Accreditation

• The Athletic Training program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE).
• The Health Science program is approved by the Society of Public Health Education – American Association for Health Education Baccalaureate Approval Committee (SABPAC).

After the Degree

• Take advantage of the articulation agreements with prominent physical and occupational therapy, optometry and chiropractic graduate programs. These agreements provide HES students special advantages in the admission process. Articulating schools include:
  • Arizona School of Health Sciences
  • Creighton University
  • Rockhurst University
  • Washington University in Saint Louis
• Approximately 75% of incoming Exercise Science majors identify physical therapy as their occupation of choice, and approximately 80% of those who apply to graduate programs in physical therapy gain admission.

• Top 5 HES medical/dental schools:
  • A.T. Still University
  • Des Moines University
  • Kansas City University of Medicine and Biomedical Sciences
  • University of Missouri (Columbia)
  • University of Missouri (Kansas City)
• Top 5 Physical Therapy/Occupational Therapy schools:
  • A.T. Still University
  • Creighton University
  • St. Louis University
  • University of Missouri (Columbia)
  • Washington University in St. Louis
• Top 5 “general” graduate schools:
  • Southern Illinois University (Carbondale)
  • St. Louis University
  • University of Iowa
  • University of Missouri (Columbia)
  • Washington University in St. Louis

Facilities

• Learn about human motion, muscle activity and investigate neural contributions to movement control and motor learning using cutting edge technology in our state-of-the-art Piper Movement Analysis Laboratory.
• Measure all aspects of human exercise function working in the Human Performance Laboratory.
• Work with Truman’s 20 NCAA Division II sports teams under the supervision of the five preceptors in our two athletic training clinics.

Impact Lives by Impacting Health

Pursue a Bachelor of Science degree in Exercise Science (ES), Health Science (HLTH), or Athletic Training (AT).

• Certified Exercise Physiologist (ES)
• Certified Health Education Specialist (HLTH)
• Board of Certification (AT)

Your coursework will be flexible. Choose from a variety of minors, both interdisciplinary and discipline-specific, and other transformative learning opportunities. Prepare for a life that matters. HES.TRUMAN.EDU

Curriculum

• A unique experience: Students take Human Anatomy with a twice-a-week cadaver lab, located at A.T. Still University (the local medical school). Only 4% of undergraduate programs in the nation offer cadaver-based anatomy.

Study Abroad

• Truman grants you access to over 500 study abroad opportunities in more than 60 countries.
• Study abroad in countries such as Australia, Costa Rica, England, Germany, Ireland, Italy, and Spain.
• Monetary assistance is available, including Truman State University Foundation Scholarships.
• Cultural loans are available for all programs.

Research

• Participate in numerous research opportunities that exist both on-campus with a Truman faculty member and off-campus, available during the academic year and throughout the summer.
• Work with a wide range of community members, from children to elders, to increase quality of life for Missouri residents.
• Present research at a professional conference across the United States and/or internationally.

Research along with possible service learning experiences develops skills students might not otherwise attain.”
Dr. Janice Clark
Professor of Health Science

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