The first six weeks of the semester have passed and they have passed quickly. I am excited about what has happened in our school already this semester, particularly the collaborative projects and the number of applications for mini-grants and sabbaticals that were submitted.

A group of Education and Communication Disorders faculty along with staff in the Regional Professional Development Center, has been reading “Opening Minds Using Language to Change Lives” by Peter H. Johnston and will meet on Tuesday, October 1st to discuss our reactions. I am looking forward to this conversation and the future projects that may result.

Wendy Miner, Jan Grow, Lisa Goran, Janice Young, Susan Lambert, Teak Nelson, Judy Johnson, and I have worked to create student and faculty surveys that ask both groups what they consider to add value to the educational experience of students in our departments. Once the surveys are administered and data collected, the Center for Applied Statistics and Evaluation (CASE) will help run student focus groups to gain more information about aspects of our programs students report are particularly meaningful. This information will be helpful to departments as we evaluate what we are doing and why. The hope is to extend the survey to recent graduates and alumni to determine if opinions change once our graduates have left Truman and are working.

I received eight mini-grant applications: all involve at least one student and most involve a group of students, five involve more than one faculty member, one involves faculty from two different departments, and all look very interesting in their scope. Decisions regarding funding will be made no later than Wednesday, October 9th.

Lastly, our school had a record number of sabbatical applications submitted this year! Three applications were submitted from faculty in three of the four departments. I’d like to thank the faculty who submitted applications and the Chairs and colleagues who internally reviewed those applications and provided letters of support. I also want to express my appreciation for the collegiality that is required in a department when a faculty member applies for sabbatical, regardless of whether or not the application is granted.

Thank you all, for the good work completed to date and that which is to come.
SHSE Departments Featured in Kirksville Daily Express Progress Edition

SHSE Communication Disorders and Nursing programs were featured in articles that appeared in the Kirksville Daily Express newspaper and website annual progress edition themed “Unlocking Our Future,” which examined workforce development, lifestyle improvement and what it takes to succeed in local business. Following is a re-print:

Technological advances have broadened the methods human beings can use to communicate. With email and text messages, thoughts, ideas, feelings can be shared instantly with people on the other side of the earth. Many times, however, the most necessary way to communicate remains something that seems so basic - speech. Being able to communicate verbally with others, clearly conveying messages, continues to be of the utmost importance to succeed in school, business and beyond. Now, imagine not having that ability. Imagine being unable to speak, or unable to do so clearly, in a world where it remained so simple for others. Bridget Donnelly, a graduate student in Truman State's communication disorders department, tells a story about her father's coworker who suffered massive stroke after giving birth. "She went from being a caregiver to being completely unable to care for her infant," Donnelly said. When the woman learned what Donnelly planned to study and pursue as a career, she explained exactly the kind of valuable field that was ahead. "When she heard about me going into this field she said, 'My speech therapist changed my life. I'm back to who I am today, able to communicate and function in society, because of the therapy I received,'" Donnelly said. "Not every case is that dramatic. Sometimes you're trying to help a child not have a lisp when they say their 's' but still, if that
gives that confidence to speak and let their voice be heard, it's a worthwhile job to pursue." And it's a job where the supply of speech and language pathologists (SLPs) is not meeting demand for services. According to the U.S. Department of Labor's Bureau of Labor Statistics, the number of job openings is expected to grow 23 percent through 2020, faster than average for all occupations. "As the large baby-boom population grows older, there will be more instances of health conditions that cause speech or language impairments, such as strokes, brain injuries, and hearing loss. This will result in increased demand for speech-language pathologists," the BLS summary reads. Additionally, the American Speech-Language-Hearing Association states shortages likely exist in urban and rural areas and in school settings.

