DECEMBER 2014 NEWSLETTER



The SHSE Administrative Team

Janet L. Gooch, Dean
Paula Cochran, Chair of CMDS
Mona Davis, Assistant to the Dean
Roberta Donahue, Chair of HES
James Judd, Director of the RPDC
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Message from Janet L. Gooch, Ph.D., CCC-SLP, Dean, School of Health Sciences and Education

The fall 2014 semester is drawing to a quick close. This newsletter, similar to the earlier newsletters this semester, contains a number of outstanding accomplishments of the SHSE faculty. In an effort to recognize our faculty and the mission-driven work they do on behalf of our students, School and University, I have worked with the Chairs and developed a new award that will be available to all SHSE faculty for the first time spring 2015. The purpose and criteria for the award as well as procedures for nomination and selection are listed below. Early next semester, I will send an all-school email with this same information but wanted you to be aware that the award was in the works. My thanks go to the Chairs who provided support as well as their input and ideas. I hope that you will all spend time reflecting on who in our School should be recognized for this award. To each of you, I wish a safe and enjoyable holiday season. Personally, I am thankful for the opportunity to work with each of you – you are all the finest of colleagues.

School of Health Sciences and Education Mission Award

Purpose:

The Mission Award honors a faculty member in the School of Health Sciences and Education who has distinguished him/herself by participating and excelling in activities that model the mission of the school.

Mission Statement:

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

Procedure:

- Nominations can be submitted by the Dean, Chairs, and faculty peers within the School of Health Sciences and Education. The nominator does not need to be in the same department as the nominee.
- Letters of nomination should be sent to: Janet Gooch, Dean of the School of Health Sciences and Education, VH 2300 or emailed to monad@truman.edu
- Letters should include the name and University department of the nominee. The content of the letter should clearly explain why the nominee is a worthy recipient of the award and how through his/her

teaching, scholarship and service the nominee has distinguished him/herself in activities that model the SHSE mission.

- The deadline for nominations for the 2015 award is Friday, March 6, 2015.
- Nominees will be notified and asked to submit a current vita if they are interested in being considered
 for the award. Faculty who accept the nomination will need to submit a current vita to the Dean of the
 School of Health Sciences and Education, VH 2300 or emailed to monad@truman.edu by Friday, March
 20, 2015.
- All letters of nomination received by the March 6, 2015 deadline, accepted by the nominees and accompanied by a current vita, will be reviewed by the Mission Award Selection Committee. The committee will be comprised of one faculty member from each SHSE department. The committee will be formed once the deadline for nominations has passed. No member of the committee should be a nominee for the award. The committee will be responsible for making recommendations for the year's recipient(s). The SHSE Dean will consider the committee's recommendation and will ultimately select the recipient.
- The recipient of the SHSE Mission Award will be selected no later than April 1, 2015.
- The recipient will be asked to serve on the Mission Award Selection Committee as the representative for their department for the following year.

Award:

The recipient of the SHSE Mission Award will be eligible for reimbursement up to \$500 for an activity or resource that will further their work/development and help them continue to model the SHSE mission (e.g., travel, equipment, books). Reimbursement for the award must be claimed within the next fiscal year (for the 2015 award, prior to July 1, 2016). All nominees for the award will be recognized at a reception held in the spring semester during which the recipient of the 2015 SHSE mission award will be will be announced.

December 2014 Commencement

Commencement ceremonies for the Truman December Class of 2014 will be held Saturday, December 13. Of the 344 candidates (as of this writing), $103 \approx 30\%$ are from the School of Health Sciences and Education. The Registrar Office reports the following numbers:

The Communication Disorders (CMDS) Department has 28 candidates: 9 for Bachelor of Arts (BA), 9 for Bachelor of Science (BS), and 10 for Master of Arts (MA) in CMDS.

The Education Department anticipates 6 graduates from the Master of Arts in Education (MAE): 5 in Elementary Education and 1 in History/Social Science Education. One candidate will graduate with a MA in Counseling.

