 30 transfer credits equal to one academic year of study.
4. Caribbean Advanced Proficiency Examination: Truman will accept scores of 1-4 on CAPE results for credit.
5. Colleges and Universities: There is no limit on the number of credits that can be transferred from a university. However, students must complete a minimum of 45 credit hours at Truman in order to qualify for a degree at Truman. Of this 45, the last 28 credits must immediately precede the granting of the degree. A minimum of 15 credit hours of required major coursework must be completed at Truman.
6. Advanced Placement: Advanced Placement credit, or AP credit, is achieved through examinations administered through high schools. In order to obtain credit through an AP examination, a minimum score must be achieved. In order to view a list of AP transferable credit with minimum score requirements, go to www.registrar.truman.edu/transfer/ap.
Health Requirements and Health Services

Student Health Center and Medical History
The Student Health Center is an on-campus health facility staffed by a physician, trained nurse practitioners, and nurses. The center is open Monday through Friday. Students can make appointments by calling the Student Health Center or scheduling an appointment online. The fees for the Student Health Center charges will be filed with your insurance. Any fees not covered by insurance and charged to the student's account are the student's responsibility. All services provided are confidential.

Complete and submit the Medical History Form found on TruView at the end of this packet. It is important that you complete this form as thoroughly as possible. The Medical History Form is a valuable tool to the health care providers. Students who do not have a health history on file will be required to complete one prior to being seen for any non-emergency care. Additionally, complete the Meningococcal Vaccination Form also found on TruView and at the end.

Services Provided:
- General Medical Care
- Health and Wellness Education
- Immunizations & TB Testing
- Nursing Assessments
- Nutritional Counseling
- Reproductive Health Care (for men and women)
- Lab (In-house & SmithKlineBeacham Clinical Lab)
- Allergy Injections

Immunization Requirements
Students should mail or scan and email proof of their vaccinations to the International Student Affairs Office. Students requesting medical or religious waivers should contact the Student Health Center. Serological titers will be required for students requesting permanent medical or religious waivers of the immunization requirements.

All students must meet vaccination requirements before arriving on campus.

1. **Two Measles Vaccination:** The two doses of measles required by the immunization policy can be met in a number of ways. An individual may receive two doses of a combined vaccine such as measles, mumps, rubella (MMR), or a measles & rubella (MR), or two separate measles immunizations. The first measles immunization must have been on or after the student's first birthday. The second must have been given at least one month after the first. Documentation of the required immunizations must be attached to the health center history form.

2. **One Meningococcal Vaccination**

Mandatory Tuberculosis Testing
Truman has adopted a policy requiring Tuberculosis (TB) screening and testing for all incoming international students. All students will be tested at orientation before classes begin. If you have received a recent TB test in the United States, then there is a possibility that you will be able to use those results instead of receiving another exam. However, all decisions regarding the viability of previous testing within the United States are made by the Student Health Center. Anyone testing positive for TB will have a chest x-ray and follow-up treatment. The cost of the testing ($100) will be billed to your student account along with tuition, housing, and other fees.

University Counseling Center
The University Counseling Center is available for all currently enrolled Truman students. Every counselor at the Counseling Center is a licensed practical counselor, and has extensive training in counseling and are professionally dedicated to working with college students. Their services include individual, group, and relationship counseling, as well as screenings and consultations.
Health Insurance

Healthcare is very expensive in the United States. The U.S. does not have a national insurance provided by the government. Each individual is responsible for their own insurance and medical expenses. Truman State University requires health insurance coverage for all international students—any student attending Truman State University who is not a citizen or permanent resident of the United States. Students are automatically billed for the International Student Medical Insurance Plan by The Lewer Agency, Inc. on their student account and pay for it with their tuition and other fees.

The insurance that Truman has chosen for international students includes the following benefits:

- No Maximum
- Copay of $15 at an in-network office or clinic
- Copay of $50 at an in-network hospital
- Reimbursement for 50% of prescription medicines
- Medical evacuation $50,000
- Repatriation $25,000

Insurance Exclusions:
Even with insurance, some expenses are excluded and will be the responsibility of the student. The excluded services will be described in the insurance brochure provided upon arrival. This insurance plan does not cover dental or vision care.

Cost:
The fee for health insurance coverage is approximately $500 each semester. This fee is charged on your student account and must be paid with your tuition and other fees.