Dr. Janet Gooch, professor and dean of the School of Health Sciences and Education at Truman State, agrees, noting shortages of both SLPs and nurses, two departments she oversees. She said the university has been communicating with Schuyler County about a solution to the district's inability to find and hire an SLP. "We need more speech language pathologists in the state," Dr. Gooch said. Truman State is doing what it can to help address the need, with about 35 future SLPs per class and another 25 per class in its graduate program. Those students work alongside and under the department's faculty in the university's Speech and Hearing Clinic, a free service offered year-round on the ground floor of Truman's Health Sciences Building. The Clinic offers supervised training for the school's students, while providing necessary screenings and therapy services for a variety of needs including speech or language problems, adults recovering from strokes and relearning communicative skills, victims of traumatic brain injuries, voice disorders, swallowing disorders and more. The program and field in general have also shifted some of their focus to early intervention though annual child screenings. "I've been at Truman for 18 years now and it was pretty rare when I first came here that we would see a child in the Speech and Hearing Clinic from 0-3, and now they are a large part of our caseload," Gooch said. "I think we've really done a lot helping the city and area increase their early-intervention capabilities. The Clinic collaborates with First Steps, Head Start and the students have helped fill SLP needs at the Kirksville R-III district. "We're identifying kids much earlier than we used to and we're starting therapy much earlier than we used to. That just increases their ability for academic success and personal success. I think it's really helped minimize some of the caseloads at the larger grade levels later on, which is a really good thing because it's a resource issue, because the earlier you can identify a problem and correct it the less resources you're going to invest in that," Gooch said. Truman faculty members often help mentor new SLPs in the area and the university provides continuing professional education opportunities.

The School of Health Sciences and Education is also working to provide new workers into the nursing field, which too is experiencing a shortage as the "Baby Boomer" generation enters retirement. That retirement is hitting the field in multiple ways, with the generation as a whole entering a time where it needs additional care, and a flood of its members retiring from the nursing field. Truman State works to prepare future nurses with its simulation lab, a large space at the center of the Health Sciences Building's second floor modeled after a hospital. With working patient beds, monitors and mannequins that can be programmed to respond in various ways, the students get hands-on experience in a controlled environment. The nursing program graduates about 35 students each year. While on campus, the students are engaged in a number of community-based environments, including staffing the Truman Health Clinic, working in local physician's offices, assisting the Adair County Health Department with administering flu shots, wellness testing, school screenings and the House Calls Program, where partnered with ATSU students they go into the field and visit home-bound patients for assessments. "They're everywhere," Gooch said. Truman has also started offering an accelerated bachelor's in nursing program as part of a recent grant award. Aimed at students who already have an undergraduate degree and meet a number of prerequisites, Gooch said the program focuses on core nursing classes and clinical experiences and lasts about two years. "I think it's a good example of how Truman is trying to do its part to increase that workforce, particularly in those health care fields," Gooch said. Truman's goal is 10 additional nursing graduates annually, and part of the focus of the grant is trying to place the nurses in rural settings. "That is a focus of the grant. It's our hope that by being attractive to some local people we will place them in these local internships and they'll want to stay there. We have a lot of alumni who work here in town, and Hannibal, and Milan, and that's good. I think we are doing our part to help northeast Missouri and the state in having high-quality nurses," Gooch said. Gooch said Truman wants to graduate highly-skilled
nurses and SLPs who will become leaders in the workforce and have the all-important element of caring for their patients. If Donnelly is any indication, that goal is being reached. "Giving a person the ability to communicate and have that quality in their life is incredibly empowering for that individual," she said. "That's something that makes me driven to come to school every day, to learn more about communication disorders and to know I'm going to be a lifelong learner in this field."


---

**McNair Research Presentations**


**Dean’s Team Middle School Visit Day**

Middle School Visit Day will be held Friday, October 4. Approximately 75 seventh and eighth grade students from Green City and Milan will spend the morning touring campus facilities and attending presentations from various departments. Students will have the opportunity to explore topics of their interest in the health professions and education. The event is facilitated by the SHSE Dean’s Team members Ms. Lynde Blakely, Ms. Kristin Dattilo, Ms. Megan Distler, and Ms. Nikki Imhof.

**Communication Disorders Department**

The Speech and Hearing Clinic will conduct speech-language-hearing screenings for Head Start programs throughout Northeast Missouri on Thursday and Friday, October 3 and 4.

