# TYPICAL PRE-OCCUPATIONAL THERAPY CONCENTRATION SEQUENCE

**RECOMMENDED MINIMUM GPA 3.25**

## FRESHMAN FALL
- Truman Week Program 1.0
- MATH 156 College Algebra 3.0
- ^BIOL 100 Biology w/lab (Life Science Mode) 4.0
- HLTH 150 Nutrition in Health and Wellness 3.0
- OR HLTH 270 Consumer Health 3.0
- MODE OF INQUIRY 3.0
- HLTH 195/198 Lifetime Health & Fitness (Personal well-being) 1.5-2.0
- HLTH 196/198L Lifetime Physical Activity (Personal well-being) .5-1.0

**SEMMESTER TOTAL** 16.0-17.0

## FRESHMAN SPRING
- ^MODE OF INQUIRY/INTERCULTURAL 3.0
- MATH 157 Plane Trigonometry 2.0
- ENG 190 Writing as Critical Thinking 3.0
- HLTH 255 Intro to Community & Public Health 3.0
- CHEM 100 Chemistry for Contemporary Living 4.0

**SEMMESTER TOTAL** 15.0

## SOPHOMORE FALL
- FOREIGN LANGUAGE 3.0
- HLTH 290 Principles of Health Ed & Health Science 3.0
- STAT 190 Basic Statistics 3.0
- ^COMM 170 Public Speaking 3.0
- PHYS 100 Concepts in Physics 4.0
- OR PHYS 185 College Physics I 3.0

**SEMMESTER TOTAL** 16.0

## SOPHOMORE SPRING
- FOREIGN LANGUAGE 3.0
- HLTH 349 Research Methods in Health Science 3.0
- SOAN 190 Sociological Inquiry 3.0
- ^PSYC 166 General Psychology (Social Scientific Mode) 3.0

**SEMMESTER TOTAL** 15.0

## JUNIOR FALL
- BIOL 365 Human Anatomy 4.0
- ES 345 Exercise Physiology 3.0
- HLTH 250 Public Health Practicum 1.0
- HLTH Selective (300 level) 3.0
- PSYC 377 Developmental Psychology 3.0

**SEMMESTER TOTAL** 14.0

## JUNIOR SPRING
- DS 120 What is Disability? 3.0
- HLTH 366 W/E Program Planning & Assessment 3.0
- ^JINS 3.0
- ^PSYC 366 Psych. of Abnormal Behavior 3.0
- Review for GRE/Take GRE 3.0

**SEMMESTER TOTAL** 15.0

## SENIOR FALL
- BIOL 325 Human Physiology 4.0
- ^HLTH 410 W/E Health Communication Methods 3.0
- OR HLTH 440 Program Implement & Evaluation 3.0
- HLTH 200 Medical Terminology 1.0
- OR ES 365 Injury and Rehabilitation Psychology 3.0
- Electives 6.0
- Electives 8-9.0
- POL 101 Constitutional Government 1.0
- OR HIST 298 American Institutional History 1.0

**SEMMESTER TOTAL** 15.0

## SENIOR SPRING
- ^HLTH 410 W/E Health Communication Methods 3.0
- OR HLTH 440 Program Implement & Evaluation 3.0
- HLTH 467 Introduction to Epidemiology 3.0
- Electives 8-9.0
- Register for CHES Exam (Senior Test) 15.0
- Take CHES Exam in April (Senior Test) 14-15.0

**TOTAL REQUIRED HOURS:** 120.0

*NOTES: All students must complete 6 of the 8 Modes of Inquiry; Health Science Pre-OT pattern students are specifically required to complete BIOL 107 or BIOL 100 (Life Science Mode), CHEM 100 or CHEM 131 (Physical Science) and PSYC 166 (Social Scientific Mode) to fulfill Required Support. The Writing Enhanced (WE) course requirements are met by completing HLTH 366, HLTH 410 and JINS 3XX.

*COMM 170 test-out procedure is available on the following website: [http://communication.truman.edu/comm170testoutmainpage.asp](http://communication.truman.edu/comm170testoutmainpage.asp). Students who earn varsity sport credit may use this credit in place of HLTH 196 or HLTH 198L (activity only).

See course pre-requisites at the following link: [http://catalog.truman.edu/](http://catalog.truman.edu/).

You are encouraged to use these materials in conjunction with the Truman Catalog and Degree Works (available on TruView) as a guide in planning your progress toward completion of degree requirements. The Office of the Registrar is responsible for certifying completion of degree requirements based on requirements specified in the catalog.

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