Waiver:
Waiver of the university recommended health insurance is allowed unless specified in a contract with your sponsor or sponsoring agency. At this time, only students sponsored by the Saudi Arabian Cultured Mission and by the International Student Exchange Program are approved for waiver. Exceptions are rare and considered on an individual basis under extenuating circumstances.
Support for International Students

**International Orientation** is an introductory event to the American and Truman culture and an explanation of the processes, procedures and policies governing your studies and time in the U.S. **Attendance at the International Orientation is mandatory for all incoming Truman international students. Please arrange your travel schedule accordingly!**

The **International Student Affairs Office** is responsible for recruitment, admission, orientation, and support of all international students. Staffed by the Assistant Director of International Education, the Coordinator of International Admissions, the International Student Advisor, and many teams of student assistants, supports students from the application process to graduation and beyond.

The **Academic Success Mentoring Program** is an outreach program run by the International Student Affairs Office aimed at helping new international students adjust to the American educational system. New students will begin meeting with their Academic Success Mentor, a successful student at Truman, during the first full week of classes. Students will receive an email from their assigned mentor to arrange a convenient time to meet. Participation in the Academic Success Mentoring Program is mandatory for all new degree-seeking students as it is a condition of admission to Truman.

**Cultural Integration Leaders** are American students who live in the residence halls and assist new international students adjust to the social and cultural differences of American college life. The Cultural Integration Leaders are here to welcome new students to campus and they continue to work with students throughout their time at Truman.

**International Ambassadors** are current international students who have successfully transition to college life and want to help you do the same. You may have already spoken with an International Ambassador before you arrive at Truman as they reach out by calling admitted students and managing the Newly Admitted Truman Students Facebook page. You will have many opportunities to connect with the International Ambassadors upon your arrival and during International Student Orientation. The International Ambassadors have shared the same experiences you will face as an international student at Truman and are an excellent source of information.

**New Student Advisors & The Center for Academic Excellence** - The professional advisors, peer advisors, and tutors of the Center for Academic Excellence help students make a smooth academic and social transition to Truman, beginning with freshmen orientation (Truman Week) and transfer student orientation. Our Academic Advisors assist all new students with registration and ensure that students find the campus resources they need for success. They also teach courses such as Book and Discussion, which allow their advisees to connect with each other as well as their advisor. In addition, the Center co-sponsors events, including the International Film Festival and student-initiated programs.

**Cultural Clubs** – Student organizations centered around certain countries or areas of the world or for all areas of the world are popular at Truman to teach others about the countries and cultures they represent and to support students from those countries and cultures.

**The Writing Center** - The Truman State University Writing Center provides all Truman students with a comfortable environment for conversations about writing. Writing Consultants work with writers at all levels of competence, from all disciplines, and at any stage of the writing process. They assist students in generating ideas, drafting, revising, and editing. The Writing Consultants are always ready to share ideas about writing strategies and techniques.
Orientation

International Student Orientation is MANDATORY for all new international freshman, transfer, exchange students, and even those who have lived or studied in the U.S. before. Although a student may already have experience in the U.S., it is important to learn about specific university procedures, local culture, and regulations. At orientation you will learn about policies and procedures which will make the transition to life in Kirksville and at Truman much easier. Having the opportunity to arrive early at the Truman campus for orientation is a great opportunity to acclimate yourself to the new surroundings, learn the essential rules of the university, and most importantly to meet other American and international students. All students are charged an orientation fee, so make sure you get the most value and attend all of the orientation events and activities.

In orientation sessions, we cover a variety of essential information such as how to maintain legal status in the United States, how to adjust to the American classroom and campus, registration procedure, as well as explaining health insurance, employment options, money management, and much more. During orientation new students will meet people who will serve as resources throughout their time at Truman. You will have the chance to meet Truman students who work in the ISAO and also to familiarize yourself with your student adviser. Last but not least, international student orientation is fun and is what many international students will remember as their first positive experiences at Truman state.

Employment

Employment for international students in the U.S. is limited by law. International students may ONLY work on campus up to 20 hours per week while classes are in session and up to 39 hours per week during breaks and holidays. However, the availability of on-campus jobs is limited and students should not rely on on-campus employment as a significant source of financial support. Students may not work off campus without permission of the U.S. government and this permission is granted only under very specific circumstances. Working off-campus without permission will result in loss of non-immigrant status.
Registration Worksheet

Application Type (Check One):

☐ Exchange  (Please indicate if you plan on studying at Truman for one or two semesters) __________________________

☐ Graduate

Listing of Class Preferences

Use this section to list classes which you might be interested in enrolling. Also, please indicate if there are classes your institution absolutely requires that you take during your time at Truman. An advisor will design your class schedule to reflect your major requirements and interests. This schedule will be dependent on course availability and appropriateness to your major and interests.