The CMDS Department will host an informal “non” ribbon-cutting ceremony to express appreciation to all individuals who assisted with the processing of the HUD Grant. This project was a tremendous amount of work for the Business Office, Campus Planning, Publications, and the Physical Plant. The event will take place Tuesday, October 8, from 11:30 a.m. to 1:30 p.m. on the third floor of Pershing Building. Remarks by Dr. Janet Gooch will occur at noon.

Communication Disorders graduate student clinicians will conduct speech-language-hearing screenings at the at the Unionville Public Schools, Green City Public Schools, Faith Lutheran School, and the Kirksville R-3 Schools during the months October and November. School screenings began in September.

The Speech and Hearing Clinic opened September 9 and 10, with over 100 clients served during the Fall, 2013 Semester. Thirty-four graduate students and 13 senior-level students are providing services in the clinic. There are six Communication Disorders graduate students on public school and/or hospital internships.

**Education Department**

Ms. Amy Hiatt is completing a fall semester internship in a fifth grade classroom on an American military base at Vilseck Elementary in Vilseck, Germany.
The Missouri Educator Profile (MEP) is a new assessment for students enrolled in educator preparation programs. This is one of the new assessments mandated by the state of Missouri for all teacher preparation programs. The initial results will provide the student and advisor with information about how the student’s work styles match the work styles of successful teachers. The results also suggest ways in which the students can improve their work styles. This is an important step in helping the students choose whether or not professional education is the right career choice. MAE students will take this assessment early in the preparation program during ED 388 Exploratory Field Experiences and the semester prior to their student teaching internship. A comparison of results should show growth as students move toward the completion of their professional studies. Students can share results with university faculty, advisors, mentors, etc. throughout their program. Most recently, interns should have shared a copy of their results with their university supervisor and were encouraged to process them. The 32 students in the first block section of the new ED 388 Exploratory Field Experiences class taught by Dr. Laura Nickelson have taken the MEP and have or will have had advising conferences with Ms. Sheila Berkowitz to discuss the assessment results and plan their development for practicing skills, getting feedback, and reinforcing learning. There have been excellent conversations with students as they have established at least one professional goal and have shared their experiences of working with youth and preparing for the teaching profession.

MAE faculty are piloting the Missouri Pre-service Teacher Assessments (MoPTA). The MoPTA consists of a series of performance-based assessments students must complete during their internship experience. This is one of the new assessments mandated by the state of Missouri for all teacher preparation programs. These new assessments will begin September, 2014 and are designed for the students to demonstrate appropriate practice during their student teaching/internship. Dr. Rebecca Dierking, Dr. Wendy Miner, Dr. Laura Nickelson, Dr. Barbara Price, Dr. Carla Smith, and Dr. Paul Yoder are the MAE faculty guiding their students through the pilot assessment process. Many thanks to them all!

Dr. Bev Perrachione and Dr. Pete Kelly attended the Council for Accreditation of Educator Preparation national conference, September 18-21, in Arlington, Virginia.

Dr. Lisa Goran worked with two students, Ms. Leigha Hill and Ms. Kristen Williams, and Ms. Theresa Wheeler, publications manager, to develop a promotional poster for the MAE. The poster will be used in a variety of ways to promote the MAE across campus. MAE faculty meeting with prospective students and their families on visit days will use the poster to promote the MAE program.

Ms. Sheila Berkowitz and Dr. Laura Nickelson have worked extensively on updating the structure and content of the MAE website in preparation for the launch of the new version in January. Their work will be a valuable resource to assist with recruiting prospective students to the MAE.

Dr. Thomas Trimborn, MAE Music Specialty Director, wrote an article entitled “Can We Escape History?” that appeared in the Band Directors’ Guide (BDGuide) in the Spring of 1994. The article was about pioneering individuals who created a path for future musical direction. The article featured Dr. Trimborn’s band pioneer portraits that now hang in the music hallway of Ophelia Parrish. Mr. Frederick Fennell, an internationally-recognized conductor and founder of the Eastman Wind Ensemble, sent Dr. Trimborn a handwritten note after reading the article. The article, note, and a portrait of Fennell (left) have been donated and added to the collection of portraits by Dr. Trimborn.
Ms. Evonne Bird led a session of the Joseph Baldwin Academy for 17 students interested in exercise science. They produced projects and their spine creation in on display in the HES outer office.