Health and Exercise Sciences has 2 candidates for the BS in Athletic Training, 35 for the BS in Exercise Science, and 22 for the BS in Health Science.

Nursing expects to graduate 9 with the BS in Nursing, including the first cohort of 7 in the Accelerated Bachelor of Science in Nursing.

Communication Disorders

CMDS graduate students will present poster sessions, Friday, December 5, from 9:00 a.m. to 10:30 a.m., in the Alumni Room of the SUB. Graduate students will participate in the 28th Annual Research Forum in Communication Disorders on Wednesday, December 13. Twenty-eight graduate students will present. The Annual Research Forum consists of formal stand and deliver presentations of graduate students' research projects. This activity was offered for 0.3 ASHA continuing education unit credits to all attendees. Local Speech-Language Pathologists are invited to attend at no cost.

Dr. Paula Cochran, Dr. Julia Edgar, Dr. Ilene Elmlinger, Dr. Judy Johnson, Ms. Melissa Passe, and Dr. Janet L. Gooch attended the American Speech-Language-Hearing Association (ASHA) annual convention, November 20 – 22, in Orlando, Florida. The convention theme was "Science. Learning. Practice. Generations of Discovery."

Dr. Judy Johnson accompanied students enrolled in CMDS 470 Speech Mechanism, November 19, to the A.T. Still Anatomy Lab (specifically the cadaver area). Students engaged in questions with lab instructor Ms. Michelle Boyd.

Ms. Patricia Hanson accompanied five students to the Speech Pathology Association fall meeting and professional development presentation, November 14, in Kirksville. The presentation consisted of an online course by Martha S. Burns, Ph.D., through Northern Speech Services, entitled *Training Language and Cognition in Children with ASD and Other Developmental Disorders*.

CMDS students participated in the 2014 Collaborative Case Competition (CCC), November 3 - 4, at the Interprofessional Education Building on the A.T. Still campus. The following students participated: Annaliese Clark, Bri Clark, Meghan Crider, Colleen Dorsey, Madeline Elliott, Julie Holtman, Michelle Krahenbuhl, Anna Schmid, Lauren Schmuke. Sable Smith, Jessica Stevens, and Kaylie Tuttle. The winners were announced November 10 Dr. Judy Johnson served as a facilitator to four teams, with two of her teams placing. Jessica Steven's team took first place and Meghan Crider's team took third. Dr. Johnson also contributed to the creation of the hypothetical case for all of the teams. Dr. Janet L. Gooch volunteered as a judge. All students registered on-line and were assigned to groups of four to five members from varied disciplines with most students meeting for the first time and learning about the role of disciplines other than their own. The disciplines included students from Communication Disorders, Health Sciences, and Nursing at Truman and medical and dental students from A.T. Still. All 20 teams from Kirksville prepared a plan of care for the same hypothetical case and were judged on their ability to work as a team to provide the most ideal medical care for the case. Each team was assigned a facilitator to address any logistical issues such as use of PowerPoint, team interaction, and presentation style. This was the third year of CCC in Kirksville and the second year with CMDS students involved. With the recent opening of their dental program, 2014 was the first year that A.T. Still dental students were involved.

Dr. Paula Cochran and Ms. Patricia Hanson accompanied 33 graduate students enrolled in CMDS 561/561G Advanced Speech Pathology to the Fall MSHA Workshops, October 31 and November 1, at Hilton Garden Inn in Columbia. Lisa Scott, Ph.D., CCC-SLP, from Florida State University, presented the following workshops: Issues and Answers - Helping School-Age Children Who Stutter Make Speech Change and Early Childhood - Applying Evidence-Based Practices to Preschoolers Who Stutter.



Education



Members of the Student Missouri State Teachers Association held a Thanksgiving event November 8 at the Adair County Public Library. Volunteers read stories about Thanksgiving. The elementary school students made turkey hats. "We like talking about what you're thankful for, being with family and friends, the values surrounding the holiday. We don't think it gets a lot of focus usually so we like to talk about it with the kids," said Student Missouri State Teachers Association President Tori Palumbo.