Maximum number of hours you wish to take (for exchange students, full-time status is 12–17 hours; for graduate students, full-time status 9 hours): __________________________

Personal issues or concerns which should be considered in planning your schedule:

______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

*The semester course listings may be found on-line at: http://catalog.truman.edu

<table>
<thead>
<tr>
<th>Discipline Code</th>
<th>Course Number</th>
<th>Credit</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: ENG</td>
<td>252</td>
<td>3.0</td>
<td>Western Literature</td>
</tr>
</tbody>
</table>

International Student Affairs Office
Truman State University
100 East Normal Avenue
Kirksville, Missouri, USA 63501
Phone: 660-785-4215
Fax: 660-785-5395
Web: http://isao.truman.edu
Email: intladmit@truman.edu
Medical History *(confidential)*

Completion of this form is required prior to receiving any non-emergency health care at the Student Health Center.

As one office administratively, the Student Health Center and University Counseling Services may share information deemed pertinent to client care.

* Please provide name as it appears on official University registration.

Name: _______________________________ 

Last: __________________________________ First: __________________________ M: __________________________

Banner/Student ID #: _______________________________ Social Security #: _______________________________

Permanent Address: _______________________________

City: __________________ State: ___________ Zip: _________ Country: _______________________

Date of Birth: __________________________

Phone: Cell: __________________________ Home: __________________________

Age: __________________________

Race: __________________________

Gender: □ Female □ Male

Relationship: __________________________

Marital Status (circle one): Single Married Widowed Divorced

In case of emergency, contact: Name: __________________________

Phone: Day: __________________ Eve: ___________ Cell: ___________

Family physician: __________________________

I will enter in: Fall 20 __ Spring 20 __ Summer 20 __

Class: □ Freshman □ International □ Grad. Student □ Transfer □ Other: __________________________

Personal Health History

Do you have a present or past history of (check all that apply):

□ Abnormal Pap Smear □ Epilepsy/Seizure Disorder □ High Blood Pressure

□ Allergic Rhinitis □ Ear Trouble/Hearing Loss □ Intestinal/Stomach Trouble

□ Anemia □ Eye Disease (excluding glaucoma) □ Joint Disease/Injury

□ Arthritis □ Gallbladder Problems □ Kidney Infections/Disease

□ Asthma □ Headache □ Mononucleosis

□ Back Problem □ Head Injury □ Pacemaker

□ Blood Clots □ Heart Condition □ Paralysis

□ Cancer □ Hepatitis/Jaundice □ Pneumonia

□ Diabetes □ Hernia/Rupture □ Rheumatic Fever

□ Scarlet Fever □ Sexually Transmitted Infection

□ Sickle Cell Trait/Disease □ Stroke

□ Surgery □ Tuberculosis □ Thyroid Disease

□ Other

Height: _______ Weight: _______

Describe any conditions checked above with dates: __________________________

Current Medications: ____________________________________________

List DRUG ALLERGIES: ____________________________________________

While at Truman will you need allergy shots? □ Yes □ No

If yes, you must contact the Health Center at (660) 785-4182 prior to your arrival.

Psycho/Social History

Do you have a present or past history of (check all that apply):

□ Alcohol Use □ Bipolar/Mood Disorder □ Depression □ Psychological Counseling □ Smoker

□ Anxiety Disorder □ Eating Disorder □ Drug Use □ Smokeless Tobacco

Describe any conditions checked above with dates: __________________________

(1)
## Family Medical History

<table>
<thead>
<tr>
<th></th>
<th>Age</th>
<th>State of Health</th>
<th>Age at Death</th>
<th>Cause of Death</th>
</tr>
</thead>
<tbody>
<tr>
<td>Father</td>
<td></td>
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<td></td>
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<tr>
<td>Mother</td>
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<tr>
<td>Sisters</td>
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<tr>
<td>Brothers</td>
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</tbody>
</table>

Has any relative (father, mother, sister, brother, or grandparent) suffered from the following:

<table>
<thead>
<tr>
<th>Condition</th>
<th>Yes</th>
<th>No</th>
<th>Relationship &amp; Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asthma</td>
<td></td>
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<tr>
<td>Drug Allergy</td>
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<td>Cancer</td>
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<td>Diabetes</td>
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<tr>
<td>Heart Disease</td>
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<td>High Blood Pressure</td>
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<tr>
<td>Kidney Disease</td>
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<tr>
<td>Mental Health Disorders</td>
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<tr>
<td>Genetic Problem</td>
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<tr>
<td>Tuberculosis</td>
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<td></td>
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<tr>
<td>Other:</td>
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</tbody>
</table>

Is there any other information which could be helpful to the health care providers at the Student Health Center?

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## Health Insurance Information

Students are required to bring all pertinent health insurance information with them to Truman State University. This would include a copy of the front and back of the medical insurance card and the prescription card if applicable.

Students without any insurance may purchase a school plan endorsed by Truman. This plan application is available online at www.sa-mn.com or by contacting the Student Health Center. Those with no insurance must so advise the Health Center personnel.

---

I hereby certify that the above history is complete to the best of my knowledge:

Date: __________________________ Signature of Student: __________________________

**TO PARENTS OF STUDENTS UNDER AGE 18:** I hereby grant permission to the medical staff of the Student Health Center at Truman State University to carry out necessary medical treatment on the above named patient.

Date: __________________________ Signature of Parent: __________________________

(2)
Instructions for Meeting Truman State University Immunization Requirements

Please read carefully. Failure to comply may result in registration delays.

Complete the Tuberculosis Screening below, obtain copies of your immunization records and attach to this form. Mail to Student Health Center, Truman State University, McKinney Building, 100 E. Normal Ave., Kirksville, MO 63501, ATTN: Immunization Clerk. You may, instead, fax records to (660) 785-4011 or e-mail scanned attachments to cdavis@truman.edu. (Please send scanned documents in jpg or PDF format.) Truman’s immunization requirements are specified on p. 4.

| Name: __________________________ | Student ID#: __________________________ |
| E-Mail Address: __________________________ |

Records sent to other offices are not guaranteed to reach the Health Center. Students should retain original documents. Copies of records may be destroyed after entry into the University database. Examples of acceptable documents include:

- Copies of personal immunization records (“baby book”)
- Copies of physician office, Health Department or military immunization records
- Copies of high school or previous college immunization records

Tuberculosis (TB) Screening

Check any that apply:
(If any apply, TB Screening with a TB Skin test is required. Documentation of PPD Mantoux skin test (done in the US within the past 12 months), read and documented in millimeters of induration, must be provided with this document. Chest x-rays (from the US) will be required for anyone with a positive skin test. A negative chest x-ray is not a substitute for a skin test.

I certify that I:

_____ am from or have lived for two months or more in Asia, Africa, Central or South America or Eastern Europe.

_____ have been diagnosed with a chronic medical condition that may impair my immune system.

_____ am a health care worker.

_____ am a volunteer or employee of a nursing home, prison or other residential institution.

_____ have contact with a person known to have active tuberculosis.

Individuals who have been treated for latent or active TB disease must provide documentation of adequate treatment as specified by the CDC (Centers for Disease Control).

(3)
Required Immunizations

1. All students born after Dec. 31, 1956, must comply with Truman's two-dose Measles Immunization Requirement. The requirement can be met any of the following ways:
   a. 2 doses of MMR vaccine. The first dose must have been given at age 12 months or later. The second dose must have been given at least one month after the first one.
   b. 1 dose of MMR vaccine and 1 dose of rubella. The first dose must have been given at 12 months of age or later. The second dose must have been given at least one month after the first dose.
   c. Titre (blood test) results proving immune status. (Documentation is required.)

2. All students living in University housing (residence halls or apartments) must either:
   a. show documentation of meningococcal vaccine, or
   b. sign a waiver that indicates they have been provided educational materials but have chosen not to receive the vaccine at this time.
      To obtain the waiver for meningococcal vaccine, the pdf may be downloaded and printed from:
      http://studenthealth.truman.edu/ meningitis_form.asp

Recommended Immunizations

The following immunizations are recommended, but not required, for all University students:

- Tetanus/Diphtheria administered within the past 10 years.
- Hepatitis B series (3 doses). Even if incomplete, provide dates of any doses received.
- Influenza vaccine. Available each fall and advised for all students.
- Varicella (chicken pox). No vaccine is needed if there is a good history of natural infection. If history is questionable, a blood test can be done at the student’s expense to determine immune status. If history of chicken pox infection, indicate approximate: Month _____ Year _____
- Human Papilloma Virus series. Recommended for females over age 11.