HES renewed its articulation agreement with the Washington University in St Louis Program in Physical Therapy for 2013-2014 and started a new articulation agreement with the Washington University in St Louis Program in Occupational Therapy. In addition, HES has established dual degree options with Palmer College of Chiropractic’s three campuses: Davenport, Iowa; Port Orange, Florida; and San Jose, California. Beginning with the first semester of the 2013-2014 academic year, this dual degree program allows qualified students to earn a Bachelor of Science degree in Health Science or Exercise Science and a Doctor of Chiropractic degree from Palmer College of Chiropractic. HES also revised their DPT admissions and articulation agreement with A.T. Still University of Health Sciences, Arizona School of Health Sciences Physical Therapy Department.

TruLifeSaver American Heart Association Basic Life Support Courses are upcoming. These Basic Life Support (BLS) courses, taught by Ms. Liz Jorn and Ms. Jana Arabas, are designed to help people recognize and respond to several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely, and effective manner. The courses include the following for an adult, child, and infant: critical concepts of high-quality CPR; the American Heart Association Chain of Survival; differences between rescue techniques; 1-rescuer CPR and AED; 2-rescuer CPR and AED; bag-mask techniques; rescue breathing; relief of choking. The cost is $60.00 and includes instruction, materials, and two-year certification with the American Heart Association. Participants can pay the registration fee with a check (made payable to Truman State University) or cash at the Truman State University Business Office cashiers’ window on the first floor of McClain Hall. To register, go to http://institute.truman.edu/trulifesaver.asp and complete the online registration form or call 660-785-5406 and register by phone. You may also e-mail institute@truman.edu. Payment is due before the class meeting. Businesses interested in using purchase orders should call in advance. No refunds. Classes with enrollments below 12 may be cancelled. Dates are Thursday, October 24: 5:00 - 10:00 p.m.; Tuesday, November 12: 5:00 - 10:00 p.m.; Monday, November 18: 5:00 – 10:00 p.m. Classes will be held at the Truman State University Health Sciences Building, room 1206 (CPR Lab).

Ms. Liz Jorn was nominated for the Kirksville Young Professionals “5 Under 40” award. The award recognizes local professional excellence in youth. Ms. Jorn, along with the other 25 nominees, will be honored and the five award winners announced, at a banquet Thursday, October 24, 7:00 p.m., at the Baptist Student Union.

Exercise Science – Sport Management alumna Ms. Laura Heien is living in Newark, Delaware and working as the Director of Tournament Operations and Member Services for the Delaware State Golf Association (DSGA) and the Director of Operations for the Delaware Women’s Golf Association (DWGA). The DSGA and DWGA are housed in the same office, which helps Laura to organize over 70 tournaments each year, as well as communications and marketing development, while also maintaining the handicap system, course ratings database, and other programs for a membership of 55 golf courses and over 10,000 golfers in Delaware and the surrounding region. Laura manages to do all of this and still play 18 at least once a week.
The Health & Exercise Sciences Department hosted approximately 160 first-time freshmen interested in a degree in athletic training, exercise science, or health science August 20.

Dr. Janet Gooch, Dean of the School of Health Sciences and Education, welcomed the students. Mr. Jerry Wollmering, Athletic Director, reported on the new conference, a summary of the sports and students involved, and upcoming events for Athletics. Dr. Roberta Donahue, HES Department Chair, talked about HES, and the HES faculty members introduced themselves and shared their research interests. Breakout sessions were held so students could meet faculty members and learn about specific concentrations and student organizations. !

Above right: Fall 2013 HES freshmen pose for a group photo.

Below right: HES faculty and staff are all smiles at the beginning of the Fall 2013 semester.

Nursing Department

Truman’s Department of Nursing has been awarded a second Nursing Education Incentive grant by the Missouri State Board of Nursing. The Department received the maximum award of $150,000 to expand the Accelerated Bachelor of Science in Nursing (ABSN) program to meet increased demand; create market-competitive salary and compensation packages needed to attract and retain highly qualified faculty for didactic and clinical teaching; add at least two clinical adjunct faculty positions; expand clinical sites and partnerships; and increase recruitment of prospective ABSN students. Truman was one of seven institutions to receive an award. The proposal was prepared by Dr. Stephanie Powelson, Dr. Carol Cox, and Dr. Janet Gooch, with support from all Nursing faculty and staff.