Dr. Paul Yoder was an invited attendee at the annual conference for the National Council for Teachers of English, in November, in Washington, D.C. He conducted a full-day workshop for NCATE/CAEP reviewers on the process of transitioning to the new national English Teacher standards. Dr. Yoder spoke at a conference session on the role of National Program review for Teacher Education Programs and how standards-based education is addressed in the process of higher education accreditation.

The third installment of the MAE Film Series took place on November 5 and continued a focus on the challenges of meeting the needs of diverse learners in the classroom. Approximately 60 students, teachers, RPDC staff, and education faculty attended the screening of TEACH, a documentary directed by Davis Guggenheim. The film portrayed a year in the life of four teachers working in different cities across the United States. The next film in the series will be screened early in the spring semester.

Health and Exercise Sciences

Northeast Missouri Heart Health Corporation (NEMO HHC) has announced that its Education Award will go to Truman State University. In a letter, Dr. John Rickelman, NEMO HHC medical director, stated, "We believe Truman State University represents this mission well by allowing your students to get involved with us in our mission to improve local heart health! Dr. Janice Clark has been a champion for NEMO Heart Health by assigning several groups of students to our organization every semester for their capstone projects since 2011. She also encourages her other students to volunteer with us and we have come to really enjoy the enthusiasm they bring to every event, whether it be the annual Heart & Sole Walk, or the Gents & Joules Heart Gala. We have bonded so well with your students that some have stayed in the community or come back and gotten involved with our organization again after graduating. In addition, hundreds of Truman students graduate with CPR certification every year because the curriculum includes it. For these reasons, we celebrate Truman's commitment to NEMO Heart Health's education mission!!!!" The award will be formally presented at the Gents & Joules "Festival of Hearts," February 14, at the Newman Center. This is the annual premier fundraiser for NEMO HHC. The mission of NEMO HHC is to "empower our citizens to improve their heart health through awareness, prevention, education, and by maintaining access to AEDs."

Students from Research Methodology courses will present their project findings in a poster presentation, Tuesday, December 9, from 3:30 p.m. - 5:00 p.m., in the SUB Down Under. There will be an array of topics from all three classes. All are invited.

Each semester, the HLTH 440 Program Implementation and Evaluation in Health students complete a 30-hour capstone project to provide health education/service to the campus and community. Students might choose to work on projects individually or with partners. These students will showcase their projects and service, Thursday, December 4, from 6:00 p.m. – 8:00 p.m., in VH 1010. Capstone projects this semester include: "Salt's Fault" health education presentations to ATSU and Truman faculty, planning for the February 2015 NEMO Heart Health fundraising gala, Heart and Sole Walk (raising over \$3,000 for NEMO Heart Health education in the community), dental education in a six-county area with the Oral Health Alliance, creating and presenting puppet shows to elementary students on oral health and nutrition for the Health Council, Sleep Awareness Week on campus, Buddy Pack Program communications for and assembling of 1,000 backpacks of food for area low-income children during September through December 2014, HLTH 195 presentations, and students gaining experience as teaching assistants for HLTH 290 and HLTH 260.

Student Public Health Association (SPHA) inducted 15 members, November 5. SPHA focuses on enhancing educational professional and competencies of Health Science members through serving the campus and surrounding community. Projects and potential focus activities for SPHA for 2015 include traveling and presenting at The Meeting of the Minds Conference and competing at the Public Health Scholar Bowl at St. Louis University. SPHA is mentored by Dr. Janice Clark and Dr. Alicia Wodika. Pictured right are new SPHA member, Gillian Mwangi, and current SPHA resident, Katie Reysack.





