ATHLETIC TRAINING PROGRESSION INFORMATION

The Athletic Training Program at Truman State University is designed to provide the student with classroom and supervised clinical experiences that will prepare them for the Board of Certification (BOC) examination and entry into the profession of Athletic Training. The athletic training curriculum provides all of the coursework needed to progress through and graduate from the Athletic Training Education Program. The clinical experiences are provided through the six Athletic Training Practicum courses.

The Athletic Training Education Program is divided into six levels (semesters). Students do not begin progressing through these levels until they have gone through the AT program application process and are officially accepted into the major. Each level contains specific academic coursework, preceptor evaluations, and an Athletic Training Practicum course. The Athletic Training Practicum courses are designed to provide the student with observational and hands-on learning opportunities that correlate with the coursework for that semester. Each Practicum course contains a set of NATA Educational competencies that must be completed before progressing to the next level.

Below is a list of the requirements for each level. All of the requirements for one level must be met before progressing to the next level. Students who do not satisfactorily complete all of the level requirements will be required to repeat the deficient component and not progress to the next level. Since many of the level-specific courses are only offered during one semester each year, students repeating a level would be delayed an entire year in the program. Completion of all six levels is required for graduation from the Athletic Training Program. These levels must also be completed in order to obtain the AT Program Director’s endorsement on the BOC examination application.

This document must be signed as a part of the application to the AT program. The document will be kept in the student’s file. The Clinical Coordinator will use the following list at the end of each semester to determine whether a student may progress to the next level.

Application
- B or higher in ES 205 – Community First Aid and CPR
- B or higher in ES 120 – Introduction to Athletic Training
- Completion of 100 observation hours
- Meeting with Clinical Coordinator
- Completion of application essay
- Completion of application packet
- Acceptance into the Athletic Training Education Program

Level One
- C or higher in AT 220 – Principles of Athletic Training
- C or higher in BIOL 365 – Human Anatomy
- C or higher ES 245 – Nutrition in Health, Fitness, and Sport
- C or higher in AT 112 – Athletic Training Practicum 1
- Completion of all Practicum 1 competencies with a grade of 3 or higher
- Score of 3/5 or higher on each level-dependent skill included in the second (end of semester) Athletic Training Student Evaluation

Level Two
- C or higher in AT 320 – Injury Evaluation – lower extremity
- C or higher in AT 210 – Athletic Training Practicum 2
- Completion of all Practicum 2 competencies with a grade of 3 or higher
- Score of 3/5 or higher on each level-dependent skill included in the second (end of semester) Athletic Training Student Evaluation
Level Three
- C or higher in AT 321 – Injury Evaluation - upper extremity
- C or higher in ES 342 – Concepts of Biomechanics
- C or higher in ES 345 – Introduction to Exercise Physiology
- C or higher in AT 350 – Therapeutic Modalities
- C or higher in AT 212 – Athletic Training Practicum 3
- Completion of all Practicum 3 competencies with a grade of 3 or higher
- Score of 3/5 or higher on each level-dependent skill included in the second (end of semester) Athletic Training Student Evaluation

Level Four
- C or higher in BIOL 325 – Human Physiology
- C or higher in ES 445 – Assessment and Prescription I
- C or higher in AT 360 – AT Administration
- C or higher in AT 310 – Athletic Training Practicum 4
- Completion of all Practicum 4 competencies with a grade of 3 or higher
- Score of 3/5 or higher on each level-dependent skill included in the second (end of semester) Athletic Training Student Evaluation

Level Five
- C or higher in AT 420 – Physical Rehabilitation
- C or higher in AT 450 – Advanced Athletic Training
- C or higher in ES 460 – Assessment and Prescription II
- C or higher in ES 365 – Injury and Rehabilitation Psychology
- C or higher in AT 312 – Athletic Training Practicum 5
- Completion of all Practicum 5 competencies with a grade of 3 or higher
- Score of 3/5 or higher on each level-dependent skill included in the second (end of semester) Athletic Training Student Evaluation

Level Six
- C or higher AT 460 – Capstone in Athletic Training
- C or higher in AT 410 – Athletic Training Practicum 6
- Completion of all Practicum 6 competencies with a grade of 3 or higher
- Score of 3/5 or higher on each level-dependent skill included in the second (end of semester) Athletic Training Student Evaluation