The Nursing Department has partnered with the University of Missouri Health Care System for an intensive clinical experience this fall. Ms. Jessica Piorkowski will serve as clinical faculty for four weekend clinical experiences at University Hospital in Columbia. Twenty-two students will participate.

Students from Health Sciences, Nursing, and Communication Disorders and ATSU medical students will form 15 interprofessional teams in Kirksville and several teams in Mesa, Arizona. Each team will meet to prepare a plan of care for a case study, and present their interprofessional plan of care Saturday, November 2. Prizes will be offered for the best plans as evaluated by interprofessional faculty teams.

Globe Med will sponsor Dance ‘til Dawn, Sunday, October 6. The proceeds will help fund a birthing clinic in Haiti.
Senior Nursing Students Study Abroad in the Philippines

Sixteen senior nursing students traveled to Manila and Iloilo City in the Philippines region for a three-week study abroad experience. This trip was made possible by Dr. Steve Hadwiger and Ms. Kit Hadwiger who organized, planned, and supervised the students. From Manila to Iloilo City, the students participated in healthcare settings such as labor and delivery at Jose R. Reyes Memorial Medical Center, public health visits at a Gawad Kalinga Village (a new concept of housing for the homeless), women’s health exposure at a social hygiene clinic, and a variety of others. Not only did these students practice technical hands-on training, but they also were able to learn about a culture different from their own. On the trip, international friendships blossomed with the nursing student partners from West Visayas State University, and the two groups bonded over shared experiences. The students will give a presentation of Filipino culture in the domain of healthcare and about their experiences abroad Tuesday, October 8, 7:00 p.m., in the Student Union Building Georgian Rooms A and B. The event is open to the public.

Back Row (left to right): Ms. Gabby Epstein, Ms. Bailey Ross, Ms. McCall Oliver, Mr. Sonny Phan, Ms. Brittany Thompson, Ms. Nicole Marion, Ms. Jessica Curl, Ms. Hannah Tangen, Ms. Andrea Grojean and Dr. Steve Hadwiger. Front Row (left to right): Ms. Kit Hadwiger, Ms. Carly Moriarty, Ms. Tara Manillo, Ms. Meghan Krepel, Ms. Katey Carlton, Ms. Kayla Ridenhour, Ms. Mallory Eubank and Ms. Josie Collett.
Eight junior nursing students and one nursing faculty member participated in the Second Annual Heart and Sole Walk on Saturday, September 14. The nursing students provided participants with blood pressure readings and body mass index (BMI) calculations. The students showed participants how to calculate their BMI using a graph of adult weight status and explained what BMI actually measures. In addition, the nursing students helped participants understand their blood pressure readings by explaining the different blood pressure categories, what systolic and diastolic means, and the common myths associated with blood pressure. The walk was sponsored by the NEMO Heart Health Corporation, a non-profit organization aimed at creating a heart safe community.

Pictured, left to right: Ms. Samantha Streff and Ms. Anna Becker take the blood pressure of two participants.
The Truman nursing faculty and staff welcomed 35 freshmen to the nursing major this fall. The freshmen nursing students started off Major’s Day by meeting their nursing faculty advisor. Afterwards, students and faculty members headed to Northeast Regional Medical Center where they were greeted by Ms. Cindy Carter, Chief Nursing Officer, and given a tour of the hospital. Following the tour, the students, faculty and staff took a bus to Thousand Hills State Park for a picnic where students were able to socialize with one another, a few upperclassmen and the nursing faculty and staff. Students were able to go on a pontoon boat ride, courtesy of Dr. Steve Hadwiger, and participate in team building activities. The ROTC, including a senior nursing student, Ms. Adrienn Meyers, led team building activities for the freshmen nursing students. Two Nursing Student Association representatives were also in attendance to recruit and provide invaluable information for the freshmen nursing students.