The new SPHA executive board for 2015 includes: (back row, left side) Helen Curran (Professional Development Chair), Elizabeth Barreca (Service Chair), Alex Connor (Vice President), Christian Reiling (Activities Chair), Bonnie Kempker (President), Ben Peters (Webmaster), Jihee Lee (MO-PIP Liason), Laura Kim (Public Relations Chair), Gillian Mwangi (Fundraising), Keilah Sullivan (Secretary), Ashley Bond (Treasurer), and Amanda Tse (Webmaster). Not pictured: Mischa Tomczak (Education Chair)

Students in Dr. Janice Clark's HLTH 362 students held an Environmental Health Trivia night, November 12. They developed the questions, recruited 5 Health Science teams to participate, brought food for participants, and scored the 8 rounds of play.

Nine Truman State University Exercise Science majors presented their research at the 6th annual Interdisciplinary Biomedical Research Symposium, November 1, at A. T. Still University of Health Sciences. Kelsey Mengwasser received the award for the outstanding undergraduate research poster, and Sydney Baudendiste received the award for the outstanding undergraduate oral presentation.



Students in Dr. Janice Clark's HLTH 362 Environmental Health class were assigned to give a used item in their environment a second life beyond its primary intended purpose. They were directed to incorporate every day used/recycled items to create something entirely new and different from the purpose of the original item. The students displayed their "Second Life" projects at the SUB during the week of November 10 -1 4. Viewers were invited to vote for: 1) the most creative use of materials; 2) most unusual item (unique change from 1st to 2nd life); 3) Great idea (wish I'd thought of it); and 4) Most practical item (simple, yet effective). Bradley Keens' toilet paper holder (made from a bike part) won most creative use of materials. Most unusual item went to Jefferson Hartig's coffee grounds glycerin soap (which removes odors). Rachel Greer's wine bottle tiki torches topped the great idea category, and Tara Lovekamp's jewelry holder made from a square cheese grater was voted as the most practical item in the class display. Other items made included a bird bath (made from a plate and old lamp base), a cat castle (made from a construction tube, plywood, and carpet remnant), a decorative hook (curved spoon nailed to recycled wood), a stuffed animal, two wall art items (one from recycled paper and 1 from toilet paper tubes), 3 picture frames, 2 purses (1 from braided plastic bags, and 1 from a child's pants), herb garden container (from a fire pit), and a reusable cloth bag (made from a t-shirt).



Athletic Training student Jordan Beckett ('16) is the grand prize winner of the National Athletic Training Student's Committee (NATSC) Fall Photo collage contest. Students from accredited Athletic Training programs around the nation were invited to submit photos in collage format of materials that represent the Athletic Training profession. Students submitted their photos in October to the NATSC Facebook page and the student with the most likes won. Jordan also provided a short description of the materials she chose and why. Jordan, representing Truman State University Athletic Training, won the contest with a total of 59 likes! Congratulations to Jordan Beckett and TSU Athletic Training Program!





December '14 Exercise Science candidate Paul Taylor, from Oakville, has been selected as this year's Dr. Pepper football model for the "One-of-a-Kind Season" program. Paul played football for Truman. The Dr. Pepper carton will feature a football player who looks like he just walked off the field, according to a news release.

HLTH 160 Essentials of Stress Management (2.0 semester hours) Winter Interim Course - January 5-9, 2015

Course is open to all--no pre-requisites or restrictions

This course encourages holistic stress management practices, including exploration of the importance of the psychosomatic (mind-body-spirit) relationship. Participants will learn skills to effectively manage personal stress using both cognitive strategies and relaxation techniques. This is a great opportunity for students who need a few more hours to be "caught up" or to get ahead on hours for the spring 2015 semester, especially for students who had to drop a class in fall 2014. To register for an interim class, you must go to the cashier's window to pay the tuition and then registrar's office to register. On-line registration is **not possible**. Contact Dr. Roberta Donahue at 785-4456 or <u>rdonahue@truman.edu</u> with any questions.

Nursing

A reflection and memorial honoring those who have been affected by AIDS will be held December 2, 7:00 p.m., at Kirk Memorial eternal flame. The senior nursing class will present a program of stories, poems, and reflections to help increase awareness.