CHECKLIST OF ITEMS TO SEND TO STUDENT HEALTH CENTER:

_____ Completed Medical History Form
_____ Copy Insurance Card, front & back
_____ New Patient Information/Insurance Sheet
_____ Immunization Record Copy
_____ Meningitis Waiver Form (if no vaccination)
In accordance with Missouri Senate Bill 686, which states

“Section 1.1. Beginning with the 2004-2005 school year and for each school year thereafter, every public institution of higher education in this state shall require all students who reside in on-campus housing to sign a written waiver stating that the institution of higher education has provided the student, or if the student is a minor, the student's parents or guardian, with detailed written information on the risks associated with meningococcal disease and the availability and effectiveness of the meningococcal vaccine.

2. Any student who elects to receive the meningococcal vaccine shall not be required to sign a waiver referenced in subsection 1 of this section and shall present a record of said vaccination to the institution of higher education.”

Truman State University now requires all students living in Residential Colleges to either show proof of the meningococcal vaccine (within 3 years) or sign the waiver below. STUDENTS WILL NOT BE ALLOWED TO MOVE IN TO THEIR RESIDENCE HALL UNTIL THIS REQUIREMENT IS MET.

Please fill out Sections 1 and 2 OR Sections 1 and 3 below.

**SECTION 1**

<table>
<thead>
<tr>
<th>STUDENT NAME</th>
<th>SSN</th>
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**SECTION 2**

To be completed by a health care provider: (Documentation from a physician showing receipt of vaccine or copy of immunization record is also acceptable.)

The above named student received the meningococcal vaccine on _______________________.

<table>
<thead>
<tr>
<th>Health Care Provider Name</th>
<th>Phone</th>
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<tr>
<td></td>
<td></td>
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<tr>
<td>Address</td>
<td></td>
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<tr>
<td>Street</td>
<td>City</td>
</tr>
<tr>
<td></td>
<td>State</td>
</tr>
<tr>
<td></td>
<td>Zip</td>
</tr>
<tr>
<td>Signature of Provider</td>
<td>Date</td>
</tr>
</tbody>
</table>

**SECTION 3**

VACCINE WAIVER: To be completed by the individual (or parent/guardian for individuals less than 18 years of age).

**SECTION 3A: For individuals 18 years of age or older:**

I am 18 years of age or older. I have received and read the information in the brochure provided by Truman State University, which explained the risks of meningococcal disease. I am aware of the effectiveness and availability of the vaccine at the Student Health Center. I am aware that meningococcal disease is a rare, but life-threatening illness. I understand that students residing in on-campus housing must be vaccinated against meningococcal disease or sign a waiver. I voluntarily agree to release, discharge, indemnify and hold harmless Truman State University, its officers, employees and agents from any and all costs, liabilities, expenses, claims or causes of action on account of any loss or personal injury that might result from my decision not to be immunized against meningococcal disease.

<table>
<thead>
<tr>
<th>NAME OF STUDENT</th>
<th>SIGNATURE OF STUDENT</th>
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<tr>
<th>DATE</th>
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</table>

**For individuals under 18 years of age, parent or guardian must complete Section 3B.**

**SECTION 3B: For individuals under 18 years of age:**

I am the parent/guardian of _______________________. I have received and read the information in the brochure provided by Truman State University about meningococcal disease and am aware of the effectiveness and availability of the vaccine at the Student Health Center. I am aware that meningococcal disease is a rare, but life-threatening illness. I understand that students residing in on-campus housing must be vaccinated against meningococcal disease or sign a waiver. I voluntarily agree to release, discharge, indemnify and hold harmless Truman State University, its officers, employees and agents from any and all costs, liabilities, expenses, claims or causes of action on account of any loss or personal injury that might result from my decision not to have the above-named individual immunized against meningococcal disease.

<table>
<thead>
<tr>
<th>NAME OF PARENT/GUARDIAN</th>
<th>SIGNATURE OF PARENT/GUARDIAN</th>
<th>DATE</th>
</tr>
</thead>
<tbody>
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<td></td>
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