Above left: ROTC Scholarship & Enrollment Officer, Douglas Reinsch, help two students figure out a way to get out of a knot.

Below left: Dr. Stephen Hadwiger takes the students on a relaxing ride out on the lake.

Selected Upcoming Events

October 1, Tuesday – “Opening Minds” Book Discussion
October 1, Tuesday - "China Rise and U.S. Fall? Where Is Our Place?”, Baldwin Little Theater, 7:00 p.m.
October 2-3, Wednesday-Thursday – Fall Career Expo & Interview Day
October 4, Friday – SHSE Dean’s Team Green City and Milan Middle School Visit Day
October 5, Saturday – Communities Responding to Overcome Poverty (CROP) Walk 5K
October 5, Saturday – Dr. Weitz Memorial Service and Reception, 4:00 p.m. – 6:00 p.m., SUB Alumni Room
October 8, Tuesday – CMDS “non” ribbon-cutting ceremony, 11:30 a.m. – 1:30 p.m., Pershing third floor
October 8 – Drive-through Flu Clinic, 1:00 p.m. – 7:00 p.m., NEMO Fairgrounds
October 9, Wednesday - First Block Classes End
October 10-11, Thursday-Friday, Midterm Break
October 14, Monday - Second Block Classes Begin
October 16, Wednesday – First Block Final Grades Due in TruView, noon
October 16, Wednesday – Graduate Council, 3:40, VH 100
October 18, Friday – Board of Governors Meeting, 1:00 – 5:00 p.m., SUB Conference Room
October 19, Saturday – Homecoming – “Catch the Wave”
October 19, Saturday – NEMO Alumni Chapter/Rotary Club Taste of the World, 5:00 p.m. – 10:00 p.m., Kirksville Arts Center
October 24, Thursday – Faculty Senate, 3:00 – 5:00, SUB 2105 Alumni Room
October 28, Monday – Global Issues Colloquium, 7:00 p.m. – 9:00 p.m., Magruder 2001
October 31, Thursday – Academic Leadership Forum, 3:00 p.m., SUB Conference Room
November 2, Saturday – Truman Showcase
November 7, Thursday – Lyceum Liverpool Legends Beatles Tribute Band
November 13, Wednesday – Graduate Council, BH 100
November 17, Sunday – Children’s author Jan Brett, CINDERS a chicken Cinderella book talk, illustration demonstration, and book signing, 10:00 a.m., Truman Book Store
November 21, Thursday – Faculty Senate, 3:00 – 5:00, SUB 2105 Alumni Room
November 25-29, Monday-Friday - Thanksgiving Break
December 6, Friday - Last Day of Classes
December 7, Saturday – Board of Governors Meeting
December 7, Saturday – Lyceum Kansas City Chorale Holiday Concert
December 9, Monday - Finals Start
December 11, Wednesday - Reading Day
December 12, Thursday – Faculty Senate, 3:00 – 5:00, SUB 2105 Alumni Room
December 13, Friday - Finals End
December 14, Saturday – Winter Commencement, 11:00 a.m.
December 19, Thursday – Full Term and Second Block Final Grades due in TruView, noon
January 13, Monday – Spring Classes Start
January 17, Friday – December Interim Final Grades due in TruView, noon
February 10, Monday - Lyceum Othello by the American Shakespeare Company
March 22, Saturday – Lyceum A Midsummer Night’s Dream by the Minnesota Ballet
April 15, Tuesday – Student Research Conference
April 25, Friday – Sixth Annual Language and Literature Conference with Susan L. Hall, presenting on promoting collaboration in the assessment and treatment of literacy related problems in children.
May 10, Saturday – Spring Commencement

For a complete list of events on campus check out the Master Calendar, available on the Truman home page or by clicking calendar.truman.edu. For information about off-campus events, click on the Kirksville tab in TruView or the Kirksville Events tab located on the top of the Master Calendar.
Mission Statement

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

Five Pillars

Professional programs grounded in the liberal arts and sciences
❖ Leadership development
❖ Interdisciplinary collaboration
❖ Diverse learning and service opportunities
❖ Pursuit of continued scholarship and research

TRUMAN STATE UNIVERSITY

School of Health Sciences and Education