Regan Noe Hargrave (Dec '13), Brittany Thompson (May '14), and Shelby Leppin (May '14) returned to Truman as guest speakers for Ms. Pam Melvin's NU 480 Professional Leadership course, November 19. They discussed transition to practice and conquering the National Council Licensing Examination for Registered Nurses (NCLEX-RN). While on campus, the three alumni also met with several faculty members and shared stories about their new careers as professional nurses. Pictured above left to right: Ms. Pam Melvin, Regan Noe Hargrave, Brittany Thompson, Shelby Leppin, Ms. Susan Lambert, and Dr. Stephanie Powelson.



Senior nursing students in Dr. Stephen Hadwiger's NU 410 Introduction to Nursing Research course dressed up for Halloween. They are pictured above with Ms. Kit Hadwiger (far left) and Dr. Steve Hadwiger (far right).

Calendar of Selected Upcoming Events

December 1, Monday: SHSE Book Discussion Group, 11:30 a.m. – 12:30 p.m., VH 2351

December 4, Thursday: Undergraduate Council

December 5, Friday: Last Day of Classes

December 6, Saturday: Board of Governors Meeting

December 8, Monday: Finals Start

December 10, Wednesday: Reading Day

December 11, Thursday: Faculty Senate, 3:30 p.m., SUB Alumni Room 2015

December 12, Friday: Finals End

December 13, Saturday: Commencement, 11:00 a.m.

December 13, Saturday: Interim Begins

December 19, Friday – Fall Semester Grades Due in TruView, Noon

January 10, Saturday: Interim Ends

January 12, Monday: Classes Begin

January 15, Thursday: Undergraduate Council

January 19, Monday: Martin Luther King, Jr. Holiday (University Closed)

January 21, Wednesday: Graduate Council

January 22, Thursday: Faculty Senate, 3:00 p.m.

February 12, Thursday: Undergraduate Council

February 14, Saturday: Kohlenberg Lyceum Event, The Great Gatsby, 7:30 p.m., BH Auditorium

February 18, Wednesday: Graduate Council

February 19, Thursday: University Conference

February 26, Thursday: Faculty Senate, 3:00 p.m.

March 3, Tuesday: Kohlenberg Lyceum Event, 7 Brides for 7 Brothers, 7:30 p.m., BH Auditorium

March 4, Wednesday: First Block Classes End

March 5, Thursday: Second Block Classes Begin March 5, Thursday: Undergraduate Council March 9 – 13, Monday – Friday: Midterm Break

March 18, Wednesday: Graduate Council

March 20, Friday: Kohlenberg Lyceum Event, Much Ado About Nothing, 7:30 p.m., BH Auditorium

March 26, Thursday: Faculty Senate, 3:00 p.m.

March 31, Tuesday: SHSE Mini Research Conference, 3:30 p.m., VH 1000

April 6, Monday: Spring Break

April 9, Thursday: Undergraduate Council April 14, Tuesday: Student Research Conference

April 15, Wednesday: Graduate Council April 23, Thursday: Faculty Senate, 3:00 p.m.

April 24, Friday: Seventh Annual Language and Literacy Conference with C. Melanie Schuele, Ph.D., CCC-SLP, speaking on "Phonological Awareness: Making a Difference in Children's Reading and Writing"

April 30, Thursday: Undergraduate Council

May 1, Friday: Last Day of Classes May 4, Monday: Finals Start May 6, Wednesday: Reading Day

May 7, Thursday: Faculty Senate, 3:30 p.m. (old) and 5:30 p.m. (new)

May 8, Friday: Finals End

May 9, Saturday: Commencement, 2:00 p.m.

Mission Statement

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

Five Pillars

Professional programs grounded in the liberal arts and sciences

Leadership development

Interdisciplinary collaboration

Diverse learning and service opportunities

Pursuit of continued scholarship and research

TRUMAN STATE UNIVERSITY

School of Health Sciences and Education